

October 2021 Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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		Breakfast: 8AM Lunch: 12PM Dinner: 430PM Snacks offered at all times Alternatives offered			Breakfast: Ala Cart Lunch: Fish Sandwiches, French Fries, Coleslaw Dinner: Kielbasa, Sauerkraut, Italian Pasta Salad, Corn	Breakfast: Ala Cart and Made to Order Omelets Lunch: Hawaiian Pork Chops, White Rice, Brussel Sprouts Dinner: Tator Tot Casserole, Cauliflower, Fresh Fruit
3	4	5	6	7	8	9
Breakfast: Ala Cart and Breakfast Pizza Lunch: Beef Stroganoff, Buttered Noodles, Mixed Veggies Dinner: Cheesy Broccoli Rice with Ham, Dinner Roll, Fresh Fruit	Breakfast: Ala Cart Lunch: BLTs, Pasta Salad, Fresh Fruit Dinner: Lasagna Soup, Buttered Bread, Stir Fry Veggies	Breakfast: Ala Cart and Biscuits and Gravy Lunch: Mexican Casserole, Tortilla Chips, Corn Dinner: Hot Ham and Cheese, Potato Salad, Chips	Breakfast: Ala Cart Lunch: 7-Layer Salad, Bratwurst Dinner: Chicken Tenders, Tator Tots, Side Salad	Breakfast: Ala Cart and S.E.C. Biscuits Lunch: Chicken Salad Croissants, Fresh Fruit, Chips Dinner: French Bread Pizza, Side Salad, Cottage Cheese	Breakfast: Ala Cart Lunch: Spaghetti with Meat Sauce, Garlic Bread, Broccoli Dinner: Tuna Melt, Tomato Soup, Fruit	Breakfast: Ala Cart and Breakfast Burrito Lunch: Ring Bologna, Fried Potatoes, Green Beans Dinner: BBQ Ribs, Stuffing, Sweet Potatoes
10	11	12	13	14	15	16
Breakfast: Ala Cart and Sausage Breakfast Braid Lunch: Beef Roast, Mashed Potatoes and Gravy, Carrots Dinner: Scalloped Potatoes and Ham, Dinner Roll, Broccoli	Breakfast: Ala Cart Lunch: Orange Glazed Chicken, White Rice, Egg Roll Dinner: Chili, Dinner Roll, Green Beans	Breakfast: Ala Cart and Strawberry Cream Cheese Puffs and Bacon Lunch: Chicken Alfredo, Breadstick, Side Salad Dinner: Sub Sandwiches, Chips, Fresh Fruit	Breakfast: Ala Cart Lunch: Pepper Steak, Buttered Noodles, Broccoli Dinner: Chicken Patties, French Fries, Peas	Breakfast: Ala Cart and Blueberry Muffins and Sausage Lunch: Pizza Crescent Rolls with Marinara, Side Salad Dinner: Baked Ham, Baked Potato, Brussel Sprouts	Breakfast: Ala Cart Lunch: Goulash, Spaghetti Squash, Biscuits Dinner: Cod Nuggets, Tator Tots, Pasta Salad, Fresh Fruit	Breakfast: Ala Cart and Waffles and Bacon Lunch: Reuben Sandwiches, Onion Rings, Cucumber Salad Dinner: Pork Chops, Stuffing, Asparagus
17	18	19	20	21	22	23
Breakfast: Ala Cart and Breakfast Sliders Lunch: Meatloaf, Mashed Potatoes and Gravy, Mixed Vegetables Dinner: Chicken Cordon Bleu Casserole, Dinner Roll, Carrots	Breakfast: Ala Cart Lunch: Ravioli, Garlic Bread, Salad Dinner: Broccoli Cheese Soup, Ham Steaks, Fresh Fruit	Breakfast: Ala Cart and French Toast and Bacon Lunch: CrunchWrap Supreme, Mexican Rice, Corn Dinner: Egg Salad Sandwiches, Chips, Fresh Fruit	Breakfast: Ala Cart Lunch: Sweet and Sour Meatballs, White Rice, Brussel Sprouts Dinner: Crack Chicken, Buttered Noodles, Peas	Breakfast: Ala Cart and Waffles and Sausage Lunch: Pizza Pasta, Garlic Bread, Side Salad Dinner: Kielbasa, Fried Potatoes, Sauerkraut, Green Beans	Breakfast: Ala Cart Lunch: Salmon Patties, Alfredo Pasta, Mixed Veggies Dinner: Cheeseburgers, Pasta Salad, Chips	Breakfast: Ala Cart and Eggs Benedict Lunch: Chicken Fried Rice, Crab Rangoons, Egg Rolls Dinner: Breaded Pork Chops, Buttered Noodles, Cauliflower
24	25	26	27	28	29	30
Breakfast: Ala Cart and Egg Bake Lunch: Salisbury Steak, Mashed Potatoes and Gravy, Asparagus Dinner: Ham Sliders, Chips, French Fries	Breakfast: Ala Cart Lunch: Shake-N-Bake Chicken, Stuffing, Brussel Sprouts Dinner: Potato and Bacon Soup, Dinner Roll, Fresh Fruit	Breakfast: Ala Cart and Donuts and Bacon Lunch: Tacos, Refried Beans, Fresh Fruit Dinner: Shredded Beef Sandwiches, Pasta Salad, Broccoli with Cheese	Breakfast: Ala Cart Lunch: Porcupine Meatballs, Mashed Potatoes and Gravy, Green Beans Dinner: Crunchy Onion Chicken, Buttered Noodles, Mixed Veggies	Breakfast: Ala Cart and Blueberry Muffins and Sausage Lunch: Pizza, Side Salad, Cottage Cheese with Peaches Dinner: Bratwurst, Potato Salad, Corn	Breakfast: Ala Cart Lunch: Lasagna, Breadstick, Side Salad Dinner: Fish Sticks, Tator Tots, Carrots	Breakfast: Ala Cart and Made to Order Omelets Lunch: Ranch Pork Chops, Mac & Cheese, Cauliflower Dinner: Crock Pot Chicken Pot Pie, Biscuits, Asparagus