

2021 LIFE ENRICHMENT

October

SERENITY - Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OCIOBER 1	This month we are going to learn about the country of Nepal. Learn about their culture, food, art, traditions, and more	Resident Birthdays in October: Ann Stocker 10/4 Ann Stocker 10/4	Dori Thompson-Mneme Therapist with Art Without Boundaries will be here on October 13 to paint with residents individually. Contact Nancy T. If interested.		 1 World Smile Day 9:30 Morning Exercise 10:00 Brain Teasers 1:30 Smile Day Craft 2:30 Smile Face Cookies 3:30 Music: Beach Boys 	9:30 Morning Exercise 1:30 Coloring- Fall Scenes 2:30 Sip and Snack 3:30 Music 6:00 Hallmark Channel
 9:30 Joel Osteen Sermon 1:30 Favorite Hymns 2:30 Sip and Snack 3:30 Puzzles at Table 6:00 Movie 	9:30 Morning Exercise 10:00 Brain Teasers 1:00 Bible Study w/ Gary 2:30 Pattern Block Puzzle 4-8 Golf with Heather	9:30 Morning Exercise 10:00 Brain Teasers 1:30 Lucinda Martin Piano 3:00 Pumpkin Decorating 6:00 Movie	9:30 Morning Exercise 10:00 Story Circle 1:30 "Grumpy Old Men" And Popcorn 4-8 Nail Care	9:30 Morning Exercise 10:00 Brain Teasers 1:30 Music Lover Detective Sheet 3:00 Pumpkin Painting	9:30 Morning Exercise 10:00 Brain Teasers 1:30 Let's Golf 3:30 Random Acts of Kindness	9:30 Morning Exercise 1:30 Coloring-Bengal Tiger 2:30 Sip and Snack 3:30 Music 6:00 Hallmark Channel
9:30 Joyce Meyers 1:30 Favorite Hymns 2:30 Sip and Snack 3:30 Puzzles at Table	9:30 Morning Exercise 10:00 Brain Teasers 1:00 Bi ble Study w/Gary 2:30 Cake Decorating 4-8 Fun with Heather	9:30 Morning Exercise 10:00 Brain Teasers 1:30 Mason Jar Aquarium 3:30 Music: 60's Dance	9:30 Morning Exercise 10:00 Story Circle 1:30 Would You Rather? 3:00 Lawrence Welk 4-8 Nail Care	14 Pizza Month 9:30 Morning Exercise 11:30 Pizza Party 1:30 Making Fruit Pizza 3:30 Music: Barry Manilow	9:30 Morning Exercise 10:00 Brain Teasers 1:30 Paint Suncatchers 3:00 Funny Animal Videos	9:30 Morning Exercise 1:30 Coloring-Gourds 2:30 Sip and Snack 3:30 Music
9:30 Joel Osteen Sermon 1:30 Favorite Hymns 2:30 Sip and Snack 3:30 Puzzles at Table 6:00 Movie	18 9:30 Morning Exercise 10:00 Brain Teasers 1:30 Bible Study w/ Gary 2:30 All About Nepal 4-8 Golf with Heather	9:30 Morning Exercise 10:00 Brain Teasers 1:30 Air Dry Clay-Starfish 2:30 State Capitals 6:30 Wheel of Fortune	9:30 Morning Exercise 10:00 Story Circle 1:30 Making Ghost Cookies 4-8 Nail Care w/ Heather	9:30 Morning Exercise 10:00 Story Circle 1:30 Resident Monthly Birthday Party 6:00 You Tube— Malibu	9:30 Morning Exercise 10:00 Brain Teasers 1:30 Let's Make a Collage 3:30 Music—Brenda Lee 6:00 Movie—Hallmark	9:30 Morning Exercise 1:30 Nail Care- 2:30 Sip and Snack 3:30 Music 6:00 Hallmark Channel
9:30 Joel Osteen Sermon 1:30 Favorite Hymns 2:30 Sip and Snacks 31 9:30 Joyce Meyers 1:30 Favorite Hymns	9:30 Morning Exercise 10:00 Brain Teasers 1:30 Bible Study w/ Gary 3:30 Paint Like Picasso 4-8 Fun with Heather	9:30 Morning Exercise 10:00 Brain Teasers 1:30 Decorating Halloween Sacks 3:00 Bagging Candy 6:30 Wheel of Fortune	9:30 Morning Exercise 10:00 Story Circle 1:30 Bus Ride in Van 2:30 Making Halloween Bracelets 4-8 Nail Care w/ Heather	9:30 Morning Exercise 10:00 Story Circle 1:30 Halloween Costume Runway Show 3:00 Awards—Costumes And Pumpkin Deco	9:30 Morning Exercise 10:00 Brain Teasers 1:30 Halloween Music 2:30 Halloween Party 3:30 Kids Trick or Treat	9:30 Morning Exercise 1:30 Nail Care- 2:30 Sip and Snack 3:30 Music 6:00 Hallmark Channel