

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2021

## Keystone Place at LaValle Fields Memory Care Activity Calendar

						10:00 Sweep Six(CE) 11:00 Yoga(YM) 2:00 Therapeutic Coloring(ART) 3:00 Bowling(PE)	10:30 Trivia 11:00 Exercise 2:00 Bingo(CE)
10:00 Church 3 Service Video(MP) 11:00 Exercise(PE) 2:30 Root Beer Floats	10:00 Music Trivia4 (CE) 11:00 Exercise(PE) 2:00 Crafts(ART) 3:00 Sing Along(MP)	10:00 Dice 5 Game(CE) 11:00 Exercise(PE) 2 :00 Task Group 3 :00 Relax & Renew(YM)(SM)	10 :00 Catholic 6 Service 10 :15 Card Bingo 11 :00 Exercise 1 :30 Out & About 2 :30 Trivia(CE)	10 :00 Luck(CE) 7 11 :00 Exercise(PE) 1 :30 Rosary(YM) <b>2 :30 Leaf Rubbings(ART)</b>	10:00 Sweep 8 Six(CE) 11:00 Yoga(YM) 2:00 Bowling(PE) <b>3:30 Music with Wes Miller(MP)</b>	10:30 Trivia 11:00 Exercise 2:00 Bingo(CE)	
10:00 Church 10 Service Video(MP) 11:00 Exercise(PE) 2:30 Root Beer Floats	10:00 Music Trivia 11 (CE) 11:00 Exercise(PE) 2:00 Crafts(ART) 3:00 Sing Along(MP) <small>Columbus Day (US)                  Indigenous Peoples' Day                  Thanksgiving (Canada)</small>	10:30 Brandy the Dog Visits 11:00 Exercise(PE) 2 :00 Task Group 3 :00 Relax & Renew(YM)(SM)	10 :00 Catholic 13 Service 10 :15 Card Bingo 11 :00 Exercise 1 :30 Protestant Church(MP) 2:30 Trivia(CE)	10 :00 Luck(CE)14 11 :00 Exercise(PE) 1 :30 Rosary(YM) <b>2 :30 Autumn Trivia(CE)</b>	10:00 Sweep 15 Six(CE) 11:00 Yoga(YM) 2:00 Therapeutic Coloring(ART) 3:00 Bowling(PE)	10:30 Trivia 11:00 Exercise 2:00 Bingo(CE)	
10:00 Church 17 Service Video(MP) 11:00 Exercise(PE) 2:30 Root Beer Floats	10:00 Music 18 Trivia(CE) 11:00 Exercise(PE) 2:00 Crafts(ART) 3:00 Sing Along(MP)	10:00 Dice 19 Game(CE) 11:00 Exercise(PE) <b>2 :00 "Pick A Pumpkin" Trivia(CE)</b> 3 :00 Relax & Renew(YM)(SM)	10 :00 Catholic 20 Service 10 :15 Card Bingo 11 :00 Exercise 1 :30 Protestant Church(MP) <b>2:30 Are You Superstitious? (CE)</b>	10 :00 Luck(CE)21 11 :00 Exercise(PE) 1 :30 Rosary(YM) <b>2 :30 Taste Testers : Pumpkin((MA)</b>	10:00 Sweep 22 Six(CE) 11:00 Yoga(YM) <b>2:00 Cookie Decorating(ART)</b> <b>3:30 Music with Steve Rosa(MP)</b>	10:30 Trivia 11:00 Exercise 2:00 Bingo(CE)	
10:00 Church 24 Service Video(MP) 11:00 Exercise(PE) 2:30 Root Beer Floats	10:00 Music 25 Trivia(CE) 11:00 Exercise(PE) 2:00 Crafts(ART) 3:00 Sing Along(MP)	10:00 Annie (the dog) Visits 10:00 Dice Game(CE) 11:00 Exercise(PE) <b>2 :00 Mummy Cup Crafts(ART)</b> 3 :00 Relax & Renew(YM)(SM)	10 :00 Catholic 27 Service 10 :15 Card Bingo 11 :00 Exercise 1 :30 Protestant Church(MP) 2:30 Trivia(CE)	<b>10 :00 English 28</b> <b>Muffin Mummies (MA)</b> 11 :00 Exercise(PE) 1 :30 Rosary(YM) <b>2 :30 GHOST BINGO(CE)</b>	10:00 Sweep 29 Six(CE) 11:00 Yoga(YM) 2:00 Therapeutic Coloring(ART) 3:00 Bowling(PE)	10:30 Trivia 11:00 Exercise 2:00 Bingo(CE)	
10:00 Church 31 Service Video(MP) 11:00 Exercise(PE) 2:30 Root Beer Floats	<h2 style="text-align: center;">October is Pumpkin Month</h2> <p style="text-align: center;"> <b>Key:</b> Physical Exercise(PE) Music Program(MP)                  Cognitive Exercise(CE) Multisensory Activity(MA)                  Yoga Meditation(YM) Stress Management(SM)             </p>						

Halloween

Calendar Subject to Change

