

## Wrapping up our 2021 Theme Year

On October 11th, our 2021 “Traditions Around The World” Theme Year will see us stopping at our final destination – Germany! Here’s everything you can expect when we kick off this incredible week:

### ***Lass uns feiern!*** **(Let’s celebrate!)**

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don’t forget to wear black, red, and/or gold!

### ***Prost! (Cheers!)***

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob’s Rubeen egg roll, German chocolate cake, and more.

We’ve saved the best for last, so we hope that we’ll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don’t hesitate to reach out to any member of our Life Enrichment team. They’ll be more than happy to hear from you!

# Happy Birthday!

## Residents

Imogene H. October 01

Iva B. October 06

William C. October 25

## Staff

Rebecca S. October 30

## LEGACY HAPPENINGS



*Butterflies in memory of the recent loss of Annette S. made by her friends on the Legacy because they know that butterflies were her favorite thing.*



*Sharon K. working on an art project of what she is most thankful for.*

## Executive Director Corner

Happy October, everyone! With Halloween just around the corner, it can be easy to be frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – **Germany**. From October 11th – October 15th, we'll be putting on a celebration that rivals Oktoberfest as we dive deep into cuisines,

activities, and programs all inspired by German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

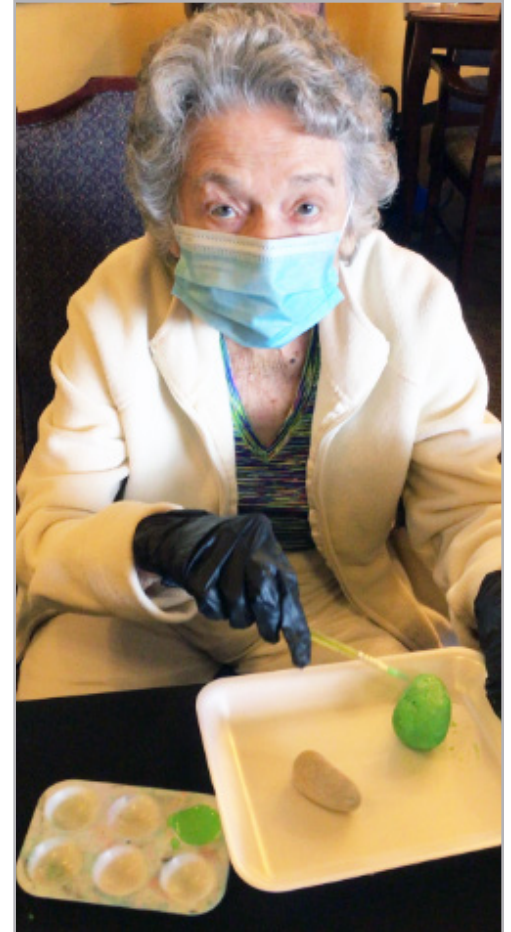
With fall officially in full swing, it's time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month!

*Dana Larson*  
Executive Director



*Our resident Ann B. whipping up a batch of blueberry muffins that we will have for snack.*



*Betty F. painting rocks that will be formed into a turtle when the project is complete!*

# Photo Highlights



*Charles celebrating National Beach Day!*



*Noah helping us celebrate National Beach Day and the kick off of our Fall Customer Satisfaction Survey.*



*David singing Margaritaville!*



*Charlie showing off his golf skills!*



# WEST RIVER

HEALTH CAMPUS

A Trilogy Senior Living Community

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*Sarah Nellis*  
Life Enrichment Director

*Lisa Glahn*  
Legacy Neighborhood Director

*Tony Glahn*  
Director of Plant Operations

*Whitney Jackson*  
Therapy Program Director

## Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)

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# Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What is the name of Dracula's sidekick?

Question 3: True or false: Bees can only sting once.

Question 5: Who originally sang *That'll Be The Day* in 1957?

Question 2: Where did Halloween originate?

Question 4: Pumpkins are \_\_\_% water.

Flip the page for last month's trivia answers:

Q1: blood type is considered the universal donor. Type O  
Q2: What product was banned from advertising on television in 1971?  
Cigarettes  
Q3: Edwin Budding invented what tool in the 1820s? The lawn mower  
Q4: Who is the only US president to ever resign from office?  
Richard Nixon  
Q5: What is the brightest star in the galaxy?  
Sirius A

## FIND AND CIRCLE TEN DIFFERENCES



## Word Search

N	B	F	E	Y	X	N	M	S	V	S	Y	T	I	N	P	D	J	F
J	M	U	G	B	A	F	Y	K	A	V	A	D	C	A	K	E	Y	Z
T	F	X	V	M	T	Y	C	N	I	U	Z	X	V	T	H	C	M	C
Z	C	Z	R	S	R	X	O	M	E	P	S	U	F	W	F	O	D	Z
P	M	E	C	K	J	S	W	L	M	N	U	A	L	N	L	R	X	O
G	G	S	G	S	A	K	B	I	E	P	R	M	G	Z	W	A	F	K
M	E	J	E	R	A	I	H	E	K	C	P	M	P	E	S	T	M	T
V	S	U	A	E	D	S	W	O	N	N	N	P	Y	K	K	E	I	O
M	H	J	R	E	G	O	T	C	H	E	E	R	S	K	I	H	H	B
T	M	G	R	G	L	O	D	E	L	I	C	I	O	U	S	N	L	E
C	A	C	C	L	I	H	L	S	S	H	V	D	A	X	R	X	S	R
M	N	S	A	E	N	W	S	D	B	V	T	E	R	W	Y	H	Q	F
I	F	H	T	H	L	A	C	T	I	V	I	T	I	E	S	W	R	E
F	J	V	O	I	C	E	S	Q	X	Q	E	C	Z	T	D	G	C	S
J	T	M	T	E	N	F	B	X	P	R	O	G	R	A	M	S	B	T
Z	U	U	N	W	J	G	I	R	D	A	O	F	V	J	R	U	U	Y
P	U	S	B	T	X	N	S	Y	A	T	W	Z	J	T	J	Z	N	O
W	M	S	A	U	Q	H	S	Z	Y	T	S	N	X	A	I	G	D	V
D	F	O	J	Q	Z	J	O	Y	S	I	E	U	O	T	F	K	N	O

ACTIVITIES  
CAKE  
CELEBRATE  
CHEERS

CRAFT  
DECORATE  
DELICIOUS  
GERMAN

GOLD  
HALLOWEEN  
INCREDIBLE  
OKTOBERFEST

PROGRAMS  
PUMPKIN  
SAUSAGE  
TASTINGS