



# Happy Birthday!

## Residents

Cynthia A.	10/09
Margaret K.	10/18
Alberta F.	10/20

## Staff

Climintine W.	10/01
Amy R.	10/03
Lorisa W.	10/05
Mary R.	10/08
Rustin G.	10/10
Samantha D.	10/11
Dylan K.	10/12
Martin J.	10/16
Melissa S.	10/17
Hawkins S.	10/19
Jennifer N.	10/24
Tonny C.	10/25
Qamar D.	10/29
Sara C.	10/30



## Executive Director Corner

Happy  
October,  
everyone!

With

Halloween just around the corner, it can be easy to be frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – **Germany**. From October 11th – October 15th, we'll be putting on a celebration that rivals Oktoberfest as

we dive deep into cuisines, activities, and programs all inspired by German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it's time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month!

Yours in Service,

*Rayne Wise*

Executive Director

## Smile of the Month

Life Enrichment hosted a party for assisted living Whistle Stop Fried Green Tomatoes. Residents were all smiles.

## Artisan Program





# HAPPY HOUR

Every Friday 3:00-4:00pm at the Bistro



## Employee of the Month

Christina Bonds LPN  
thank you for all you do!



## SoulFit

During the month of August, we ran Trilogy SoulFit with much success. Each week we discussed a different topic, Love, Joy Healing, Peace and Gratitude. We had lots of positive feedback including this testimony from Cheryl M. who won the raffle basket.

*"The SoulFit class put it together why I am her today. Stress took over and ran me down to the point of ending up in ICU. The SoulFit class and the therapists will turn things around and help me move forward and think positive. -Cheri M.*



## Chef's Corner

Will be held every Wednesday

- Health Center at 1:30pm in the Poker Room
- Assisted Living at 2:00pm in the library

## Theme Dinner

Celebrating Oktoberfest for our last theme dinner of 2021. Join us for a week of fun and games October 11-15 2021

## Did You Know...?

Wellbrooke of South Bend Health Campus bus is available to transport residents to doctor appointments on Monday, Thursday, and Friday. We reserve the bus for Life Enrichment transport on Tuesday and Wednesday  
Like us on FACEBOOK at Wellbrooke of South Bend



# WELLBROOKE OF SOUTH BEND

*A Trilogy Senior Living Community*

52565 State Road 933  
South Bend, IN 46637  
574-247-7044

wellbrookeofsouthbend.com |

*Rayne Wise*  
Executive Director

*Ashely Hearld*  
Director of Health Service

TBD  
Business Office Manager

*Marie Bastine*  
Community Service

*Diana Grady*  
Director of Life Enrichment

*Derek Ressler*  
Director of Social Services

*Terrence Harris-*  
Director of Plant Operations

*Jennifer VanKirk*  
Director of Environmental Service

*Caitlin Cook*  
AP/Payroll Coordinator

*Matthew Gasper*  
Director of Food Services

## Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

*We strive to provide the best customer service and quality care for our residents.*

*Our Department Leaders are here to solve any concerns you may have.*

*In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or [comply@trilogybs.com](mailto:comply@trilogybs.com)*

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# Monthly Trivia & Activity Corner

*All trivia answers will be printed in our upcoming month's newsletter!*

**Question 1:** What is the name of Dracula's sidekick?

**Question 2:** Where did Halloween originate?

**Question 3:** True or false: Bees can only sting once.

**Question 4:** Pumpkins are \_\_\_% water.

**Question 5:** Who originally sang *That'll Be The Day* in 1957?

*Flip the page for last month's trivia answers:*

*Q1: blood type is considered the universal donor. Type O*  
*Q2: What product was banned from advertising on television in 1971? Cigarettes*  
*Q3: Edwin Budding invented what tool in the 1820s? The lawn mower*  
*Q4: Who is the only US president to ever resign from office? Richard Nixon*  
*Q5: What is the brightest star in the galaxy? Sirius A*

## FIND AND CIRCLE TEN DIFFERENCES



## Word Search

N	B	F	E	Y	X	N	M	S	V	S	Y	T	I	N	P	D	J	F
J	M	U	G	B	A	F	Y	K	A	V	A	D	C	A	K	E	Y	Z
T	F	X	V	M	T	Y	C	N	I	U	Z	X	V	T	H	C	M	C
Z	C	Z	R	S	R	X	O	M	E	P	S	U	F	W	F	O	D	Z
P	M	E	C	K	J	S	W	L	M	N	U	A	L	N	L	R	X	O
G	G	S	G	S	A	K	B	I	E	P	R	M	G	Z	W	A	F	K
M	E	J	E	R	A	I	H	E	K	C	P	M	P	E	S	T	M	T
V	S	U	A	E	D	S	W	O	N	N	N	P	Y	K	K	E	I	O
M	H	J	R	E	G	O	T	C	H	E	E	R	S	K	I	H	H	B
T	M	G	R	G	L	O	D	E	L	I	C	I	O	U	S	N	L	E
C	A	C	C	L	I	H	L	S	S	H	V	D	A	X	R	X	S	R
M	N	S	A	E	N	W	S	D	B	V	T	E	R	W	Y	H	Q	F
I	F	H	T	H	L	A	C	T	I	V	I	T	I	E	S	W	R	E
F	J	V	O	I	C	E	S	Q	X	Q	E	C	Z	T	D	G	C	S
J	T	M	T	E	N	F	B	X	P	R	O	G	R	A	M	S	B	T
Z	U	U	N	W	J	G	I	R	D	A	O	F	V	J	R	U	U	Y
P	U	S	B	T	X	N	S	Y	A	T	W	Z	J	T	J	Z	N	O
W	M	S	A	U	Q	H	S	Z	Y	T	S	N	X	A	I	G	D	V
D	F	O	J	Q	Z	J	O	Y	S	I	E	U	O	T	F	K	N	O

ACTIVITIES  
CAKE  
CELEBRATE  
CHEERS

CRAFT  
DECORATE  
DELICIOUS  
GERMAN

GOLD  
HALLOWEEN  
INCREDIBLE  
OKTOBERFEST

PROGRAMS  
PUMPKIN  
SAUSAGE  
TASTINGS