



WELLBROOKE
OF WABASH

A Trilogy Senior Living Community

News

October 2021

Wrapping up our 2021 Theme Year

On October 11th, our 2021 “Traditions Around The World” Theme Year will see us stopping at our final destination – Germany! Here’s everything you can expect when we kick off this incredible week:

Lass uns feiern! **(Let’s celebrate!)**

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don’t forget to wear black, red, and/or gold!

Prost! (Cheers!)

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob’s Rubeen egg roll, German chocolate cake, and more.

We’ve saved the best for last, so we hope that we’ll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don’t hesitate to reach out to any member of our Life Enrichment team. They’ll be more than happy to hear from you!

Happy Birthday!

Residents

Doris S.	October 05
Beverly G.	October 11
Beverly G.	October 11
Patricia R.	October 15
Carmen A.	October 24
Dortha C.	October 28

Staff

Kelsay W.	October 01
Belinda C.	October 02
Mandalin S.	October 02
Jillian F.	October 03
Kim M.	October 06
Latisha M.	October 14
Patrick K.	October 14
Jessica T.	October 15
Angela M.	October 20
Lea S.	October 22
Tonya P.	October 22
Dana S.	October 23
Tamara R.	October 23
Christina S.	October 28



Executive Director Corner

Happy October, everyone!

With

Halloween just around the corner, it can be easy to be frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – **Germany**. From October 11th – October 15th, we'll be putting on a celebration

that rivals Oktoberfest as we dive deep into cuisines, activities, and programs all inspired by German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it's time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month!

Aaron Vogel, HFA
Executive Director

ARTISAN PROGRAM

Our artisans group made a fun clay flower craft last month that was a huge hit with everyone who participated. The Life Enrichment team is always looking for new, fun, easy crafts for our group to complete so if you have any ideas, please let the team know!



Ruth B. works hard to choose the perfect color for her clay flowers.



Evelyn enjoys working on her clay flower craft.

Volunteers Needed

Volunteers give the gift of time. Families and residents make GREAT volunteers! As a volunteer, you become part of the Trilogy team! So why volunteer? There are tons of benefits, including developing new skills, personal satisfaction, new friendships, longer lifespan, and so much more!

Suggested ways to volunteer include but are not limited to:

- Assisting with crafts
- Calling/assisting with Bingo!
- Sharing a special skill with our residents, such as knitting

If you are interested in becoming a volunteer, please contact our Interim Life Enrichment Director, Mellanie Geerling, at 260-274-0444 or Mellanie.Geerling@WellbrookeOfWabash.com

Happy Hour

Fridays at 3:00 pm are always a party here at Wellbrooke of Wabash with our weekly Happy Hour! Our Life Enrichment and Culinary teams work together to create fabulous themed parties every week. We all enjoyed traveling to Hawaii during one happy hour last month where we all pretended, we were on the beach!



Pat R. has fun participating in our weekly happy hour- she was excited to pretend she was in Hawaii!



Tina shows off her shades during a fun Happy Hour!



Ruth shows off her hula skills during our Hawaiian Happy Hour!



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wellbrookeofwabash.com |

Aaron Vogel
Executive Director

Fawn Updike
Director of Health Services

Staci West
Assistant Director of Health Services

Patrick Kelly
Community Services Representative

Steffany Pegg
Business Office Manager

Caitlin Eltzroth
Customer Service Specialist

Sally Winters
Therapy Program Director

Jacob Grady
Social Services Director

Patrick Flynn
Director of Plant Operations

Teresa Sutton
Director of Environmental Services

Scott Wysong
Director of Food Services

Kelsay Winstrom
Life Enrichment Director

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogybs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What is the name of Dracula's sidekick?

Question 2: Where did Halloween originate?

Question 3: True or false: Bees can only sting once.

Question 4: Pumpkins are ___% water.

Question 5: Who originally sang *That'll Be The Day* in 1957?

Flip the page for last month's trivia answers:

Q1: _____ blood type is considered the universal donor. Type O
Q2: What product was banned from advertising on television in 1971?
Cigarettes
Q3: Edwin Budding invented what tool in the 1820s? The landscaper
Q4: Who is the only US president to ever resign from office?
Richard Nixon
Q5: What is the brightest star in the galaxy?
Sirius A

FIND AND CIRCLE TEN DIFFERENCES



Word Search

N	B	F	E	Y	X	N	M	S	V	S	Y	T	I	N	P	D	J	F
J	M	U	G	B	A	F	Y	K	A	V	A	D	C	A	K	E	Y	Z
T	F	X	V	M	T	Y	C	N	I	U	Z	X	V	T	H	C	M	C
Z	C	Z	R	S	R	X	O	M	E	P	S	U	F	W	F	O	D	Z
P	M	E	C	K	J	S	W	L	M	N	U	A	L	N	L	R	X	O
G	G	S	G	S	A	K	B	I	E	P	R	M	G	Z	W	A	F	K
M	E	J	E	R	A	I	H	E	K	C	P	M	P	E	S	T	M	T
V	S	U	A	E	D	S	W	O	N	N	N	P	Y	K	K	E	I	O
M	H	J	R	E	G	O	T	C	H	E	E	R	S	K	I	H	H	B
T	M	G	R	G	L	O	D	E	L	I	C	I	O	U	S	N	L	E
C	A	C	C	L	I	H	L	S	S	H	V	D	A	X	R	X	S	R
M	N	S	A	E	N	W	S	D	B	V	T	E	R	W	Y	H	Q	F
I	F	H	T	H	L	A	C	T	I	V	I	T	I	E	S	W	R	E
F	J	V	O	I	C	E	S	Q	X	Q	E	C	Z	T	D	G	C	S
J	T	M	T	E	N	F	B	X	P	R	O	G	R	A	M	S	B	T
Z	U	U	N	W	J	G	I	R	D	A	O	F	V	J	R	U	U	Y
P	U	S	B	T	X	N	S	Y	A	T	W	Z	J	T	J	Z	N	O
W	M	S	A	U	Q	H	S	Z	Y	T	S	N	X	A	I	G	D	V
D	F	O	J	Q	Z	J	O	Y	S	I	E	U	O	T	F	K	N	O

ACTIVITIES
CAKE
CELEBRATE
CHEERS

CRAFT
DECORATE
DELICIOUS
GERMAN

GOLD
HALLOWEEN
INCREDIBLE
OKTOBERFEST

PROGRAMS
PUMPKIN
SAUSAGE
TASTINGS