

## Wrapping up our 2021 Theme Year

On October 11th, our 2021 “Traditions Around The World” Theme Year will see us stopping at our final destination – Germany! Here’s everything you can expect when we kick off this incredible week:

### *Lass uns feiern!* (Let’s celebrate!)

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don’t forget to wear black, red, and/or gold!

### *Prost! (Cheers!)*

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



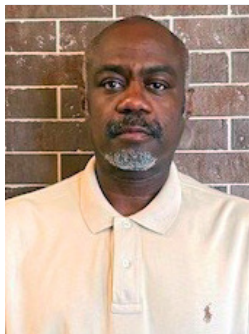
delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob’s Rueben egg roll, German chocolate cake, and more.

We’ve saved the best for last, so we hope that we’ll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don’t hesitate to reach out to any member of our Life Enrichment team. They’ll be more than happy to hear from you!

# Happy Birthday!

## Residents

John J.	10/1
William G.	10/3
Sharon L.	10/8
Earl E.	10/15
Sharon B.	10/16
Barbara C.	10/21
Susie G.	10/26
Gloria D.	10/30
<b>Staff</b>	
Carlos C.	10/1
George B.	10/10
Helisha P.	10/12
Shonna B.	10/16
Lisa K.	10/20



## Executive Director Corner

Happy October, everyone!

With Halloween

just around the corner, it can be easy to be frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – **Germany**. From October 11th – October 15th, we'll be putting on a celebration that rivals Oktoberfest as we dive

deep into cuisines, activities, and programs all inspired by German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it's time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month!

Yours in Service,

*Shawn Dent*

Executive Director

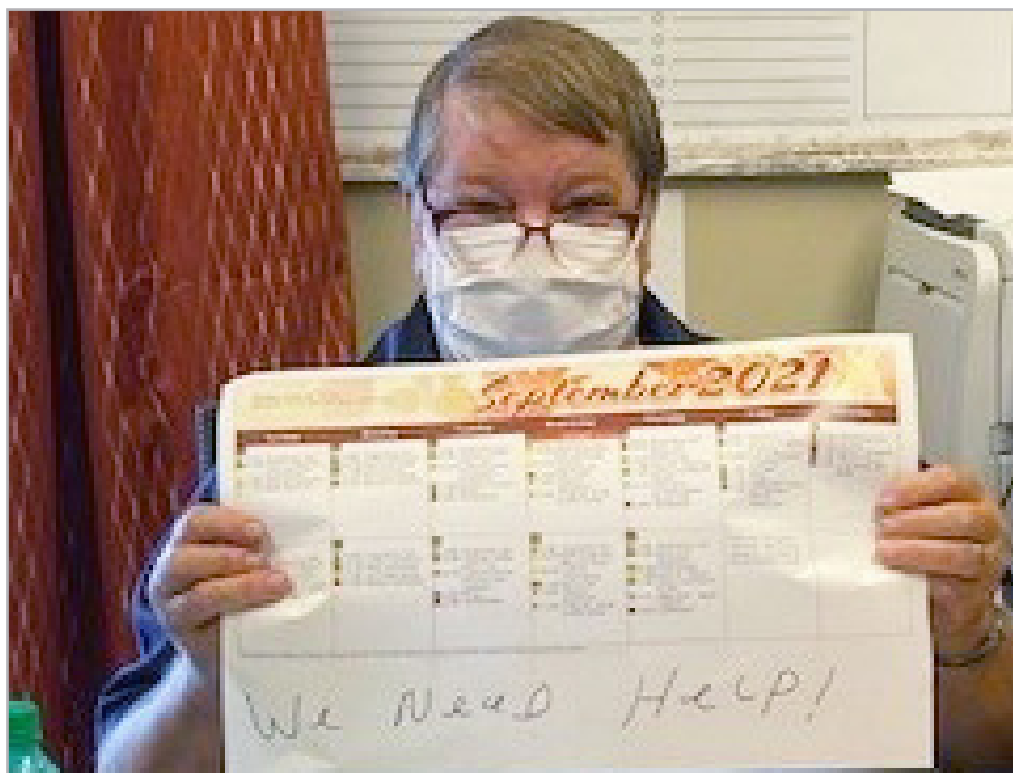
## VOLUNTEERS NEEDED

We would love to have volunteers to help with crafters corner, nail spa, bake club and happy hour.

Please let a member of the Life Enrichment team know if you're interested! You will have so much fun!!

## Artisan Program

We enjoyed making No Sew Lavender Sachets



# ENTERTAINMENT

Entertainment is a little different these days, we're adjusting and having so much fun!



*Steve Elston entertaining*



*Happy Hour Entertainment*

## CHEF'S CORNER

Chef Fernanda made some great tasting strawberry cream cheese crepes! The residents loved them!



## Activities Corner

Fall is here and fun is all around! As we gear up for Autumn the residents are looking forward to the sights and smells of the season. We have so many fun things planned for October! Outdoor entertainment, football parties and Oktoberfest are some of the things we have on the calendar. We're all excited to enjoy some tasty treats made with apples and pumpkins. As always, thank you for the awesome opportunity to enrich the lives of your loved ones here at Wellbrooke of Avon.

## Upcoming Events

Taste of Town – October 7th

Two Chicks Whisky Business

Oktoberfest – Theme Week and

Dinner October 11th -15th

## Legacy Lane Spotlight

The residents had so much fun making toilet paper pumpkins!! They turned out beautiful!



*Lila and her pumpkin*



*Sharon and her pumpkin*





# WELLBROOKE OF AVON

*A Trilogy Senior Living Community*

10307 E. County Rd. 100 North  
Indianapolis, IN 46234

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wellbrookeofavon.com |

*Shawn Dent*  
Executive Director

*Rachelle Morgan*  
Director of Health Services

*Jodi Smith*  
Assistant Director of Health Services

*TBD*  
Community Services Representative

*Sonia Turner*  
Business Office Manager

*Jennifer Rose*  
Life Enrichment Director

*Dick Bilderback*  
Director of Plant Operations

*Fernanda Munhoz*  
Director of Food Services

*Jodi Bell*  
Therapy Director

*Alexis Thomas*  
Guest Relations

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

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# Monthly Trivia & Activity Corner

*All trivia answers will be printed in our upcoming month's newsletter!*

**Question 1:** What is the  
name of Dracula's sidekick?

**Question 2:** Where did  
Halloween originate?

**Question 3:** True or  
false: Bees can only  
sting once.

**Question 4:** Pumpkins  
are \_\_\_\_ % water.

**Question 5:**  
Who originally  
sang *That'll  
Be The Day*  
in 1957?

*Flip the  
page for  
last month's  
trivia  
answers:*

*Q1: blood type is considered the universal donor. Type O*  
*Q2: What product was banned from advertising on television in 1971? Cigarettes*  
*Q3: Edwin Budding invented what tool in the 1820s? The lawnmower*  
*Q4: Who is the only US president to ever resign from office? Richard Nixon*  
*Q5: What is the brightest star in the galaxy? Sirius A*

## FIND AND CIRCLE TEN DIFFERENCES



## Word Search

N	B	F	E	Y	X	N	M	S	V	S	Y	T	I	N	P	D	J	F
J	M	U	G	B	A	F	Y	K	A	V	A	D	C	A	K	E	Y	Z
T	F	X	V	M	T	Y	C	N	I	U	Z	X	V	T	H	C	M	C
Z	C	Z	R	S	R	X	O	M	E	P	S	U	F	W	F	O	D	Z
P	M	E	C	K	J	S	W	L	M	N	U	A	L	N	L	R	X	O
G	G	S	G	S	A	K	B	I	E	P	R	M	G	Z	W	A	F	K
M	E	J	E	R	A	I	H	E	K	C	P	M	P	E	S	T	M	T
V	S	U	A	E	D	S	W	O	N	N	N	P	Y	K	K	E	I	O
M	H	J	R	E	G	O	T	C	H	E	E	R	S	K	I	H	H	B
T	M	G	R	G	L	O	D	E	L	I	C	I	O	U	S	N	L	E
C	A	C	C	L	I	H	L	S	S	H	V	D	A	X	R	X	S	R
M	N	S	A	E	N	W	S	D	B	V	T	E	R	W	Y	H	Q	F
I	F	H	T	H	L	A	C	T	I	V	I	T	I	E	S	W	R	E
F	J	V	O	I	C	E	S	Q	X	Q	E	C	Z	T	D	G	C	S
J	T	M	T	E	N	F	B	X	P	R	O	G	R	A	M	S	B	T
Z	U	U	N	W	J	G	I	R	D	A	O	F	V	J	R	U	U	Y
P	U	S	B	T	X	N	S	Y	A	T	W	Z	J	T	J	Z	N	O
W	M	S	A	U	Q	H	S	Z	Y	T	S	N	X	A	I	G	D	V
D	F	O	J	Q	Z	J	O	Y	S	I	E	U	O	T	F	K	N	O

ACTIVITIES  
CAKE  
CELEBRATE  
CHEERS

CRAFT  
DECORATE  
DELICIOUS  
GERMAN

GOLD  
HALLOWEEN  
INCREDIBLE  
OKTOBERFEST

PROGRAMS  
PUMPKIN  
SAUSAGE  
TASTINGS