



THE WILLOWS
AT FRITZ FARM

A Trilogy Senior Living Community

Monthly

October 2021

Wrapping up our 2021 Theme Year

On October 11th, our 2021 “Traditions Around The World” Theme Year will see us stopping at our final destination – Germany! Here’s everything you can expect when we kick off this incredible week:

Lass uns feiern! (Let’s celebrate!)

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don’t forget to wear black, red, and/or gold!

Prost! (Cheers!)

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob’s Rueben egg roll, German chocolate cake, and more.

We’ve saved the best for last, so we hope that we’ll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don’t hesitate to reach out to any member of our Life Enrichment team. They’ll be more than happy to hear from you!

Happy Birthday!

Residents

Juanita V.	October 04
John S.	October 04
William J.	October 08
Ann C.	October 23
Larry H.	October 25
Edgar S.	October 25

Staff

Dalaney S.	October 02
Lelia A.	October 02
Laurie J.	October 07
Rahysolinna S.	October 08
Shelby B.	October 12
Grace A.	October 13
Julia S.	October 28
James A.	October 29
Daniel M.	October 30

ARTISAN PROGRAM

Residents enjoyed tie dying T-shirts in our weekly crafts class and showed everyone at happy hour that this Activity was a 10!



Mrs. Joanne modeling her tie dye T-Shirt she made in our weekly crafts class.



Executive Director Corner

Happy October, everyone!

With

Halloween just around the corner, it can be easy to be frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – **Germany**. From October 11th – October 15th, we'll be putting on a celebration

that rivals Oktoberfest as we dive deep into cuisines, activities, and programs all inspired by German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it's time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

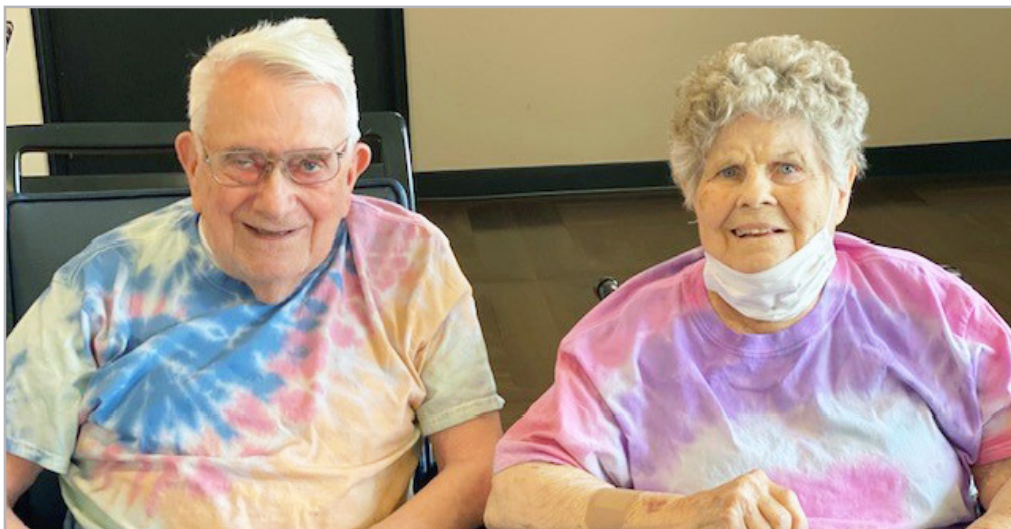
Have a great month!

Beth Blair

Executive Director



Residents gave us a fashion show during happy hour of the T-shirts they made. This was a 10!



Mr. John and Mrs. Rachel are proud of their T-shirts they made at the crafts class.

Smiles of the Month

We celebrated National Dog Day with a small Dog Show. A few of our staff along with our friends from Love on a Leash brought their dogs by to bring us some smiles. Our Executive Director's dog, Tubby, won Best in Show.



Anna with her dog Phelix making Mrs. Dorothy smile.



Diana loves animals and really enjoyed our dog show



Tubby, the winner of Best in Show



Tubby won over Mrs. Yates during the dog show.

Taste of Town

Once a month we get lunch from a local restaurant that the Residents choose. Some of our Residents are originally from Nicholasville and requested Sonny's BBQ, which is just up the road from us. Residents enjoyed pulled pork, baked beans, mac and cheese, and some greens.



Mrs. Phyllis enjoying Sonny's BBQ



Mr. Edgar enjoying our Monthly Taste of Town from Sonny's BBQ



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Beth Blair
Executive Director

Mary Jo Ray
Director of Health Services

Susan Roark
Assistant Director of Health Services

Madison Crispen
Business Office Manager

Jessica Brown
Social Services Director

Stephanie Blythe
Director of Environmental Services

James Adams
Director of Plant Operations

Anna Preus
Life Enrichment Director

Sean Gillium
Director of Food Services

Pam Argo
Assistant Director of Food Services

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Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What is the
name of Dracula's sidekick?

Question 2: Where did
Halloween originate?

Question 3: True or
false: Bees can only
sting once.

Question 4: Pumpkins
are ____ % water.

Question 5:
Who originally
sang *That'll
Be The Day*
in 1957?

*Flip the
page for
last month's
trivia
answers:*

Q1: What is the
blood type is
considered
the universal
donor. Type O
Q2: What
product was
banned from
advertising
on television
in 1971?
Cigarettes
Q3: Edwin
Budding
invented what
tool in the
1820s? The
lawnmower
Q4: Who is
the only US
president to
ever resign
from office?
Richard Nixon
Q5: What is the
brightest star
in the galaxy?
Sirius A

FIND AND CIRCLE TEN DIFFERENCES



Word Search

N	B	F	E	Y	X	N	M	S	V	S	Y	T	I	N	P	D	J	F
J	M	U	G	B	A	F	Y	K	A	V	A	D	C	A	K	E	Y	Z
T	F	X	V	M	T	Y	C	N	I	U	Z	X	V	T	H	C	M	C
Z	C	Z	R	S	R	X	O	M	E	P	S	U	F	W	F	O	D	Z
P	M	E	C	K	J	S	W	L	M	N	U	A	L	N	L	R	X	O
G	G	S	G	S	A	K	B	I	E	P	R	M	G	Z	W	A	F	K
M	E	J	E	R	A	I	H	E	K	C	P	M	P	E	S	T	M	T
V	S	U	A	E	D	S	W	O	N	N	N	P	Y	K	K	E	I	O
M	H	J	R	E	G	O	T	C	H	E	E	R	S	K	I	H	H	B
T	M	G	R	G	L	O	D	E	L	I	C	I	O	U	S	N	L	E
C	A	C	C	L	I	H	L	S	S	H	V	D	A	X	R	X	S	R
M	N	S	A	E	N	W	S	D	B	V	T	E	R	W	Y	H	Q	F
I	F	H	T	H	L	A	C	T	I	V	I	T	I	E	S	W	R	E
F	J	V	O	I	C	E	S	Q	X	Q	E	C	Z	T	D	G	C	S
J	T	M	T	E	N	F	B	X	P	R	O	G	R	A	M	S	B	T
Z	U	U	N	W	J	G	I	R	D	A	O	F	V	J	R	U	U	Y
P	U	S	B	T	X	N	S	Y	A	T	W	Z	J	T	J	Z	N	O
W	M	S	A	U	Q	H	S	Z	Y	T	S	N	X	A	I	G	D	V
D	F	O	J	Q	Z	J	O	Y	S	I	E	U	O	T	F	K	N	O

ACTIVITIES
CAKE
CELEBRATE
CHEERS

CRAFT
DECORATE
DELICIOUS
GERMAN

GOLD
HALLOWEEN
INCREDIBLE
OKTOBERFEST

PROGRAMS
PUMPKIN
SAUSAGE
TASTINGS