



October 2021

Wrapping up our 2021 Theme Year

On October 11th, our 2021 "Traditions Around The World" Theme Year will see us stopping at our final destination – Germany! Here's everything you can expect when we kick off this incredible week:

Lass uns feiern! (Let's celebrate!)

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don't forget to wear black, red, and/or gold!

Prost! (Cheers!)

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob's Rueben egg roll, German chocolate cake, and more.

We've saved the best for last, so we hope that we'll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don't hesitate to reach out to any member of our Life Enrichment team. They'll be more than happy to hear from you!

Happy Birthday!

Residents

Arthur T. October 04

Kathleen H. October 06

Thomas L. October 10

Mildred S. October 11

Marietta E. October 28

Staff

Cheryl K. October 05

Shelby R. October 08

Eric E. October 16

Thania I. October 18

Ashley K. October 23

Maria J. October 23

Dawn M. October 27

Colleen W. October 27

Executive Director Corner

Happy October, everyone!

With Halloween just around the corner, it can be easy to be frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – **Germany**. From October 11th – October 15th, we'll be putting on a celebration that rivals Oktoberfest as

we dive deep into cuisines, activities, and programs all inspired by German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it' time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month!

Tonia Davis, HFA

Executive Director

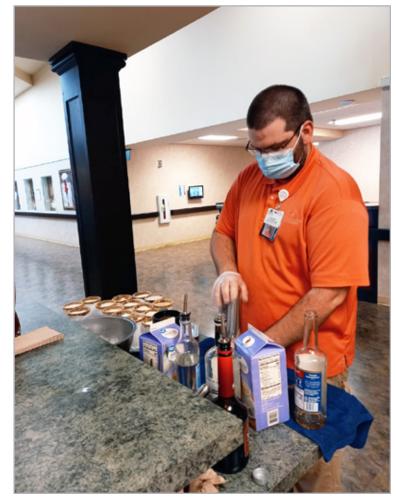
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HAPPY HOUR

Our Residents tried a new Happy Hour Drink, Smores White Russians. Both the alcohol and nonalcohol versions created by Eric were delicious. Also served were special appetizers: Home- Made Smores and Sausage Balls.

> Eric creating The Smores White Russian Drink



Legacy Spotlight

Our Legacy residents have enjoyed abstract painting. Our residents also painted Roses in the style of stained glass.



The Artist show their Sunflowers



Lena paints the clothespins to make Sunflower Petals



Cathy painted her abstract design

Activities Corner

This month our residents have enjoyed our creative cooking classes with Eric. We had Pineapple Upside Cake, and Peach Dump cake. The residents were able to enjoy the demonstrations by Eric on the Broadcast channel from their rooms. Residents were able to sample the finished products.

Family Night

Chili, Smores & Music Outdoors

Thursday, October 21, 2021 Time 4:30 p.m. to 6:30 p.m.

Music with Wood & Wire Band at the A/L Entrance RSVP By 10/6 Call 1-812-582-8343 for information.



A Trilogy Senior Living Community

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Tonia Davis, HFA
Executive Director

Kori Pinkstaff, RN, BSN Director of Health Services

Patsy Denny, RN Assistant Director of Health Services

Haley Liming Community Service Representative

Lindsey Jones Community Service Specialist

Terri Rainey Business Office Manager

Diana Turpin Social Services Director

Haley Liming Director of Villa Lifestyle

Destiny Hernandez Director of Assisted Living

Sherri Grass & Dakota Lawrence Legacy Coordinators

> Cindi Barnett Life Enrichment Director

> Annitra Hitt Dining Services Manager

Michael Cullivan Director of Plant Operations

Tracy Bennington
Director of Environmental Services

Stay in the Loop **y** f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What is the name of Dracula's sidekick?

Question 2: Where did Halloween originate?

Question 3: True or false: Bees can only sting once.

Question 4: Pumpkins are % water.

Question 5: Who originally sang *That'll* Be The Day in 1957? Flip the page for last month's trivia answers:

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