



THE SPRINGS
OF RICHMOND

A Trilogy Senior Living Community

News

October 2021

Wrapping up our 2021 Theme Year

On October 11th, our 2021 “Traditions Around The World” Theme Year will see us stopping at our final destination – Germany! Here’s everything you can expect when we kick off this incredible week:

Lass uns feiern! (Let’s celebrate!)

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don’t forget to wear black, red, and/or gold!

Prost! (Cheers!)

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob’s Rubeen egg roll, German chocolate cake, and more.

We’ve saved the best for last, so we hope that we’ll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don’t hesitate to reach out to any member of our Life Enrichment team. They’ll be more than happy to hear from you!

Happy Birthday!

Residents

Marilyn G.	10/03
John C.	10/04
Linda B.	10/05
George P.	10/06
Donna H.	10/06
Doris K.	10/12
Ann S.	10/24
Carol F.	10/27
Elva T.	10/31

Staff

Amanda C.	10/05
Brittany L.	10/15
Destiny G.	10/21
Mariah C.	10/21
Jamie M.	10/23
Destiny W.	10/23
Melissa C.	10/27
Erica G.	10/28



Executive Director Corner

Happy
October,
everyone!

With

Halloween just around the corner, it can be easy to be frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – **Germany**. From October 11th – October 15th, we'll be putting on a celebration that rivals Oktoberfest as

we dive deep into cuisines, activities, and programs all inspired by German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it's time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month!

Yours in Service,

Keshia Wampler

Executive Director

So, About Oct.

Lucky Color: Green

Lucky Day: Tuesday

Lucky Letter: W

Lucky Plant: Pumpkin

Flower: Calendula

Birthstone: Opal

Animal of the Month: Tarantula

Volunteer News

Make a difference! If you are interested in volunteering to serve the aging in a lovely setting with compassionate staff, Contact the Life Enrichment Director at 765-935-0135 or via email at Teresa.Baker@springsofrichmond.com.

PHOTO HIGHLIGHTS



John enjoying the beat of the drums!

More PHOTO HIGHLIGHTS



Sondra created a beautiful masterpiece during our Arts and Crafts activity.



Residents can't go wrong coming to hear live music. They love setting around we each other having a beverage, eating snacks and listening to excellent music.



As most of you already know Bingo is a big hit in our Campus. The time away and thought of winning brings the people out to participate

Chef's Corner

Meets every Friday in the Pub at 2:45pm

Taste of Town

Cracker Barrel

Upcoming Events

Oktoberfest Theme Week

Mindful Moments

Our residents enjoy getting their nails painted, hands massaged all while listening to relaxing music.

Outings

Outings will resume as soon as the Covid rate is safe for our resident.

LifeShare

Visit our Broadcast Channel in your own room, this channel showcases several different types of programs. (Trivia, Short Stories, Inspirational programs, funny videos) Channel 2-1



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Keshia Wampler
Executive Director

Gina Robinson
Director of Health Services

Christina Falcone
Assistant Director of Health Services

Jamie Martin
Business Office Manager

Teresa Baker
Life Enrichment Director

Melissa Bryant
MDS Coordinator

Tabatha Woolwine
Director of Social Services

Sindy Henson
Director of Environmental Services

TBD
Director of Plant Operations

Serina Centers
Director of Food Services

Kimberly Guthrie
AP/Payroll

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

Like us on Facebook:
Springs of Richmond

Follow us on Twitter:
@SpringsRichmond

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogybs.com*

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What is the
name of Dracula's sidekick?

Question 3: True or
false: Bees can only
sting once.

Question 5:
Who originally
sang *That'll
Be The Day*
in 1957?

Question 2: Where did
Halloween originate?

Question 4: Pumpkins
are ___% water.

Flip the
page for
last month's
trivia
answers:

Q1: blood type is considered the universal donor. Type O
Q2: What product was banned from advertising on television in 1971?
Cigarettes
Q3: Edwin Budding invented what tool in the 1820s? The lawn mower.
Q4: Who is the only US president to ever resign from office?
Richard Nixon
Q5: What is the brightest star in the galaxy?
Sirius A

FIND AND CIRCLE TEN DIFFERENCES



Word Search

N	B	F	E	Y	X	N	M	S	V	S	Y	T	I	N	P	D	J	F
J	M	U	G	B	A	F	Y	K	A	V	A	D	C	A	K	E	Y	Z
T	F	X	V	M	T	Y	C	N	I	U	Z	X	V	T	H	C	M	C
Z	C	Z	R	S	R	X	O	M	E	P	S	U	F	W	F	O	D	Z
P	M	E	C	K	J	S	W	L	M	N	U	A	L	N	L	R	X	O
G	G	S	G	S	A	K	B	I	E	P	R	M	G	Z	W	A	F	K
M	E	J	E	R	A	I	H	E	K	C	P	M	P	E	S	T	M	T
V	S	U	A	E	D	S	W	O	N	N	N	P	Y	K	K	E	I	O
M	H	J	R	E	G	O	T	C	H	E	E	R	S	K	I	H	H	B
T	M	G	R	G	L	O	D	E	L	I	C	I	O	U	S	N	L	E
C	A	C	C	L	I	H	L	S	S	H	V	D	A	X	R	X	S	R
M	N	S	A	E	N	W	S	D	B	V	T	E	R	W	Y	H	Q	F
I	F	H	T	H	L	A	C	T	I	V	I	T	I	E	S	W	R	E
F	J	V	O	I	C	E	S	Q	X	Q	E	C	Z	T	D	G	C	S
J	T	M	T	E	N	F	B	X	P	R	O	G	R	A	M	S	B	T
Z	U	U	N	W	J	G	I	R	D	A	O	F	V	J	R	U	U	Y
P	U	S	B	T	X	N	S	Y	A	T	W	Z	J	T	J	Z	N	O
W	M	S	A	U	Q	H	S	Z	Y	T	S	N	X	A	I	G	D	V
D	F	O	J	Q	Z	J	O	Y	S	I	E	U	O	T	F	K	N	O

ACTIVITIES
CAKE
CELEBRATE
CHEERS

CRAFT
DECORATE
DELICIOUS
GERMAN

GOLD
HALLOWEEN
INCREDIBLE
OKTOBERFEST

PROGRAMS
PUMPKIN
SAUSAGE
TASTINGS