



October 2021

Wrapping up our 2021 Theme Year

On October 11th, our 2021 "Traditions Around The World" Theme Year will see us stopping at our final destination – Germany! Here's everything you can expect when we kick off this incredible week:

Lass uns feiern! (Let's celebrate!)

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don't forget to wear black, red, and/or gold!

Prost! (Cheers!)

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob's Rueben egg roll, German chocolate cake, and more. We've saved the best for last, so we hope that we'll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don't hesitate to reach out to any member of our Life Enrichment team. They'll be more than happy to hear from you!

Happy Birthday!

Residents	
David D.	10/23
Staff	
Ashlee Y.	10/15
Cynthia D.	10/15
Rebecca T.	10/21
Baleigh A.	10/22
Jennifer L.	10/26
Caroline B.	10/29
Ronald G.	10/29

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link <u>http://springsofmooresville.</u> <u>com</u>. You can also find us on Facebook and Twitter.

The Private Dining Room can be reserved for family events and private dining with friends and loved ones. It seats up to 8 people comfortably! Reservations can be made at the front desk.

Happy Hour is weekly at 3:00pm every Friday until 4:00pm at the Pub. Please join us for some Friday fun and enjoy appetizers, drinks, and music!

Families can access LifeShare from a mobile app called "Life Share Family" on your phone using the community access pin <u>springsofmooresville-hc</u> and <u>springsofmooresville-al</u> If you would like to set up a family manager account or would like more information, please see Sarah Wilde the Life Enrichment Director.



Executive Director Corner

With Halloween just around the corner, it can be easy

to be frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – **Germany**. From October 11th – October 15th, we'll be putting on a celebration that rivals Oktoberfest as we dive deep into cuisines, activities, and programs all inspired by German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it' time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month!

Yours in Service, Marshall Hopkins Executive Director

WINNERS CIRCLE

Our residents enjoyed watching the horses race by cheering for their favorite as we all take bets on who's to win! One of our residents was even able to get in to the Winner's Circle for a photo after the finish!

















Smile of the Month

Geraldine W. is October's smile of the month! Thank you for making our days a little warmer with your smiles!

VOLUNTEER NEWS: The Life Enrichment team is always working on improving our programming for our resident! One way we are looking to enhance the senior life style experience is by inviting families, friends, and members of our community to volunteer and share a hobby that you are passionate about! We are asking you to donate one hour of your time to programming of your choice. If you are interested in volunteering or have questions about what programming may be right for you please see the Life Enrichment Director Sarah Wilde!

FAMILEO: Ask about our new program! Our campus is piloting a new program to help families stay in contact and keep their loved ones up to date in a way that is easy for them to use! This program delivers a personalized paper gazette filled with family pictures and messages that you and other friends and family member's upload! It is as simple as downloading an app and entering your loved one's family code! For more questions and help getting signed up please see a member of the Life Enrichment team!

Welcome to the Fair

Two of our residents went on an adventure to the Indianapolis State Fair! We reminisced on all that had changed and enjoyed some treats that will always stay the same. We even hopped on a ride or two and laughed till we were silly!

Friday Night Fright!

Join us on Friday, October 29 for a night of frightful fun with music, snacks, costumes, and an outdoor movie on the big screen! This is no trick, but we will have treats and games to complete a night of howling fun!

Taste of Town

Taste of town this month will be on October 12th. Taste of Town features a local restaurant each month that is delivered to the facility for our residents to enjoy! This month's taste of town will feature Hong Kong. If you have any suggestions, please feel free to inform the Director of Food Services.

Senior Exec. Club

Senior Executive Club will be on October 13 this month at 2:00pm. Join us for a complimentary chef-prepared brunch, great conversation with local seniors and a special guest speaker. Please contact Tiana Community Services Rep. for more information.



A Trilogy Senior Living Community

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> Marshall Hopkins Executive Director Tabitha Miller Director of Health Services

Nicole Cox Assistant Director of Health Services

Tiana McGhee Community Services Representative

> Harsh Naik, PT, MS, CLT Therapy Program Director

Brandi Gerholdt Business Office Manager

Brian Lowery Director of Dining Services

Tommy Hausz Director of Plant Operations

Amanda Jenkins Director of Environmental Services

> Sarah Wilde Life Enrichment Director

Brandon Hislope Social Services Director

Stay in the Loop 🛩 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What is the name of Dracula's sidekick?

Ouestion 2: Where did

Halloween originate?

Question 3: True or false: Bees can only sting once.

Question 5: Who originally sang *That'll Be The Day* in 1957? Flip the page for last month's trivia answers:

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Question 4: Pumpkins are___% water.

FIND AND CIRCLE TEN DIFFERENCES





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