



October 2021

# Wrapping up our 2021 Theme Year

On October 11th, our 2021 "Traditions Around The World" Theme Year will see us stopping at our final destination – Germany! Here's everything you can expect when we kick off this incredible week:

# Lass uns feiern! (Let's celebrate!)

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don't forget to wear black, red, and/or gold!

#### Prost! (Cheers!)

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob's Rueben egg roll, German chocolate cake, and more.

We've saved the best for last, so we hope that we'll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don't hesitate to reach out to any member of our Life Enrichment team. They'll be more than happy to hear from you!

## Happy Birthday!

#### Residents David C. 10/02 Roger B. 10/8 Delores C. 10/9 Judy M. 10/13 Sylvia W. 10/25 Mary S. 10/29 Staff Stephanie V. 10/06 Anna M. 10/11 Kayla M. 10/13 Alexis T. 10/21 Catherine M. 10/29 Granite T. 10/29 Matthew A. 10/30

# Executive Director Corner

With Halloween just around the corner, it can be easy to be frightened by images of ghosts and vampires – but

Happy October, everyone!

ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – Germany. From October 11th – October 15th, we'll be putting on a celebration that rivals Oktoberfest as we dive deep into cuisines,

activities, and programs all inspired by German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it' time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month!

Yours in Service,

Kelly Kyllonen

Executive Director

# **CREATIVE COOKING**

Our CORN ON THE COB DAY was a hit! Fresh corn from Starr Farms was just what the doctor ordered! Real butter stole the show!





Farmer-Owned



# Activities Corner

10/30

Charisse M.

Sharon is having a great time at Wii Bowling!



Who's ready for a great time?

# **Artisan** Program

Our recent "PAINT PARTY" sponsored by our volunteers Chris and Ianeen was a hit! Residents were able to tap into their creativity and have a great time.



I love the paint party!



This is your captain speaking; we're going to Germany!



#### **Out & About**

We are having the best time! It feels so good to get out & about! Join us! Check with Life Enrichment regarding upcoming bus trips. We are "movin' & groovin" to a good time!



### Live A Dream

Help us make dreams come true. Submit ideas for residents' LIVE A DREAM opportunities to Life Enrichment.

#### Volunteer News

We are looking for residents, family, and friends who would like to get involved at The Oaks. What do you love to do? Why not share your talents at The Oaks. Contact Life Enrichment to discuss opportunities to volunteer.

## **Theme Dinner** October 15

Our Theme Weeks are "off the charts." This tribute to Germany's traditions and treats will be the best! Residents will have great opportunity to learn, to laugh, to love this amazing country through the variety of activities and events provided by The Oaks and Trilogy. So get ready to go! From October 11-15, it's all for Germany! It's all for Community! It's all for You!



A Trilogy Senior Living Community

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> Kelly Kyllonen Executive Director

Lindsay Lloyd Director of Health Services

Judi Cottrell Customer Service Representative

Tanya Cartier Customer Service Specialist

Lori Bowie Rehabilitation Director

Lesa Carver Life Enrichment Director

TBD

Director of Social Services Brandon Maas

Director of Food & Dining Services TBD Head Chef

Amanda Allen Environmental Services Director

> Nicole Lepus Guest Relations

Anna Morrison Assisted Living Director

#### Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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## Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What is the name of Dracula's sidekick?

Question 2: Where did Halloween originate?

Question 3: True or false: Bees can only sting once.

Question 4: Pumpkins are\_\_\_% water.

Question 5: Who originally sang *That'll* Be The Day

in 1957?

Flip the page for last month's trivia answers:

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#### FIND AND CIRCLE TEN DIFFERENCES





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**ACTIVITIES CRAFT GOLD PROGRAMS CAKE DECORATE HALLOWEEN PUMPKIN CELEBRATE DELICIOUS INCREDIBLE SAUSAGE CHEERS GERMAN OKTOBERFEST TASTINGS**