

## Wrapping up our 2021 Theme Year

On October 11th, our 2021 “Traditions Around The World” Theme Year will see us stopping at our final destination – Germany! Here’s everything you can expect when we kick off this incredible week:

### *Lass uns feiern!* (Let’s celebrate!)

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don’t forget to wear black, red, and/or gold!

### *Prost! (Cheers!)*

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob’s Rueben egg roll, German chocolate cake, and more.

We’ve saved the best for last, so we hope that we’ll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don’t hesitate to reach out to any member of our Life Enrichment team. They’ll be more than happy to hear from you!

# Happy Birthday!

## Residents

Donald S.	10/01
Kathleen H.	10/16

## Staff

Andrew S.	10/2
Megan W.	10/7
Kevin S.	10/14
Angela J.	10/17
Connie B.	10/17
Tamara M.	10/24

## Volunteer News

Volunteers give the gift of time. Families make great volunteers! As a volunteer, you are a part of the Trilogy team. So why volunteer? Here are just a few of the benefits:

- Personal satisfaction
- Community involvement
- New, meaningful friendships
- Developing new skills
- Utilizing your skills to teach others

Suggested ways to volunteer include but are not limited to:

- Assisting with our screening table and welcoming guests
- Leading an activity or teaching a skill (such as Bible Study or playing an instrument)
- Helping maintain our gardens in our courtyards
- Providing friendly conversation/reminiscing with our residents

## Executive Director Corner

Happy October, everyone!

With Halloween just around the corner, it can be easy to be frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – **Germany**. From October 11th – October 15th, we'll be putting on a celebration that rivals Oktoberfest as we dive deep into cuisines,

activities, and programs all inspired by German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it's time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month!

Yours in Service,

*Jana Broughton*

Executive Director

## Independent Interests

The residents at The Oaks at Belmont enjoy many leisure activities with our Life Enrichment staff AND in their rooms! Puzzles, word searches/crosswords and reading are among some of the favorites here at Belmont.



*June is a jigsaw puzzle enthusiast! She loves putting puzzles together every day and then donates them to our Life Enrichment department when she is done!*





## O GREAT ONE

Peggy radiates “First Impressions” as she is the first person you see coming in and the last one you see when leaving. Peggy has a very caring nature towards each Resident and family that walks through our doors. She is always smiling and greeting everyone, every time! Peggy is always so calm under pressure and seem to always have it together! Her peers really appreciate her willingness to help and putting the resident’s best interest first! Peggy always knows

what they want, even when sometimes they aren’t sure. To sum up all the positive comments, Peggy is an amazing person with a servant heart that glows each day! We are so lucky to have her as a part of our team at The Oaks at Belmont!



## FAMILY HAPPY HOUR IN INDEPENDENT LIVING

Independent Living residents enjoyed the fresh air outside at our first Family Happy Hour! Live music by Monty and Ginger, local beer, wine and scrumptious appetizers made by our chef, completed this wonderful evening!



## Veteran’s Honor Wall

If your loved one has served in the military, please bring us an 8x10 photograph of them in uniform so that we can include them on our wall of heroes. If you prefer it, we’re more than happy to make a copy of the photo and return the original to you. Thank you as always for joining our family. We’re honored to have the opportunity to serve you, and we’re thankful for all the ways in which our veterans have served us.

## Creative Cooking

Our Legacy Lane residents enjoy cooking delicious recipes after breakfast each day. The best part of cooking is getting to eat the creation!



*This is Clay participating in Creative Cooking*



# THE OAKS AT BELMONT

*A Trilogy Senior Living Community*

6081 West River Drive NE

Belmont, MI 49306

616-625-0386

oaksatbelmont.com |

*Jana Broughton*  
Executive Director

*Amanda Petrusma*  
Director of Health Services

*Patti Laski*  
Assisted Living Director

*Elizabeth Hearn*  
Customer Service Representative

*Becky Gibson*  
Business Office Director

*Alicia Hollern*  
Life Enrichment Director

*Dan Denton*  
Director of Plant Operations

*David Snow*  
Director of Food Services

*Lori Newman*  
Director of Environmental Services

*Kevin Sleboda*  
Social Work Director

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

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# Monthly Trivia & Activity Corner

*All trivia answers will be printed in our upcoming month's newsletter!*

**Question 1:** What is the  
name of Dracula's sidekick?

**Question 2:** Where did  
Halloween originate?

**Question 3:** True or  
false: Bees can only  
sting once.

**Question 4:** Pumpkins  
are \_\_\_\_ % water.

**Question 5:**  
Who originally  
sang *That'll  
Be The Day*  
in 1957?

*Flip the  
page for  
last month's  
trivia  
answers:*

*Q1: What is the  
blood type is  
considered  
the universal  
donor. Type O*  
*Q2: What  
product was  
banned from  
advertising  
on television  
in 1971?*  
*Q3: Edwin  
Budding  
invented what  
landscaping  
tool in the  
1820s? The  
lawnmower*  
*Q4: Who is  
the only US  
president to  
ever resign  
from office?*  
*Q5: What is the  
brightest star  
in the galaxy?*  
*Sirius A*

## FIND AND CIRCLE TEN DIFFERENCES



## Word Search

N	B	F	E	Y	X	N	M	S	V	S	Y	T	I	N	P	D	J	F
J	M	U	G	B	A	F	Y	K	A	V	A	D	C	A	K	E	Y	Z
T	F	X	V	M	T	Y	C	N	I	U	Z	X	V	T	H	C	M	C
Z	C	Z	R	S	R	X	O	M	E	P	S	U	F	W	F	O	D	Z
P	M	E	C	K	J	S	W	L	M	N	U	A	L	N	L	R	X	O
G	G	S	G	S	A	K	B	I	E	P	R	M	G	Z	W	A	F	K
M	E	J	E	R	A	I	H	E	K	C	P	M	P	E	S	T	M	T
V	S	U	A	E	D	S	W	O	N	N	N	P	Y	K	K	E	I	O
M	H	J	R	E	G	O	T	C	H	E	E	R	S	K	I	H	H	B
T	M	G	R	G	L	O	D	E	L	I	C	I	O	U	S	N	L	E
C	A	C	C	L	I	H	L	S	S	H	V	D	A	X	R	X	S	R
M	N	S	A	E	N	W	S	D	B	V	T	E	R	W	Y	H	Q	F
I	F	H	T	H	L	A	C	T	I	V	I	T	I	E	S	W	R	E
F	J	V	O	I	C	E	S	Q	X	Q	E	C	Z	T	D	G	C	S
J	T	M	T	E	N	F	B	X	P	R	O	G	R	A	M	S	B	T
Z	U	U	N	W	J	G	I	R	D	A	O	F	V	J	R	U	U	Y
P	U	S	B	T	X	N	S	Y	A	T	W	Z	J	T	J	Z	N	O
W	M	S	A	U	Q	H	S	Z	Y	T	S	N	X	A	I	G	D	V
D	F	O	J	Q	Z	J	O	Y	S	I	E	U	O	T	F	K	N	O

ACTIVITIES  
CAKE  
CELEBRATE  
CHEERS

CRAFT  
DECORATE  
DELICIOUS  
GERMAN

GOLD  
HALLOWEEN  
INCREDIBLE  
OKTOBERFEST

PROGRAMS  
PUMPKIN  
SAUSAGE  
TASTINGS