



Wrapping up our 2021 Theme Year

On October 11th, our 2021 “Traditions Around The World” Theme Year will see us stopping at our final destination – Germany! Here’s everything you can expect when we kick off this incredible week:

Lass uns feiern! (Let’s celebrate!)

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don’t forget to wear black, red, and/or gold!

Prost! (Cheers!)

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob’s Rueben egg roll, German chocolate cake, and more.

We’ve saved the best for last, so we hope that we’ll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don’t hesitate to reach out to any member of our Life Enrichment team. They’ll be more than happy to hear from you!

Happy Birthday!

Residents

Carole B.	10/2
Robbie K.	10/9
Marian S.	10/13
Beverly L.	10/19
Ralph M.	10/19
Allen B.	10/28
Richard L.	10/30

Staff

Olivia T.	10/2
Latanya I.	10/6
Melissa E.	10/06
Whitney D.	10/26
Bethany W.	10/30

Upcoming Events

Alzheimer's disease is relentless. So are we. Join The Legacy at English Station for the Alzheimer's Association Walk to End Alzheimer's®, the world's largest event to raise awareness and funds for Alzheimer's care, support and research.

2021 Walk to End Alzheimer's - Louisville, KY

Saturday, October 9, 2021

Lynn Family Stadium
| 350 Adams St
Louisville, KY 40206

Register or Donate at: https://act.alz.org/site/TR?fr_id=14497&pg=team&team_id=679955

Executive Director Corner

Happy October, everyone!

With Halloween just around the corner, it can be easy to be frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

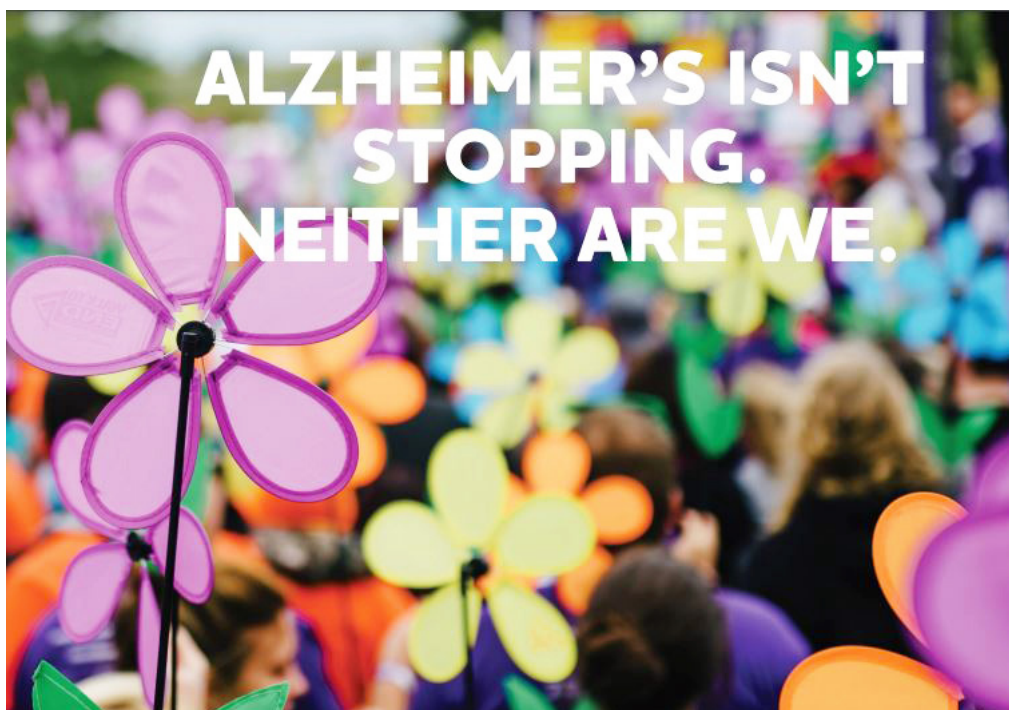
This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – **Germany**. From October 11th – October 15th, we'll be putting on a celebration that rivals Oktoberfest as we dive deep into cuisines,

activities, and programs all inspired by German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it's time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month! ,

Matthew R. Jones
Executive Director



JOIN US FOR OUR UPCOMING EVENT!

Anna in Paris

Anna loved our travels to Paris and she looks forward to visiting Germany this month!



Legacy Scuba Shark

How will we top last years "Scuba Divers and a Shark" costume? Join us on the 28th!



Intergenerational Fun

Boo! Join us in the Spooky Forest Courtyard for candy, prizes, a costume contest and pumpkin painting. Apple Cider and caramel apples await! Bring the kids for this family friendly event. Also, if your loved one has a Halloween costume we would love to help them dress up!

October 28th

5:30-7pm

Please RSVP to The Legacy at English Station by Oct. 26th.

Theme Dinner

In October, we are visiting Germany at the Legacy at English Station. For the fourth and final entry in our "Traditions Around The World" Theme Year, we'll be celebrating the sights, sounds, and smells of Germany from the comfort of home, complete with an exciting week of theme-related activities, events, and an incredible theme dinner. Residents will make Apple Strudel and Spaetzle Dumplings in Creative Cooking, listen to German Composers during happy hours and create expressionist art projects in the style of Franz Marc's, a famous German painter! Germany Jeopardy, Beer Stein Races, Yodeling Competitions, Polkas and Pretzel Tosses are just a few ways we will celebrate this month.



THE LEGACY AT ENGLISH STATION

A Trilogy Senior Living Community

13700 English Villa Drive
Louisville, KY 40245

502-254-2361

legacyatenglishstation.com |

Matthew R. Jones
Executive Director

Mindy Hahn
Director of Health Services

Amy Vanover
Community Relations Director

Sydney Bright
Business Office Manager

Natalie Casto
Life Enrichment Director

Allen Schroeder
Director of Plant Operations

Jonathan Ross
Director of Food Services

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What is the
name of Dracula's sidekick?

Question 2: Where did
Halloween originate?

Question 3: True or
false: Bees can only
sting once.

Question 4: Pumpkins
are ____ % water.

Question 5:
Who originally
sang *That'll
Be The Day*
in 1957?

*Flip the
page for
last month's
trivia
answers:*

Q1: blood type is considered the universal donor. Type O
Q2: What product was banned from advertising on television in 1971?
Q3: Edwin Cigarettes
Budding
invented what
landscaping
tool in the
1820s? The
lawnmower
Q4: Who is the only US president to ever resign from office?
Richard Nixon
Q5: What is the brightest star in the galaxy?
Sirius A

FIND AND CIRCLE TEN DIFFERENCES



Word Search

N	B	F	E	Y	X	N	M	S	V	S	Y	T	I	N	P	D	J	F
J	M	U	G	B	A	F	Y	K	A	V	A	D	C	A	K	E	Y	Z
T	F	X	V	M	T	Y	C	N	I	U	Z	X	V	T	H	C	M	C
Z	C	Z	R	S	R	X	O	M	E	P	S	U	F	W	F	O	D	Z
P	M	E	C	K	J	S	W	L	M	N	U	A	L	N	L	R	X	O
G	G	S	G	S	A	K	B	I	E	P	R	M	G	Z	W	A	F	K
M	E	J	E	R	A	I	H	E	K	C	P	M	P	E	S	T	M	T
V	S	U	A	E	D	S	W	O	N	N	N	P	Y	K	K	E	I	O
M	H	J	R	E	G	O	T	C	H	E	E	R	S	K	I	H	H	B
T	M	G	R	G	L	O	D	E	L	I	C	I	O	U	S	N	L	E
C	A	C	C	L	I	H	L	S	S	H	V	D	A	X	R	X	S	R
M	N	S	A	E	N	W	S	D	B	V	T	E	R	W	Y	H	Q	F
I	F	H	T	H	L	A	C	T	I	V	I	T	I	E	S	W	R	E
F	J	V	O	I	C	E	S	Q	X	Q	E	C	Z	T	D	G	C	S
J	T	M	T	E	N	F	B	X	P	R	O	G	R	A	M	S	B	T
Z	U	U	N	W	J	G	I	R	D	A	O	F	V	J	R	U	U	Y
P	U	S	B	T	X	N	S	Y	A	T	W	Z	J	T	J	Z	N	O
W	M	S	A	U	Q	H	S	Z	Y	T	S	N	X	A	I	G	D	V
D	F	O	J	Q	Z	J	O	Y	S	I	E	U	O	T	F	K	N	O

ACTIVITIES
CAKE
CELEBRATE
CHEERS

CRAFT
DECORATE
DELICIOUS
GERMAN

GOLD
HALLOWEEN
INCREDIBLE
OKTOBERFEST

PROGRAMS
PUMPKIN
SAUSAGE
TASTINGS