



THE HERITAGE

A Trilogy Senior Living Community

Herald

October 2021

Wrapping up our 2021 Theme Year

On October 11th, our 2021 “Traditions Around The World” Theme Year will see us stopping at our final destination – Germany! Here’s everything you can expect when we kick off this incredible week:

Lass uns feiern! (Let’s celebrate!)

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don’t forget to wear black, red, and/or gold!

Prost! (Cheers!)

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob’s Rueben egg roll, German chocolate cake, and more.

We’ve saved the best for last, so we hope that we’ll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don’t hesitate to reach out to any member of our Life Enrichment team. They’ll be more than happy to hear from you!



Executive Director Corner

Happy October, everyone!

With Halloween just around the corner, it can be easy to be

frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – **Germany**. From October 11th – October 15th, we'll be putting on a celebration that rivals Oktoberfest as we dive deep into cuisines, activities, and

programs all inspired by German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it's time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month!

Yours in Service,

Katie Brown

Executive Director

PHOTO HIGHLIGHTS



More PHOTO HIGHLIGHTS



Legacy girls helped decorate for fall (2)

Entertainment

We have outdoor live entertainment every Friday during happy hour. Please come and join us in the Health Center courtyard from 2:00-3:00pm.

Family Night

October 22 we will be hosting a fall festival from 3:00-5:00 in our Health Center courtyard. Our residents will be enjoying homemade ice cream, home made donuts, fresh cider, carmel corn and many more fall treats. We will have live music and outdoor games for all to enjoy.

Intergenerational Fun

Sigma Kappa girls from Findlay University will be offering a variety of crafts, pen pals, a fall carnival with outdoor games, adopting a Grandparent, holiday decorating and many more fun engaging activities for the residents.

Theme Dinner

We will be celebrating Germany Octoberfest October 14. The week will be full of fun German traditions, authentic German food, beer tasting and traditional music and dance.

Did You Know...?

We have happy hour every Friday from 2:00-3:00pm. Our culinary team offer snacks from the kitchen along with beverages of various kinds.



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Executive Director

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Chandra O'Dell
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Ben Hindall
Director of Food Services

Trisha Thomas
Legacy Neighborhood Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What is the
name of Dracula's sidekick?

Question 2: Where did
Halloween originate?

Question 3: True or
false: Bees can only
sting once.

Question 4: Pumpkins
are ____ % water.

Question 5:
Who originally
sang *That'll
Be The Day*
in 1957?

*Flip the
page for
last month's
trivia
answers:*

*Q1: blood type is
the universal
donor. Type O
product was
banned from
advertising
on television
in 1971?
Cigarettes
Q3: Edwin
Budding
invented what
landscaping
tool in the
1820s? The
lawnmower
Q4: Who is
the only US
president to
ever resign
from office?
Richard Nixon
Q5: What is the
brightest star
in the galaxy?
Sirius A*

FIND AND CIRCLE TEN DIFFERENCES



Word Search

N	B	F	E	Y	X	N	M	S	V	S	Y	T	I	N	P	D	J	F
J	M	U	G	B	A	F	Y	K	A	V	A	D	C	A	K	E	Y	Z
T	F	X	V	M	T	Y	C	N	I	U	Z	X	V	T	H	C	M	C
Z	C	Z	R	S	R	X	O	M	E	P	S	U	F	W	F	O	D	Z
P	M	E	C	K	J	S	W	L	M	N	U	A	L	N	L	R	X	O
G	G	S	G	S	A	K	B	I	E	P	R	M	G	Z	W	A	F	K
M	E	J	E	R	A	I	H	E	K	C	P	M	P	E	S	T	M	T
V	S	U	A	E	D	S	W	O	N	N	N	P	Y	K	K	E	I	O
M	H	J	R	E	G	O	T	C	H	E	E	R	S	K	I	H	H	B
T	M	G	R	G	L	O	D	E	L	I	C	I	O	U	S	N	L	E
C	A	C	C	L	I	H	L	S	S	H	V	D	A	X	R	X	S	R
M	N	S	A	E	N	W	S	D	B	V	T	E	R	W	Y	H	Q	F
I	F	H	T	H	L	A	C	T	I	V	I	T	I	E	S	W	R	E
F	J	V	O	I	C	E	S	Q	X	Q	E	C	Z	T	D	G	C	S
J	T	M	T	E	N	F	B	X	P	R	O	G	R	A	M	S	B	T
Z	U	U	N	W	J	G	I	R	D	A	O	F	V	J	R	U	U	Y
P	U	S	B	T	X	N	S	Y	A	T	W	Z	J	T	J	Z	N	O
W	M	S	A	U	Q	H	S	Z	Y	T	S	N	X	A	I	G	D	V
D	F	O	J	Q	Z	J	O	Y	S	I	E	U	O	T	F	K	N	O

ACTIVITIES
CAKE
CELEBRATE
CHEERS

CRAFT
DECORATE
DELICIOUS
GERMAN

GOLD
HALLOWEEN
INCREDIBLE
OKTOBERFEST

PROGRAMS
PUMPKIN
SAUSAGE
TASTINGS