

## Wrapping up our 2021 Theme Year

On October 11th, our 2021 “Traditions Around The World” Theme Year will see us stopping at our final destination – Germany! Here’s everything you can expect when we kick off this incredible week:

### *Lass uns feiern!* (Let’s celebrate!)

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don’t forget to wear black, red, and/or gold!

### *Prost! (Cheers!)*

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob’s Rueben egg roll, German chocolate cake, and more.

We’ve saved the best for last, so we hope that we’ll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don’t hesitate to reach out to any member of our Life Enrichment team. They’ll be more than happy to hear from you!

# Happy Birthday!

## Residents

Beverly O.	October 01
Ladonna M.	October 07
Alma H.	October 13
Stephen G.	October 16
Ada S.	October 18
Kathryn R.	October 23

## Staff

Sonya M.	October 03
Mathew M.	October 06
Mary G.	October 06
Krystle B.	October 09
Tristian M.	October 29
Lori S.	October 30

## Executive Director Corner

Happy October, everyone! With Halloween just around the corner, it can be easy to be frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community. This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – **Germany**. From October 11th – October 15th, we'll be putting on a celebration that rivals Oktoberfest as we dive deep into cuisines,

activities, and programs all inspired by German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it's time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month!

*Theresa Adams*  
Executive Director

## Upcoming Events

October 7- CSS is back for the drive thru luncheon (menu to be announced)

October 11-17- Oktoberfest—Germany Theme Dinner Week

Taste of Town- Magic Morning (Local bakery)

## SMILE OF THE MONTH:

Ruth P- Just look at how happy she is wearing the BIG sunglasses. You can't tell in the picture, but she was also dancing. Beautiful picture Ruth!







## Shout Out

This month, we would like to recognize Tessa and the Physical Therapy Department. The team has been working hard to help other departments for the past few weeks. They have called Bingo for activities, done 1:1 visits with residents, helped clean rooms for Environmental Services and has also stepped in and helped the CNA's and nurses back on our Legacy Lane. Stonebridge shouts a HUGE THANK YOU to you all!

Thanks to LEA, Natalie, for creating the "Cheer Cart". During Covid, she decorated a cart and filled it full of sweet and salty snacks, threw on some music and visited each room spreading cheer. The resident's love it. The "Cheer Cart" will definitely be added to the monthly activity calendar. Life Enrichment has also brought back their Wednesday Hallway Dance Party. The most recent dance party was "Walking on Sunshine." Our Life Enrichment department put on the sun costume, and tourist costumes, used bubbles and danced throughout the hallways bringing light to the resident's day.

With Halloween right around the corner, the Life Enrichment department is planning a "Monster Mash" day. We will spend the day enjoying Halloween classic movies, such as, Hocus Pocus and The Haunted Mansion. All staff will be dressed in their favorite Halloween costumes and passing out treat bags to all resident's. We are even planning on having a Monster Mash dance party. This will be a day full of fun Halloween activities.



## Dice Bingo

A new resident favorite at Stonebridge is "Dice Bingo". Residents roll little foam dice and whatever they land on, they get to mark off their sheet. Same rules as regular Bingo...the first to get five in a row wins bingo.







STONEBRIDGE

HEALTH CAMPUS

A Trilogy Senior Living Community

3100 Shawnee Drive South

Bedford, IN 47421

812-278-8195

stonebridgehs.com |  

Theresa Adams

Interim Executive Director

Krystle Binion

Director of Health Services

Sonya Miller

Assistant Director of Health Services

Anita Shepherd

Business Office Manager

Cindy Carver, LPN

Director of Social Services

Patrick Creech

Director of Plant Operations

Pam Harper

Director of Environmental Services

Chris Easterday

Customer Service Representative

Amanda Happel

Director of Dining Services

Carla Grey

MDS Coordinator

Charity Parker

LED

Kaci Grimes

LED Interim

Stay in the Loop  

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

We strive to provide the best customer  
service and quality care for our residents.

Our Department Leaders are here  
to solve any concerns you may have.

In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)

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# Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What is the  
name of Dracula's sidekick?

Question 2: Where did  
Halloween originate?

Question 3: True or  
false: Bees can only  
sting once.

Question 4: Pumpkins  
are \_\_\_\_ % water.

Question 5:  
Who originally  
sang *That'll  
Be The Day*  
in 1957?

Flip the  
page for  
last month's  
trivia  
answers:

Q1: blood type is considered the universal donor. Type O  
Q2: What product was banned from advertising on television in 1971?  
Cigarettes  
Q3: Edwin Budding  
invented what tool in the 1820s? The lawnmower  
Q4: Who is the only US president to ever resign from office?  
Richard Nixon  
Q5: What is the brightest star in the galaxy?  
Sirius A

## FIND AND CIRCLE TEN DIFFERENCES



## Word Search

N	B	F	E	Y	X	N	M	S	V	S	Y	T	I	N	P	D	J	F
J	M	U	G	B	A	F	Y	K	A	V	A	D	C	A	K	E	Y	Z
T	F	X	V	M	T	Y	C	N	I	U	Z	X	V	T	H	C	M	C
Z	C	Z	R	S	R	X	O	M	E	P	S	U	F	W	F	O	D	Z
P	M	E	C	K	J	S	W	L	M	N	U	A	L	N	L	R	X	O
G	G	S	G	S	A	K	B	I	E	P	R	M	G	Z	W	A	F	K
M	E	J	E	R	A	I	H	E	K	C	P	M	P	E	S	T	M	T
V	S	U	A	E	D	S	W	O	N	N	N	P	Y	K	K	E	I	O
M	H	J	R	E	G	O	T	C	H	E	E	R	S	K	I	H	H	B
T	M	G	R	G	L	O	D	E	L	I	C	I	O	U	S	N	L	E
C	A	C	C	L	I	H	L	S	S	H	V	D	A	X	R	X	S	R
M	N	S	A	E	N	W	S	D	B	V	T	E	R	W	Y	H	Q	F
I	F	H	T	H	L	A	C	T	I	V	I	T	I	E	S	W	R	E
F	J	V	O	I	C	E	S	Q	X	Q	E	C	Z	T	D	G	C	S
J	T	M	T	E	N	F	B	X	P	R	O	G	R	A	M	S	B	T
Z	U	U	N	W	J	G	I	R	D	A	O	F	V	J	R	U	U	Y
P	U	S	B	T	X	N	S	Y	A	T	W	Z	J	T	J	Z	N	O
W	M	S	A	U	Q	H	S	Z	Y	T	S	N	X	A	I	G	D	V
D	F	O	J	Q	Z	J	O	Y	S	I	E	U	O	T	F	K	N	O

ACTIVITIES

CAKE

CELEBRATE

CHEERS

CRAFT

DECORATE

DELICIOUS

GERMAN

GOLD

HALLOWEEN

INCREDIBLE

OKTOBERFEST

PROGRAMS

PUMPKIN

SAUSAGE

TASTINGS