

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021



TICK TOCK TUESDAY

MYSTERY SERIES WEEK 3

9:30 Chronicles and chats with staff (C)
 10:00 Mass in the PUB (SP)
 10:30 Mystery Quilt
 11:00 Hydrate & Handwash (EDLS)
 11:30 Lunch Bunch (EDLS)
 1:00 & 4:00 Football (MS)
 2:00 Visits with Sharon & Snack Cart (P)
 3:30 How many Mystery Detectives can you name?? (C)
 4:30 Dinner Crew (EDLS)

CINNAMON ROLL DAY 4

TEAM SHIRT TUESDAYS

9:30 Chronicles and Happy News.com (C)
 10:00 Community Walks and Body Stretching (E)
 11:00 Hydrate & Handwash (EDLS)
 11:30 Lunch Bunch (EDLS)
 1:30 Kitchen Time Cinna Bake (MS)
 2:00 Snacks & Treats (P)
 3:00 Music with Meg (M)
 4:30 Dinner Crew (EDLS)
 6:00 Spah Day even #s (SM)

TICK TOCK TUESDAY 5

FLU SHOT CLINIC

9:30 Chronicles & Early Clock history (C)
 10:00 Yoga (E)
 11:00 Hydrate & Handwash (EDLS)
 11:15 Clock Drawing Test (C)
 11:40 Lunch Bunch (EDLS)
 1:30 Minute to win it / Beat the clock (C)
 2:00 MIND DIET Fruit & Yogurt (MD)
 2:30 Tick tock Puzzles(C)
 4:30 Dinner Crew(EDLS)
 6:00 Tuesday Trivia (C)

RIGHT BRAINERS RULE DAY 6

9:30 Chronicles (C)
 10:00 Silver Sneakers (E)
 10:30 Hydrate & Handwash (EDLS)
 11:00 Difference between R & L Handers (C)
 11:30 Lunch Bunch (EDLS)
 1:30 Art in the woods & Music Reminisce (A&M)
 2:00 Treat cart (P)
 3:30 Dem Bones Dice Game (C)
 4:30 Dinner Crew (EDLS)
 6:00 Mind & Body Restore (SM)

PASTABILITES ARE ENDLESS DAY 7

9:30 Chronicles & Group Discussions (C)
 10:00 Mass & Rosary in the Pub (SP)
 10:30 Hydrate & Handwash (EDLS)
 11:00 Mixed up Pasta, Pasta Quote (C)
 11:30 Lunch Bunch (EDLS)
 1:30 Community Walk about (E)
 1:45 Pasta Puzzle Time & On top of spaghettis (C)
 2:00 MIND DIET crackers & cheese (MD)
 4:30 Dinner Crew (EDLS)
 6:00 Dice Games (C)

WELCOME TO OCTOBER 1

FOOTBALL JERSEY DAY

9:30 Daily Chronicles Monthly Gazette(C)
 10:00 End of Week Stretching(E)
 10:45 Hydrate & Handwash(EDLS)
 11:00 Round Table discussions and Lunch Bunch (EDLS & P)
 1:30 Searching for October WS & Word Games (C)
 2:00 Refreshing snack Cart (P)
 3:15 Live Music in the Pub "Jim Moore" (MS)
 4:30 Dinner Crew (EDLS)
 6:00 BINGO (C)

HERO IN A UNIFORM DAY 8

FRITTER FRIDAY

9:30 Chronicles (C)
 10:00 Noodle Ball (E)
 10:30 Autobiography "Sergeant York" you tube (C)
 11:00 Hydrate & Handwash EDLS)
 11:30 Lunch Bunch & Round Table Discussions (EDLS & P)
 1:30 Table Top Games (C)
 2:00 Snack Cart (P)
 3:15 Live Music in the Pub "Larry & Doreen" (MS)
 4:30 Dinner Crew (EDLS)
 6:00 BINGO (C)

A BARREL OF LAUGHS DAY 2

9:30 Daily Chronicles (C)
 10:00 Silver Sneakers (E)
 10:30 Fall walks around the community (P)
 11:15 Hydrate & Handwash & Lunch Bunch (EDLS&P)
 1:30 Visits with Sharon (MS)
 2:00 MIND DIET Veggies and Dip (MD)
 3:30 Abbot & Costello Meet Frankenstein DVD (MS)
 4:00 Read or perform "whos on 1st"(H)
 4:30 Dinner Crew (EDLS)
 6:00 Karaoke with Jess (M)

UNIVERSAL MUSIC DAY 9

8:00 Breakfast with Beethoven & Bach (M)
 9:30 Saturday News & Chronicles (C)
 10:00 Swing & Sing "Show Tunes " (E)
 11:00 Hydrate & Handwash (EDLS)
 11:30 Name That Tune & Lunch Bunch (M & EDLS)
 1:30 Puzzles & Games (C)
 2:00 MIND DIET Cheese & Crackers (MD)
 3:30 Word in a word (C)
 4:30 Dinner Crew (EDLS)
 6:00 Popcorn Time "Chicago" hulu (MS)

EARTH SCIENCE WEEK 10

9:30 Chronicles & Coffee (C)
 10:00 Mass in the PUB (SP)
 10:30 Family Visits & Facetimes (P)
 11:00 Hydrate & Handwash & Lunch Bunch (EDLS)
 1:00 & 4:00 Football(MS)
 2:00 Snack Cart (P)
 3:30 Earth Science Experiments and quizzes (MS)
 4:30 Dinner Crew (EDLS)

ALL ABOUT ACORNS DAY 12

FLU SHOT CLINIC

9:30 Daily Chronicles (C)
 10:00 Bucket Drum (E)
 11:00 Hydrate & Handwash & Lunch Bunch (EDLS)
 11:30 Acorn Games (C)
 1:30 Acorn Puzzles (C)
 2:00 MIND DIET Veggie & Hummus (MD)
 2:30 Autumn Leaves & Art with Music Sing along (MS)
 4:30 Dinner Crew (EDLS)
 6:00 Table Top Games

MIXED MATCH DAY 18

9:30 Chronicles & Halloween Humor (C,H)
 10:00 Witch Warm up (E)
 10:30 Shades of Scary (A)
 11:00 Hydrate & Handwash (EDLS)
 11:30 Lunch Bunch (EDLS)
 1:30 Jackolantern Memory Game (C)
 2:00 Trick or treat cart (P)
 3:00 Music with Meg (M)
 4:30 Dinner Crew (EDLS)
 6:00 Nail spaah Men ONLY (SM)

NATIONAL FOSSIL DAY 13

9:30 Daily Chronicles & Round Table (C)
 10:00 Mid Week Stretch (E)
 11:00 Hydrate & Handwash & Lunch Bunch (EDLS)
 11:30 Sing the "Fossil Song" & Word Puzzles (C&M)
 1:30 Kitchen Time" Fossil Cookie Bake" (P)
 2:00 Taste Test & Tea (P)
 2:30 Fossil News and Make your own Fossil
 4:30 Dinner Crew (EDLS)
 6:00 Head to Toe relaxation ((SM)

POLISH PARTY DAY 14

FORMAL DINNER

9:30 Daily Chronicles (C)
 10:00 Mass & Rosary in the Pub (SP)
 10:30 Polka & Poland and all about it (C)
 11:30 Hydrate & Handwash & Lunch Bunch (EDLS)
 1:30 Wycinaki Art (A)
 2:00 MIND DIET Cheese & Crackers (MD)
 3:00 Bowling (E)
 4:40 Dinner Crew (EDLS)
 6:00 Scrabble (C)

BOSES DAY / TIEDYE & JEANS 15

9:30 Daily Chronicles (C)
 10:00 Dance Party (E)
 10:30 Famous Boss WS (C)
 11:00 Hydrate & Handwash (EDLS)
 11:30 Lunch Bunch (EDLS)
 2:00 Snack Cart (P)
 1:30 Table Top Games (C)
 3:15 Live Music In the Pub "Gary Stabile (M)
 4:30 Dinner Crew (EDLS)
 6:00 BINGO (C)

MONSTER MASH DAY 20

9:30 Chronicles (C)
 10:00 Monster mash (E)
 10:30 Kitchen Time "Monster Cupcakes" (MS)
 11:00 Hydrate & Handwash & Lunch Bunch (EDLS)
 11:30 Do you hear (M)
 1:30 Monster Match Puzzle (C)
 2:00 Taste test & Treats
 3:00 Happy Halloween Jumbles (C)
 4:30 Dinner Crew & Group Discussions WITH STAFF (EDLS)
 6:00 Monsters Inc. Movie (MS)

9:30 Daily Chronicles 16

10:00 Saturday Yoga (E)
 10:30 Hydrate & Handwash (EDLS)
 10:45 Halloween Puzzles (C)
 11:30 Lunch Bunch (EDLS)
 1:30 Popcorn Time "Mary Poppins DVD(MS)
 2:00 MIND DIET Fruit and Yogurt (MD)
 3:00 Scrabble Time (C)
 4:30 Dinner Crew (EDLS)
 6:00 Karaoke with Jess & Crew (M)

HAPPY BIRTHDAY MARGARITA CARMEN 17

CANSINO

9:30 Chronicles & Sunday news.com (C)
 10:00 Mass in the PUB (SP)
 10:30 Biography of Rita Hayworth you tube (MS)
 11:00 Hydrate & Handwash & Lunch Bunch (EDLS)
 1:00 - 4:00 Football(MS)
 2:00 Snack Cart (P)
 2:30 Order up (C)
 4:30 Dinner Crew (EDLS)

HOCUS POCUS HOLIDAY 19

9:30 Chronicles & Chats (C)
 10:00 Silver Sneakers (E)
 10:30 The History of Magic you tube (MS)
 11:00 Hydrate & Handwash & Lunch Bunch (EDLS)
 11:30 Magic Categories (C)
 1:30 Haunted House Mining, Boo double O fill in the blank (C)
 2:00 MIND DIET Cheese & Crackers (MD)
 2:30 Matinee "Hocus Pocus Disney + (MS)
 4:30 Dinner Crew (EDLS)
 6:00 The History of Magic you tube (C)

MONSTER MASH DAY 20

9:30 Chronicles (C)
 10:00 Monster mash (E)
 10:30 Kitchen Time "Monster Cupcakes" (MS)
 11:00 Hydrate & Handwash & Lunch Bunch (EDLS)
 11:30 Do you hear (M)
 1:30 Monster Match Puzzle (C)
 2:00 Taste test & Treats
 3:00 Happy Halloween Jumbles (C)
 4:30 Dinner Crew & Group Discussions WITH STAFF (EDLS)
 6:00 Monsters Inc. Movie (MS)

SPIRIT DAY 21

9:30 Daily Chronicles & staff Chats (C)
 10:00 Mass & Rosary in the Pub (SP)
 10:30 Bird Migration (C)
 11:00 Hydrate & Handwash & Lunch Bunch (EDLS)
 11:30 JD Detective (C)
 1:30 Halloween CW & WS (C)
 2:00 MIND DIET Fruit & Yogurt & Granola (MD)
 2:30 Art in the woods (A)
 3:00 Trick Categories puzzle (C)
 4:30 Dinner Crew (EDLS)
 6:00 Dominoes (C)

ITS A GUY THING / WEAR PINK 22

9:30 Daily Chronicles
 10:00 Bowling and or Basketball (E)
 10:30 USS Eldredge Mystery Program (C)
 11:00 Hydrate & Handwash & Lunch Bunch (EDLS)
 11:30 Deadliest Catch WS (C)
 1:30 World Series Facts & Puzzles (C)
 2:00 Snack Cart
 3:15 Live music in Pub "Bob S"(MS)
 4:30 Dinner Crew (EDLS)
 6:00 BINGO (C)

EATIN PUMPKIN DAY 23

(MOD DAY)

9:30 Daily Chronicles (C)
 10:00 Family's Gathering Scrapbooking shadow boxes (MS)
 11:00 Hydrate & Hndwash (EDLS)
 11:30 Lunch Bunch (EDLS)
 1:30 family Gathering pt 2 (MS)
 2:00 MIND DIET Veggies & dip (MD)
 2:30 Target Shooting (C)
 4:30 Dinner Crew (EDLS)
 6:00 Popcorn Time "Beetle Juice " (MS) DVD)

MOTHER IN LAW DAY 24

9:30 Daily Chronicles (C)
 10:00 Sunday Worship in the PUB(SP)
 10:30 10 Most infamous MIL (C)
 11:00 Hydrate & Handwash(EDLS)
 11:30 Lunch Bunch(EDLS)
 1:00 - 4:00 Football(MS)
 2:00 Snack Shack (P)
 2:30 Basketball (E)
 4:30 Dinner crew(EDLS)
 6:00 Music Sing along (M)

WET NOODLE DAY 25

9:30 Daily Chronicles & Cannoli's (C)
 10:00 Noodle Ball (E)
 10:30 Alphabet Noodle Songs & Name that pasta (MS)
 11:00 Hydrate & Handwash (EDLS)
 11:30 Lunch Bunch & Round table discussions (EDLS)
 1:30 What am I? & Pasta Art (C)
 2:00 Snack Cart (P)
 4:30 Dinner Crew (EDLS)
 6:00 Nail spa (SM)

WORLD SERIES BEGINS 26

9:30 Chronicles & Group Chats (C)
 10:00 Tapping away Tuesday (E)
 11:00 Hydrate & Handwash (EDLS)
 11:15 JD Detective (C)
 11:30 Lunch Bunch (EDLS)
 1:30 Sing & Pour (MS)
 2:00 MIND DIET Fruit & Yogurt & Berries (MD)
 2:30 Can you picture this ? (C)
 4:30 Dinner Crew (EDLS)
 6:00 Puzzle time (C)

HOW DID WE EVER LIVE WITHOUT DAY 27

SPOUGHETTI NOODLE BAR

9:30 Daily Chronicles & Chats (C)
 10:00 Mid week Stretch (E)
 10:30 Hydrate & Handwash (EDLS)
 10:30 Creative Inventions of all time (MS)
 11:30 Lunch Bunch (EDLS)
 1:30 Where in the world (MS)
 2:00 Snack Shack (P)
 2:30 Table top game of choice (P)
 4:40 Dinner Crew (EDLS)
 6:00 Meditation with aroma

STATUE OF LIBERTY ANNIVERSARY 28

9:30 Daily Chronicles (C)
 10:00 Mass & Rosary In the Pub (SP)
 10:15 Soccer (E)
 10:45 Hydrate & Handwash (EDLS)
 11:00 50 Fascinating Facts (C)
 11:30 Lunch Bunch (EDLS)
 1:30 Read - New Colossus (C)
 2:00 MIND DIET Cheese & Crackers (MD)
 2:30 Famous Landmark's (C)
 3:00 Modeling Clay Make (A)
 4:30 Dinner Crew (EDLS)

FRANKENSTEIN FRIDAY 29

PUMPKIN CONTEST

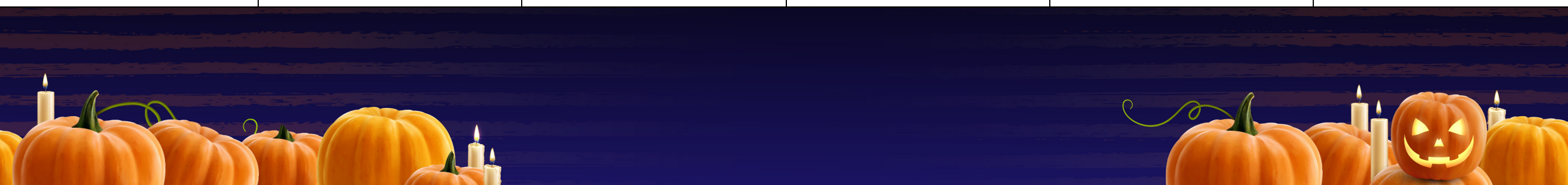
9:30 Chronicles (C)
 10:00 Yoga with Sherry Zak Morris (E)
 10:30 Frankenstein Crafting & (EDLS)
 11:00 Hydrate & Handwash (EDLS)
 11:30 Lunch Bunch (EDLS)
 1:30 Halloween Part in the Pub (MS)
 3:00 Bill Kohler Live in the Pub (MS)
 4:30 Dinner Crew (EDLS)
 6:00 Frankenstein the Movie on Prime (MS)

A WICKED DAY 30

9:30 Daily Chronicles & Weekend News (C)
 10:00 Saturday Stretch & Strolls (E)
 10:30 Hydrate & Handwash (EDLS)
 11:00 WITCH categories (C)
 11:30 Lunch Bunch (EDLS)
 1:30 Wizard of OZ movie DVD (MS)
 2:00 MND DIET Cheese & Crackers (MD)
 3:30 Music Karaoke with Jess (M)
 4:30 Dinner Crew (EDLS)
 6:00 Bowling (E)

ALL HOLLOWE EVE 31

9:30 Daily Chronicles & Ghoulish stories (C)
 10:00 Mass Service in the PUB (SP)
 10:15 Do you believe in Ghosts (P)
 10:30 Hydrate & Handwsh (EDLS)
 10:45 Halloween Humor Mad Lib (H)
 11:30 Lunch Bunch (EDLS)
 1:00 - 4:00 Football (MS)
 1:30 BINGO (C)
 2:00 Snack Cart (P)
 2:30 Halloween Puzzles & Games (EDLS)
 4:30 Dinner Crew (EDLS)



Keystone @ Newbury Brook Program Memory Care - Holistic Harbors - Social (S), Cognitive (C), Music (M), Art (A), Stress Management (SM), Spiritual (SP), Every Day Life Skills (EDLS), Multi Sensory (MS), Purposeful (P), Humor (H), Mind Diet (MD) * Calendar is subject to change