



October 2021

# Wrapping up our 2021 Theme Year

On October 11th, our 2021 "Traditions Around The World" Theme Year will see us stopping at our final destination – Germany! Here's everything you can expect when we kick off this incredible week:

# Lass uns feiern! (Let's celebrate!)

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don't forget to wear black, red, and/or gold!

#### Prost! (Cheers!)

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob's Rueben egg roll, German chocolate cake, and more.

We've saved the best for last, so we hope that we'll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don't hesitate to reach out to any member of our Life Enrichment team. They'll be more than happy to hear from you!

### Happy Birthday!

#### Residents

Charles G.	10/01
Mary D.	10/02
Faith D.	10/22

#### Staff

Diana T.	10/02
Laura S.	10/10
Jennifer N.	10/28

#### **Inspired Living**

We are very proud of our sunflower collection and they goldfinches they attract love them too!







# Executive Director Corner

Happy October, everyone! With

Halloween just around the corner, it can be easy to be frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

This month, we're wrapping up our "Traditions Around the World" Theme Year with our biggest Theme Week yet – Germany. From October 11th – October 15th, we'll be putting on a celebration that rivals Oktoberfest as

we dive deep into cuisines, activities, and programs all inspired by German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it' time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month!

Yours in Service,

Kevin Foote

**Executive Director** 

#### **Chef's Corner**

Thanks to our new Chef Dave for baking a delicious and beautiful Carrot Cake with the carrots we grew in our garden!





### Campus in Color

The residents loved seeing the blossoms that precedes the vegetable we all recognize as okra. They have enjoyed watching the garden grow this year. It has brought so much joy and beauty into our lives.





### **ACTIVITIES CORNER**

We love to have fun and create with our friends and coworkers here at Park Terrace. We take pride in our home and workplace.







### **Happy Hour**

We can't wait to get the Okay to be able to have Happy Hour and entertainers again! We will keep everyone posted as soon as the guidelines change and we can resume this wonderful program.

#### Out & About

Our residents love our Scenic Drives with a stop for ice cream of course.







A Trilogy Senior Living Community

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Kevin Foote
Executive Director
Crystal Combs
Director of Health Services
TBD
Assistant Director of Health Services

Jordan O' Connell Director of Social Services

Shirley Manner Environmental Services Director

Nick Meyer Therapy Program Director Amy Reed Business Office Manager

Dave Marrs Dietary Food Services Director

Kathy Umfleet HR & AP

Susan English Crider Life Enrichment Director Angelia Giles Legacy Lane Coordinator

#### Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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### **Monthly Trivia & Activity Corner**

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What is the name of Dracula's sidekick?

Question 2: Where did Halloween originate?

**Question 3:** True or false: Bees can only sting once.

Question 4: Pumpkins are\_\_\_% water.

Question 5:
Who originally sang *That'll*Be The Day in 1957?

Flip the page for last month's trivia answers:

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**ACTIVITIES CRAFT GOLD PROGRAMS CAKE DECORATE HALLOWEEN PUMPKIN CELEBRATE DELICIOUS INCREDIBLE SAUSAGE CHEERS GERMAN TASTINGS OKTOBERFEST**