

## Wrapping up our 2021 Theme Year

On October 11th, our 2021 “Traditions Around The World” Theme Year will see us stopping at our final destination – Germany! Here’s everything you can expect when we kick off this incredible week:

### *Lass uns feiern!* (Let’s celebrate!)

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don’t forget to wear black, red, and/or gold!

### *Prost! (Cheers!)*

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob’s Rueben egg roll, German chocolate cake, and more.

We’ve saved the best for last, so we hope that we’ll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don’t hesitate to reach out to any member of our Life Enrichment team. They’ll be more than happy to hear from you!

# Happy Birthday!

## Residents

Delphine F.	10/01
Sarah M.	10/06
Nicole O.	10/09
Jane B.	10/10
Martha F.	10/10
Nicholas S.	10/11
Dixie B.	10/13
Mary C.	10/15
William W.	10/19
Virginia L.	10/21
Beatrice R.	10/21
Ralph S.	10/24
Lois O.	10/30

## Staff

Alissa B.	10/01
Martha K.	10/15
Eric C.	10/16
Cathy .H	10/21
Michael R.	10/21
Lamin J.	10/25
Irene P.	10/25
Shannon N.	10/25
Mary S.	10/30
Hallie V.	10/31



## Executive Director Corner

Happy  
October,  
everyone!

With

Halloween just around the corner, it can be easy to be frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – **Germany**. From October 11th – October 15th, we'll be putting on a celebration that rivals Oktoberfest as

we dive deep into cuisines, activities, and programs all inspired by German culture.

Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it's time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month!

Yours in Service,

*Tim Reardon*

Executive Director

## In the Kitchen with Novi Lakes

Do you have a childhood recipe that your mom or dad made that was special to you? Maybe it was Mom's chocolate chip cookies or Dad's BBQ ribs, whatever it was we want to share it! We are compiling favorite recipes from our residents, staff, and families and making it into a cookbook! We want to make this a recipe for success, so we are asking to have recipes turned in by September 15th! Please send recipes via e-mail, in person, or mail it to [novilakes2016@gmail.com](mailto:novilakes2016@gmail.com). We look forward to sharing these special recipes with everyone!

## PHOTO HIGHLIGHTS



Here is a map that the school did with all of the pairings!!



# More PHOTO HIGHLIGHTS



*Some of our residents got a chance to meet their pen pals!*



*Faye getting some puppy love!*



*Hilda loves when the puppies come to visit!*



*Moises was all smiles!*

## Campus in Color

Our grounds are blooming, and blossoming and Campus in Color is in full swing! This is a contest where each building within Trilogy Health Services is viewed and judged based on the beauty of its grounds as well as staff and resident involvement. Let us get our hands dirty as we make our campus beautiful not only for this fun contest but also for our enjoyment throughout these delightful summer months. Look to your calendar for “Campus in Color” for specific times to join a gardening group!

## ANNUAL CAMPUS RETREAT

Here at Novi Lakes many of our residents say their ideal trip would include sipping on glasses of wine while nibbling delicious hors d'oeuvres. We brought the fun to our campus with a day at the Vineyard on September 22! Thank you to our incredible team members for planning to go above and beyond to make this year's Campus Retreat a 10 out of 10 activity! A huge thank you to Matt Lundy from Chateau Fontaine Winery in Traverse City for teaching us the proper ways to taste wine!! Be sure to check out our Facebook page for pictures!!

## Resident Spotlight



This month we are spotlighting Linda J! Linda has been an avid Life Enrichment participant throughout the last few months! She loves to eat lunch with her newfound friends daily! Linda also enjoys playing bingo, exercising, going on outings, visiting with friends, and chatting with the Life Enrichment team! The Life Enrichment Department has gotten much more fun with Linda around!!

## Volunteer News

Do you love music? Painting? Literature? Building things? Consider sharing your passion with our residents! Whether it's for an hour, once a month, weekly, or more, your time would be so valued here! We have enjoyed volunteers playing cards with us, leading discussion groups, teaching us about instruments and orchestration, instructing art lessons, leading religious inspirational groups, and more. We love volunteers! We welcome individuals to gain experience while engaging with our residents. In the past we have enjoyed learning from our volunteers and enjoying the love and talent that they offer and we welcome your talents as well! Contact our Life Enrichment Director, Sarah, and she will help find you a meaningful volunteer role.



# NOVI LAKES

## HEALTH CAMPUS

*A Trilogy Senior Living Community*

41795 Twelve Mile Road  
Novi, MI 48377  
248-449-1655  
novilakeshc.com |

*Tim Reardon*  
Executive Director

*Mary Smith*  
Director of Health Services

*Jackie Clenney*  
Assistant Director of Health Services

*Jessica Littlejohn*  
Assisted Living Director

*Alissa Burnett*  
Customer Service Representative

*TBD*  
Business Office Manager

*Sarah Wozniak*  
Life Enrichment Director

*Jed Feilert*  
Director of Plant Operations

*Jayson Bogota*  
Director of Food Services/Chef

*Cindy Feilert*  
Director of Environmental

*Michelle Hoffman*  
Director of Social Services

### Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or comply@trilogyhs.com*

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# Monthly Trivia & Activity Corner

*All trivia answers will be printed in our upcoming month's newsletter!*

**Question 1:** What is the  
name of Dracula's sidekick?

**Question 2:** Where did  
Halloween originate?

**Question 3:** True or  
false: Bees can only  
sting once.

**Question 4:** Pumpkins  
are \_\_\_\_ % water.

**Question 5:**  
Who originally  
sang *That'll  
Be The Day*  
in 1957?

*Flip the  
page for  
last month's  
trivia  
answers:*

*Q1: blood type is considered the universal donor. Type O*  
*Q2: What product was banned from advertising on television in 1971?*  
*Q3: Edwin Cigarettes*  
*Budding landscaper*  
*invented what tool in the 1820s? The lawnmower*  
*Q4: Who is the only US president to ever resign from office?*  
*Q5: What is the brightest star in the galaxy? Sirius A*

## FIND AND CIRCLE TEN DIFFERENCES



## Word Search

N	B	F	E	Y	X	N	M	S	V	S	Y	T	I	N	P	D	J	F
J	M	U	G	B	A	F	Y	K	A	V	A	D	C	A	K	E	Y	Z
T	F	X	V	M	T	Y	C	N	I	U	Z	X	V	T	H	C	M	C
Z	C	Z	R	S	R	X	O	M	E	P	S	U	F	W	F	O	D	Z
P	M	E	C	K	J	S	W	L	M	N	U	A	L	N	L	R	X	O
G	G	S	G	S	A	K	B	I	E	P	R	M	G	Z	W	A	F	K
M	E	J	E	R	A	I	H	E	K	C	P	M	P	E	S	T	M	T
V	S	U	A	E	D	S	W	O	N	N	N	P	Y	K	K	E	I	O
M	H	J	R	E	G	O	T	C	H	E	E	R	S	K	I	H	H	B
T	M	G	R	G	L	O	D	E	L	I	C	I	O	U	S	N	L	E
C	A	C	C	L	I	H	L	S	S	H	V	D	A	X	R	X	S	R
M	N	S	A	E	N	W	S	D	B	V	T	E	R	W	Y	H	Q	F
I	F	H	T	H	L	A	C	T	I	V	I	T	I	E	S	W	R	E
F	J	V	O	I	C	E	S	Q	X	Q	E	C	Z	T	D	G	C	S
J	T	M	T	E	N	F	B	X	P	R	O	G	R	A	M	S	B	T
Z	U	U	N	W	J	G	I	R	D	A	O	F	V	J	R	U	U	Y
P	U	S	B	T	X	N	S	Y	A	T	W	Z	J	T	J	Z	N	O
W	M	S	A	U	Q	H	S	Z	Y	T	S	N	X	A	I	G	D	V
D	F	O	J	Q	Z	J	O	Y	S	I	E	U	O	T	F	K	N	O

ACTIVITIES  
CAKE  
CELEBRATE  
CHEERS

CRAFT  
DECORATE  
DELICIOUS  
GERMAN

GOLD  
HALLOWEEN  
INCREDIBLE  
OKTOBERFEST

PROGRAMS  
PUMPKIN  
SAUSAGE  
TASTINGS