

**HAPPY
BIRTHDAY**

**Bud Vandersee— 1st
Mary Utley— 2nd**

**Fall Leaf
Craft
Oct. 29**

**Oct 22nd
Apple
Tasting**

**Music Therapy
9:45AM**

Provided by West Music

Every 1st & 3rd Tuesday



Pine Cone Owl



Oct. 18th

**Podiatrist Visits
Oct 13th & 15th**



**Keystone Cottage
Memory Care
October 2021**

October 2021– Keystone Cottage Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Activities Subject to Change!</div>	<div>Meal Times Breakfast– 7:15 Lunch- 11:45 Dinner- 4:45 PM</div>				1 9:30 Exercise 10:30 Music Hour 1:00 Color Dice Game 2:00 America's Funniest Home Videos 3:00 Happy Hour 6:30 Wheel of Fortune	2 9:00 Stretches 10:00 World News 1:30 Music: Harold Gray-AR 3:00 Balloon Toss 6:30 Wheel of Fortune
3 9:45 Catholic Service—AR 10:45 Stretches 1:30 Music: Relax & Remember-AR 3:00 Read the paper 6:30 Wheel of Fortune	4 9:30 Fabric Fall Wreath-AR 10:30 Exercise 1:30 How It's Made 2:30 Ring Toss 3:15 Go Fish 6:30 Wheel of Fortune	5 9:00 Stretches 9:45 Music Therapy 10:30 Manicures/Hand Massages 1:30 Frisbee Golf 2:30 Apple Cider and Cookies 3:15 Brain Boosters 6:30 Wheel of Fortune	6 9:30 Exercise 10:15 Bus Ride 1:00 Ladder Ball 2:15 Bingo 3:00 Tic Tac Toe 4:15 Rosary- AR 6:30 Wheel of Fortune	7 9:30 Stretches 10:30 Card and Dice Game 1:30 Birthday Party w/ Music-AR 2:45 Chapel-T 3:30 Name that Sound 6:30 Wheel of Fortune	8 9:30 Exercise 10:30 Music Hour 1:00 Fall Favorites 2:00 Clean Pumpkins 3:00 Happy Hour 6:30 Wheel of Fortune	9 9:00 Stretches 10:00 Scenic Video 1:30 Patio Time 3:30 Crossword 6:30 Wheel of Fortune
10 9:45 Catholic Service- AR 10:45 Stretches 1:30 Group Walk 3:00 Hymns 6:30 Wheel of Fortune	11 9:30 Exercise 10:30 Harvesting Talk 1:30 Music: Betty Debban-AR 2:30 UNO 3:15 This Day in History 6:30 Wheel of Fortune	12 9:30 Men's Coffee Chat 10:30 Make Apple Turnovers 1:30 Painting 2:30 Manicures/Hand Massages 3:15 Matching Game 6:30 Wheel of Fortune	13 9:30 Exercise 10:30 Sing A Long 1:00 Decorate Pumpkins 2:30 Snack and Chat-AR 3:00 Old Maid 4:15 Rosary- AR 6:30 Wheel of Fortune	14 9:30 Stretches 10:30 In/Not In Game 1:00 Bingo 2:00 Color Candy Corn Wreath 3:00 Music: Dave Wirtz-AR 6:30 Wheel of Fortune	15 9:30 Exercise 10:30 Music Hour 1:00 Bullseye Game 2:00 Hand Massages 3:00 Happy Hour 6:30 Wheel of Fortune	16 9:00 Stretches 10:00 Matching Game 1:30 Music: Terry McCauley-AR 3:00 Card Games 6:30 Wheel of Fortune
17 9:45 Catholic Service- AR 10:45 Stretches 1:30 Movie and Popcorn 3:00 Memory Magic 6:30 Wheel of Fortune	18 9:30 Exercise 10:30 Pine Cone Craft 1:30 Music: Eddie Piccard-AR 2:30 Bake Cookies 3:15 Patio Hour 6:30 Wheel of Fortune	19 9:00 Stretches 9:45 Music Therapy 10:30 Interactive Presentation-AR 11:15 ROMEO- Lucky Penny 1:30 Balloon Toss 2:45 Manicures/ Hand Massages 6:30 Wheel of Fortune	20 9:30 Exercise 10:00 Bus Ride 1:00 Bingo 2:30 FIRE DRILL 3:00 Drop and Score 4:15 Rosary- AR 6:30 Wheel of Fortune	21 9:30 Stretches 10:30 Color By Number 1:00 Buttons & Gems 2:45 Chapel-T 3:15 Halloween Finish the Phrase 6:30 Wheel of Fortune	22 9:30 Exercise 10:30 Music Hour 1:00 Knock Em Down 2:00 Apple Tasting 3:00 Happy Hour 6:30 Wheel of Fortune	23 9:30 Stretches 10:00 Halloween Coloring 1:30 Bird Watching 3:00 Kickball 6:30 Wheel of Fortune
24 9:45 Catholic Service- AR 10:45 Stretches 1:30 Sing A Long 3:00 Puzzle 6:30 Wheel of Fortune	25 9:30 Ladies Coffee and Pastries 10:30 Exercise 1:30 Finish the Phrase 2:30 Pumpkin Bars 3:15 Kickball 6:30 Wheel of Fortune	26 9:30 Stretches 10:30 Manicures/Hand Massages 1:00 Pumpkin Toss 2:00 Wood Pumpkins 3:30 Card Games 6:30 Wheel of Fortune	27 9:30 Blue Angels Navy Video-AR 10:30 Decorate Pumpkin Cookies 1:00 Exercise 2:15 Fall Word Search 3:00 Fill Bird Feeders 4:15 Rosary- AR 6:00 Trunk or Treat - Front Parking Lot 6:30 Wheel of Fortune	28 9:30 Stretches 10:30 How It's Made 1:00 Coloring in 4 Parts 2:00 Oven Smores 3:15 Halloween Bingo 6:30 Wheel of Fortune	29 9:30 Exercise 10:30 Music Hour 1:00 Fall Leaf Craft 2:00 UNO 3:00 Happy Hour 6:30 Wheel of Fortune	30 9:00 Stretches 10:00 Meditation Time 1:30 Music: Skip Clark-AR 3:00 Ring Toss 6:30 Wheel of Fortune
31 9:45 Catholic Service—AR 10:45 Stretches 1:30 Color Hour 3:00 Snack Time 6:30 Wheel of Fortune						