

Wrapping up our 2021 Theme Year

On October 11th, our 2021 “Traditions Around The World” Theme Year will see us stopping at our final destination – Germany! Here’s everything you can expect when we kick off this incredible week:

Lass uns feiern! (Let’s celebrate!)

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don’t forget to wear black, red, and/or gold!

Prost! (Cheers!)

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob’s Rueben egg roll, German chocolate cake, and more.

We’ve saved the best for last, so we hope that we’ll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don’t hesitate to reach out to any member of our Life Enrichment team. They’ll be more than happy to hear from you!

Happy Birthday!

Residents

Hillman "Jerry" B.	10/6
Iva C.	10/17
Marie B.	10/28

Staff

Robin A.	10/7
Heather M.	10/9
Carla C.	10/15
Dejarele E.	10/19
Laura G.	10/20
Kimberley A.	10/21

Volunteer Opportunities

Do you know someone that would be interested in volunteering at Cooper Trail? We are on the lookout for passionate volunteers that would enjoy spending some of their spare time with us making a difference in our resident's day. You can volunteer on a weekly, monthly, or as-needed basis or even as the staple volunteer for a particular activity. If you are interested or know someone interested in volunteering, the first step is to fill out a volunteer application that is at the front desk, or you can get one from the Life Enrichment Director and Volunteer Coordinator – Tonia Burton. Feel free to call or email us to learn more about volunteering at (502) 572-4329 or Tonia.burton@coopertrailsl.com.

Upcoming Events

Traditions Around The World:
Germany Oktoberfest

Theme Week 2021: October 11-15

Executive Director Corner

Happy October, everyone!

With Halloween just around the corner, it can be easy to be frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – **Germany**. From October 11th – October 15th, we'll be putting on a celebration that rivals Oktoberfest as we dive deep into cuisines, activities, and programs all inspired by

German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it's time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month!

Yours in Service,

Kathy Franke
Executive Director

Activities Corner Introduction

Tonia Burton is our new Life Enrichment Director. She has worked in the field for 12 years and is a National Activity Director and a Certified Dementia Practitioner.



Happy 59th Wedding Anniversary



Mr. and Mrs. W. celebrated their 59th wedding anniversary with a candlelit dinner



COOPER TRAIL SENIOR LIVING

A Trilogy Senior Living Community

325 Lincoln Way
Bardstown, KY 40004
502-572-4329
coopertrailsl.com | [t](#) [f](#)

Kathy Franke
Executive Director

Katie Mattingly
Director of Health Services

Marlessa Stark
Community Services Representative

Catherine Beavers
Business Office Manager

Joe Lyvers
Director of Plant Operations

Margaret Raabe
Life Enrichment Director

Mike Haynes
Director of Food Services

Diane Clark
Guest Relations

Nicole Gordon
Legacy Lane Coordinator

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Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What is the
name of Dracula's sidekick?

Question 2: Where did
Halloween originate?

Question 3: True or
false: Bees can only
sting once.

Question 4: Pumpkins
are ____ % water.

Question 5:
Who originally
sang *That'll
Be The Day*
in 1957?

*Flip the
page for
last month's
trivia
answers:*

Q1: blood type is considered the universal donor. Type O
Q2: What product was banned from advertising on television in 1971? Cigarettes
Q3: Edwin Budding invented what tool in the 1820s? The lawnmower
Q4: Who is the only US president to ever resign from office? Richard Nixon
Q5: What is the brightest star in the galaxy? Sirius A

FIND AND CIRCLE TEN DIFFERENCES



Word Search

N	B	F	E	Y	X	N	M	S	V	S	Y	T	I	N	P	D	J	F
J	M	U	G	B	A	F	Y	K	A	V	A	D	C	A	K	E	Y	Z
T	F	X	V	M	T	Y	C	N	I	U	Z	X	V	T	H	C	M	C
Z	C	Z	R	S	R	X	O	M	E	P	S	U	F	W	F	O	D	Z
P	M	E	C	K	J	S	W	L	M	N	U	A	L	N	L	R	X	O
G	G	S	G	S	A	K	B	I	E	P	R	M	G	Z	W	A	F	K
M	E	J	E	R	A	I	H	E	K	C	P	M	P	E	S	T	M	T
V	S	U	A	E	D	S	W	O	N	N	N	P	Y	K	K	E	I	O
M	H	J	R	E	G	O	T	C	H	E	E	R	S	K	I	H	H	B
T	M	G	R	G	L	O	D	E	L	I	C	I	O	U	S	N	L	E
C	A	C	C	L	I	H	L	S	S	H	V	D	A	X	R	X	S	R
M	N	S	A	E	N	W	S	D	B	V	T	E	R	W	Y	H	Q	F
I	F	H	T	H	L	A	C	T	I	V	I	T	I	E	S	W	R	E
F	J	V	O	I	C	E	S	Q	X	Q	E	C	Z	T	D	G	C	S
J	T	M	T	E	N	F	B	X	P	R	O	G	R	A	M	S	B	T
Z	U	U	N	W	J	G	I	R	D	A	O	F	V	J	R	U	U	Y
P	U	S	B	T	X	N	S	Y	A	T	W	Z	J	T	J	Z	N	O
W	M	S	A	U	Q	H	S	Z	Y	T	S	N	X	A	I	G	D	V
D	F	O	J	Q	Z	J	O	Y	S	I	E	U	O	T	F	K	N	O

ACTIVITIES
CAKE
CELEBRATE
CHEERS

CRAFT
DECORATE
DELICIOUS
GERMAN

GOLD
HALLOWEEN
INCREDIBLE
OKTOBERFEST

PROGRAMS
PUMPKIN
SAUSAGE
TASTINGS