



Wrapping up our 2021 Theme Year

On October 11th, our 2021 "Traditions Around The World" Theme Year will see us stopping at our final destination – Germany! Here's everything you can expect when we kick off this incredible week:

Lass uns feiern! (Let's celebrate!)

As a resident of our community, your experience between October 11th through the 15th will be that of someone who is experiencing the sights and sounds of Munich for the first time! Get in the Oktoberfest spirit as we celebrate with a week filled with German inspired activities and programs, all culminating towards an incredible Theme Dinner on October 14th. Don't forget to wear black, red, and/or gold!

Prost! (Cheers!)

The activities that we have planned for our final Theme Week are as rich in fun as they are in flavor! Get ready for tastings, decorative crafting, and



delicious snack-making that are sure to bring glück (happiness!). When it comes to the dinner, you can look forward to menu items such as grilled sausage, Chef Bob's Rueben egg roll, German chocolate cake, and more.

We've saved the best for last, so we hope that we'll see you when this one-of-a-kind event kicks off on October 11th. If you have any additional questions, don't hesitate to reach out to any member of our Life Enrichment team. They'll be more than happy to hear from you!

Happy Birthday!

Residents	
Bessie B.	10/1
Dorothy K.	10/9
Martha R.	10/10
Heidi B.	10/12
Lois K.	10/26
Sara H.	10/30
Staff	
Wendy L.	10/2
Yuritsy I.	10/8
Jasmin H.	10/9
Effie M.	10/15
Brianna P.	10/21
Cammille C.	10/25
Sierra H.	10/27
Stacey J.	10/27
Melissa H.	10/30





Executive Director Corner

Happy October, everyone!

With Halloween just around the corner, it can be easy to be frightened by images of ghosts and vampires – but with everything coming up in the next few weeks, there's never been more reason to be excited as a member of our community.

This month, we're wrapping up our "Traditions Around The World" Theme Year with our biggest Theme Week yet – Germany. From October 11th – October 15th, we'll be putting on a celebration that rivals Oktoberfest as we dive deep into cuisines, activities, and programs all

inspired by German culture. Be sure to come wearing your black, red, and gold as we kick off this incredible week!

With fall officially in full swing, it' time to enjoy the smell of fresh pumpkins, the taste of delicious treats, and the feeling of relief that comes from the cool, steady air. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Have a great month!

Yours in Service,

Jerrilynn O'Neill

Executive Director

State Fair Highlights



Special Thanks

Volunteers Mike & Nancy- Special

thanks to the Hadley family & all our other family volunteers for helping to lead activities. If you are interested in leading an activity program let us know!



ARTISANS



Happy Hour

Did you know our residents enjoy a weekly happy hour every Friday? Residents receive beverage of their choice along with a delicious treat straight from our Executive Chefs.

Our Signature Programs

- Vitality provides opportunities for physical movement three times a week
- Inspirational Services allow residents time for worship, Bible study, or meditation twice a week
- Lifelong Learning includes courses in art, computers, history, humanities, international studies, languages, music and performing arts, psychology, social studies, recreation, science, health and math
- Keeping it Sharp offers cognitive pursuits to keep the brain active
- Mindful Moments promotes small group engagement every day for those with cognitive challenges using our Themed Sensations or other sensory programs
- Artisans creates time for residents to make multimedia artwork
- Music to My Ears organizes time for residents to play instruments, sing, or enjoy their favorite music
- Just the Guys offers male-centered events
- Out and About includes trips into the community
- Generations bridges the gap between young and old and promotes connections.



HEALTH CAMPUS

A Trilogy Senior Living Community

8405 Clearvista Place Indianapolis, IN 46256 317-578-7500 clearvistalakehc.com

Jerrilynn O'Neill Executive Director Stacey Mills Jaynes Director of Health Services

Jenna Willis Life Enrichment Director John Moore Plant Operations Director

Tracy Gibson Environmental Services Director

> Dana Kirkpatrick Director of Social Service

Angela Wilmer Business Office Manager Steve Gibbs Dining Services Director

Therapy Program Director

Legacy Lane Coordinator

Stay in the Loop **y** f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What is the name of Dracula's sidekick?

Ouestion 2: Where did Halloween originate?

Question 3: True or false: Bees can only sting once.

Question 4: Pumpkins are % water.

Question 5: Who originally sang That'll Be The Day

in 1957?

Flip the page for last month's trivia answers:

W sninis

¿แม เหลือ galaxy? มหาร *รรว*รบุธิเมต 965: What is the Richard Nixon ¿əəsffo monf ืนชี้เรอม มอณอ ot tusbissrd SA Vino sat si odW :40 *มอ*ณอนนณฑา 18503\$ IPG əq1 u1 1001 ่อนเสียวรอนยา ւրգու թәւиәռиі Buippng O3: Edwin SZIJZNESIJ ¿1461 u! นอเรเฉอเอเ นอ Suisifiarp шолf рәиирд spor 12npond Q2: Wbat O odkI nonob าธรารงาก รสา рәләріѕиоэ si ədhi poojq

FIND AND CIRCLE TEN DIFFERENCES





Word Gearch

S S Y N F Ν В Y N Μ D J J Μ U G В Α F K Α D C Α K Е Y Z T X V Μ T C Ι Z T C C Y Ν Μ Z Ζ R S R X O М E P W 0 D Z Р Е C S Μ K J W Ν U X O Α N R G G S G S Α K В Ι E R Μ G Z W Α K Е J Е R Α Н E K C Е S T Μ Т Ι Α E S W 0 Y E Ι U D Ν Ν Ν K O Μ J R Е G 0 Т C Е E S K В Н R Ι Н Н Т G R G 0 D E C O U S E М L L Ι Ν S C Α C C L Ι Н S D Α X X S R Μ Ν S Α Е W S D В Е R W Q F Ν Н Η Т Н C Т Ι Ι Т Ι Е S W R E Ι L Α F J 0 Ι C Е S Q Q Е C Ζ Т D G C S X Е Т М Т Ν F В X 0 G R Α S В T J Z Ν W J G Ι R D 0 F R U U Y S S Ζ В Т X N Y Т W J Т J Z Ν 0 Μ S S Α Q Н Z Y S X Α Ι G D U Ν V S O J O Ν 0

ACTIVITIES CRAFT GOLD PROGRAMS CAKE DECORATE HALLOWEEN PUMPKIN CELEBRATE DELICIOUS INCREDIBLE SAUSAGE CHEERS GERMAN OKTOBERFEST TASTINGS