October 2021 *Activities subject to change*



Sunday

AR=Activities Room L = Lobby**CS = Country Store GB = Garden Beds** VH = Veterans Hall CPL = Chapel LB= Library TH = Theatre **TFS=Third Floor South**

Apt=Appointment

Monday

BREAST CANCER **AWARENESS MONTH**

Tuesday



Wednesday

Thursday

Friday

Saturday

Poetry Day 2 Non-Violence Day 9:15 Chair Cardio (AR) 9:15 Wake Up Workout (AR) 10:00 Rosary Group w Bep (CPL) 9:45 Gardening Club (GB) 10:30 Beer & Nuts Social (GR) 10:30 Farkle With Friends (LB) 1:00 Scarv Movie Saturdays (T) 1:00 Friday Flicks W Popcorn (TH) 1:30 Crocheting For A Cause (AR) 1:30 Namaste & Nail's w Stef (APT) 2:00 Fact or Crap Trivia (LB) 2:30 Book Club (LB) 3:00 Quarter Horse Races (LB) 3:00 BINGO (LB)

3 Butterfly & Hummingbird Day

9:15 Resident Led Walking Group(L) 9:45 Sunday Social (L) 10:30 Virtual Family Visits (APT) 1:30 Country Store (CS) 2:00 Sunday Church Service (LB) 3:00 PO-KE-NO (LB)



9:15 Agua Aerobics (Pool) 10:00 Resident Led Puzzle Club (TFS) 10:30 Boredom Busters (L) 2:00 Virtual Family Visits (APT) 3:30 Sing-A-Long Group (CPL)

World Animal Day



5 Do Something Nice Day

9:15 Chair Yoga (AR) 10:00 Catholic Communion (CPL) 10:30 No Fall Volleyball (AR) 1:30 Circle Of Friends (LB) 2:30 LCR Dice Game (LB) 3:30 Technology Tuesdays (LB)



6 Mad Hatter Day

9:15 Weights, Balls & Bands (AR) 10:00 Devotional & Hymns (LB) 10:30 Balloon Badminton (AR) 1:30 Ambassador Discussion (LB) 2:30-3:30 Birthday Celebration



7 Frappe Day

9:15 Tai Chi With Denise (AR) 10:00 Culinary Chat (DR) 10:30 Yahtzee Challenge (LB) 1:30 Community Chat With Our **Executive Director Rance (LB)** 2:30-4:00 Art's & Craft's (AR) e crafts

8 Fluffernutter Day

9:15 Chair Cardio (AR) 10:00 Rosary Group w Bep (CPL) 10:30 Beer & Nuts Social (GR) 1:00 Friday Flicks W Popcorn (TH) 1:30 Namaste & Nail's w Stef (APT) 2:30 Book Club (LB) 3:00 BINGO (LB)

BUNGO

BUNGO

9 Curious Events Day

9:15 Wake Up Workout (AR) 9:45 Gardening Club (GB) 10:30 Farkle With Friends (LB) 1:00 Scary Movie Saturdays (T) 1:30 Crocheting For A Cause (AR) 2:00 Fact or Crap Trivia (LB) 3:00 Quarter Horse Races (LB)

PO-KE-NO

10 Mental Health Day

9:15 Resident Led Walking Group(L) 9:45 Sunday Social (L) 10:30 Virtual Family Visits (APT) 1:30 Country Store (CS) 2:00 Sunday Church Service (LB) 3:00 PO-KE-NO (LB)

11 Myths & Legends Day

9:15 Agua Aerobics (Pool) 10:00 Resident Led Puzzle Club (TFS) 10:30 Boredom Busters (L) 1:30 Aging Care Mobility Clinic (MI 2:00 Virtual Family Visits (APT) 3:30 Sing-A-Long Group (CPL)



12 Farmers Day

9:15 Chair Yoga (AR) 10:00 Catholic Communion (CPL) 10:30 No Fall Volleyball (AR) 1:30 Circle Of Friends (LB) 2:30 LCR Dice Game (LB) 3:30 Technology Tuesdays (LB)



13 Navy Birthday

9:15 Weights, Balls & Bands (AR) 9:30 JJ Hearing Aids (VH) 10:00 Devotional & Hymns (LB) 10:30 Balloon Badminton (AR) 1:30 Welcome Walking Tour (APT) 2:30-3:30 Happy Hour

Oktoberfest

14 Be Bald & Free Day

9:15 Tai Chi With Denise (AR) 10:00 Culinary Chat (DR) 10:30 Yahtzee Challenge (LB) 1:30 Community Chat With Our **Executive Director Rance (LB)** 2:30-4:30

Pumpkin Carving

15 Grouch Day

9:15 Chair Cardio (AR) 10:00 Rosary Group w Bep (CPL) 10:30 Beer & Nuts Social (GR) 1:00 Friday Flicks W Popcorn (TH) 1:30 Namaste & Nail's w Stef (APT) 2:30 Book Club (LB) 3:00 BINGO (LB)

BUNGO

16 Sweetest Day

9:15 Wake Up Workout (AR) 9:45 Gardening Club (GB) 10:30 Farkle With Friends (LB) 1:00 Scary Movie Saturdays (T) 1:30 Crocheting For A Cause (AR) 2:00 Fact or Crap Trivia (LB) 3:00 Quarter Horse Races (LB)



17 National Pasta Day

9:15 Resident Led Walking Group(L) 9:45 Sunday Social (L) 10:30 Virtual Family Visits (APT) 1:30 Country Store (CS) 2:00 Sunday Church Service (LB) 3:00 PO-KE-NO (LB)



18 Health Care Aide Day

10:00 Resident Led Puzzle Club (TFS) 10:30 Boredom Busters (L) 2:00 Virtual Family Visits (APT) 3:30 Sing-A-Long Group (CPL)



10:00 Catholic Communion (CPL) 10:30 No Fall Volleyball (AR) 1:30 Circle Of Friends (LB) 2:30 LCR Dice Game (LB) 3:30 Technology Tuesdays (LB)

20 Day On Writing

9:15 Weights, Balls & Bands (AR) 10:00 Devotional & Hymns (LB) 10:30 Balloon Badminton (AR) 1:30 Activities Discussion (LB) 2:30-3:30 Happy Hour



21 Apple Pie Day

9:15 Tai Chi With Denise (AR) 10:00 Culinary Chat (DR) 10:30 Yahtzee Challenge (MPR) 1:30 Resident Council (LB) 3:00 Veterans Muster (LB)



Nut Day

9:15 Chair Cardio (AR) 10:00 Rosary Group w Bep (CPL) 10:30 Beer & Nuts Social (GR) 1:00 Friday Flicks W Popcorn (TH) 1:30 Namaste & Nail's w Stef (APT) 2:30 Book Club (LB) 3:00 BINGO (LB)

23 Boston Cream Pie Day

9:15 Wake Up Workout (AR) 9:45 Gardening Club (GB) 10:30 Farkle With Friends (LB) 1:00 Scary Movie Saturdays (T) 1:30 Crocheting For A Cause (AR) 2:00 Fact or Crap Trivia (LB) 3:00 Quarter Horse Races (LB)

PO-KE-NO

24/31 Mother-in-Law Day 9:15 Resident Led Walking Group(L)

9:45 Sunday Social (L) 10:30 Virtual Family Visits (APT) 1:30 Country Store (CS) 2:00 Sunday Church Service (LB) 3:00 PO-KE-NO (LB)

PO-KE-NO

25 I Care About You Day

9:15 Agua Aerobics (Pool) 10:00 Resident Led Puzzle Club (TFS) 10:30 Boredom Busters (L) 2:00 Virtual Family Visits (APT) 3:30 Sing-A-Long Group (CPL)



26 Pumpkin Day

9:15 Chair Yoga (AR) 10:00 Catholic Communion (CPL) 10:30 No Fall Volleyball (AR) 1:30 Circle Of Friends (LB) 2:30 LCR Dice Game (LB) 3:30 Technology Tuesdays (LB)



27 Halloween Party

9:15 Weights, Balls & Bands (AR) 10:00 Devotional & Hymns (LB) 10:30 Balloon Badminton (AR) 1:30 New Resident Surveys (APT) 2:30-3:30 Happy Hour



28 First Responders Day

9:15 Tai Chi With Denise (AR) 10:00 Culinary Chat (DR) 10:30 Yahtzee Challenge (LB) 1:30 Community Chat With Our **Executive Director Rance (LB)** 2:30-4:00 Sip & Paint (AR)



Cat Day

9:15 Chair Cardio (AR) 10:00 Rosary Group w Bep (CPL) 10:30 Beer & Nuts Social (GR) 1:00 Friday Flicks W Popcorn (TH) 1:30 Namaste & Nail's w Stef (APT) 2:30 Book Club (LB) 3:00 BINGO (LB) BUNGO

30 Candy Corn Day

9:15 Wake Up Workout (AR) 9:45 Gardening Club (GB) 10:30 Farkle With Friends (LB) 1:00 Scary Movie Saturdays (T) 1:30 Crocheting For A Cause (AR) 2:00 Fact or Crap Trivia (LB) 3:00 Quarter Horse Races (LB)

