

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Refreshments are available all day ,
everyday & part of our daily
programming.
We also offer Chat & Snacks
between programming.
Activities subject to change

Feel free to check out our Facebook
page @ [Pacifica Senior Living Meniffee](#)



1 POETRY DAY

9:30 Courtyard Stroll w Friends
10:00 ***Courtyard Chat & Snack***
11:00 Cup Pong
1:00 Creative Station
2:00 Balloon Badminton
3:00 BINGO
6:00 Funny Fridays *Comedy*

2 NON-VIOLENCE DAY

9:30 Morning Stretch
10:00 *Snack & Chat Social*
11:00 Chair Volleyball
1:00 Crafts*Coloring *Maze Craze
2:00 Fire in the Hole
3:00 Horse Races
6:00 Netflix & Chill

3 Butterfly & Hummingbird Day

9:30 Chair Yoga
10:00 ***Sunday Social***
11:00 Tricky Trivia
1:00 Table Games
2:00 Sunday Service & Hymns
3:00 PO-KE-NO
6:00 Scary Movie Sundays

4 WORLD ANIMAL DAY

9:30 Senior Chair Boxing
10:00 ***Hot Coco Social***
10:30 Lets go Fishing
11:00 Musical Sing-A-Long
1:00 Pretty Nails & Aromatherapy
3:00 JINGO Trivia
6:00 Monday Movie Matinee

5 DO SOMETHING NICE DAY

9:30 Movin, Groovin & Dancin
10:00 ***Tea Time Tuesday's***
10:45 Catholic Communion
1:00 Music & Art Documentaries
2:00 Tech Tuesdays
2:30 Candy LCR Dice Game
6:00 National Geographic's

6 MAD HATTER DAY

9:30 ***Coffee Social***
10:15 Namaste
11:00 Travel Around The World
1:30 Book Club & Short Story's
2:30-3:30
Monthly Birthday Celebration

7 FRAPPE DAY

9:30 ***News & Views***
10:15 Weights with Friends
11:00 Twister Time
1:00 Creative Cooking
2:00 Sensory Music Therapy
3:00 Fact or Crap Trivia
6:00 Musical Matinee

8 FLUFFERNUTTER DAY

9:30 Courtyard Stroll w Friends
10:00 ***Courtyard Chat & Snack***
11:00 Cup Pong
1:00 Creative Station
2:00 Balloon Badminton
3:00 BINGO
6:00 Funny Fridays *Comedy*

9 CURIOUS EVENTS DAY

9:30 Morning Stretch
10:00 *Snack & Chat Social*
11:00 Chair Volleyball
1:00 Crafts*Coloring *Maze Craze
2:00 Fire in the Hole
3:00 Horse Races
6:00 Netflix & Chill

10 MENTAL HEALTH DAY

9:30 Chair Yoga
10:00 ***Sunday Social***
11:00 Tricky Trivia
1:00 Table Games
2:00 Sunday Service & Hymns
3:00 PO-KE-NO
6:00 Scary Movie Sundays

11 MYTHS & LEGANDS DAY

9:30 Senior Chair Boxing
10:00 ***Hot Coco Social***
10:30 Lets go Fishing
11:00 Musical Sing-A-Long
1:00 Pretty Nails & Aromatherapy
3:00 JINGO Trivia
6:00 Monday Movie Matinee

12 FARMERS DAY

9:30 Movin, Groovin & Dancin
10:00 ***Tea Time Tuesday's***
10:45 Catholic Communion
1:00 Music & Art Documentaries
2:00 Tech Tuesdays
2:30 Candy LCR Dice Game
6:00 National Geographic's

13 NAVY BIRTHDAY

9:30 ***Coffee Social***
10:15 Namaste
11:00 Travel Around The World
1:30 Book Club & Short Story's
2:30-3:30 **Happy Hour**
Oktoberfest

14 BE BALD & FREE DAY

9:30 ***News & Views***
10:15 Weights with Friends
11:00 Twister Time
1:00 Creative Cooking
2:00 Sensory Music Therapy
3:00 Fact or Crap Trivia
4:00 **Resident Council**

15 GROUCH DAY

9:30 Courtyard Stroll w Friends
10:00 ***Courtyard Chat & Snack***
11:00 Cup Pong
1:00 Creative Station
2:00 Balloon Badminton
3:00 BINGO
6:00 Funny Fridays *Comedy*

16 SWETTEST DAY

9:30 Morning Stretch
10:00 *Snack & Chat Social*
11:00 Chair Volleyball
1:00 Crafts*Coloring *Maze Craze
2:00 Fire in the Hole
3:00 Horse Races
6:00 Netflix & Chill

17 NATIONAL PASTA DAY

9:30 Chair Yoga
10:00 ***Sunday Social***
11:00 Tricky Trivia
1:00 Boredom Busters
2:00 Sunday Service & Hymns
3:00 PO-KE-NO
6:00 Scary Movie Sundays

18 HEALTH CARE AIDE DAY

9:30 Senior Chair Boxing
10:00 ***Hot Coco Social***
10:30 Lets go Fishing
11:00 Musical Sing-A-Long
1:00 Pretty Nails & Aromatherapy
3:00 JINGO Trivia
6:00 Monday Movie Matinee

19 NEW FRIENDS DAY

9:30 Movin, Groovin & Dancin
10:00 ***Tea Time Tuesday's***
10:45 Catholic Communion
1:00 Music & Art Documentaries
2:00 Tech Tuesdays
2:30 Candy LCR Dice Game
6:00 National Geographic's

20 DAY ON WRITING

9:30 ***Coffee Social***
10:15 Namaste
11:00 Travel Around The World
1:30 Book Club & Short Story's
2:30-3:30 **Happy Hour**
3:30 History *Past Present Future
6:00 Western Wednesdays

21 APPLE PIE DAY

9:30 ***News & Views***
10:15 Weights with Friends
11:00 Twister Time
1:00 Creative Cooking
2:00 Sensory Music Therapy
3:00 **Shopping Spree**

22 NUT DAY

9:30 Courtyard Stroll w Friends
10:00 ***Courtyard Chat & Snack***
11:00 Cup Pong
1:00 Creative Station
2:00 Balloon Badminton
3:00 BINGO
6:00 Funny Fridays *Comedy*

23 BOSTON CREAM PIE DAY

9:30 Morning Stretch
10:00 *Snack & Chat Social*
11:00 Chair Volleyball
1:00 Crafts*Coloring *Maze Craze
2:00 Fire in the Hole
3:00 Horse Races
6:00 Netflix & Chill

24/31 MOTHER-IN-LAW DAY

9:30 Chair Yoga
10:00 ***Sunday Social***
11:00 Tricky Trivia
1:00 Boredom Busters
2:00 Sunday Service & Hymns
3:00 PO-KE-NO
6:00 Scary Movie Sundays

25 I CARE ABOUT YOU DAY

9:30 Senior Chair Boxing
10:00 ***Hot Coco Social***
10:30 Lets go Fishing
11:00 Musical Sing-A-Long
1:00 Pretty Nails & Aromatherapy
3:00 JINGO Trivia
6:00 Monday Movie Matinee

26 PUMPKIN DAY

9:30 Movin, Groovin & Dancin
10:00 ***Tea Time Tuesday's***
10:45 Catholic Communion
1:00 **Pumpkin Carving**
2:30 Candy LCR Dice Game
6:00 National Geographic's

27 NAVY DAY

9:30 ***Coffee Social***
10:15 Namaste
Halloween Luncheon
2:30-3:30 **Happy Hour**
HALLOWEEN PARTY!

28 FIRST RESPONDERS DAY

9:30 ***News & Views***
10:15 Weights with Friends
11:00 Twister Time
1:00 Creative Cooking
2:30-4:00 Paint & Sip (AR)
STOCK & PAINT

29 CAT DAY

9:30 Courtyard Stroll w Friends
10:00 ***Courtyard Chat & Snack***
11:00 Cup Pong
1:00 Creative Station
2:00 Balloon Badminton
3:00 BINGO
6:00 Funny Fridays *Comedy*

30 CANDY CORN DAY

9:30 Morning Stretch
10:00 *Snack & Chat Social*
11:00 Chair Volleyball
1:00 Crafts*Coloring *Maze Craze
2:00 Fire in the Hole
3:00 Horse Races
6:00 Netflix & Chill