September 2021 Activities Calendar Heron Pointe Assisted Living

September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day BBQ on Monday the 6th!	We are promoting physical exercise! Please join your Life Enrichment Coordinator for True North yoga, Parachute, and Kickball this month!!!	10:00 Bingo in the Dining Room 11:00 Manicures 2:00 Double Solitaire 3:00 Yahtzee in the Activity Room	8:00 Activity Times Vary Due to Dr. Appts 10:30 Kickball 1:30 Board Game of Choice 2:30 Puzzle Hour 3:30 Stand By Me Movie w/ Popcorn in Library	9:00 Shopping at Fred Meyer 1:15 Brain Strain Puzzles 2:30 Ice Cream Social 3:30 Activity Meeting in Dining Room	9:00 Morning News 10:00 Activity of Choice 3:00 Afternoon Walk
5	6 Labor Day	7 Rosh Hashanah	8	9	10	11
9:00 Morning News 10:00 Flower Garden Walk 1:15 Puzzle Hour 2:00 Communion In The Dining Room 2:30 Chat With A Friend	12:00 LABOR DAY BBQ 2:00 Painting (Variety Choice!) 2:30 Coffee Ice Cream Social 3:30 Poker Game in Activity Room 6:30 BINGO Karen!!!	8:00 Activity Times Vary Due to Dr. Appts 10:00 Bingo in Dining Room 1:30 Puzzles with Arcelia! 2:30 Hydration 3:30 What Am I? Card Game	10:00 Parachute in the Dining Room 11:00 Manicures 2:00 Res. Led Puzzles 3:00 Yahtzee in the Activity Room	8:00 Activity Times Vary Due to Dr. Appts 10:30 Kickball 1:30 Teach LEC New Card Game! 2:30 Puzzle Hour 3:30 iRobot Movie w/ Popcorn in Library	9:00 Shopping at Safeway/Dollar Tree 1:15 Brain Strain Puzzles 2:15 Ice Cream Social 3:15 Tie-Dye! (Bring your own clothes):)	9:00 Morning News 10:00 Activity of Choice 3:00 Afternoon Walk
12 Grandparent's Day	13	14	15 Yom Kippur Begins	16	17	18
9:00 Morning News 10:00 Flower Garden Walk 1:15 Puzzle Hour 2:30 Chat With A Friend	8:00 Spirit Week: Western Cowboy Day 11:00 True North Yoga 1:30 Painting (Variety Choice!) 2:30 Nacho Bar!!! 3:30 John Wayne Movie in Library w/ Popcorn 6:30 BINGO Karen!!!	8:00 Activity Times Vary Due to Dr. Appts 8:00 Spirit Week: Tacky Tuesday 10:00 Bingo in Dining Room 1:30 Puzzles with Arcelia! 2:30 Crazy Tacky Poster Fun! 3:30 What Am I? Card Game	8:00 Spirit Week: Crazy Hat/Hair Day 10:00 Parachute in the Dining Room 11:00 Manicures 2:00 Brain Boost 3:00 Yahtzee in the Activity Room 4:00 Randy Byrnes Entertainment in Dining Room	8:00 Activity Times Vary Due to Dr. Appts 8:00 Spirit Week: USA Day 10:00 Resident Council Meeting 1:30 Teach LEC New Game! 2:30 Puzzle Hour 3:30 The Shining Movie	8:00 Spirit Week: Crazy Sock Day 9:30 Shopping at Hobby Lobby 12:00 Employee Appreciation BBQ 1:15 Brain Strain Puzzles 2:30 Ice Cream Social	9:00 Morning News 10:00 Activity of Choice 3:00 Afternoon Walk

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9:00 Morning News 10:00 Flower Garden Walk 1:15 Puzzle Hour 2:30 Chat With A Friend	11:00 True North Yoga 1:30 Painting (Variety Choice!) 2:30 Homemade Mozzarella Sticks 2:30 National String Cheese Day 3:30 Skip-BO Card Game 6:30 BINGO Karen!!!	8:00 Activity Times Vary Due to Dr. Appts 10:00 Bingo in Dining Room 1:30 Puzzles with Arcelia! 2:30 Hydration 3:30 What Am I? Card Game	10:00 Parachute in the Dining Room 10:30 Lunch at Sizzler 1:30 Manicures 3:00 Yahtzee in the Activity Room 6:00 Fall Craft Night	8:00 Activity Times Vary Due to Dr. Appts 10:30 Kickball 1:30 Teach LEC New Card Game! 2:30 Puzzle Hour 3:30 The Grandfather Movie w/ Popcorn in Library	9:30 Shopping at Walmart 1:15 Brain Strain Puzzles 2:00 Town Hall Meeting W/Skyler 2:30 Ice Cream Social 3:30 Pumpkin Patch Drive	9:00 Morning News 10:00 Activity of Choice 3:00 Afternoon Walk
9:00 Morning News 10:00 Flower Garden Walk 1:15 Puzzle Hour 2:30 Chat With A Friend	11:00 True North Yoga 1:30 Painting (Variety Choice!) 2:30 Make A Cake with Kaathleen 3:30 Skip-BO Card Game 6:30 BINGO Karen!!!	8:00 Activity Times Vary Due to Dr. Appts 10:00 Bingo in Dining Room 1:30 Puzzles with Arcelia! 2:30 Hydration 3:30 What Am I? Card Game	10:00 Parachute in the Dining Room 11:00 Manicures 2:30 Brain Boost Smoothies 3:30 Yahtzee in the Activity Room	8:00 Activity Times Vary Due to Dr. Appts 10:30 Kickball 1:30 Teach LEC New Card Game! 2:30 Puzzle Hour 3:30 Spiderman Movie w/ Popcorn in Library	<u>Birthdays</u>	Fall Craft Night fun on Wednesday the 22nd!