

Email me at  
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# September 2021

Bored? Lonely? Have something on your mind? I have a strict open-door policy, if I'm in my office, please stop in for a visit.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are subject to change due to unforeseen circumstances, or Covid-19 restrictions.

10:00 Balloon Volleyball 6  
10:30 Wii Bowling Practice  
11:00 Cards on the Patio  
3:00 Ephrem's Knitting Club  
6:15 Alzheimer's Support Group  
(On the patio)

10:00 Aussie Exercise 7  
10:30 Wii Bowling Practice  
11:00 Puzzle Time  
1:00 Word Search Races!  
2:30 Downton Abbey Day!

10:00 Indoor Croquet! 8  
10:30 Wii Bowling Practice  
11:00 Cards on the Patio  
3:30 Circle of Friends: Unsolved  
Case Files (Let's get back to work!)

10:00 Senior Stretch (Led by Seth) 2  
10:30 Wii Bowling Practice  
11:00 Cards, Anyone?  
2:00 Trivia Time  
4:00 Happy Hour!

10:00 True North Yoga 3  
10:30 Wii Bowling Practice  
11:00 Board Games  
1:00 Let's Paint Mandolin Rocks!  
3:30 Nickel Bingo!

10:00 Balloon Swat! 13  
10:30 Wii Bowling Practice  
11:00 Cards on the Patio  
1:00 Line Dancing!  
3:00 Ephrem's Knitting Club

10:00 Catch & Convo Ball 14  
10:30 Wii Bowling Practice  
11:00 Who Are You?  
1:00 GENTECH2000 (Gadget & gizmo  
help)  
2:30 Downton Abbey Day!

10:00 Chair Cardio w/Curtis 15  
10:30 Wii Bowling Practice  
11:00 Cards on the Patio  
2:00 Chef Chat with Chef Zach  
3:30 Circle of Friends: Solve the Crime!

10:00 Team Cornhole! 16  
10:30 Wii Bowling Practice  
11:00 Puzzle Time!  
3:00 Resident Council Meeting  
4:00 Happy Hour!

10:00 True North Yoga 17  
10:30 Wii Bowling Practice  
11:00 Tiny Stories  
2:00 Fall Crafts!  
3:30 Nickel Bingo!

10:00 Balloon Volleyball 20  
10:30 Wii Bowling Practice  
11:00 Cards on the Patio  
3:00 Ephrem's Knitting Club  
National String Cheese Day!

10:00 Team Shuffleboard! 21  
10:30 Wii Bowling Practice  
11:00 Adult Coloring  
1:00 Book Club!  
2:30 Downton Abbey Day!

10:00 Chair Cardio 22  
10:30 Wii Bowling Practice  
11:00 Cards on the Patio  
2:00 Would You Rather game  
3:30 Circle of Friends: Grandkid pics!

10:00 Trivia & Brain Teasers 23  
10:30 Wii Bowling Practice  
11:00 Word Search Races!  
3:30 Dime Derby!  
4:00 Happy Hour!

10:00 True North Yoga 24  
10:30 Wii Bowling Practice  
2:00 Bible Study  
3:30 Nickel Bingo!

10:00 Balloon Swat! 27  
10:30 Wii Bowling Practice  
11:00 Cards on the Patio  
3:00 Ephrem's Knitting Club

10:00 Chair Zumba! 28  
10:30 Wii Bowling Practice  
11:00 Puzzle Time!  
2:30 Downton Abbey Day!

10:00 Indoor Croquet! 29  
10:30 Wii Bowling Practice  
11:00 Cards on the Patio  
3:30 Circle of Friends: Art Show!

10:00 Team Frisbee Golf 30  
10:30 Wii Bowling Practice  
1:00 Catch & Convo Ball  
4:00 Happy Hour!

Fall is proof that  
change is good!

