The Crossings at Bon Air Independent Living Program Schedule

September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 **10:00 Walmart Trip-MLR** **(Sign Up in the IL Lobby is Required– Limited Space)** 10:00 Strength & Stretch-D 3:00- Advanced Balance –P 4:00 How Many Words-P	2 10:00 Strength & Stretch-D 11:00 Bingo-D **1:00 Mid-Day Documentary: Audrey Hepburn-P** 2:00 This Week in History—L 4:30-5:30 Happy Hour-P	**3** 10:00 Strength & Stretch-D 11:00 2:00 Garden Games-ML **3:00 From The Heart Knitters Group-L#**	**4** 3:00 Bingo-D 4:30-5:30 Happy Hour-P **7:00 Saturday Night Movie "Poms" GR**
5 2:30 Strength & Stretch-D **3:00 Sunday Movie Matinee- "Poms" GR**	6 **Labor Day** 10:00 Strength & Stretch-D 11:00 Coloring Club-P **12:00 Labor Day Luncheon-D** 2:00 Garden Games-ML 3:00- Advanced Balance –P 4:00 Wheel of Fortune-P	7 10:00 Strength & Stretch-D 11:00 Bingo-D 1:00 Technology for Seniors-P 2:00 Jeopardy!!- GR 4:30-5:30 Happy Hour-P	8 **10:00 Walmart Trip-MLR** **(Sign Up in the IL Lobby is Required– Limited Space)** 10:00 Strength & Stretch-D **2:00 Artist Corner-A** 3:00- Advanced Balance –P 4:00 How Many Words-P	9 **10:00 Kroger Trip– MLR** **(Sign Up in the IL Lobby is Required– Limited Space)** 10:00 Strength & Stretch-D 11:00 Bingo-D **1:00 Virtual Tourist: The Smithsonian-P** 2:00 This Week in History—L 4:30-5:30 Happy Hour-P	10 10:00 Strength & Stretch-D 2:00 Garden Games-ML **3:00 From The Heart Knitters Group-L#**	11 3:00 Bingo-D 4:30-5:30 Happy Hour-P **7:00 Saturday Night Movie "Quartet" GR**
12 **Happy Grandparents Day!** 2:30 Strength & Stretch-D **3:00 Sunday Movie Matinee "Quartet" GR**	13 **10:00 Kroger Trip– MLR** **(Sign Up in the IL Lobby is Required– Limited Space)** 10:00 Strength & Stretch-D 11:00 Coloring Club-P 3:00- Advanced Balance –P 4:00 Wheel of Fortune-P	14 10:00 Strength & Stretch-D 11:00 Bingo-D 1:00 Technology for Seniors-P 2:00 Jeopardy!!- GR 4:30-5:30 Happy Hour-P	15 **10:00 Walmart Trip-MLR** **(Sign Up in the IL Lobby is Required– Limited Space)** 10:00 Strength & Stretch-D **2:00 Artist Corner-A** 3:00- Advanced Balance –P 4:00 How Many Words-P	16 10:00 Strength & Stretch-D 11:00 Bingo-D **1:00 Apple Cider and Donut Social-ML** 2:00 This Week in History—L 4:30-5:30 Happy Hour-P	17 10:00 Strength & Stretch-D 2:00 Garden Games-ML **3:00 From The Heart Knitters Group-L#**	18 3:00 Bingo-D 4:30-5:30 Happy Hour-P **7:00 Saturday Night Movie "Radium Girls" GR**
19 2:30 Strength & Stretch-D **3:00 Sunday Movie Matinee "Radium Girls" GR**	20 **10:00 Kroger Trip– MLR** **(Sign Up in the IL Lobby is Required– Limited Space)** 10:00 Strength & Stretch-D 11:00 Coloring Club-P 3:00- Advanced Balance –P 4:00 Wheel of Fortune-P	21 10:00 Strength & Stretch-D 11:00 Bingo-D 1:00 Technology for Seniors-P 2:00 Jeopardy!!- GR 4:30-5:30 Happy Hour-P	22 **First Day of Autumn** **10:00 Walmart Trip-MLR** **(Sign Up in the IL Lobby is Required– Limited Space)** 10:00 Strength & Stretch-D **2:00 Artist Corner-A** 3:00- Advanced Balance –P 4:00 How Many Words-P	23 10:00 Strength & Stretch-D 11:00 Bingo-D **1:00 Senior Life Community Circle Discussion Group-P** 2:00 This Week in History—L 4:30-5:30 Happy Hour-P	24 10:00 Strength & Stretch-D 2:00 Garden Games-ML **3:00 From The Heart Knitters Group-L#**	25 3:00 Bingo-D 4:30-5:30 Happy Hour-P **7:00 Saturday Night Movie "Effie Gray" GR**
26 2:30 Strength & Stretch-D **3:00 Sunday Movie Matinee "Effie Gray" GR**	27 **10:00 Kroger Trip– MLR** **(Sign Up in the IL Lobby is Required– Limited Space)** 10:00 Strength & Stretch-D 11:00 Coloring Club-P 3:00- Advanced Balance –P 4:00 Wheel of Fortune-P	28 10:00 Strength & Stretch-D 11:00 Bingo-D 1:00 Technology for Seniors-P 2:00 Jeopardy!!- GR 4:30-5:30 Happy Hour-P	29 **10:00 Walmart Trip-MLR** **(Sign Up in the IL Lobby is Required– Limited Space)** 10:00 Strength & Stretch-D **2:00 Artist Corner-A** 3:00- Advanced Balance –P 4:00 How Many Words-P	**30** 10:00 Strength & Stretch-D 11:00 Bingo-D **1:00 Apple Pie Social-ML** 2:00 This Week in History—L 4:30-5:30 Happy Hour-P		

Location Key

A—Activity Room	ML— Main Lobby
AL– AL Lobby	L—Library
C—Chapel	P—Pub
D—IL Dining Room	R - Sign Up Required
GR— Game Room	#—Resident Led Activity
$- Activity Fee	