
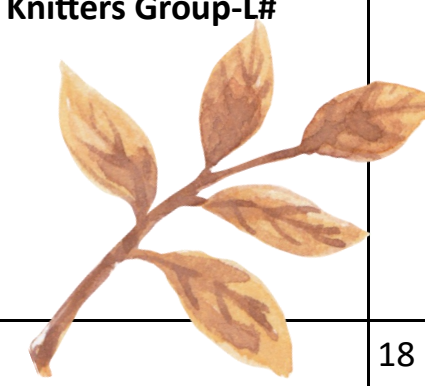
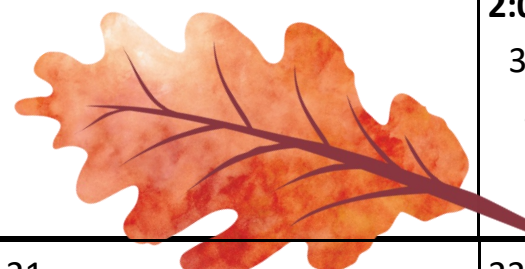
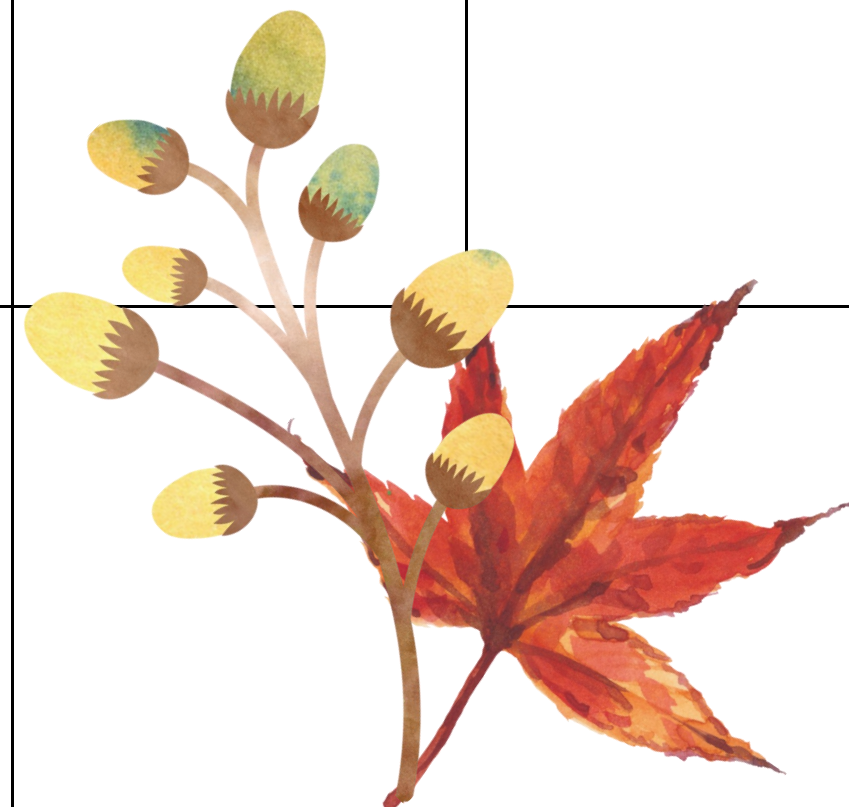
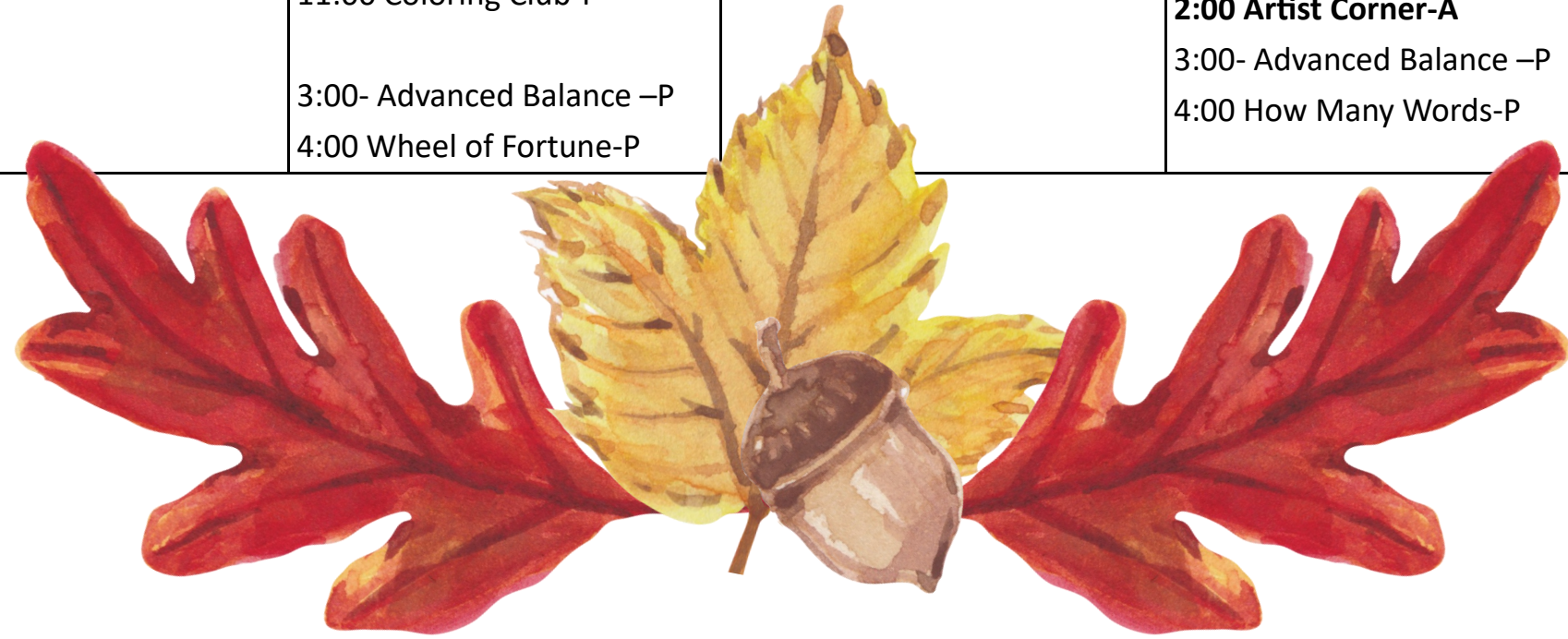


# The Crossings at Bon Air Independent Living Program Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="font-size: 48px; margin: 0;">September</h2> <h2 style="font-size: 48px; margin: 0;">2021</h2>			<p>1</p> <p><b>10:00 Walmart Trip-MLR</b></p> <p><u>(Sign Up in the IL Lobby is Required- Limited Space)</u></p> <p>10:00 Strength &amp; Stretch-D 3:00- Advanced Balance -P 4:00 How Many Words-P</p>	<p>2</p> <p>10:00 Strength &amp; Stretch-D 11:00 Bingo-D <b>1:00 Mid-Day Documentary: Audrey Hepburn-P</b> 2:00 This Week in History—L 4:30-5:30 Happy Hour-P</p>	<p>3</p> <p>10:00 Strength &amp; Stretch-D 11:00 2:00 Garden Games-ML <b>3:00 From The Heart Knitters Group-L#</b></p>	<p>4</p> <p>3:00 Bingo-D 4:30-5:30 Happy Hour-P <b>7:00 Saturday Night Movie "Poms" GR</b></p>
<p>5</p> <p>2:30 Strength &amp; Stretch-D <b>3:00 Sunday Movie Matinee- "Poms" GR</b></p>	<p>6 <b>Labor Day</b></p> <p>10:00 Strength &amp; Stretch-D 11:00 Coloring Club-P <b>12:00 Labor Day Luncheon-D</b> 2:00 Garden Games-ML 3:00- Advanced Balance -P 4:00 Wheel of Fortune-P</p>	<p>7</p> <p>10:00 Strength &amp; Stretch-D 11:00 Bingo-D 1:00 Technology for Seniors-P 2:00 Jeopardy!!- GR 4:30-5:30 Happy Hour-P</p>	<p>8</p> <p><b>10:00 Walmart Trip-MLR</b></p> <p><u>(Sign Up in the IL Lobby is Required- Limited Space)</u></p> <p>10:00 Strength &amp; Stretch-D <b>2:00 Artist Corner-A</b> 3:00- Advanced Balance -P 4:00 How Many Words-P</p>	<p>9</p> <p><b>10:00 Kroger Trip- MLR</b></p> <p><u>(Sign Up in the IL Lobby is Required- Limited Space)</u></p> <p>10:00 Strength &amp; Stretch-D 11:00 Bingo-D <b>1:00 Virtual Tourist: The Smithsonian-P</b> 2:00 This Week in History—L 4:30-5:30 Happy Hour-P</p>	<p>10</p> <p>10:00 Strength &amp; Stretch-D 2:00 Garden Games-ML <b>3:00 From The Heart Knitters Group-L#</b></p> 	<p>11</p> <p>3:00 Bingo-D 4:30-5:30 Happy Hour-P <b>7:00 Saturday Night Movie "Quartet" GR</b></p>
<p>12 <b>Happy Grandparents Day!</b></p> <p>2:30 Strength &amp; Stretch-D <b>3:00 Sunday Movie Matinee "Quartet" GR</b></p>	<p>13</p> <p><b>10:00 Kroger Trip- MLR</b></p> <p><u>(Sign Up in the IL Lobby is Required- Limited Space)</u></p> <p>10:00 Strength &amp; Stretch-D 11:00 Coloring Club-P 3:00- Advanced Balance -P 4:00 Wheel of Fortune-P</p>	<p>14</p> <p>10:00 Strength &amp; Stretch-D 11:00 Bingo-D 1:00 Technology for Seniors-P 2:00 Jeopardy!!- GR 4:30-5:30 Happy Hour-P</p> 	<p>15</p> <p><b>10:00 Walmart Trip-MLR</b></p> <p><u>(Sign Up in the IL Lobby is Required- Limited Space)</u></p> <p>10:00 Strength &amp; Stretch-D <b>2:00 Artist Corner-A</b> 3:00- Advanced Balance -P 4:00 How Many Words-P</p>	<p>16</p> <p>10:00 Strength &amp; Stretch-D 11:00 Bingo-D <b>1:00 Apple Cider and Donut Social-ML</b> 2:00 This Week in History—L 4:30-5:30 Happy Hour-P</p>	<p>17</p> <p>10:00 Strength &amp; Stretch-D 2:00 Garden Games-ML <b>3:00 From The Heart Knitters Group-L#</b></p>	<p>18</p> <p>3:00 Bingo-D 4:30-5:30 Happy Hour-P <b>7:00 Saturday Night Movie "Radium Girls" GR</b></p>
<p>19</p> <p>2:30 Strength &amp; Stretch-D <b>3:00 Sunday Movie Matinee "Radium Girls" GR</b></p>	<p>20</p> <p><b>10:00 Kroger Trip- MLR</b></p> <p><u>(Sign Up in the IL Lobby is Required- Limited Space)</u></p> <p>10:00 Strength &amp; Stretch-D 11:00 Coloring Club-P 3:00- Advanced Balance -P 4:00 Wheel of Fortune-P</p>	<p>21</p> <p>10:00 Strength &amp; Stretch-D 11:00 Bingo-D 1:00 Technology for Seniors-P 2:00 Jeopardy!!- GR 4:30-5:30 Happy Hour-P</p>	<p>22 <b>First Day of Autumn</b></p> <p><b>10:00 Walmart Trip-MLR</b></p> <p><u>(Sign Up in the IL Lobby is Required- Limited Space)</u></p> <p>10:00 Strength &amp; Stretch-D <b>2:00 Artist Corner-A</b> 3:00- Advanced Balance -P 4:00 How Many Words-P</p>	<p>23</p> <p>10:00 Strength &amp; Stretch-D 11:00 Bingo-D <b>1:00 Senior Life Community Circle Discussion Group-P</b> 2:00 This Week in History—L 4:30-5:30 Happy Hour-P</p>	<p>24</p> <p>10:00 Strength &amp; Stretch-D 2:00 Garden Games-ML <b>3:00 From The Heart Knitters Group-L#</b></p> 	<p>25</p> <p>3:00 Bingo-D 4:30-5:30 Happy Hour-P <b>7:00 Saturday Night Movie "Effie Gray" GR</b></p>
<p>26</p> <p>2:30 Strength &amp; Stretch-D <b>3:00 Sunday Movie Matinee "Effie Gray" GR</b></p>	<p>27</p> <p><b>10:00 Kroger Trip- MLR</b></p> <p><u>(Sign Up in the IL Lobby is Required- Limited Space)</u></p> <p>10:00 Strength &amp; Stretch-D 11:00 Coloring Club-P 3:00- Advanced Balance -P 4:00 Wheel of Fortune-P</p>	<p>28</p> <p>10:00 Strength &amp; Stretch-D 11:00 Bingo-D 1:00 Technology for Seniors-P 2:00 Jeopardy!!- GR 4:30-5:30 Happy Hour-P</p> 	<p>29</p> <p><b>10:00 Walmart Trip-MLR</b></p> <p><u>(Sign Up in the IL Lobby is Required- Limited Space)</u></p> <p>10:00 Strength &amp; Stretch-D <b>2:00 Artist Corner-A</b> 3:00- Advanced Balance -P 4:00 How Many Words-P</p>	<p>30</p> <p>10:00 Strength &amp; Stretch-D 11:00 Bingo-D <b>1:00 Apple Pie Social-ML</b> 2:00 This Week in History—L 4:30-5:30 Happy Hour-P</p>		
				<p><b>Location Key</b></p> <p>A—Activity Room    ML— Main Lobby AL- AL Lobby        L—Library C—Chapel            P—Pub D—IL Dining Room    R - Sign Up Required GR— Game Room    #—Resident Led Activity \$- Activity Fee</p>		