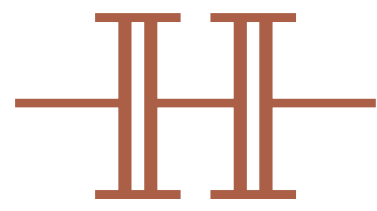


Sunday Monday Tuesday Wednesday Thursday Friday Saturday



Location Keys

Activity Room AR
 Around the Neighborhood N
 Bistro B
 Living Room LR
 Lobby L
 Outside Courtyard OC
 Restaurant R

Activity Keys

AE Artistic Expression
CC Community Connection
CE Continuing Education
LL Lifestyle & Leisure
PE Physical Engagement
SS Spiritual Support

10:00 PE Free Movement Class [AR] 5 10:30 CC Coffee Chat & Today in History [AR] 11:00 SS Spirituals & Hymns [AR] 1:00 SS Bible Study [LR] 1:30 PE Walking Group [N] 2:00 LL Sunday Sundae Social [R] 3:00 LL iN2L Travelogue [AR] 6:30 CC Crafters for Military Families [AR]	Labor Day 10:00 PE Restorative Yoga [OC] 6 10:30 CE News & Views [AR] 11:00 LL Bingo [OC] 1:30 PE Walking Group [N] 2:00 LL Chili Tasting [R] 3:00 LL Gardening Microgreens [OC] 4:00 LL Music Georgia Gibbs [AR] 6:30 LL Evening Movie [LR]	10:00 PE Strength Conditioning [AR] 7 10:30 CE Media Buzz & Juice Blends [AR] 11:00 AE Artisan Stamp Pad Class [AR] 1:30 PE Walking Group [N] 2:00 PE Group Challenge Noodle Ball [OC] 3:00 LL Happy Hour & Entertainment [B] 4:00 LL Music Buddy Holly [AR] 6:30 LL Artistic Expression Collage [AR]	10:00 PE Fitness for Endurance [AR] 8 10:30 CE News & Views [AR] 11:00 LL Sensory Scents Challenge [R] 1:30 PE Walking Group [N] 2:00 CC Artisan Gifting Crafts Workshop [AR] 3:00 CE Spotlight NY Fashion Week [AR] 4:00 LL Music Patsy Cline [AR] 6:30 LL Puzzles for Brain Fitness [AR]	10:00 PE Resistance Band Workout [AR] 2 10:30 CE NewsCurrents Sr. [AR] 11:00 SS Aromatherapy & Guided Imagery [AR] 1:30 PE Walking Group [N] 2:00 LL Resident Council Meeting 3:00 LL Happy Hour & Entertainment [B] 4:00 LL Music Debbie Gibson [AR] 6:30 AE Adult Color & Sip [AR]	10:00 PE Chair Yoga [OC] 3 10:30 CE News & Views [AR] 11:00 LL Excursion See the Shore [L] 1:30 PE Walking Group [N] 2:00 CE Group Poetry Writing [AR] 3:00 CE Adventure Mushroom Festivals [AR] 4:00 LL Music The First Dance [AR] 6:30 LL Connect & Play Checkers [AR]	10:00 PE Cardio Fitness [AR] 4 10:30 CE Daily Chronicle [AR] 11:00 SS Sand Therapy [AR] 1:30 PE Walking Group [N] 2:00 LL iN2L Trivia [AR] 3:00 LL Nail Spa [OC] 4:00 LL Music Beyonce [AR] 6:30 LL Movie & Popcorn [LR]
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Grandparents Day 10:00 PE Free Movement Class Hand Fans 12 10:30 LL Video Chat with Your Grandchildren 11:00 SS Spirituals & Hymns [AR] 1:00 SS Bible Study [LR] 1:30 PE Walking Group [N] 2:00 LL Sunday Sundae Social [R] 3:00 LL iN2L Travelogue [AR] 4:00 LL NFL Bears vs Rams [LR] 6:30 CC Crafters for Military Families [AR]	10:00 PE Sit & Be Fit [AR] 13 10:30 CE News & Views [AR] 11:00 LL Bingo [OC] 1:30 PE Walking Group [N] 2:00 CE Finishing Lines [AR] 3:00 LL Gardening Microgreens [OC] 4:00 LL Music Candle in the Wind [AR] 6:30 LL Evening Movie [LR]	10:00 PE Cardio Fitness [AR] 14 10:30 CE Media Buzz & Juice Blends [AR] 11:00 LL Artisan Card Making [AR] 1:30 PE Walking Group [N] 2:00 CC Competative Cornhole [OC] 3:00 LL Happy Hour & Entertainment [B] 4:00 LL Music Italian Melodies [AR] 6:30 AE Artistic Expression Watercolors [AR]	10:00 PE Movement & Music [OC] 15 10:30 CE News & Views [AR] 11:00 LL Sensory Scents Challenge [R] 1:30 PE Walking Group [N] 2:00 CC Artisan Gifting Crafts Workshop [AR] 3:00 CE Spotlight Yom Kippur [AR] 4:00 LL Music Reba McEntire [AR] 6:30 LL Puzzles for Brain Fitness [AR]	Mexican Independence Day 10:00 PE Resistance Band Workout [AR] 16 10:30 CE NewsCurrents Sr. [AR] 11:00 SS Aromatherapy & Guided Imagery [AR] 1:30 PE Walking Group [N] 2:00 LL The Price is Right [AR] 3:00 LL Happy Hour & Entertainment [B] 4:00 LL Music Mexico - Traditional Beat [AR] 6:30 AE Adult Color & Sip [AR]	10:00 PE Chair Yoga [OC] 17 10:30 CE News & Views [AR] 11:00 LL Excursion Sonic [L] 1:30 PE Walking Group [N] 2:00 CE Group Poetry Writing [OC] 3:00 CE Adventure Georgia [AR] 4:00 LL Music Name That Tune [AR] 6:30 LL Connect & Play Dominoes [AR]	10:00 PE Cardio Fitness [AR] 18 10:30 CE Daily Chronicle [AR] 11:00 SS Sand Therapy [AR] 1:30 PE Walking Group [N] 2:00 LL iN2L Trivia [AR] 3:00 LL Nail Spa [OC] 4:00 LL Karaoke Cafe [AR] 6:30 LL Movie & Popcorn [LR]
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10:00 PE Free Movement Class [AR] 19 10:30 CC Coffee Chat & Today in History [AR] 11:00 SS Spirituals & Hymns [AR] 1:00 SS Bible Study [LR] 1:30 PE Walking Group [N] 2:00 LL Sunday Sundae Social [R] 3:00 LL iN2L Travelogue [AR] 4:00 LL NFL Chiefs vs Ravens [LR] 6:30 CC Crafters for Military Families [AR]	10:00 PE Restorative Yoga [OC] 20 10:30 CE News & Views [AR] 11:00 LL Bingo [OC] 1:30 PE Walking Group [N] 2:00 CE Cranium Crunches [AR] 3:00 LL Gardening Microgreens [OC] 4:00 LL Music Jim Croce [AR] 6:30 LL Evening Movie [LR]	10:00 PE Strength Conditioning [AR] 21 10:30 CE Media Buzz & Juice Blends [AR] 11:00 AE Artisan Stamp Pad Class [AR] 1:30 PE Walking Group [N] 2:00 CC Group Challenge Shuffle Putt [OC] 3:00 LL Happy Hour & Entertainment [B] 4:00 LL Music Leonard Cohen [AR] 6:30 LL Express Yourself Recycled Art [AR]	10:00 PE Fitness for Endurance [AR] 22 10:30 CE News & Views [AR] 11:00 LL Sensory Scents Challenge [R] 1:30 PE Walking Group [N] 2:00 CC Artisan Gifting Crafts Workshop [AR] 3:00 CE Spotlight Centenarians [AR] 4:00 LL Music Fiddler on the Roof [AR] 6:30 LL Puzzles for Brain Fitness [AR]	10:00 PE Strength Training [AR] 23 10:30 CE NewsCurrents Sr. [AR] 11:00 SS Aromatherapy & Guided Imagery [AR] 1:30 PE Walking Group [N] 2:00 LL Taste & Tell [R] 3:00 LL Happy Hour & Entertainment [B] 4:00 LL Music Savannah Jazz [AR] 6:30 AE Adult Color & Sip [AR]	10:00 PE Hand Weights Class [AR] 24 10:30 CE News & Views [AR] 11:00 LL Scenic Drive Mystery Tour [L] 1:30 PE Walking Group [N] 2:00 CC Make & Deliver Pet Treats [R] 3:00 CE Adventure Shinrin Yoku [AR] 3:00 PE Bocce Ball [OC] 4:00 LL Music Folk Songs [AR] 6:30 LL Games with Friends [AR]	10:00 PE Fitness for Endurance [AR] 25 10:30 CE Daily Chronicle [AR] 11:00 AE Artisan Beading Class [AR] 1:30 PE Walking Group [N] 2:00 LL Universal Yums [AR] 3:00 LL Nail Spa [OC] 4:00 LL Karaoke Cafe [AR] 6:30 LL Movie & Popcorn [LR]
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10:00 PE Free Movement Class [AR] 26 10:30 CE Google Earth [AR] 11:00 SS Spirituals & Hymns [AR] 1:00 SS Bible Study [LR] 1:30 PE Walking Group [N] 2:00 LL Sunday Sundae Social [R] 3:00 LL iN2L Travelogue [AR] 4:00 LL NFL Packers vs 49ers [LR] 6:30 CC Crafters for Military Families [AR]	10:00 PE Sit & Be Fit [AR] 27 10:30 CE News & Views [AR] 11:00 LL Bingo [OC] 1:30 PE Walking Group [N] 2:00 CE Sea Otter Awareness [AR] 3:00 LL Gardening Microgreens [OC] 4:00 LL Music One Hit Wonders [AR] 6:30 LL Evening Movie [LR]	10:00 PE Cardio Fitness [AR] 28 10:30 CE Media Buzz & Juice Blends [AR] 11:00 LL Artisan Card Making [AR] 1:30 PE Walking Group [N] 2:00 CC Group Challenge Player's Choice [OC] 3:00 LL Happy Hour & Entertainment [B] 4:00 LL Music Top 10 College Marching Bands [AR] 6:30 AE Express Yourself Scrapbooking [AR]	National Coffee Day 10:00 PE Movement & Music [OC] 29 10:30 CE News & Views [AR] 11:00 CE Coffee Cupping Experience [R] 1:30 PE Walking Group [N] 2:00 CC Artisan Gifting Crafts Workshop [AR] 3:00 CE Spotlight Dog Breeds [AR] 4:00 LL Music Helen Reddy [AR] 6:30 LL Puzzles for Brain Fitness [AR]	10:00 PE Resistance Band Workout [AR] 30 10:30 CE NewsCurrents Sr. [AR] 11:00 SS Aromatherapy & Guided Imagery [AR] 1:30 PE Walking Group [N] 2:00 LL Jenga Challenge [OC] 3:00 LL Happy Hour & Entertainment [B] 4:00 LL Music Johnny Mathis [AR] 6:30 AE Adult Color & Sip [AR]	<p>Healthy Snacks & Hydration offered throughout each day!</p>	
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