

September 2021

6132 NE 12TH Av-
Pleasant Hill,
IA50327



601 Hawthorne
Crossing Dr SE,
Bondurant, IA 50035

Flu shot

Krystle has been working with Community Pharmacy to get our yearly flu shot clinic scheduled. Keep an eye on your mail boxes for consent sheets and other information!



The Courtyard Chronicles

In This Issue

Upcoming 1

Alzheimer's
support group 2

Pictures 3

Pictures 4

Dare to Dream 5

Community Coordinators

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We are always
looking for
volunteers! Join
us for events or
outings, or simply
visit with our
residents who
need a friend!
Contact Sarah Davis
(see contact info on
front) to discuss
opportunities!

Upcoming Fun

Beauty Shop open every Monday

Live 2B Healthy 10:30am Mon, Wed, Fri

Music Speaks 3pm Tuesdays & Thursdays

Labor Day September 6th

Grandparent's Day September 12th

Autumnal Equinox September 22nd

Alzheimer's support
group (on zoom) September 23rd

**All activities subject to change at any time
to meet the ever-changing needs and de-**

Welcome Home!

Leroy Dawson

Mary Gruver

Please see Sarah if you would
like to buy a walk t-shirt for
\$20



Resident Birthdays

Harold Swartz– Sep 6th

Michael Zager– Sep 18th

Staff Birthdays

Mo Ghnem– Sep 21st

Saliha Ahmetasevic– Sep 22nd



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Dare to Dream– Carolyn dives in to the pool

All summer Carolyn commented about how she wishes she would do anything to be able to get into the pool again. We were able to make this dream come true with our Dare to Dream program.

We started out the afternoon at a restaurant of her choice (Applebee’s). We then headed over to the Altoona Aquatic Park where she had a blast swimming and watching all the kids enjoy the water. We ended our outing by having cookies and pop with all of her friends back at Courtyard!



Alzheimer’s support group restarting

Courtyard is going to be restarting up our Alzheimer’s support group. While we aren’t able to meet in person quite yet, we are excited to offer our group via Zoom. Our first meeting will take place on September 23rd at 5pm. Our first speaker is going to be Hospice of the Midwest, they will be speaking about weight loss with dementia patients. This group is open to anyone and we welcome people from the community to join us.

Details for the zoom meeting are below. If you have any questions please feel free to call the community and ask for Sarah.

What: Our Monthly Alzheimer’s support group

When: The 4th Thursday of every month at 5pm

Zoom ID: 522 256 1338

Passcode: EQIYy



← Bus Trip
through the
Fair Grounds

Celebrating
David's
Birthday

