

# IMPORTANT INFORMATION

2067 HWY 4 **SEPTEMBER 2021** PANORA, IA 50216

## Contact Information

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**Maintenance Coordinator:**  
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**Transportation Specialist:**  
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## Resident Birthdays

The Lakeside Village would like to wish a very **Happy Birthday** to our residents celebrating during the month of **September**.



**2nd—Jim S.**  
**4th—Rusty**  
**4th—Joe R.**  
**8th—Marcia**  
**13th—Shirley**  
**16th—Larry B.**  
**30th—Joan S.**

Refer a friend to The Lakeside Village and receive \$500 off your rent when they have lived here 30 days!

# THE LAKESIDE VILLAGE VINE

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## PONTOON RIDES WERE A BOAT LOAD OF FUN!

A huge thank you to Mark for Captaining the boat while giving residents a guided boat tour of beautiful Lake Panorama. Mark plans to offer additional pontoon rides before docking the boat for the season. Watch the activities board for the sign-up sheet.



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## ASSISTED LIVING WEEK SCHEDULE OF EVENTS

“Compassion, Community, Caring” is this year’s National Assisted Living Week theme. National Assisted Living Week is September 12th through September 18th. This is our week to shine and celebrate our community. Here is what is currently planned for this year’s festivities:

**Manic Monday, September 13th**— **Wear something that gives you peace!** From 1pm-4pm in the 1st Floor Lounge, the Lakeside will be set up for Manicures and Martinis. There will also be mini-sessions by local businesses focusing on self-care.

**Twinning Tuesday, September 14th**— **Dress like Twins!** The day will be filled with fun tournaments including Yahtzee, checkers, and Wii bowling. A drive-thru ice cream fundraiser from 11am-1pm will include vouchers given to first responders and area health professionals to receive a donation in their name and a ice cream. All proceeds will be donated to the Walk to End Alzheimer’s.

**Wellness Wednesday, September 15th**— **Dress in your workout gear!** Head to the AL garden at 9am for outdoor goat yoga. Ashley from Live 2 B Healthy will be here to lead a chair yoga class with goats roaming around for your petting pleasure. At 1pm, there will be a Wellness Fair in the main dining room where healthcare professionals will give out free items and check your eligibility for services.

**Thoughtful Thursday, September 16th**— **Wear purple!** Lakeside is hosting a guided painting session with a lesson led by Gina Lloyd from 1pm-3pm. This is a FREE activity held in the South Dining Room and includes all the supplies and regular happy hour beverages.

**Freak Out Friday, September 17th**— **Wear your “freaky” costumes or something spooky.** If you want assistance with some Halloween style make-up, talk to Sarah. There will be Halloween themed fun and during lunch there will be a Freaky Food Buffet. BINGO will be held at 2pm in the South Dining Room with chances to win big prizes!

**Barn Dance Saturday, September 18th**— **Dress in your country attire!** From 5pm to 7:30pm, join in for some fun country dancing and a community meal. Invite your friends and family for this fun shindig!

\*All visitors will need to be screened prior to entry.

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## WALK TO END ALZHEIMER’S

September 11, 2021 is the Racoon River Valley Walk to End Alzheimer’s right here in Panora. The fundraising goal for the 2021 Lakeside Team is \$5,000 and with your help we are on track to exceed that goal. If you are interesting in walking or donating this year, please contact Amanda or Marla. The walk will begin at 8am with registration and the opening ceremony at 9am. The walk will kick-off at Michael Mills Memorial Park in Panora.



## Upcoming Events at The Lakeside Village

**September 11– Walk to End Alzheimer’s**

**September 13– Manicures and Martinis at 1pm**

**September 14–Ice Cream Drive-thru 11a-1pm**

**September 15–Chair Goat Yoga 9am**

**Resident Wellness Fair 1pm-3pm**

**September 16– Paint and Sip Canvas Class 1pm**

**September 18– Barn Dance 5pm-7pm**

