

Bella Vista September Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
			9:30 Pool Exercise 1 10:00 BINGO (A/L) 10:00 Fitness with Lyn (FC) 12:00 Paint With Me (AL) 1:00 Dominos (MP) 2:00 Craft with me (MP) 3:00 Paint with me (CR) 7:00 Mexican Train (MP)	2 10:00 Noodle Swing (AL) 12:00 Wii Bowling (AL) 11:00 Sassy's café & bakery 1:00 Hand & Foot (A) 1:00 Ladies Social (MP) 2:00 BINGO (MP) 2:00 Happy Hour By Mercy Care 3:00 Texas Hold'Em (MP)	3 Walmart 9:30 Pool Exercise 10:00 Wii Bowling (AL) 12:00 Phone Time (MP) 12:30 Hair & Nail Salons 1:00 Uno Challenge (B) 2:00 Happy Hour (Harley) 3:00 Corn Hole (MP) STRIPED DAY	4 10:00 BINGO (AL) 11:00 Wii Bowling (T) 12:00 Corn Hole (MP) 1:00 Uno Challenge (MP) 2:00 Welcome New Residents (Doug) 3:00 Wii Bowling (AL) 7:00 Mexican train (MP)		
5 9:30 Catholic Services 2:00 Non-Denominational Services with Pastor Mike (M/P) 6:00 Movie Time (T) Crossword puzzles at desk all day	6 10:00 Fitness with Lyn (F/C) 10:00 BINGO (A/L) 12:00 Hobby Lobby 2:00 Art for all ages (M/P) 3:00 Texas Hold'Em (M/P) 6:00 Movie (T) 7:00 Mexican Train (M/P)	7 10:00 Fitness with Lyn (AL) 10:30 Mini Horse Show (B) 12:00 Creative Coloring (AL) 1:00 Corn Hole (MP) 1:00 Hand & Foot (A) 2:00 BINGO (MP) 3:00 Corn Hole (AL) 7:00 101 Mexican Train (M/P)	8 9:30 Pool Exercise 10:00 BINGO (A/L) 10:00 Fitness with Lyn (FC) 12:00 Paint With Me (AL) 1:00 Dominos(MP) 2:00 Town Hall (Dr) 2:00 MJ Moore (AL) 3:00 Paint with me (CR) 7:00 Mexican Train (MP)	9 10:00 Noodle Swing (AL) 12:00 Wii Bowling (AL) 1:00 Hand & Foot (A) 1:00 Gentlemen Social (MP) 2:00 BINGO (MP) 3:00 Scrapbooking 3:00 Texas Hold'Em (MP) 4:00 Red Lobster	10 Driver Available 9:30 Pool Exercise 10:00 Wii Bowling (AL) 12:00 Creative Coloring (AL) 12:30 Hair & Nail Salons 1:00 Uno Challenge (B) 2:00 Happy Hour(Frank Mackey) 3:00 Corn Hole (MP) MIS-MATCH DAY	11 10:00 BINGO (AL) 10:00 Wii Bowling (T) 12:00 Corn Hole (AL) 1:00 Uno Challenge (MP) 2:00 BINGO (MP) 3:00 Wii Bowling (AL) 7:00 Mexican train (MP)		
12 9:30 Bocce Ball (BW) 2:00 Non-Denominational Services with Pastor Mike (M/P) 6:00 Movie Time (T) Crossword puzzles at desk all day	13 10:00 Fitness with Lyn (FC) 10:00 BINGO (AL) 12:00 Kohls 3:00 Texas Hold'Em (MP) 6:00 Movie (T) 7:00 Mexican Train (M/P)	14 10:00 Fitness with Lyn (AL) 10:00 Wii Bowling (T) 12:00 Creative Coloring (AL) 1:00 Hand & Foot (A) 1:00 Price is Right Avon Style (MP) 2:00 BINGO (M/P) 3:00 Corn Hole (AL) 7:00 101 Mexican Train (M/P)	15 9:30 Pool Exercise 10:00 BINGO (A/L) 10:00 Fitness with Lyn (FC) 12:00 Paint With Me (AL) 1:00 Dominos (MP) 2:00 Food For Thought (MP) 3:00 Paint with me (C/R) 7:00 Mexican Train (M/P)	16 10:00 Noodle Swing (AL) 12:00 Corn Hole (AL) 11:00 Over Easy 1:00 Hand & Foot (A) 2:00 BINGO (MP) 3:00 Scrapbooking 3:00 Texas Hold'Em (MP) 6:00 Rumi (MP)	17 Walmart 9:30 Pool Exercise 10:00 Wii Bowling (AL) 12:00 Polish me pretty (CR) 1:00 Uno Challenge (B) 2:00 Happy Hour @ Casa Del Rio 2:00 Happy Hour (Ken Levine) 3:00 Corn Hole (MP) TWIN DAY	18 10:00 BINGO (AL) 10:00 Wii Bowling (T) 12:00 Corn Hole (AL) 1:00 Uno Challenge (MP) 2:00 BINGO (MP) 3:00 Wii Bowling (AL) 7:00 Mexican train (MP)		
19 9:30 Bocce Ball (BW) 2:00 Non-Denominational Services with Pastor Mike (M/P) 6:00 Movie Time (T) Crossword puzzles at desk all day	20 10:00 Fitness with Lyn (FC) 10:00 BINGO (AL) 11:30 Lone Butte Casino 12:30 Sprouts 1:00 Wii Bowling (AL) 3:00 Texas Hold'Em (MP) 6:00 Movie (T)	21 10:00 Fitness with Lyn (A/L) 10:00 Wii Bowling (T) 12:00 Creative Coloring (CR) 1:00 Hand & Foot (A) 1:00 Corn Hole (MP) 2:00 BINGO (MC) 3:00 Corn Hole (AL) 7:00 101 Mexican Train (M/P)	22 9:30 Pool Exercise 10:00 BINGO (A/L) 10:00 Fitness with Lyn (FC) 12:00 Paint With Me (AL) 1:00 Dominos (MP) 2:00 Birthday Celebration (DR) 3:00 Paint with me (CR) 7:00 Mexican Train (M/P)	23 10:00 Noodle Swing (A/L) 11:00 Bobby Q 12:00 Wii Bowling (AL) 1:00 Hand & Foot (A) 2:00 BINGO (MP) 3:00 Scrapbooking 3:00 Texas Hold'Em (MP) 6:00 Rumi (MP)	24 Driver Available 9:30 Pool Exercise 10:00 Wii Bowling (A/L) 12:00 Phone Time (CR) 12:30 Hair & Nail Salons 1:00 Uno Challenge (B) 2:00 Happy Hour (Carl Block) 3:00 Corn Hole (MP) FLORAL DAY	25 10:00 BINGO (AL) 10:00 Wii Bowling (T) 12:00 Corn Hole (AL) 1:00 Uno Challenge (MP) 2:00 BINGO (MP) 3:00 Wii Bowling (AL) 7:00 Mexican train (MP)		
26 9:30 Bocce Ball (BW) 2:00 Non-Denominational Services with Pastor Mike (M/P) 6:00 Movie Time (T) Crossword puzzles at desk all day	27 10:00 Fitness with Lyn (FC) 10:00 BINGO (AL) 1:00 Wii Bowling (AL) 3:00 Texas Hold'Em (MP) 6:00 Movie (T) 7:00 Mexican Train (MP)	28 10:00 Fitness with Lyn (AL) 10:00 Wii Bowling (T) 12:00 Uno Challenge (AL) 1:00 Hand & Foot (A) 1:00 Corn Hole (MP) 2:00 BINGO (M/P) 3:00 Corn Hole (AL) 7:00 101 Mexican Train (M/P)	29 9:30 Pool Exercise 10:00 BINGO (A/L) 10:00 Fitness with Lyn (FC) 12:00 Paint With Me (AL) 1:00 Dominos (MP) 2:00 Craft with me (MP) 3:00 Paint with me (CR) 7:00 Mexican Train (M/P)	30 10:00 Noodle Swing (A/L) 11:00 Oreganos 12:00 Wii Bowling (AL) 1:00 Hand & Foot (A) 1:00 Scrapbook (CR) 2:00 BINGO (MP) 3:00 Texas Hold'Em (MP) 6:00 Rumi (MP)				
			Library, Banks, Post Office, Pharmacy, Drs. and Grocery Stores Monday: Library/Banks/Post Office * - 9:00 a.m. CVS/Walgreens * - 9:00 a.m. Tuesdays & Wednesdays Only** Doctors' Appointments - Please schedule as soon as possible! Thursdays Frys-9:00 a.m. * Fridays Walmart 9:30 / Driver Available Hair & Nail Salons - 12:30 p.m. **		Bella Vista Senior Living 1825 W. Emelita Ave. Mesa, AZ 85202 Concierge.....(480) 964-0410 Dining Room.....(480) 219-6218 Salon.....(602) 399-3162 Offices located on 2nd Floor		Location Key * = Sign up at Activity Table A/L=Assisted Living (L) = 1st Floor Lobby (B)= 1st Floor Bistro (A) = 2nd floor Alcove (M/P)= 3rd Floor Multipurpose (M/C) = 3rd Floor Man Cave (C/R) = 4th Floor Craft Room (F/C) = 4th Floor Fitness (T) = 4th Floor Theater (BR) = Breezeway (D/R) = Dining Room P = Swimming Pool VDR = Villa Dining Room	



The September birthstone has traditionally symbolized sincerity, truth, faithfulness and nobility. For countless centuries, sapphire has adorned royalty and the robes of the clergy. The elite of ancient Greece and Rome believed that blue sapphires protected their owners from harm and envy.

- HAPPY BIRTHDAY**
 9/3 CAROL H.
 9/5 RAFAEL M.
 9/14 DONNA V.
 9/16 CHARLOTTE R.
 9/16 ESTHER V.
 9/25 CURT H.
 9/26 GERALDINE G.
 9/29 CHUCK S.

