

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 Let's get fit 9:30 Mind Benders 10:00 Group Singing 11:00 Spirit Lifter 1:30 Pretty Nails 2:30 Bingo Fun 3:30 Beat Walk 6:00 Evening Movie	2 9:00 Tap & Sway 9:30 Brain Teaser 10:00 Morning Social 11:00 Parachute 1:30 Sing Fit -Journey 2:30 Art Expression 3:30 Wheeling 6:00 Classic Movie	3 9:00 Bend & Flex 9:30 Active Minds 10:00 That makes sense 11:00 Flying Balloon 1:30 Tales with a Twist 2:30 Card Games 3:00 Happy Hour 6:00 Jazz Music	4 9:00 Sit & Be Fit 9:30 Daily Chronicle 10:00 Morning Social 11:00 Group Singing 1:30 Board Games 2:30 Gardeners Gather 3:00 Saturday Matinee 6:00 Evening News
5 9:00 Catholic Mass 10:00 Thoughts of Gratitude 10:30 Flex & Bend 11:00 Current Events 2:00 Bingo Royal 3:00 Back in Time 3:30 Bowling 6:00 Evening Movie	6 Labor Day 9:00 Move & Groove 9:30 Mind Stretcher 10:00 Creative Corner 11:00 Labor Day -BBQ 11:30 Music w/ Yakov 1:30 Cultural Studies 2:30 Arts & Crafts 6:00 Evening News	7 Rosh Hashanah Begins 9:00 Bend & Stretch 9:30 Headliners 10:00 Dance Therapy 11:00 Sing-a-long 1:30 Touring Museums 2:30 Ice Cream Social 3:30 Seated Yoga 6:00 Evening Movie	8 9:00 Sit & Be Fit 9:30 Mind Benders 10:00 Group Singing 11:00 Spirit Lifter 1:30 Fancy Fingers 2:30 Bingo 3:30 Beat Walk 6:00 Evening Movie	9 9:00 Tap & Sway 9:30 Brain Teaser 10:00 Morning Social 11:00 Parachute 1:30 Sing Fit - 70's 2:30 Chef's Corner 3:30 Wheeling 6:00 Classic Movie	10 9:00 Bend & Flex 9:30 Active Minds 10:00 That makes sense 11:00 Flying Balloon 1:30 Tales with a Twist 2:30 Traveloge 3:00 Happy Hour w/ M&K 6:00 Jazz Music	11 9:00 Sit & Be Fit 9:30 Daily Chronicle 10:00 Morning Social 11:00 Group Singing 1:30 Board Games 2:30 Gardeners Gather 3:00 Saturday Matinee 6:00 Evening News
12 Grandparent's Day 9:00 Catholic Mass 10:00 Thoughts of Gratitude 10:30 Flex & Bend 11:00 Current Events 2:00 Bingo Royal 3:00 Back in Time 3:30 Bowling 6:00 Evening Movie	13 9:00 Move & Groove 9:30 Mind Stretcher 10:00 Creative Corner 11:00 Looking Back 2:00 Music W/Will & Judy 2:30 Arts & Crafts 3:30 Walk & Roll 6:00 Evening News	14 9:00 Bend & Stretch 9:30 Headliners 10:00 Dance Therapy 11:00 Sing-a-long 1:30 Touring Museums 2:30 Ice Cream Social 3:30 Seated Yoga 6:00 Evening Movie	15 Yom Kippur Begins 9:00 Let's get fit 9:30 Mind Benders 10:00 Group Singing 11:00 Spirit Lifter 1:30 Beautiful Nails 2:30 Bingo 3:30 Beat Walk 6:00 Evening Movie	16 9:00 Tap & Sway 9:30 Brain Teaser 10:00 Morning Social 11:00 Parachute 1:30 Sing Fit-60's 2:30 Art Expression 3:30 Wheeling 6:00 Classic Movie	17 9:00 Bend & Flex 9:30 Active Minds 10:00 That makes sense 11:00 Flying Balloon 1:30 Tales with a Twist 2:30 Card Game 3:00 Happy Hour 6:00 Nature Films	18 9:00 Sit & Be Fit 9:30 Daily Chronicle 10:00 Morning Social 11:00 Group Singing 1:30 Board Games 2:30 Gardeners Gather 3:00 Saturday Matinee 6:00 Evening News
19 9:00 Catholic Mass 10:00 Thoughts of Gratitude 10:30 Flex & Bend 11:00 Current Events 2:00 Bingo Royal 3:00 Back in Time 3:30 Bowling 6:00 Evening Movie	20 9:00 Move & Groove 9:30 Mind Stretcher 10:00 Creative Corner 11:00 Looking Back 2:00 Music W/Will & Judy 2:30 Arts & Crafts 3:30 Walk & Roll 6:00 Evening News	21 9:00 Bend & Stretch 9:30 Headliners 10:00 Dance Therapy 11:00 Sing-a-long 1:30 Touring Museums 2:30 Ice Cream Social 3:30 Seated Yoga 6:00 Evening Movie	22 Fall Begins 9:00 Let's get fit 9:30 Mind Benders 10:00 Group Singing 11:00 Luau -Luncheon 1:30 Glamour Hour 2:30 Bingo 3:30 Beat Walk 6:00 Evening Movie	23 9:00 Tap & Sway 9:30 Brain Teaser 10:00 Morning Social 11:00 Parachute 1:30 Creature Feature 2:30 Chef's Corner 3:30 Wheeling 6:00 Classic Movie	24 9:00 Bend & Flex 9:30 Active Minds 10:00 That makes sense 11:00 Flying Balloon 1:30 Tales with a Twist 2:30 Guessing Game 3:00 Happy Hour w/ M&K 6:00 Nature Films	25 9:00 Sit & Be Fit 9:30 Daily Chronicle 10:00 Morning Social 11:00 Group Singing 1:30 Board Games 2:30 Gardeners Gather 3:30 Saturday Matinee 6:00 Evening News
26 9:00 Catholic Mass 10:00 Thoughts of Gratitude 10:30 Flex & Bend 11:00 Current Events 2:00 Bingo Royal 3:00 Back in Time 3:30 Bowling 6:00 Evening Movie	27 9:00 Exercise 9:30 Mind Stretcher 10:00 Creative Corner 10:30 Arts & Crafts 11:00 Looking Back 2:00 Music w/ Will & Judy 2:30 Walk & Roll 6:00 Evening Movie	28 9:00 Bend & Stretch 9:30 Headliners 10:00 Dance Therapy 11:00 Sing-a-long 1:30 Touring Museums 2:30 Ice Cream Social 3:30 Seated Yoga 6:00 Evening Movie	29 9:00 Let's get fit 9:30 Mind Benders 10:00 Group Singing 11:00 Spirit Lifter 1:30 Pretty Nails 2:30 Bingo 3:30 Beat Walk 6:00 Evening Movie	30 9:00 Tap & Sway 9:30 Brain Teaser 10:00 Morning Social 11:00 Parachute 1:30 Cultural Studies 2:30 Art Expression 3:30 Wheeling 6:00 Classic Movie		