Life Enrichment-AL White Oak Assisted Living Health Campus

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce I - Lifelong Learning M - Music to My Ears	O - Out & About S - Signature Events V - Vitality	<u>Birthdays</u>	1 1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K 10:45 Wacky Wordies- ALD A 2:00 Nature Walk Flower Craft- AR	2 1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD IG10:45 Gone Fishing- O A 1:30 Flower Arranging- AR K 3:00 Bingo- HCD M 5:45 Jeff Anderson - AL Entrance	9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K10:30 Jeopardy-400 Lobby M 2:30 Gil Noaker- Happy Hour!- AL Entrance	1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K 10:45 Nerf Poker -ALD M 1:30 Relaxing Music & Coloring- AR I 3:00 Our Daily Bread Reading- AR
I 9:00 Inspired Living/Gospel Hymns on Lifeshare Room to Room L 9:30 The Daily Chronicle & Friendly Visits M10:30 Sunday Morning Old Time Hymn Sing-ALD GF 2:30 Sunday Matinee & Popcorn-HCD	Labor Day  1 9:30 The Daily Chronicle & Friendly Visits  V 9:45 Morning Stretch- ALD  K 10:45 September Monthly Gazette - ALD  CC 1:30 Inspired Living Committee-AR  K 3:00 Bingo- HCD	7 Rosh Hashanah Begins  L 9:30 The Daily Chronicle & Friendly Visits  V 9:45 Morning Stretch-ALD  O10:30 Walmart-O  CC10:45 Chef Circle-ALD  A 1:30 Nails- AR  K 3:00 Bingo- HCD	Decided as a second street of the second street of	CC 7:00 Hero's Breakfast 1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD G10:45 Gone Fishing- O A 1:30 Flower Arranging- AR K 3:00 Bingo- HCD I 6:00 Pastor Roberts- 400 Lobby	10 1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K 10:30 Jeopardy-400 Lobby M 2:30 Sam Piercy- Happy Hour- AL Entrance	11 1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K 10:45 Nerf Poker -ALD M 1:30 Relaxing Music & Coloring- AR I 3:00 Our Daily Bread Reading- AR
1 9:00 Inspired Living/Gospel Hymns on Lifeshare Room to Room L 9:30 The Daily Chronicle & Friendly Visits M 10:30 Sunday Morning Old Time Hymn Sing-ALD GF 2:30 Sunday Matinee & Popcorn-HCD	13  1 9:30 The Daily Chronicle & Friendly Visits  V 9:45 Morning Stretch- ALD  K 10:45 September EZ Does It Trivia -ALD  K 3:00 Bingo- HCD  M 6:00 Kent Lane- AL Entrance	14 L 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD O10:30 Scenic Drive- O CC10:45 Chef Circle-ALD K 3:00 Bingo- HCD	15 Yom Kippur Begins CC 9:00 Virtual Dementia Tour L 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K10:45 Wacky Wordies- ALD A 2:00 Recycled Burlap Wreath- AR	L 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD G10:45 Gone Fishing- O A 1:30 Flower Arranging- AR K 3:00 Bingo- HCD M 5:45 Jeff Anderson- AL Entrance	17 1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K 10:30 Jeopardy-400 Lobby M 2:30 Dogs Day of Summer Happy Hour - AL Courtyard	18 1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K 10:45 Nerf Poker -ALD M 1:30 Relaxing Music & Coloring- AR I 3:00 Our Daily Bread Reading- AR

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Living/Gospel Hymns on Lifeshare Room to Room  9:30 The Daily Chronicle & Friendly Visits	L 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K 10:45 September IQ - ALD K 3:00 Bingo- HCD M 6:00 Andrea Melton- AL Entrance	CC 7:00 World Alzheimer's Day- Wear Purple!  1 9:30 The Daily Chronicle & Friendly Visits  V 9:45 Morning Stretch-ALD  O10:30 Dollar General-O  CC10:45 Chef Circle-ALD  A 1:30 Nails- AR  K 3:00 Bingo- HCD	L 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K 10:45 Wacky Wordies- ALD CC 11:00 Banana Pudding Dessert- AR S 1:00 Campus Retreat- AL Entrance	1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD G10:45 Gone Fishing- O A 1:30 Flower Arranging- AR K 3:00 Bingo- HCD I 6:00 Pastor Roberts- ALL	L 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K10:30 Jeopardy-400 Lobby M 2:30 Happy Hour w/ Mike Almon- AL Entrance	L 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K 10:45 Nerf Poker -ALD M 1:30 Relaxing Music & Coloring- AR I 3:00 Our Daily Bread Reading- AR
Living/Gospel Hymns on Lifeshare Room to Room  9:30 The Daily Chronicle & Friendly Visits	D 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD GF10:30 Bingo Shopping Day-AR K 3:00 Bingo- HCD GG 6:00 Word Mining- ALD	L 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD O10:30 Scenic Drive- O CC10:45 Chef Circle-ALD K 3:00 Bingo- HCD	L 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K 10:45 Wacky Wordies- ALD CC 2:00 National Women's Health & Fitness Day- Group Walk- O	1. 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD IG10:45 Gone Fishing- O A 1:30 Flower Arranging- AR K 3:00 Bingo- HCD IGC 6:00 Hangman- ALD	Your Ombudsman is Andrea Smothers Her phone # 765-423- 5327	

Life Enrichment-HC White Oak Health Campus

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Mindful Moments	M - Music to My Ears O - Out & About S - Signature Events V - Vitality	<u>Birthdays</u>	1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch-ALD CC11:15 Chef Circle-SR MM11:45 Healthy Hands-HCD A 2:00 Nature Walk Flower Craft- AR MM 4:00 Whiff Wednesday-TS	2 1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD JG10:45 Gone Fishing- O MM11:45 Healthy Hands- HCD A 1:30 Flower Arranging- AR K 3:00 Bingo- HCD 4:00 Thinking Thursday- TS M 5:45 Jeff Anderson - AL	1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K 10:30 Jeopardy-400 Lobby V 11:15 Bowling-TS M 11:45 Healthy Hands- HCD M 2:30 Gil Noaker- Happy Hour!- AL Entrance M 4:00 Feel Good Friday-	1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K 10:45 Nerf Poker -ALD M 1:45 Healthy Hands- HCD M 1:30 Relaxing Music & Coloring- AR I 3:00 Our Daily Bread Reading- AR
Decided as the Daily Chronicle & Friendly Visits  10:30 Sunday Morning Old Time Hymn Sing-ALD  11:45 Healthy Hands-HCD  GF 2:30 Sunday Matinee & Popcorn-HCD  MN 4:00 Sensory Sunday-TS	Labor Day  1 9:30 The Daily Chronicle & Friendly Visits  V 9:45 Morning Stretch- ALD  V10:45 Nerf Poker-TS K10:45 September Monthly Gazette - ALD  M11:45 Healthy Hands- HCD  K 3:00 Bingo- HCD M 4:00 Music Monday- TS	7 Rosh Hashanah Begins  L 9:30 The Daily Chronicle & Friendly Visits  V 9:45 Morning Stretch- ALD  O10:30 Walmart-O M10:45 Noodle Ball-TS MN11:45 Healthy Hands- HCD  K 3:00 Bingo- HCD MN 4:00 Tasty Tuesday- TS	1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD CC11:15 Chef Circle-SR M11:45 Healthy Hands- HCD A 2:00 Thank You Cards & Posters for Hero's Breakfast- AR M1 4:00 Whiff Wednesday- TS	CC 7:00 Hero's Breakfast 1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD IG10:45 Gone Fishing- O MN11:45 Healthy Hands- HCD A 1:30 Flower Arranging- AR K 3:00 Bingo- HCD 4:00 Thinking Thursday- TS	10 1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD K10:30 Jeopardy-400 Lobby V11:15 Bowling-TS M11:45 Healthy Hands- HCD M 2:30 Sam Piercy- Happy Hour- AL Entrance M 4:00 Feel Good Friday- TS	11  1 9:30 The Daily Chronicle & Friendly Visits  V 9:45 Morning Stretch- ALD  K 10:45 Nerf Poker -ALD M 1:45 Healthy Hands- HCD  M 1:30 Relaxing Music & Coloring- AR  I 3:00 Our Daily Bread Reading- AR
12 Grandparent's Day  1 9:30 The Daily Chronicle & Friendly Visits  1 0:30 Sunday Morning Old Time Hymn Sing-ALD  1 1:45 Healthy Hands- HCD  GF 2:30 Sunday Matinee & Popcorn-HCD  1 2:30 Gospel Hour w/ Christine Thayer- AR  1 4:00 Sensory Sunday-	13 L 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD V10:45 Nerf Poker-TS K10:45 September EZ Does It Trivia -ALD M11:45 Healthy Hands- HCD K 3:00 Bingo- HCD M 4:00 Music Monday- TS M 6:00 Kent Lane- AL Entrance	14  1 9:30 The Daily Chronicle & Friendly Visits  V 9:45 Morning Stretch- ALD  010:30 Scenic Drive- O M10:45 Noodle Ball-TS M11:45 Healthy Hands- HCD  A 1:30 Nails- TS K 3:00 Bingo- HCD M1 4:00 Tasty Tuesday- TS	Yom Kippur Begins  CC 9:00 Virtual Dementia Tour  1 9:30 The Daily Chronicle & Friendly Visits  V 9:45 Morning Stretch- ALD  CC11:15 Chef Circle-SR M11:45 Healthy Hands- HCD  A 2:00 Recycled Burlap Wreath- AR M1 4:00 Whiff Wednesday- TS	16  1 9:30 The Daily Chronicle & Friendly Visits  V 9:45 Morning Stretch- ALD  G10:45 Gone Fishing- O MN11:45 Healthy Hands- HCD  A 1:30 Flower Arranging- AR  K 3:00 Bingo- HCD 4:00 Thinking Thursday- TS  M 5:45 Jeff Anderson- AL	17 19:30 The Daily Chronicle & Friendly Visits  V 9:45 Morning Stretch- ALD  K10:30 Jeopardy-400 Lobby V11:15 Bowling-TS M11:45 Healthy Hands- HCD M 2:30 Dogs Day of Summer Happy Hour - AL Courtyard	<ul> <li>9:30 The Daily Chronicle &amp; Friendly Visits</li> <li>9:45 Morning Stretch-ALD</li> <li>K10:45 Nerf Poker -ALD</li> <li>M11:45 Healthy Hands-HCD</li> <li>1:30 Relaxing Music &amp; Coloring- AR</li> <li>3:00 Our Daily Bread Reading- AR</li> </ul>

Life Enrichment-HC White Oak Health Campus

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22 Fall Begins	23	24	25
MN 1:45 Healthy Hands- HCD GF 2:30 Sunday Matinee & Popcorn-HCD MN 4:00 Sensory Sunday- TS	MN11:45 Healthy Hands- HCD K 3:00 Bingo- HCD MN 4:00 Music Monday- TS	CC 7:00 World Alzheimer's Day- Wear Purple!  1 9:30 The Daily Chronicle & Friendly Visits  V 9:45 Morning Stretch- ALD  O10:30 Dollar General-O M10:45 Noodle Ball-TS M11:45 Healthy Hands- HCD  K 3:00 Bingo- HCD	Chronicle & Friendly Visits  V 9:45 Morning Stretch- ALD  11:00 Banana Pudding Dessert- AR  CC11:15 Chef Circle-SR  M11:45 Healthy Hands- HCD  1:00 Campus Retreat- AL Entrance	Chronicle & Friendly Visits  V 9:45 Morning Stretch- ALD  G10:45 Gone Fishing- O M11:45 Healthy Hands- HCD  A 1:30 Flower Arranging- AR  K 3:00 Bingo- HCD 4:00 Thinking	Chronicle & Friendly Visits  V 9:45 Morning Stretch- ALD  K10:30 Jeopardy-400 Lobby  V11:15 Bowling-TS V11:15 Bowling-TS M11:45 Healthy Hands- HCD  M 2:30 Happy Hour w/	P:30 The Daily Chronicle & Friendly Visits P:45 Morning Stretch- ALD K10:45 Nerf Poker -ALD M11:45 Healthy Hands- HCD M1:30 Relaxing Music & Coloring- AR I 3:00 Our Daily Bread Reading- AR
	M 6:00 Andrea Melton- AL Entrance	M 4:00 Tasty Tuesday- TS	MN 4:00 Whiff Wednesday- TS	Thursday- TS  6:00 Pastor Roberts-	Mike Almon- AL Entrance	
MN11:45 Healthy Hands- HCD GF 2:30 Sunday Matinee & Popcorn-HCD MN 4:00 Sensory Sunday- TS	27  L 9:30 The Daily Chronicle & Friendly Visits  V 9:45 Morning Stretch- ALD  GF10:30 Bingo Shopping Day-AR	D9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD O10:30 Scenic Drive- O M10:45 Noodle Ball-TS M11:45 Healthy Hands- HCD A 1:30 Nails- TS K 3:00 Bingo- HCD M 4:00 Tasty Tuesday- TS	L 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD CC11:15 Chef Circle-SR MN11:45 Healthy Hands- HCD CC 2:00 National Women's Health & Fitness Day- Group Walk- O MN 4:00 Whiff Wednesday- TS	1 9:30 The Daily Chronicle & Friendly Visits V 9:45 Morning Stretch- ALD JG10:45 Gone Fishing- O MN11:45 Healthy Hands- HCD A 1:30 Flower Arranging- AR K 3:00 Bingo- HCD 4:00 Thinking Thursday- TS GG 6:00 Hangman- ALD	Your Ombudsman is Andrea Smothers and her phone number is 765- 423-5327	

Life Enrichment-MC White Oak Legacy Memory Care

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GC - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	The activity calendar is subject to change to meet our resident needs.	Happy Birthday! Shirley B 7th	V Ribbon Dance K Glorious Verbs! C Spiced Apple Oat Cookies Relax & Recharge A Pressed Flowers M Create a Booming Song! G Nerf Gun Target Practice Healthy Hands GF A Time For Iced Tea! Nighttime Traditions	Let's Spell Summer Gazpacho Soup Relax & Recharge	Best Friends Twisted Banana Split Relax & Recharge Creative Storytelling September Happy Hour Word Works Healthy Hands	V Pump You Up K Summer Colors Vanilla Yogurt & Blueberry Parfait Relax & Recharge A Fleece Blankets M College Football Fight Songs GG State Plate Game Healthy Hands GF Evening On The Porch Nighttime Traditions
V Soccer K Affirming Friends Mint Melon Salad Relax & Recharge A Wrap n' Llama M Music Makes You Happier GG Aim for the Stars Healthy Hands GF Aqua Painting Nighttime Traditions	Move it Monday Inspired Tales Labor Day Icebox Berry Cheesecake Relax & Recharge Labor Day Cards A Fresh Flower Centerpieces M School Days GG Horseshoes Healthy Hands GF Patio Hangman Nighttime Traditions	7 Rosh Hashanah Begins  V Dance, Dance K American Landmarks C Broccoli Salad Relax & Recharge A Warm Vanilla Sugar Scrub M September Birthdays GG What Belongs Together? Healthy Hands GF Summer On The Patio! Nighttime Traditions	Chip Cookies Relax & Recharge Sunflower Painting Create a Booming Song! GG Nerf Gun Target Practice Healthy Hands	Healthy Hands	Disc Golf Best Friends Decadent Caramel Banana Cake Relax & Recharge Fall Leaf Garland September Happy Hour GG Word Works Healthy Hands Let's Get The Kids Ready For School! Nighttime Traditions	Pump You Up  Summer Colors Banana Breeze Relax & Recharge  Fleece Blankets  College Football Fight Songs  State Plate Game Healthy Hands  Fevening On The Porch Nighttime Traditions
V Soccer K Affirming Friends C Creamy Grape Salad Relax & Recharge A Grandparent's Day Family Tree M Music Makes You Happier GG Aim for the Stars Healthy Hands GF Aqua Painting Nighttime Traditions	Move it Monday Inspired Tales Mexican Street Corn Dip Relax & Recharge Slime Experiment Fresh Flower Centerpieces M School Days GG Horseshoes Healthy Hands GF Patio Hangman Nighttime Traditions	V Dance, Dance K American Landmarks C Apple Cinnamon Bread Relax & Recharge A The Dot Art Day 1 M September Birthdays G What Belongs Together? Healthy Hands GF Summer On The Patio! Nighttime Traditions	<ul> <li>Glorious Verbs!</li> <li>Toasted Coconut Cream         Pie         Relax &amp; Recharge</li> <li>The Dot Art Day 2</li> <li>Create a Booming Song!</li> <li>Nerf Gun Target Practice         Healthy Hands</li> <li>A Time For Iced Tea!         Gospel Hour with</li> </ul>	What a Wonderful World Chair Yoga Let's Spell Summer Homemade Guacamole & Sangria Relax & Recharge Clay Mountain Photo Holder Day 1 M Shake It Up, Baby! GG Ladder Ball Healthy Hands GF Let's Go to The Beach Nighttime Traditions	<ul> <li>Best Friends</li> <li>Brown Sugar Granola</li> <li>Relax &amp; Recharge</li> <li>Clay Mountain Photo</li> <li>Holder Day 2</li> <li>September Happy Hour</li> <li>Word Works</li> </ul>	V Pump You Up K Summer Colors Brownie Walnut Chunk Cookies Relax & Recharge A Fleece Blankets M College Football Fight Songs GG State Plate Game Healthy Hands GF Evening On The Porch Nighttime Traditions

Life Enrichment-MC White Oak Legacy Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happier GG Aim for the Stars	A Fresh Flower	Healthy Hands	<ul> <li>Ribbon Dance</li> <li>Glorious Verbs!</li> <li>Roasted Root Vegetables Relax &amp; Recharge</li> <li>Rustic Wood Pumpkins</li> <li>Create a Booming Song!</li> <li>Nerf Gun Target Practice Healthy Hands</li> <li>A Time For Iced Tea! Nighttime Traditions</li> </ul>	Garlic Stuffed  Mushrooms  Relax & Recharge	Best Friends Peach Cobbler Muffins Relax & Recharge Nature Bookmarks September Happy Hour Word Works Healthy Hands	V Pump You Up K Summer Colors C Cheddar & Chive Drop Biscuits Relax & Recharge A Fleece Blankets M College Football Fight Songs G State Plate Game Healthy Hands GF Evening On The Porch Nighttime Traditions
Johnny Appleseed Bars Relax & Recharge  Fall Leaf Candle Mason Jar  M Music Makes You Happier  G Aim for the Stars	W Move it Monday Inspired Tales Roasted Eggplant w/ Creamy Yogurt Sauce Relax & Recharge Popcorn Fall Trees Fresh Flower Centerpieces School Days GG Horseshoes Healthy Hands Fratio Hangman Nighttime Traditions	GF Summer On The Patio!	Glorious Verbs! Pumpkin Cookies w/ Brown Butter Icing Relax & Recharge Clay Pinch Pots-Day2 Create a Booming Song! GG Nerf Gun Target Practice Healthy Hands GF A Time For Iced Tea!	What a Wonderful World Chair Yoga K Let's Spell Summer Pumpkin Dip Relax & Recharge A Have a Gentle Conversation M Shake It Up, Baby! GG Ladder Ball Healthy Hands GF Let's Go to The Beach Nighttime Traditions	Your Ombudsman is Andrea Smothers and her phone number is 765- 423-5327	