

# September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Welcome September! If you have any questions about the activities on the calendar, please feel free to ask a member of Life Enrichment :)</p>		<p>If you would like to go on an outing this month, please sign the "outing paper" that is passed around or see a member of Life Enrichment. We are happy to help!</p>	<p>1</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:00 Trilogy Fit  <b>CC</b> 10:45 Chef's Circle with Ashley  <b>O</b> 11:00 Lunch at Red Lobster  <b>K</b> 11:45 Wednesday Trivia  <b>GG</b> 2:30 Bingo  <b>S</b> 3:00 Resident Council</p>	<p>2</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:15 Trilogy Fit  <b>GF</b> 9:45 Coffee and Conversations  <b>K</b> 11:50 Daily Chronicle with Puzzles  <b>O</b> 2:00 Shopping at TJ Maxx  <b>IG</b> 3:00 Victory in Japan History Social</p>	<p>3</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:00 Trilogy Fit  <b>GF</b> 10:30 Hallway Nail Spa  <b>K</b> 11:50 Daily Chronicle with Puzzles  <b>L</b> 2:00 College Football Friday Trivia  <b>M</b> 2:30 National College Colors Happy Hour</p>	<p>4</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:00 Chair Dancing  <b>K</b> 9:30 National Wildlife Day (broadcast channel 2)  <b>CC</b> 10:00 No-Bake Cookies  <b>K</b> 11:50 Daily Chronicle with Puzzles  <b>GF</b> 1:45 Ice Cream on the Patio  <b>GG</b> 2:30 Bingo</p>
<p>5</p> <p><b>K</b> 8:30 Courtesy Cart  <b>I</b> 10:00 North Terrace Church Service-channel 3  <b>I</b> 10:30 Catholic Mass-channel 3 WHIZ  <b>K</b> 11:50 Daily Chronicle with Puzzles  <b>A</b> 1:30 Falling Leaves Tree Painting  <b>M</b> 3:30 Sing Along Hymns</p>	<p>6 Labor Day</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:15 Trilogy Fit  <b>A</b> 10:15 Jewelry Making  <b>K</b> 11:50 Daily Chronicle with Puzzles  <b>I</b> 1:20 Afternoon Devotions  <b>GG</b> 2:30 Bingo</p>	<p>7 Rosh Hashanah Begins</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:15 Trilogy Fit  <b>K</b> 10:15 Brain Fit  <b>L</b> 10:45 News in the Rooms  <b>K</b> 11:50 Daily Chronicle with Puzzles  <b>A</b> 1:30 Fun in Sun  <b>S</b> 3:30 Inspired Living Committee</p>	<p>8</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:15 Trilogy Fit  <b>CC</b> 10:45 Chef's Circle with Ashley  <b>O</b> 11:00 Lunch at Olive Garden  <b>K</b> 11:45 Wednesday Trivia  <b>GG</b> 2:30 Bingo  <b>M</b> 3:00 Lifeshare Name that Tune</p>	<p>9</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:15 Trilogy Fit  <b>GF</b> 10:00 Coffee and Conversations  <b>GF</b> 11:45 KFC for Lunch  <b>K</b> 11:50 Daily Chronicle with Puzzles  <b>O</b> 2:00 Shopping at 5 Below</p>	<p>10</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:00 Trilogy Fit  <b>GF</b> 10:30 Hallway Nail Spa  <b>K</b> 11:50 Daily Chronicle with Puzzles  <b>M</b> 2:30 Favorite Team Happy Hour</p>	<p>11</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:00 Chair Dancing  <b>K</b> 11:50 Daily Chronicle with Puzzles  <b>IG</b> 1:30 Just the Guys Football Fun  <b>GG</b> 2:30 Bingo</p>
<p>12 Grandparent's Day</p> <p><b>K</b> 8:30 Courtesy Cart  <b>I</b> 10:00 North Terrace Church Service-channel 3  <b>I</b> 10:30 Catholic Mass-channel 3 WHIZ  <b>K</b> 11:50 Daily Chronicle with Puzzles  <b>A</b> 1:30 Art Fun  <b>M</b> 3:30 Sing Along Hymns</p>	<p>13</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:15 Trilogy Fit  <b>A</b> 10:15 Jewelry Making  <b>K</b> 11:50 Daily Chronicle with Puzzles  <b>I</b> 1:20 Afternoon Devotions  <b>GG</b> 2:30 Bingo</p>	<p>14</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:15 Trilogy Fit  <b>L</b> 10:45 News in the Rooms  <b>K</b> 11:50 Daily Chronicle with Puzzles  <b>A</b> 1:30 Crafter's Corner</p>	<p>15 Yom Kippur Begins</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:15 Trilogy Fit  <b>CC</b> 10:45 Chef's Circle with Ashley  <b>O</b> 11:00 Lunch at Dairy Queen  <b>K</b> 11:45 Wednesday Trivia  <b>GG</b> 2:30 Bingo  <b>M</b> 3:00 Lifeshare Name that Tune</p>	<p>16</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:15 Trilogy Fit  <b>GF</b> 10:00 Coffee and Conversations  <b>K</b> 11:50 Daily Chronicle with Puzzles  <b>O</b> 2:00 Shopping at Walmart</p>	<p>17</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:00 Trilogy Fit  <b>GF</b> 10:30 Hallway Nail Spa  <b>K</b> 11:50 Daily Chronicle with Puzzles  <b>M</b> 2:30 NFL Happy Hour</p>	<p>18</p> <p><b>K</b> 8:30 Courtesy Cart  <b>V</b> 9:00 Chair Dancing  <b>K</b> 11:50 Daily Chronicle with Puzzles  <b>K</b> 1:30 Football Trivia  <b>GG</b> 2:30 Bingo  3:30 Virtual Football Game (channel 2)</p>

# September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b> <b>K</b> 8:30 Courtesy Cart <b>I</b> 10:00 North Terrace Church Service-channel 3 <b>I</b> 10:30 Catholic Mass-channel 3 WHIZ <b>K</b> 11:50 Daily Chronicle with Puzzles <b>A</b> 1:30 Marker Creation <b>M</b> 3:30 Sing Along Hymns	<b>20</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:15 Trilogy Fit <b>A</b> 10:15 Jewelry Making <b>K</b> 11:50 Daily Chronicle with Puzzles <b>I</b> 1:20 Afternoon Devotions <b>GG</b> 2:30 Bingo	<b>21</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:15 Trilogy Fit <b>L</b> 10:45 News in the Rooms <b>K</b> 11:50 Daily Chronicle with Puzzles <b>A</b> 1:30 Crafter's Corner	<b>22</b> Fall Begins <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:15 Trilogy Fit <b>CC</b> 10:45 Chef's Circle with Ashley <b>O</b> 11:15 Lunch at Pizza Cottage <b>K</b> 11:45 Wednesday Trivia <b>GG</b> 2:30 Bingo <b>M</b> 3:00 Lifeshare Name that Tune	<b>23</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:15 Trilogy Fit <b>GF</b> 10:00 Coffee and Conversations <b>K</b> 11:50 Daily Chronicle with Puzzles <b>S</b> 2:00 Fall Festival Retreat	<b>24</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:00 Trilogy Fit <b>GF</b> 10:30 Hallway Nail Spa <b>K</b> 11:50 Daily Chronicle with Puzzles <b>K</b> 1:30 Fall Apple Puzzle <b>M</b> 2:30 Apple Tasting Happy Hour	<b>25</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:00 Chair Dancing <b>K</b> 11:50 Daily Chronicle with Puzzles <b>GG</b> 2:30 Bingo
<b>26</b> <b>K</b> 8:30 Courtesy Cart <b>I</b> 10:00 North Terrace Church Service-channel 3 <b>I</b> 10:30 Catholic Mass-channel 3 WHIZ <b>K</b> 11:50 Daily Chronicle with Puzzles <b>A</b> 1:30 Apple Painting <b>M</b> 3:30 Sing Along Hymns	<b>27</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:15 Trilogy Fit <b>A</b> 10:15 Jewelry Making <b>K</b> 11:50 Daily Chronicle with Puzzles <b>I</b> 1:20 Afternoon Devotions <b>GG</b> 2:30 Bingo	<b>28</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:15 Trilogy Fit <b>L</b> 10:45 News in the Rooms <b>K</b> 11:50 Daily Chronicle with Puzzles <b>A</b> 1:30 Crafter's Corner	<b>29</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:15 Trilogy Fit <b>CC</b> 10:45 Chef's Circle with Ashley <b>O</b> 11:15 Lunch at Mizu's <b>K</b> 11:45 Wednesday Trivia <b>GG</b> 2:30 Bingo <b>M</b> 3:00 Lifeshare Name that Tune	<b>30</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:15 Trilogy Fit <b>GF</b> 10:00 Coffee and Conversations <b>K</b> 11:50 Daily Chronicle with Puzzles <b>O</b> 2:00 Shopping at Kohls <b>L</b> 6:30 Virtual Tour to Famous Museum in New York		



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HELLO September! If you have any questions about the activities, please ask. It is our pleasure to help.		If you would like to go on an outing this month, please fill out the "outing sheet" or see a member of Life Enrichment. We are happy to help!	<b>1</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:00 Cardio <b>O</b> 11:00 Lunch at Red Lobster <b>MM</b> 11:00 Theme Sensations-Hand Massages <b>K</b> 11:45 Wednesday Trivia <b>S</b> 1:30 Resident Council <b>GG</b> 2:30 Bingo <b>CC</b> 3:00 Chef's Circle	<b>2</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:15 Exercise <b>GF</b> 9:45 Coffee and Conversations <b>MM</b> 11:00 Theme Sensations-Laundry <b>K</b> 11:50 Daily Chronicle with Puzzles <b>O</b> 2:00 Shopping at TJ Maxx <b>IG</b> 3:00 Victory in Japan History Social	<b>3</b> <b>K</b> 8:30 Courtesy Cart <b>GF</b> 10:30 Hallway Nail Spa <b>K</b> 11:50 Daily Chronicle with Puzzles <b>MM</b> 1:40 Sensory Connection-Baby <b>L</b> 2:00 College Football Friday Trivia <b>M</b> 2:30 National College Colors Happy Hour	<b>4</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:00 Chair Dancing <b>K</b> 9:30 National Wildlife Day (broadcast channel 2) <b>MM</b> 10:30 Theme Sensations-Cooking <b>K</b> 11:50 Daily Chronicle with Puzzles <b>GG</b> 2:30 Bingo
<b>5</b> <b>K</b> 8:30 Courtesy Cart <b>MM</b> 9:00 Theme Sensations-Garden <b>I</b> 10:00 North Terrace Church Service-channel 3 <b>I</b> 10:30 Catholic Mass-channel 3 WHIZ <b>K</b> 11:50 Daily Chronicle with Puzzles <b>A</b> 1:30 Falling Leaves Tree Painting <b>M</b> 3:30 Sing Along Hymns	<b>6 Labor Day</b> <b>K</b> 8:30 Courtesy Cart <b>A</b> 10:15 Jewelry Making <b>MM</b> 11:00 Theme Sensations-Work <b>K</b> 11:50 Daily Chronicle with Puzzles <b>I</b> 1:20 Afternoon Devotions <b>L</b> 1:30 Dream with Virtual Reality <b>GG</b> 2:30 Bingo	<b>7 Rosh Hashanah Begins</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:15 Chair Yoga <b>MM</b> 10:00 Theme Sensations <b>L</b> 10:45 News in the Rooms <b>K</b> 11:50 Daily Chronicle with Puzzles <b>A</b> 1:30 Fun in Sun <b>S</b> 3:30 Inspired Living Committee	<b>8</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:00 Cardio <b>O</b> 11:00 Lunch at Olive Garden <b>MM</b> 11:00 Theme Sensations-Hand Massages <b>K</b> 11:45 Wednesday Trivia <b>GG</b> 2:30 Bingo <b>CC</b> 3:00 Chef's Circle <b>M</b> 3:00 Lifeshare Name that Tune	<b>9</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:15 Exercise <b>GF</b> 10:00 Coffee and Conversations <b>MM</b> 11:00 Theme Sensations-Laundry <b>GF</b> 11:45 KFC for Lunch <b>K</b> 11:50 Daily Chronicle with Puzzles <b>O</b> 2:00 Shopping at 5 Below	<b>10</b> <b>K</b> 8:30 Courtesy Cart <b>GF</b> 10:30 Hallway Nail Spa <b>K</b> 11:50 Daily Chronicle with Puzzles <b>MM</b> 1:40 Sensory Connection-Baby <b>M</b> 2:30 Favorite Team Happy Hour	<b>11</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:00 Chair Dancing <b>MM</b> 10:30 Theme Sensations-Cooking <b>K</b> 11:50 Daily Chronicle with Puzzles <b>IG</b> 1:30 Just the Guys Football Fun <b>GG</b> 2:30 Bingo
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<b>19</b> <b>K</b> 8:30 Courtesy Cart <b>MM</b> 9:00 Theme Sensations-Garden <b>I</b> 10:00 North Terrace Church Service-channel 3 <b>I</b> 10:30 Catholic Mass-channel 3 WHIZ <b>K</b> 11:50 Daily Chronicle with Puzzles <b>A</b> 1:30 Marker Creation <b>M</b> 3:30 Sing Along Hymns	<b>20</b> <b>K</b> 8:30 Courtesy Cart <b>A</b> 10:15 Jewelry Making <b>MM</b> 11:00 Theme Sensations-Work <b>K</b> 11:50 Daily Chronicle with Puzzles <b>I</b> 1:20 Afternoon Devotions <b>L</b> 1:30 Dream with Virtual Reality <b>GG</b> 2:30 Bingo	<b>21</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:15 Chair Yoga <b>MM</b> 10:00 Theme Sensations <b>L</b> 10:45 News in the Rooms <b>K</b> 11:50 Daily Chronicle with Puzzles <b>A</b> 1:30 Crafter's Corner	<b>22</b> Fall Begins <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:00 Cardio <b>MM</b> 11:00 Theme Sensations-Hand Massages <b>O</b> 11:15 Lunch at Pizza Cottage <b>K</b> 11:45 Wednesday Trivia <b>GG</b> 2:30 Bingo <b>CC</b> 3:00 Chef's Circle <b>M</b> 3:00 Lifeshare Name that Tune	<b>23</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:15 Exercise <b>GF</b> 10:00 Coffee and Conversations <b>MM</b> 11:00 Theme Sensations-Laundry <b>K</b> 11:50 Daily Chronicle with Puzzles <b>S</b> 2:00 Fall Festival Retreat	<b>24</b> <b>K</b> 8:30 Courtesy Cart <b>GF</b> 10:30 Hallway Nail Spa <b>K</b> 11:50 Daily Chronicle with Puzzles <b>MM</b> 1:40 Sensory Connection-Baby <b>M</b> 2:30 Apple Tasting Happy Hour	<b>25</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:00 Chair Dancing <b>MM</b> 10:30 Theme Sensations-Cooking <b>K</b> 11:50 Daily Chronicle with Puzzles <b>GG</b> 2:30 Bingo
<b>26</b> <b>K</b> 8:30 Courtesy Cart <b>MM</b> 9:00 Theme Sensations-Garden <b>I</b> 10:00 North Terrace Church Service-channel 3 <b>I</b> 10:30 Catholic Mass-channel 3 WHIZ <b>K</b> 11:50 Daily Chronicle with Puzzles <b>A</b> 1:30 Apple Painting <b>M</b> 3:30 Sing Along Hymns	<b>27</b> <b>K</b> 8:30 Courtesy Cart <b>A</b> 10:15 Jewelry Making <b>MM</b> 11:00 Theme Sensations-Work <b>K</b> 11:50 Daily Chronicle with Puzzles <b>I</b> 1:20 Afternoon Devotions <b>L</b> 1:30 Dream with Virtual Reality <b>GG</b> 2:30 Bingo	<b>28</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:15 Chair Yoga <b>MM</b> 10:00 Theme Sensations <b>L</b> 10:45 News in the Rooms <b>K</b> 11:50 Daily Chronicle with Puzzles <b>A</b> 1:30 Crafter's Corner	<b>29</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:00 Cardio <b>MM</b> 11:00 Theme Sensations-Hand Massages <b>O</b> 11:15 Lunch at Mizu's <b>K</b> 11:45 Wednesday Trivia <b>GG</b> 2:30 Bingo <b>CC</b> 3:00 Chef's Circle <b>M</b> 3:00 Lifeshare Name that Tune	<b>30</b> <b>K</b> 8:30 Courtesy Cart <b>V</b> 9:15 Exercise <b>GF</b> 10:00 Coffee and Conversations <b>MM</b> 11:00 Theme Sensations-Laundry <b>K</b> 11:50 Daily Chronicle with Puzzles <b>O</b> 2:00 Shopping at Kohls <b>L</b> 6:30 Virtual Tour to Famous Museum in New York		