

# September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p> <b>A</b> - Artisans  <b>GF</b> - Gathering of Friends  <b>GG</b> - Group Games  <b>I</b> - Inspirations  <b>K</b> - Keeping it Sharp/Reminisce  <b>L</b> - Lifelong Learning  <b>M</b> - Music to My Ears  <b>O</b> - Out &amp; About  <b>S</b> - Signature Events  <b>V</b> - Vitality         </p>	<p>Activities and Locations subject to change. Please check Life Share daily for updates or changes.</p>	<p>           #1 HC Activity Room            #2 HC Piano Room            #3 HC Dining Room            #4 AL Dining Room            #5 Central Perk            #6 HC Sun Room            #8 HC Patio            #9 AL Patio            #10 AL Activity Room         </p>	<p> <b>1</b>  <b>I</b> 10:00 Ted Talk Time  <b>A</b> 10:30 Fall Canvas Painting  <b>S</b> 1:00 Chef Circle  <b>L</b> 2:00 Soul Fit with Megan  <b>GF</b> 3:00 Movie Time         </p>	<p> <b>2</b>  <b>V</b> 10:00 Seated Yoga  <b>L</b> 10:30 Volcano Experiment  <b>V</b> 2:00 Water Balloon Fight  <b>K</b> 2:30 Activity Cart Deliveries  <b>K</b> 5:30 Name 5 Game         </p>	<p> <b>3</b>  <b>V</b> 10:00 Trilogy Fit  <b>GG</b> 10:30 Bingo  <b>M</b> 1:30 Concert Series  <b>S</b> 2:00 Happy Hour         </p>	<p> <b>4</b>  <b>V</b> 10:30 Saturday Stretch  <b>M</b> 11:00 Songburst  <b>K</b> 2:30 Trivia         </p>
<p> <b>5</b>  <b>I</b> 10:30 Rosary  <b>K</b> 11:00 Left, Right, Center  <b>GF</b> 1:30 Sunday Patio Time         </p>	<p> <b>6</b> Labor Day  <b>I</b> 10:00 Rosary  <b>V</b> 10:30 Minute to Win it  <b>GG</b> 1:30 Bingo  <b>A</b> 3:00 Fall Decoration Art         </p>	<p> <b>7</b> Rosh Hashanah Begins  <b>O</b> 10:00 Tour of Putnam County  <b>M</b> 1:00 Making Musical Instruments  <b>V</b> 1:30 Trilogy Fit  <b>K</b> 2:30 Activity Cart Deliveries         </p>	<p> <b>8</b>  <b>I</b> 10:00 What I Like about You  <b>A</b> 10:30 Scrapbooking  <b>S</b> 1:00 Chef Circle  <b>M</b> 2:00 Name That Tune  <b>GF</b> 3:00 Movie Time         </p>	<p> <b>9</b>  <b>V</b> 10:00 Seated Zumba  <b>L</b> 10:30 Making Slime  <b>A</b> 1:30 Flower Pressing  <b>K</b> 2:30 Activity Cart Deliveries  <b>K</b> 5:30 Family Feud         </p>	<p> <b>10</b>  <b>V</b> 10:00 Trilogy Fit  <b>GG</b> 10:30 Bingo  <b>M</b> 1:30 Concert Series  <b>S</b> 2:00 Happy Hour and Temporary Tattoos         </p>	<p> <b>11</b>  <b>V</b> 10:30 Saturday Stretch  <b>M</b> 11:00 Songburst  <b>I</b> 2:30 9/11 Memorial         </p>
<p> <b>12</b> Grandparent's Day  <b>I</b> 10:30 Rosary  <b>K</b> 11:00 Left, Right, Center  <b>GF</b> 1:30 Sunday Patio Time         </p>	<p> <b>13</b>  <b>I</b> 10:00 Rosary  <b>V</b> 10:30 Exercise Dice  <b>GG</b> 1:30 Bingo  <b>A</b> 3:00 Yarn Birds         </p>	<p> <b>14</b>  <b>GF</b> 10:00 Game Time  <b>M</b> 10:30 Making Music  <b>O</b> 1:30 Trip to Walmart  <b>K</b> 2:30 Activity Cart Deliveries         </p>	<p> <b>15</b> Yom Kippur Begins  <b>I</b> 10:00 Ted Talk Time  <b>GF</b> 10:30 Bingo  <b>S</b> 1:00 Chef Circle  <b>M</b> 2:00 Musical Couples  <b>GF</b> 3:00 Movie Time         </p>	<p> <b>16</b>  <b>V</b> 10:00 Seated Yoga  <b>A</b> 10:30 Rainbow Art  <b>K</b> 1:30 The Price is Right  <b>K</b> 2:30 Activity Cart Deliveries  <b>K</b> 5:30 5 Card Flip         </p>	<p> <b>17</b> International Country Music Day  <b>V</b> 10:00 Seated Line Dancing  <b>A</b> 10:30 Decorating Cowboy Hats  <b>M</b> 1:30 Country Music Series  <b>S</b> 2:00 Happy Hour         </p>	<p> <b>18</b>  <b>V</b> 10:30 Saturday Stretch  <b>M</b> 11:00 Songburst  <b>K</b> 2:30 Trivia         </p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b> <b>I</b> 10:30 Rosary <b>K</b> 11:00 Left, Right, Center <b>GF</b> 1:30 Sunday Patio Time	<b>20</b> <b>I</b> 10:00 Rosary <b>V</b> 10:30 Minute to Win it <b>GG</b> 1:30 Bingo <b>A</b> 3:00 Flower Resin Pour	<b>21</b> <b>GF</b> 10:00 Game Time <b>M</b> 10:30 Making Music <b>V</b> 1:30 Trilogy Fit <b>K</b> 2:30 Activity Cart Deliveries	<b>22</b> Fall Begins <b>I</b> 10:00 Affirmation Cards <b>A</b> 10:30 Fall Decoration Art <b>S</b> 1:00 Chef Circle <b>M</b> 2:00 Name That Tune <b>GF</b> 3:00 Movie Time	<b>23</b> <b>V</b> 10:00 Seated Zumba <b>L</b> 10:30 Galaxy Jars <b>K</b> 2:30 Activity Cart Deliveries <b>K</b> 5:30 Name 5 Game	<b>24</b> <b>V</b> 10:00 Trilogy Fit <b>GG</b> 10:30 Bingo <b>M</b> 1:30 Concert Series <b>S</b> 2:00 Happy Hour	<b>25</b> <b>V</b> 10:30 Saturday Stretch <b>M</b> 11:00 Songburst <b>K</b> 2:30 Trivia
<b>26</b> <b>I</b> 10:30 Rosary <b>K</b> 11:00 Left, Right, Center <b>GF</b> 1:30 Sunday Patio Time	<b>27</b> <b>I</b> 10:00 Rosary <b>V</b> 10:30 Exercise Dice <b>GG</b> 1:30 Bingo <b>A</b> 3:00 Marble Painting	<b>28</b> <b>GF</b> 10:00 Game Time <b>10:30</b> Resident Council <b>V</b> 1:30 Trilogy Fit <b>K</b> 2:30 Activity Cart Deliveries	<b>29</b> <b>I</b> 10:00 Ted Talk Time <b>A</b> 10:30 Scrapbooking <b>S</b> 1:00 Chef Circle <b>M</b> 2:00 Musical Matching <b>GF</b> 3:00 Movie Time	<b>30</b> <b>V</b> 10:00 Seated Yoga <b>L</b> 10:30 Density Tower <b>K</b> 1:30 Family Feud <b>K</b> 2:30 Activity Cart Deliveries <b>K</b> 5:30 5 Card Flip		



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<p><b>A</b> - Artisans  <b>GF</b> - Gathering of Friends  <b>GG</b> - Group Games  <b>I</b> - Inspirations  <b>K</b> - Keeping it Sharp/Reminisce  <b>L</b> - Lifelong Learning  <b>M</b> - Mindful Moments  <b>M</b> - Music to My Ears  <b>O</b> - Out &amp; About  <b>S</b> - Signature Events</p>	<p><b>V</b> - Vitality</p>	<p>#1 HC Activity Room  #2 HC Piano Room  #3 HC Dining Room  #4 AL Dining Room  #5 Central Perk  #6 HC Sun Room  #8 HC Patio  #9 AL Patio  #10 AL Activity Room</p>	<p><b>1</b>  <b>V</b> 9:30 Seated Yoga  <b>A</b> 10:00 Fall Canvas Painting  <b>MM</b> 11:00 Mindful Moments  <b>K</b> 1:30 Show Time</p>	<p><b>2</b>  <b>L</b> 9:30 Volcano Experiment  <b>K</b> 10:00 Bingo  <b>MM</b> 11:00 Mindful Moments  <b>V</b> 2:00 Water Balloon Fight</p>	<p><b>3</b>  <b>V</b> 9:30 Friday Fitness  <b>I</b> 10:00 Inspirations  <b>MM</b> 11:00 Mindful Moments  <b>M</b> 1:30 Concert Series  <b>S</b> 2:00 Happy Hour</p>	<p><b>4</b>  <b>V</b> 9:30 Saturday Stretch  <b>K</b> 10:00 Trivia  <b>MM</b> 11:00 Mindful Moments  <b>GF</b> 1:30 Game Time</p>
<p><b>5</b>  <b>I</b> 9:30 Rosary  <b>K</b> 10:00 Left, Right, Center  <b>MM</b> 11:00 Mindful Moments  <b>GF</b> 1:30 Sunday Patio Time</p>	<p><b>6 Labor Day</b>  <b>V</b> 9:30 Trilogy Fit  <b>K</b> 10:00 Target Practice  <b>MM</b> 11:00 Mindful Moments  <b>GG</b> 1:30 Bingo</p>	<p><b>7 Rosh Hashanah Begins</b>  <b>I</b> 9:30 Rosary  <b>M</b> 10:00 Making Musical Instruments  <b>MM</b> 11:00 Mindful Moments  1:30 Chef Circle  <b>K</b> 2:30 Activity Cart Deliveries</p>	<p><b>8</b>  <b>V</b> 9:30 Seated Zumba  <b>A</b> 10:00 Flower Pressing  <b>MM</b> 11:00 Mindful Moments  <b>K</b> 1:30 Show Time</p>	<p><b>9</b>  <b>L</b> 9:30 Making Slime  <b>K</b> 10:00 Cover That Number  <b>MM</b> 11:00 Mindful Moments  <b>GG</b> 1:30 Bingo  <b>K</b> 2:30 Activity Cart Deliveries</p>	<p><b>10</b>  <b>V</b> 9:30 Friday Fitness  <b>I</b> 10:00 Affirmation Cards  <b>MM</b> 11:00 Mindful Moments  <b>M</b> 1:30 Concert Series  <b>S</b> 2:00 Happy Hour and Temporary Tattoos</p>	<p><b>11</b>  <b>V</b> 9:30 Saturday Stretch  <b>K</b> 10:00 Trivia  <b>MM</b> 11:00 Mindful Moments  <b>L</b> 1:30 9/11 Memorial</p>
<p><b>12 Grandparent's Day</b>  <b>I</b> 9:30 Rosary  <b>K</b> 10:00 Uno  <b>MM</b> 11:00 Mindful Moments  <b>GF</b> 1:30 Sunday Patio Time</p>	<p><b>13</b>  <b>V</b> 9:30 Trilogy Fit  <b>K</b> 10:00 5 Card Flip  <b>MM</b> 11:00 Mindful Moments  <b>GG</b> 1:30 Bingo</p>	<p><b>14</b>  <b>I</b> 9:30 Rosary  <b>M</b> 10:00 Making Music  <b>MM</b> 11:00 Mindful Moments  1:30 Chef Circle  <b>K</b> 2:30 Activity Cart Deliveries</p>	<p><b>15 Yom Kippur Begins</b>  <b>V</b> 9:30 Seated Yoga  <b>A</b> 10:00 Yarn Birds  <b>MM</b> 11:00 Mindful Moments  <b>K</b> 1:30 Show Time</p>	<p><b>16</b>  <b>O</b> 9:30 Trip to Walmart  <b>MM</b> 11:00 Mindful Moments  <b>GG</b> 1:30 Bingo  <b>K</b> 2:30 Activity Cart Deliveries</p>	<p><b>17</b>  International Country Music Day  <b>V</b> 9:30 Seated Line Dancing  <b>A</b> 10:00 Decorating Cowboy Hats  <b>MM</b> 11:00 Mindful Moments  <b>M</b> 1:30 Country Music Series  <b>S</b> 2:00 Happy Hour</p>	<p><b>18</b>  <b>V</b> 9:30 Saturday Stretch  <b>K</b> 10:00 Trivia  <b>MM</b> 11:00 Mindful Moments  <b>GF</b> 1:30 Game Time</p>

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<b>19</b> <b>I</b> 9:30 Rosary <b>K</b> 10:00 Left, Right, Center <b>MM</b> 11:00 Mindful Moments <b>GF</b> 1:30 Sunday Patio Time	<b>20</b> <b>V</b> 9:30 Trilogy Fit <b>K</b> 10:00 Target Practice <b>MM</b> 11:00 Mindful Moments <b>GG</b> 1:30 Bingo	<b>21</b> <b>I</b> 9:30 Rosary <b>M</b> 10:00 Musical Matching <b>MM</b> 11:00 Mindful Moments 1:30 Chef Circle <b>K</b> 2:30 Activity Cart Deliveries	<b>22</b> Fall Begins <b>V</b> 9:30 Seated Zumba <b>A</b> 10:00 Fall Decoration Art <b>MM</b> 11:00 Mindful Moments <b>K</b> 1:30 Show Time	<b>23</b> <b>L</b> 9:30 Galaxy Jars <b>K</b> 10:00 Cover That Number <b>MM</b> 11:00 Mindful Moments <b>GG</b> 1:30 Bingo <b>K</b> 2:30 Activity Cart Deliveries	<b>24</b> <b>V</b> 9:30 Friday Fitness <b>I</b> 10:00 Inspirations <b>MM</b> 11:00 Mindful Moments <b>M</b> 1:30 Concert Series <b>S</b> 2:00 Happy Hour	<b>25</b> <b>V</b> 9:30 Saturday Stretch <b>K</b> 10:00 Trivia <b>MM</b> 11:00 Mindful Moments <b>GF</b> 1:30 Game Time
<b>26</b> <b>I</b> 9:30 Rosary <b>K</b> 10:00 Uno <b>MM</b> 11:00 Mindful Moments <b>GF</b> 1:30 Sunday Patio Time	<b>27</b> <b>V</b> 9:30 Trilogy Fit <b>K</b> 10:00 5 Card Flip <b>MM</b> 11:00 Mindful Moments <b>GG</b> 1:30 Bingo	<b>28</b> <b>O</b> 9:30 Tour of Putnam County <b>MM</b> 11:00 Mindful Moments 1:30 Chef Circle <b>K</b> 2:30 Activity Cart Deliveries	<b>29</b> <b>V</b> 9:30 Seated Yoga <b>A</b> 10:00 Rainbow Collage <b>MM</b> 11:00 Mindful Moments <b>K</b> 1:30 Show Time	<b>30</b> <b>I</b> 9:30 Rosary <b>M</b> 10:00 Musical Couples <b>MM</b> 11:00 Mindful Moments <b>GG</b> 1:30 Bingo <b>K</b> 2:30 Activity Cart Deliveries		



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> Ribbon Dance Glorious Verbs! Spiced Apple Oat Cookies Relax & Recharge Pressed Flowers Create a Booming Song! Nerf Gun Target Practice Healthy Hands A Time For Iced Tea! Nighttime Traditions	<b>2</b> What a Wonderful World Chair Yoga Let's Spell Summer Gazpacho Soup Relax & Recharge Newspaper Art Shake It Up, Baby! Ladder Ball Healthy Hands Let's Go to The Beach Nighttime Traditions	<b>3</b> Disc Golf Best Friends Twisted Banana Split Relax & Recharge Creative Storytelling September Happy Hour Word Works Healthy Hands Let's Get The Kids Ready For School! Nighttime Traditions	<b>4</b> Pump You Up Summer Colors Vanilla Yogurt & Blueberry Parfait Relax & Recharge Fleece Blankets College Football Fight Songs State Plate Game Healthy Hands Evening On The Porch Nighttime Traditions
<b>5</b> Soccer Affirming Friends Mint Melon Salad Relax & Recharge Wrap n' Llama Music Makes You Happier Aim for the Stars Healthy Hands Aqua Painting Nighttime Traditions	<b>6</b> Labor Day Move it Monday Inspired Tales Labor Day Icebox Berry Cheesecake Relax & Recharge Labor Day Cards School Days Horseshoes Healthy Hands Patio Hangman Nighttime Traditions	<b>7</b> Rosh Hashanah Begins Dance, Dance American Landmarks Broccoli Salad Relax & Recharge Warm Vanilla Sugar Scrub September Birthdays What Belongs Together? Healthy Hands Summer On The Patio! Nighttime Traditions	<b>8</b> Ribbon Dance Glorious Verbs! Grandma's Chocolate Chip Cookies Relax & Recharge Sunflower Painting Create a Booming Song! Nerf Gun Target Practice Healthy Hands A Time For Iced Tea! Nighttime Traditions	<b>9</b> What a Wonderful World Chair Yoga Let's Spell Summer Apple Pie Cake Relax & Recharge Chalk Prints Shake It Up, Baby! Ladder Ball Healthy Hands Let's Go to The Beach Nighttime Traditions	<b>10</b> Disc Golf Best Friends Decadent Caramel Banana Cake Relax & Recharge Fall Leaf Garland September Happy Hour Word Works Healthy Hands Let's Get The Kids Ready For School! Nighttime Traditions	<b>11</b> Pump You Up Summer Colors Banana Breeze Relax & Recharge Fleece Blankets College Football Fight Songs State Plate Game Healthy Hands Evening On The Porch Nighttime Traditions
<b>12</b> Grandparent's Day Soccer Affirming Friends Creamy Grape Salad Relax & Recharge Grandparent's Day Family Tree Music Makes You Happier Aim for the Stars Healthy Hands Aqua Painting Nighttime Traditions	<b>13</b> Move it Monday Inspired Tales Mexican Street Corn Dip Relax & Recharge Slime Experiment School Days Horseshoes Healthy Hands Patio Hangman Nighttime Traditions	<b>14</b> Dance, Dance American Landmarks Apple Cinnamon Bread Relax & Recharge The Dot Art Day 1 September Birthdays What Belongs Together? Healthy Hands Summer On The Patio! Nighttime Traditions	<b>15</b> Yom Kippur Begins Ribbon Dance Glorious Verbs! Toasted Coconut Cream Pie Relax & Recharge The Dot Art Day 2 Create a Booming Song! Nerf Gun Target Practice Healthy Hands A Time For Iced Tea! Nighttime Traditions	<b>16</b> What a Wonderful World Chair Yoga Let's Spell Summer Homemade Guacamole & Sangria Relax & Recharge Clay Mountain Photo Holder Day 1 Shake It Up, Baby! Ladder Ball Healthy Hands Let's Go to The Beach Nighttime Traditions	<b>17</b> Disc Golf Best Friends Brown Sugar Granola Relax & Recharge Clay Mountain Photo Holder Day 2 September Happy Hour Word Works Healthy Hands Let's Get The Kids Ready For School! Nighttime Traditions	<b>18</b> Pump You Up Summer Colors Brownie Walnut Chunk Cookies Relax & Recharge Fleece Blankets College Football Fight Songs State Plate Game Healthy Hands Evening On The Porch Nighttime Traditions

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<b>19</b> Soccer Affirming Friends Antipasto Salad Relax & Recharge Ask A Beautiful Question Music Makes You Happier Aim for the Stars Healthy Hands Aqua Painting Nighttime Traditions	<b>20</b> Move it Monday Inspired Tales Waldorf Salad Relax & Recharge Paper Picture Frames School Days Horseshoes Healthy Hands Patio Hangman Nighttime Traditions	<b>21</b> Dance, Dance American Landmarks Cookies & Cream Cookies Relax & Recharge Salted Painting September Birthdays What Belongs Together? Healthy Hands Summer On The Patio! Nighttime Traditions	<b>22</b> Fall Begins Ribbon Dance Glorious Verbs! Roasted Root Vegetables Relax & Recharge Rustic Wood Pumpkins Create a Booming Song! Nerf Gun Target Practice Healthy Hands A Time For Iced Tea! Nighttime Traditions	<b>23</b> What a Wonderful World Chair Yoga Let's Spell Summer Garlic Stuffed Mushrooms Relax & Recharge Apple Chalkboard Greetings Shake It Up, Baby! Ladder Ball Healthy Hands Let's Go to The Beach Nighttime Traditions	<b>24</b> Disc Golf Best Friends Peach Cobbler Muffins Relax & Recharge Nature Bookmarks September Happy Hour Word Works Healthy Hands Let's Get The Kids Ready For School! Nighttime Traditions	<b>25</b> Pump You Up Summer Colors Cheddar & Chive Drop Biscuits Relax & Recharge Fleece Blankets College Football Fight Songs State Plate Game Healthy Hands Evening On The Porch Nighttime Traditions
<b>26</b> Soccer Affirming Friends Johnny Appleseed Bars Relax & Recharge Fall Leaf Candle Mason Jar Music Makes You Happier Aim for the Stars Healthy Hands Aqua Painting Nighttime Traditions	<b>27</b> Move it Monday Inspired Tales Roasted Eggplant w/ Creamy Yogurt Sauce Relax & Recharge Popcorn Fall Trees School Days Horseshoes Healthy Hands Patio Hangman Nighttime Traditions	<b>28</b> Dance, Dance American Landmarks Spiced Harvest Bread Relax & Recharge Clay Pinch Pots-Day1 September Birthdays What Belongs Together? Healthy Hands Summer On The Patio! Nighttime Traditions	<b>29</b> Ribbon Dance Glorious Verbs! Pumpkin Cookies w/ Brown Butter Icing Relax & Recharge Clay Pinch Pots-Day2 Create a Booming Song! Nerf Gun Target Practice Healthy Hands A Time For Iced Tea! Nighttime Traditions	<b>30</b> What a Wonderful World Chair Yoga Let's Spell Summer Pumpkin Dip Relax & Recharge Have a Gentle Conversation Shake It Up, Baby! Ladder Ball Healthy Hands Let's Go to The Beach Nighttime Traditions	Beauty Shop is open on Wednesday's	