

August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 I 9:30 In Room Church I 10:00 Devotional GF 2:00 Sundae Sunday-Ice Cream Social M 2:30 Music Appreciation GG 3:30 Price is right	2 I 9:30 Guided Meditation Channel 3.1 K 10:00 Brain games V 10:30 Group Exercise V 11:00 Morning Stretches-Channel 3.1 GF 2:00 Laughter & Lemonade in the courtyard	3 K 10:00 Brain games V 10:30 Group Exercise L 11:00 Armchair Travel - Channel 3.1 S 11:00 Chef Circle V 2:00 Chair Yoga- Channel 3.1 CC 2:30 Creative Cooking-Peaches & Cream	4 K 10:00 Brain Games V 10:30 Group Exercise V 11:00 Morning Stretches-Channel 3.1 GF 2:00 BINGO L 3:30 Devotional A 6:00 Crafty Corner	5 K 10:00 Brain games V 10:30 Group Exercise V 11:00 Morning Stretches-Channel 3.1 IG 1:30 Guy's Coffee Break GF 1:30 Nails & Tales O 2:30 Out & About-Bus Tour Downtown	6 K 10:00 Brain games V 10:30 Group Exercise M 2:00 Music With Nathan!-Channel 3.1 M 2:00 Sing-A-long S 3:00 Happy Hour at Jordan's Pub: Just Peachy! V 3:30 Low Impact Exercise-	7 GG 10:00 BINGO A 2:00 Crafty Corner GG 3:00 Game time-Corn hole GF 3:30 Movie Time- Channel 3.1 K 4:00 Sunny Side of life-Reminiscing on the front porch
8 I 9:30 In Room Church I 10:00 Devotional GG 2:00 Sundae Sunday Ice Cream Social M 2:30 Music Appreciation GG 3:30 Price is right	9 I 9:30 Guided Meditation Channel 3.1 K 10:00 Brain games V 10:30 Group Exercise V 11:00 Morning Stretches-Channel 3.1 GF 2:00 Laughter & Lemonade in the courtyard	10 K 10:00 Brain games V 10:30 Group Exercise L 11:00 Ocean Documentary - Channel 3.1 S 1:30 AL Resident Council Meeting V 2:00 Chair Yoga- Channel 3.1 CC 2:30 Creative Cooking-	11 K 10:00 Brain Games V 10:30 Group Exercise V 11:00 Morning Stretches-Channel 3.1 GG 2:00 BINGO L 3:30 Devotions K 6:00 Crafty Corner	12 K 10:00 Brain games V 10:30 Group Exercise S 11:00 Inspired Living Committee V 11:00 Morning Stretches-Channel 3.1 IG 1:30 Guy's Coffee Break GF 1:30 Nails & Tails	13 K 10:00 Brain games V 10:30 Group Exercise M 2:00 Music With Nathan!-Channel 3.1 M 2:00 Sing-A-long S 3:00 Happy Hour at Jordan's Pub: Dogs Days! V 3:30 Low Impact Exercise-	14 GG 10:00 BINGO A 2:00 Crafty Corner GG 3:00 Game time-noodle ball GF 3:30 Movie Time- Channel 3.1 K 4:00 Sunny Side of life-Reminiscing on the front porch
15 I 9:30 In Room Church I 10:00 Devotional GG 2:00 Sundae Sunday Ice Cream Social M 2:30 Music Appreciation GG 3:30 Price is right	16 I 9:30 Guided Meditation Channel 3.1 K 10:00 Brain games V 10:30 Group Exercise V 11:00 Morning Stretches-Channel 3.1 GF 2:00 Laughter & Lemonade in the Courtyard	17 K 10:00 Brain games V 10:30 Group Exercise L 11:00 Armchair Travels-Channel 3.1 V 2:00 Chair Yoga- Channel 3.1 CC 2:30 Creative cooking-Pin Wheels K 3:00 Trivia	18 K 10:00 Brain games V 10:30 Group Exercise V 11:00 Morning Stretches-Channel 3.1 L 3:30 Devotions A 6:00 Crafty Corner	19 K 10:00 Brain Games V 10:30 Group Exercise V 11:00 Morning Stretches-Channel 3.1 O 11:30 Out & About-Lunch at Cracker Barrel IG 2:30 Guy's Coffee Break	20 V 10:30 Group Exercise M 2:00 Music With Nathan!-Channel 3.1 M 2:00 Sing-A-long S 3:00 Happy Hour at Jordan's Pub-Luau V 3:30 Low Impact Exercise-Channel 3.1	21 Senior Citizen's Day GG 10:00 BINGO A 2:00 Crafty Corner GG 3:00 Game Time-balloon volleyball GF 3:30 Movie Time- Channel 3.1 K 4:00 Sunny Side of life-Reminiscing on the
22 I 9:30 In Room Church I 10:00 Devotional GG 2:00 Sundae Sunday Ice Cream Social M 2:30 Music Appreciation GG 3:30 Price is right	23 I 9:30 Guided Meditation Channel 3.1 V 10:30 Group Exercise V 11:00 Morning Stretches-Channel 3.1 GF 2:00 Laughter & Lemonade in the Courtyard L 3:30 Creative writing & Story	24 V 10:30 Group Exercise L 11:00 Ocean Documentary-Channel 3.1 V 2:00 Chair Yoga- Channel 3.1 CC 2:30 Creative Cooking-Snicker doodles K 3:00 Trivia	25 K 10:00 Brain Games V 10:30 Group Exercise V 11:00 Morning Stretches-Channel 3.1 L 3:30 Devotional A 6:00 Crafty Corner	26 V 10:30 Group Exercise V 11:00 Morning Stretches-Channel 3.1 IG 1:30 Guy's Coffee Break GF 1:30 Nails & Tales O 2:30 Out & About-Lake Monroe	27 V 10:30 Group Exercise M 2:00 Music With Nathan!-Channel 3.1 M 2:00 Sing-A-long S 3:00 Happy Hour at Jordan's Pub-Camp Fire V 3:30 Low Impact Exercise-Channel 3.1	28 GG 10:00 BINGO A 2:00 Crafty Corner GG 3:00 Game Time-put put GF 3:30 Movie Time- Channel 3.1 K 4:00 Sunny Side of life-Reminiscing on the front porch
29 I 9:30 In Room Church I 10:00 Devotional GF 2:00 Sundae Sunday Ice Cream Social L 3:00 Music Appreciation GG 3:30 Price is right	30 I 9:30 Guided Meditation Channel 3.1 K 10:00 Brian Games V 10:30 Group Exercise V 11:00 Morning Stretches-Channel 3.1 L 3:30 Creative writing & Story telling	31 K 10:00 Brain Games K 10:30 Group Exercise L 11:00 Armchair Travels-China- Channel 3.1 V 2:00 Chair Yoga- Channel 3.1 CC 2:30 Creative Cooking-Banana Split cake K 3:00 Trivia	Ombudsman: Kristen Bouthier (812) 876-3383 (812) 372-6918 Cell	State Survey Results are located at guest Relations Resident funds are available in the Business Office during business hours, and after hours at the Nurses Station of Limestone Way	Register for Outings at the Life Enrichment Office no later than the day before the outing. Weather conditions may postpone outings.	All activities will be held in community room unless otherwise stated!

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1 V 9:00 Spiderman Workout K 9:30 Affirming Friends I 9:30 In Room Church CC 10:45 Cucumber Mint Tea Sandwich 12:45 Relax & Recharge A 2:00 DIY Scrapbook M 3:30 Music Makes You	2 V 9:00 Tour de Legacy I 9:30 Guided Meditation Channel 3.1 K 9:30 Inspired Tales CC 10:45 Lemon Cheesecake V 11:00 Morning Stretches-Channel 3.1 12:45 Relax & Recharge	3 V 9:00 Dance, Dance K 9:30 American Landmarks CC 10:45 Pineapple Dream Dessert L 11:00 Armchair Travel-Channel 3.1 12:45 Relax & Recharge A 2:00 Balloon Prints	4 V 9:00 Water Balloon Toss K 9:30 Roll to 20 CC 10:45 Sunshine Salad V 11:00 Morning Stretches-Channel 3.1 12:45 Relax & Recharge A 2:00 Blue Collage M 3:30 Create a Booming	5 V 9:00 Paris, France Walking Tour K 9:30 Let's Spell Summer CC 10:45 Mixed Berry Baked Oatmeal Cups V 11:00 Morning Stretches-Channel 3.1 12:45 Relax & Recharge	6 V 9:00 Disc Golf K 9:30 Best Friends CC 10:45 Chocolate Truffles 12:45 Relax & Recharge M 2:00 Music With Nathan!-Channel 3.1 A 2:00 Watercolor Silhouettes V 3:30 Low Impact Exercise-	7 V 9:00 Olympic Ring Toss K 9:30 Summer Colors CC 10:45 Summer Peach Basil Cheese Muffins 12:45 Relax & Recharge A 2:00 Creative Storytelling GF 3:30 Movie Time- Channel 3.1
8 V 9:00 Spiderman Workout K 9:30 Affirming Friends I 9:30 In Room Church CC 10:45 Strawberry Caprese Salad 12:45 Relax & Recharge A 2:00 DIY Scrapbook M 3:30 Music Makes You	9 V 9:00 Tour de Legacy I 9:30 Guided Meditation Channel 3.1 K 9:30 Inspired Tales CC 10:45 Berry Bread Pudding V 11:00 Morning Stretches-Channel 3.1 12:45 Relax & Recharge	10 V 9:00 Dance, Dance K 9:30 American Landmarks CC 10:45 Cottage Cheese Jello Salad L 11:00 Ocean Documentary -Channel 3.1 12:45 Relax & Recharge V 2:00 Chair Yoga- Channel 3.1	11 V 9:00 Water Balloon Toss K 9:30 Roll to 20 CC 10:45 Watermelon Salad V 11:00 Morning Stretches-Channel 3.1 12:45 Relax & Recharge A 2:00 Kindness Rock Painting M 3:30 Create a Booming	12 V 9:00 Paris, France Walking Tour K 9:30 Let's Spell Summer CC 10:45 Old Fashioned Sugar Cake V 11:00 Morning Stretches-Channel 3.1 12:45 Relax & Recharge	13 V 9:00 Disc Golf K 9:30 Best Friends CC 10:45 Candy Bar Apple Salad 12:45 Relax & Recharge M 2:00 Music With Nathan!-Channel 3.1 A 2:00 Recycled Art V 3:30 Low Impact Exercise-	14 V 9:00 Olympic Ring Toss K 9:30 Summer Colors CC 10:45 Baked Wisconsin Cheese Curds 12:45 Relax & Recharge A 2:00 Rubbings Exploration GF 3:30 Movie Time- Channel 3.1
15 V 9:00 Spiderman Workout K 9:30 Affirming Friends I 9:30 In Room Church CC 10:45 Baked Peach Crisps 12:45 Relax & Recharge A 2:00 DIY Scrapbook M 3:30 Music Makes You Happier	16 V 9:00 Tour de Legacy I 9:30 Guided Meditation Channel 3.1 K 9:30 Inspired Tales CC 10:45 Elephant Ear Cookies V 11:00 Morning Stretches-Channel 3.1 12:45 Relax & Recharge	17 V 9:00 Dance, Dance K 9:30 American Landmarks CC 10:45 Oven-fried Pickles L 11:00 Armchair Travels-Channel 3.1 12:45 Relax & Recharge V 2:00 Chair Yoga- Channel 3.1 A 2:00 Fabric Bowls	18 V 9:00 Water Balloon Toss K 9:30 Roll to 20 CC 10:45 Summer Corn Salad V 11:00 Morning Stretches-Channel 3.1 12:45 Relax & Recharge A 2:00 Fabric Bowls M 3:30 Create a Booming	19 V 9:00 Paris, France Walking Tour K 9:30 Let's Spell Summer CC 10:45 Eggplant Tomato Bake V 11:00 Morning Stretches-Channel 3.1 12:45 Relax & Recharge A 2:00 Collage Painting	20 V 9:00 Disc Golf K 9:30 Best Friends CC 10:45 Caramel Cheesecake Dip 12:45 Relax & Recharge A 2:00 Glue Art M 2:00 Music With Nathan!-Channel 3.1	21 Senior Citizen's Day V 9:00 Olympic Ring Toss K 9:30 Summer Colors CC 10:45 Sand Dollar Cookies 12:45 Relax & Recharge A 2:00 No Sew Hats GF 3:30 Movie Time- Channel 3.1 M 3:30 Celebrate Easy
22 V 9:00 Spiderman Workout K 9:30 Affirming Friends I 9:30 In Room Church CC 10:45 Banana Split Bites 12:45 Relax & Recharge A 2:00 Mason Jar Tissue Holder M 3:30 Music Makes You	23 V 9:00 Tour de Legacy I 9:30 Guided Meditation Channel 3.1 K 9:30 Inspired Tales CC 10:45 Crunchy Corn & Avocado Salad V 11:00 Morning Stretches-Channel 3.1	24 V 9:00 Dance, Dance K 9:30 American Landmarks CC 10:45 Hawaiian Poke Cake L 11:00 Ocean Documentary-Channel 3.1 12:45 Relax & Recharge V 2:00 Chair Yoga- Channel 3.1 A 2:00 Fairy Garden Mason Jar	25 V 9:00 Water Balloon Toss K 9:30 Roll to 20 CC 10:45 Fresh Pico de Gallo V 11:00 Morning Stretches-Channel 3.1 12:45 Relax & Recharge A 2:00 Sun Print Wall Art M 3:30 Create a Booming	26 V 9:00 Paris, France Walking Tour K 9:30 Let's Spell Summer CC 10:45 Cucumber Caprese Salad V 11:00 Morning Stretches-Channel 3.1 12:45 Relax & Recharge	27 V 9:00 Disc Golf K 9:30 Best Friends CC 10:45 Poolside Hawaiian Dip 12:45 Relax & Recharge A 2:00 Glue Batik Aprons M 2:00 Music With Nathan!-Channel 3.1 V 3:30 Low Impact Exercise-	28 V 9:00 Olympic Ring Toss K 9:30 Summer Colors CC 10:45 Farmer's Market Salad 12:45 Relax & Recharge A 2:00 Stained Glass Painting GF 3:30 Movie Time- Channel 3.1 M 3:30 Celebrate Easy
29 V 9:00 Spiderman Workout K 9:30 Affirming Friends I 9:30 In Room Church CC 10:45 Pineapple Coleslaw 12:45 Relax & Recharge A 2:00 Mason Jar Tissue Holder M 3:30 Music Makes You	30 V 9:00 Tour de Legacy I 9:30 Guided Meditation Channel 3.1 K 9:30 Inspired Tales CC 10:45 Glazed Lemon Cookies V 11:00 Morning Stretches-Channel 3.1 12:45 Relax & Recharge	31 V 9:00 Dance, Dance K 9:30 American Landmarks CC 10:45 English Muffin Pizzas 12:45 Relax & Recharge V 2:00 Chair Yoga- Channel 3.1 A 2:00 Have a Gentle Conversation M 3:30 UpBeat with Harry				