

September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activity Location Key: ALAR-Assisted Living Activity Rm. HCRR-Health Center Rec. Rm. HCDR-Health Center Dining Rm. HCB-Health Center Bistro T-Theater</p>	<p> A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Mindful Moments O - Out & About </p>	<p> S - Signature Events V - Vitality </p>	<p>1</p> <p> V 10:00 Trilogy FIT-HCRR I 11:00 Devotions-HCRR JG 1:00 Just the Guys-ALAR V 2:00 Courtyard Social-HCRR L 6:00 Movie Night-Channel 2 </p>	<p>2</p> <p> V 10:00 Strength Training-HCRR GG 1:00 Card Club-ALAR A 2:00 Craft Table-HCRR L 3:30 Virtual Travelogue-Channel 2 </p>	<p>3</p> <p> K 10:00 Brain Games-Channel 2 GG 10:30 Bingo-HCRR I 1:00 Inspired Living Committee GG 2:00 Card Club-HCRR S 3:00 Happy Hour-HCDR </p>	<p>4</p> <p> V 9:30 Trilogy FIT-HCRR CC 10:30 Enrichment on Demand - Channel 2 A 1:30 Adult Coloring-HCRR GF 2:00 Afternoon Matinee-channel 2 </p>
<p>5</p> <p> I 10:30 Sunday Devotions-HCRR & Broadcasted on Channel 2 I 11:00 Catholic Service-Broadcast Channel 2 1:30 UNO-HCRR 3:00 Courtyard Social/Watering Garden-HCRR </p>	<p>6 Labor Day</p> <p> V 10:00 Bowling-HCRR K 11:00 Jigsaw Puzzle Hour-HCRR 12:30 Chef's Circle-ALDR GG 2:00 Bingo-HCRR 6:00 Movie Night Channel 2 </p>	<p>7 Rosh Hashanah Begins</p> <p> K 10:30 Puzzle Hour - ALAR K 1:00 Puzzle Packet-Room Delivery MN 2:00 Manicures-HCRR L 3:00 Afternoon Documentary-channel 2 </p>	<p>8</p> <p> V 10:00 Trilogy FIT-HCRR I 11:00 Devotions-HCRR V 2:00 Courtyard Social-HCRR L 6:00 Movie Night-Channel 2 </p>	<p>9</p> <p> V 10:00 Strength Training-HCRR O 10:30 Cracker Barrel-outing GG 1:00 Card Club-ALAR A 2:30 Craft Table-HCRR L 3:30 Virtual Travelogue-Channel 2 </p>	<p>10</p> <p> K 10:00 Brain Games-Channel 2 GG 10:30 Bingo-HCRR GG 2:00 Card Club-HCRR S 3:00 Happy Hour-HCDR </p>	<p>11</p> <p> V 9:30 Trilogy FIT-HCRR CC 10:30 Enrichment on Demand - Channel 2 A 1:30 Adult Coloring-HCRR GF 2:00 Afternoon Matinee-channel 2 </p>
<p>12 Grandparent's Day</p> <p> I 10:30 Sunday Devotions-HCRR & Broadcasted on Channel 2 I 11:00 Catholic Service-Broadcast Channel 2 1:30 UNO-HCRR 3:00 Tea Time-HCRR </p>	<p>13</p> <p> V 10:00 Bowling-HCRR K 11:00 Jigsaw Puzzle Hour-HCRR 12:30 Chef's Circle-ALDR GG 2:00 Bingo-HCRR 6:00 Movie Night Channel 2 </p>	<p>14</p> <p> K 10:30 Puzzle Hour - ALAR K 1:00 Puzzle Packet-Room Delivery MN 2:00 Manicures-HCRR L 3:00 Afternoon Documentary-channel 2 </p>	<p>15 Yom Kippur Begins</p> <p> V 10:00 Trilogy FIT-HCRR I 11:00 Devotions-HCRR JG 1:00 Just the Guys-ALAR V 2:00 Courtyard Social-HCRR L 6:00 Movie Night-Channel 2 </p>	<p>16</p> <p> V 10:00 Strength Training-HCRR GG 1:00 Card Club-ALAR A 2:30 Craft Table-HCRR L 3:30 Virtual Travelogue-Channel 2 </p>	<p>17</p> <p> K 10:00 Brain Games-Channel 2 GG 10:30 Bingo-HCRR GG 2:00 Card Club-HCRR S 3:00 Happy Hour-HCDR </p>	<p>18</p> <p> V 9:30 Trilogy FIT-HCRR CC 10:30 Enrichment on Demand - Channel 2 A 1:30 Adult Coloring-HCRR GF 2:00 Afternoon Matinee-channel 2 </p>

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19 I 10:30 Sunday Devotions-HCRR & Broadcasted on Channel 2 I 11:00 Catholic Service-Broadcast Channel 2 1:30 UNO-HCRR 3:00 Courtyard Social/Watering Garden-HC Courtyard	20 V 10:00 Bowling-HCRR K 11:00 Jigsaw Puzzle Hour-HCRR 12:30 Chef's Circle-ALDR GG 2:00 Bingo-HCRR 6:00 Movie Night Channel 2	21 K 10:30 Puzzle Hour - ALAR K 1:00 Puzzle Packet-Room Delivery MM 2:00 Manicures-HCRR L 3:00 Afternoon Documentary-channel 2	22 Fall Begins V 10:00 Trilogy FIT-HCRR I 11:00 Devotions-HCRR 1:00 Resident Council-ALAR V 2:00 Courtyard Social-HCRR L 6:00 Movie Night-Channel 2	23 V 10:00 Strength Training-HCRR GG 1:00 Card Club-ALAR A 2:30 Craft Table-HCRR L 3:30 Virtual Travelogue-Channel 2	24 K 10:00 Brain Games-Channel 2 GG 10:30 Bingo-HCRR GG 2:00 Card Club-HCRR S 3:00 Happy Hour-HCRR	25 V 9:30 Trilogy FIT-HCRR CC 10:30 Enrichment on Demand - Channel 2 A 1:30 Adult Coloring-HCRR GF 2:00 Afternoon Matinee-channel 2
26 I 10:30 Sunday Devotions-HCRR & Broadcasted on Channel 2 I 11:00 Catholic Service-Broadcast Channel 2 1:30 UNO-HCRR 3:00 Tea Time-HCRR	27 V 10:00 Bowling-HCRR K 11:00 Jigsaw Puzzle Hour-HCRR 12:30 Chef's Circle-ALDR GG 2:00 Bingo-HCRR 6:00 Movie Night Channel 2	28 K 10:30 Puzzle Hour - ALAR K 1:00 Puzzle Packet-Room Delivery MM 2:00 Manicures-HCRR L 3:00 Afternoon Documentary-channel 2	29 V 10:00 Trilogy FIT-HCRR I 11:00 Devotions-HCRR V 2:00 Courtyard Social-HCRR L 6:00 Movie Night-Channel 2	30 V 10:00 Strength Training-HCRR GG 1:00 Card Club-ALAR A 2:30 Craft Table-HCRR L 3:30 Virtual Travelogue-Channel 2	Birthdays	

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<p>Activity Location Key: ALAR-Assisted Living Activity Rm. HCRR-Health Center Rec. Rm. HCDR-Health Center Dining Rm. HCB-Health Center Bistro</p>			<p>1</p> <p>V 10:00 Trilogy FIT-HCRR I 11:00 Devotions-HCRR JG 1:00 Just the Guys- ALAR V 2:00 Courtyard Social- HCRR L 6:00 Movie Night- Channel 2</p>	<p>2</p> <p>V 10:00 Strength Training-HCRR K 11:00 Mindful Moments-HCRR A 2:00 Craft Table-HCRR 3:30 Inspired Living- Calendar Planning Meeting-HCRR L 3:30 Virtual Travelogue- Channel 2</p>	<p>3</p> <p>K 10:00 Brain Games- Channel 2 GG 10:30 Bingo-HCRR GG 2:00 Card Club-HCRR S 3:00 Happy Hour-HCDR</p>	<p>4</p> <p>V 9:30 Trilogy FIT-HCRR CC 10:30 Enrichment on Demand - Channel 2 A 1:30 Adult Coloring- HCRR GF 2:00 Afternoon Matinee-channel 2</p>
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<p>12 Grandparent's Day</p> <p>I 10:30 Sunday Devotions-HCRR & Broadcasted on Channel 2 I 11:00 Catholic Service- Broadcast Channel 2 1:30 UNO-HCRR 3:00 Tea Time-HCRR</p>	<p>13</p> <p>V 10:00 Bowling-HCRR K 11:00 Jigsaw Puzzle Hour-HCRR 1:30 Chef's Circle-HCDR GG 2:00 Bingo-HCRR 6:00 Movie Night Channel 2</p>	<p>14</p> <p>K 11:00 Mindful Moments-HCRR K 1:00 Puzzle Packet- Room Delivery MN 2:00 Manicures-HCRR L 3:00 Afternoon Documentary- channel 2</p>	<p>15 Yom Kippur Begins</p> <p>V 10:00 Trilogy FIT-HCRR I 11:00 Devotions-HCRR JG 1:00 Just the Guys- ALAR V 2:00 Courtyard Social- HCRR L 6:00 Movie Night- Channel 2</p>	<p>16</p> <p>V 10:00 Strength Training-HCRR K 11:00 Mindful Moments-HCRR A 2:30 Craft Table-HCRR L 3:30 Virtual Travelogue- Channel 2</p>	<p>17</p> <p>K 10:00 Brain Games- Channel 2 GG 10:30 Bingo-HCRR GG 2:00 Card Club-HCRR S 3:00 Happy Hour-HCDR</p>	<p>18</p> <p>V 9:30 Trilogy FIT-HCRR CC 10:30 Enrichment on Demand - Channel 2 A 1:30 Adult Coloring- HCRR GF 2:00 Afternoon Matinee-channel 2</p>

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26 I 10:30 Sunday Devotions-HCRR & Broadcasted on Channel 2 I 11:00 Catholic Service-Broadcast Channel 2 1:30 UNO-HCRR 3:00 Tea Time-HCRR	27 V 10:00 Bowling-HCRR K 11:00 Jigsaw Puzzle Hour-HCRR 1:30 Chef's Circle-HCRR GG 2:00 Bingo-HCRR 6:00 Movie Night Channel 2	28 K 11:00 Mindful Moments-HCRR K 1:00 Puzzle Packet-Room Delivery MM 2:00 Manicures-HCRR L 3:00 Afternoon Documentary-channel 2	29 V 10:00 Trilogy FIT-HCRR I 11:00 Devotions-HCRR V 2:00 Courtyard Social-HCRR L 6:00 Movie Night-Channel 2	30 V 10:00 Strength Training-HCRR K 11:00 Mindful Moments-HCRR A 2:30 Craft Table-HCRR L 3:30 Virtual Travelogue-Channel 2	Birthdays	

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<p>5</p> <p> GF 9:30 Coffee Club-ILB I 10:30 Sunday Devotions-HCRR & Broadcasted on Channel 2 I 11:00 Catholic Service-Broadcast Channel 2 GG 2:30 Bunco-ILB </p>	<p>6 Labor Day</p> <p> GF 9:30 Coffee Club-ILB V 10:30 Exercise in Motion-FC GG 3:00 Yahtzee-ILB 6:00 Movie Night Channel 2 </p>	<p>7 Rosh Hashanah Begins</p> <p> GF 9:30 Coffee Club-ILB 10:30 Walking Club K 1:00 Puzzle Packet-Room Delivery L 1:30 Bridge GF 3:00 Afternoon Matinee </p>	<p>8</p> <p> GF 9:30 Coffee Club-ILB V 10:30 Walking Club-FC 1:00 Community Meeting-ILB GG 2:00 Euchre </p>	<p>9</p> <p> GF 9:30 Coffee Club-ILB V 10:00 Chair Fitness-Broadcast Channel 2 O 10:30 Cracker Barrel-outing GG 1:30 Phase 10-ILB A 3:30 Getting Crafty-ILB L 3:30 Virtual Travelogue-Channel 2 </p>	<p>10</p> <p> GF 9:30 Coffee Club-ILB K 10:00 Brain Games-Channel 2 V 10:30 Open Gym-FC K 1:30 Table Puzzles-ILB S 3:00 Happy Hour-HCDR </p>	<p>11</p> <p> GF 9:30 Coffee Club-ILB K 10:30 Trivia Challenge-ILB CC 2:00 Afternoon Matinee-Theater </p>
<p>12 Grandparent's Day</p> <p> GF 9:30 Coffee Club-ILB I 10:30 Sunday Devotions-HCRR & Broadcasted on Channel 2 I 11:00 Catholic Service-Broadcast Channel 2 GG 2:30 Bunco-ILB </p>	<p>13</p> <p> GF 9:30 Coffee Club-ILB V 10:30 Exercise in Motion-FC GG 3:00 Yahtzee-ILB 6:00 Movie Night Channel 2 </p>	<p>14</p> <p> GF 9:30 Coffee Club-ILB 10:30 Walking Club K 1:00 Puzzle Packet-Room Delivery L 1:30 Bridge GF 3:00 Afternoon Matinee </p>	<p>15 Yom Kippur Begins</p> <p> GF 9:30 Coffee Club-ILB V 10:30 Walking Club-FC JG 1:00 Just the Guys-ALAR GG 2:00 Euchre </p>	<p>16</p> <p> GF 9:30 Coffee Club-ILB V 10:00 Chair Fitness-Broadcast Channel 2 GG 1:30 Phase 10-ILB A 3:30 Getting Crafty-ILB L 3:30 Virtual Travelogue-Channel 2 </p>	<p>17</p> <p> GF 9:30 Coffee Club-ILB K 10:00 Brain Games-Channel 2 V 10:30 Open Gym-FC K 1:30 Table Puzzles-ILB S 3:00 Happy Hour-HCDR </p>	<p>18</p> <p> GF 9:30 Coffee Club-ILB K 10:30 Trivia Challenge-ILB CC 2:00 Afternoon Matinee-Theater </p>

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19 GF 9:30 Coffee Club-ILB I 10:30 Sunday Devotions-HCRR & Broadcasted on Channel 2 I 11:00 Catholic Service-Broadcast Channel 2 GG 2:30 Bunco-ILB	20 GF 9:30 Coffee Club-ILB V 10:30 Exercise in Motion-FC GG 3:00 Yahtzee-ILB 6:00 Movie Night Channel 2	21 GF 9:30 Coffee Club-ILB 10:30 Walking Club K 1:00 Puzzle Packet-Room Delivery L 1:30 Bridge GF 3:00 Afternoon Matinee	22 Fall Begins GF 9:30 Coffee Club-ILB V 10:30 Walking Club-FC GG 2:00 Euchre	23 GF 9:30 Coffee Club-ILB V 10:00 Chair Fitness-Broadcast Channel 2 GG 1:30 Phase 10-ILB A 3:30 Getting Crafty-ILB L 3:30 Virtual Travelogue-Channel 2	24 GF 9:30 Coffee Club-ILB K 10:00 Brain Games-Channel 2 V 10:30 Open Gym-FC K 1:30 Table Puzzles-ILB S 3:00 Happy Hour-HCDR	25 GF 9:30 Coffee Club-ILB K 10:30 Trivia Challenge-ILB CC 2:00 Afternoon Matinee-Theater
26 GF 9:30 Coffee Club-ILB I 10:30 Sunday Devotions-HCRR & Broadcasted on Channel 2 I 11:00 Catholic Service-Broadcast Channel 2 GG 2:30 Bunco-ILB	27 GF 9:30 Coffee Club-ILB V 10:30 Exercise in Motion-FC GG 3:00 Yahtzee-ILB 6:00 Movie Night Channel 2	28 GF 9:30 Coffee Club-ILB 10:30 Walking Club K 1:00 Puzzle Packet-Room Delivery L 1:30 Bridge GF 3:00 Afternoon Matinee	29 GF 9:30 Coffee Club-ILB V 10:30 Walking Club-FC GG 2:00 Euchre	30 GF 9:30 Coffee Club-ILB V 10:00 Chair Fitness-Broadcast Channel 2 GG 1:30 Phase 10-ILB A 3:30 Getting Crafty-ILB L 3:30 Virtual Travelogue-Channel 2		

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<p>Daily Rhythm About Times:</p> <p>Morning</p> <p>9:00 Vitality</p> <p>9:30 Keeping It Sharp</p> <p>10:00 Morning Refresher</p> <p>10:30 Creative Cooking</p> <p>11:30 Healthy Hands/Lunch Prep</p>	<p>Early Afternoon</p> <p>1:00 Relax and Recharge</p> <p>2:00 Artisans</p> <p>3:00 Afternoon Refresher</p> <p>3:30 Music to My Ears</p>	<p>Late Afternoon</p> <p>4:00 Group Games</p> <p>4:30 Healthy Hands/Dinner Prep</p> <p>Evening</p> <p>6:00 Gathering of Friends</p> <p>7:00 Nighttime Traditions</p>	<p>1</p> <p>V Ribbon Dance</p> <p>K Glorious Verbs!</p> <p>CC Spiced Apple Oat Cookies</p> <p>Relax & Recharge</p> <p>A Pressed Flowers</p> <p>M Create a Booming Song!</p> <p>GG Nerf Gun Target Practice</p> <p>Healthy Hands</p> <p>GF A Time For Iced Tea!</p> <p>Nighttime Traditions</p>	<p>2</p> <p>V What a Wonderful World</p> <p>Chair Yoga</p> <p>K Let's Spell Summer</p> <p>CC Gazpacho Soup</p> <p>Relax & Recharge</p> <p>A Newspaper Art</p> <p>M Shake It Up, Baby!</p> <p>GG Ladder Ball</p> <p>Healthy Hands</p> <p>GF Let's Go to The Beach</p> <p>Nighttime Traditions</p>	<p>3</p> <p>V Disc Golf</p> <p>K Best Friends</p> <p>CC Twisted Banana Split</p> <p>Relax & Recharge</p> <p>A Creative Storytelling</p> <p>M September Happy Hour</p> <p>GG Word Works</p> <p>Healthy Hands</p> <p>GF Let's Get The Kids Ready For School!</p> <p>Nighttime Traditions</p>	<p>4</p> <p>V Pump You Up</p> <p>K Summer Colors</p> <p>CC Vanilla Yogurt & Blueberry Parfait</p> <p>Relax & Recharge</p> <p>A Fleece Blankets</p> <p>M College Football Fight Songs</p> <p>GG State Plate Game</p> <p>Healthy Hands</p> <p>GF Evening On The Porch</p> <p>Nighttime Traditions</p>
<p>5</p> <p>V Soccer</p> <p>K Affirming Friends</p> <p>CC Mint Melon Salad</p> <p>Relax & Recharge</p> <p>A Wrap n' Llama</p> <p>M Music Makes You Happier</p> <p>GG Aim for the Stars</p> <p>Healthy Hands</p> <p>GF Aqua Painting</p> <p>Nighttime Traditions</p>	<p>6 Labor Day</p> <p>V Move it Monday</p> <p>K Inspired Tales</p> <p>CC Labor Day Icebox Berry Cheesecake</p> <p>Relax & Recharge</p> <p>A Labor Day Cards</p> <p>M School Days</p> <p>GG Horseshoes</p> <p>Healthy Hands</p> <p>GF Patio Hangman</p> <p>Movie Night Channel 2</p> <p>Nighttime Traditions</p>	<p>7 Rosh Hashanah Begins</p> <p>V Dance, Dance</p> <p>K American Landmarks</p> <p>CC Broccoli Salad</p> <p>Relax & Recharge</p> <p>A Warm Vanilla Sugar Scrub</p> <p>M September Birthdays</p> <p>GG What Belongs Together?</p> <p>Healthy Hands</p> <p>GF Summer On The Patio!</p> <p>Nighttime Traditions</p>	<p>8</p> <p>V Ribbon Dance</p> <p>K Glorious Verbs!</p> <p>CC Grandma's Chocolate Chip Cookies</p> <p>Relax & Recharge</p> <p>A Sunflower Painting</p> <p>M Create a Booming Song!</p> <p>GG Nerf Gun Target Practice</p> <p>Healthy Hands</p> <p>GF A Time For Iced Tea!</p> <p>Nighttime Traditions</p>	<p>9</p> <p>V What a Wonderful World</p> <p>Chair Yoga</p> <p>K Let's Spell Summer</p> <p>CC Apple Pie Cake</p> <p>Relax & Recharge</p> <p>A Chalk Prints</p> <p>M Shake It Up, Baby!</p> <p>GG Ladder Ball</p> <p>Healthy Hands</p> <p>GF Let's Go to The Beach</p> <p>Nighttime Traditions</p>	<p>10</p> <p>V Disc Golf</p> <p>K Best Friends</p> <p>CC Decadent Caramel Banana Cake</p> <p>Relax & Recharge</p> <p>A Fall Leaf Garland</p> <p>M September Happy Hour</p> <p>GG Word Works</p> <p>Healthy Hands</p> <p>GF Let's Get The Kids Ready For School!</p> <p>Nighttime Traditions</p>	<p>11</p> <p>V Pump You Up</p> <p>K Summer Colors</p> <p>CC Banana Breeze</p> <p>Relax & Recharge</p> <p>A Fleece Blankets</p> <p>M College Football Fight Songs</p> <p>GG State Plate Game</p> <p>Healthy Hands</p> <p>GF Evening On The Porch</p> <p>Nighttime Traditions</p>
<p>12 Grandparent's Day</p> <p>V Soccer</p> <p>K Affirming Friends</p> <p>CC Creamy Grape Salad</p> <p>Relax & Recharge</p> <p>A Grandparent's Day Family Tree</p> <p>M Music Makes You Happier</p> <p>GG Aim for the Stars</p> <p>Healthy Hands</p> <p>GF Aqua Painting</p> <p>Nighttime Traditions</p>	<p>13</p> <p>V Move it Monday</p> <p>K Inspired Tales</p> <p>CC Mexican Street Corn Dip</p> <p>Relax & Recharge</p> <p>A Slime Experiment</p> <p>M School Days</p> <p>GG Horseshoes</p> <p>Healthy Hands</p> <p>GF Patio Hangman</p> <p>Movie Night Channel 2</p> <p>Nighttime Traditions</p>	<p>14</p> <p>V Dance, Dance</p> <p>K American Landmarks</p> <p>CC Apple Cinnamon Bread</p> <p>Relax & Recharge</p> <p>A The Dot Art Day 1</p> <p>M September Birthdays</p> <p>GG What Belongs Together?</p> <p>Healthy Hands</p> <p>GF Summer On The Patio!</p> <p>Nighttime Traditions</p>	<p>15 Yom Kippur Begins</p> <p>V Ribbon Dance</p> <p>K Glorious Verbs!</p> <p>CC Toasted Coconut Cream Pie</p> <p>Relax & Recharge</p> <p>A The Dot Art Day 2</p> <p>M Create a Booming Song!</p> <p>GG Nerf Gun Target Practice</p> <p>Healthy Hands</p> <p>GF A Time For Iced Tea!</p> <p>Nighttime Traditions</p>	<p>16</p> <p>V What a Wonderful World</p> <p>Chair Yoga</p> <p>K Let's Spell Summer</p> <p>CC Homemade Guacamole & Sangria</p> <p>Relax & Recharge</p> <p>A Clay Mountain Photo Holder Day 1</p> <p>M Shake It Up, Baby!</p> <p>GG Ladder Ball</p> <p>Healthy Hands</p> <p>GF Let's Go to The Beach</p> <p>Nighttime Traditions</p>	<p>17</p> <p>V Disc Golf</p> <p>K Best Friends</p> <p>CC Brown Sugar Granola</p> <p>Relax & Recharge</p> <p>A Clay Mountain Photo Holder Day 2</p> <p>M September Happy Hour</p> <p>GG Word Works</p> <p>Healthy Hands</p> <p>GF Let's Get The Kids Ready For School!</p> <p>Nighttime Traditions</p>	<p>18</p> <p>V Pump You Up</p> <p>K Summer Colors</p> <p>CC Brownie Walnut Chunk Cookies</p> <p>Relax & Recharge</p> <p>A Fleece Blankets</p> <p>M College Football Fight Songs</p> <p>GG State Plate Game</p> <p>Healthy Hands</p> <p>GF Evening On The Porch</p> <p>Nighttime Traditions</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 V Soccer K Affirming Friends CC Antipasto Salad Relax & Recharge A Ask A Beautiful Question M Music Makes You Happier GG Aim for the Stars Healthy Hands GF Aqua Painting Nighttime Traditions	20 V Move it Monday K Inspired Tales CC Waldorf Salad Relax & Recharge A Paper Picture Frames M School Days GG Horseshoes Healthy Hands GF Patio Hangman Movie Night Channel 2 Nighttime Traditions	21 V Dance, Dance K American Landmarks CC Cookies & Cream Cookies Relax & Recharge A Salted Painting M September Birthdays GG What Belongs Together? Healthy Hands GF Summer On The Patio! Nighttime Traditions	22 Fall Begins V Ribbon Dance K Glorious Verbs! CC Roasted Root Vegetables Relax & Recharge A Rustic Wood Pumpkins M Create a Booming Song! GG Nerf Gun Target Practice Healthy Hands GF A Time For Iced Tea! Nighttime Traditions	23 V What a Wonderful World Chair Yoga K Let's Spell Summer CC Garlic Stuffed Mushrooms Relax & Recharge A Apple Chalkboard Greetings M Shake It Up, Baby! GG Ladder Ball Healthy Hands GF Let's Go to The Beach Nighttime Traditions	24 V Disc Golf K Best Friends CC Peach Cobbler Muffins Relax & Recharge A Nature Bookmarks M September Happy Hour GG Word Works Healthy Hands GF Let's Get The Kids Ready For School! Nighttime Traditions	25 V Pump You Up K Summer Colors CC Cheddar & Chive Drop Biscuits Relax & Recharge A Fleece Blankets M College Football Fight Songs GG State Plate Game Healthy Hands GF Evening On The Porch Nighttime Traditions
26 V Soccer K Affirming Friends CC Johnny Appleseed Bars Relax & Recharge A Fall Leaf Candle Mason Jar M Music Makes You Happier GG Aim for the Stars Healthy Hands GF Aqua Painting Nighttime Traditions	27 V Move it Monday K Inspired Tales CC Roasted Eggplant w/ Creamy Yogurt Sauce Relax & Recharge A Popcorn Fall Trees M School Days GG Horseshoes Healthy Hands GF Patio Hangman Movie Night Channel 2 Nighttime Traditions	28 V Dance, Dance K American Landmarks CC Spiced Harvest Bread Relax & Recharge A Clay Pinch Pots-Day1 M September Birthdays GG What Belongs Together? Healthy Hands GF Summer On The Patio! Nighttime Traditions	29 V Ribbon Dance K Glorious Verbs! CC Pumpkin Cookies w/ Brown Butter Icing Relax & Recharge A Clay Pinch Pots-Day2 M Create a Booming Song! GG Nerf Gun Target Practice Healthy Hands GF A Time For Iced Tea! Nighttime Traditions	30 V What a Wonderful World Chair Yoga K Let's Spell Summer CC Pumpkin Dip Relax & Recharge A Have a Gentle Conversation M Shake It Up, Baby! GG Ladder Ball Healthy Hands GF Let's Go to The Beach Nighttime Traditions	A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality	Birthdays