River Terrace Assisted Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CD - Clinical Distinction GF - Gathering of Friends I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MI - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Activities & times are subject to change. If changes occur an announcement will be posted on campus LifeShare monitors. A printed daily schedule or verbal notification will also be distributed to reflect any changes.	Unless otherwise noted, all activities will be held in the Health Center Dining Room. The Health Center Dining Room will also be the meeting place for all outdoor activities.	M 10:30 Hospitality Cart- Daily Chronicle, Puzzle, Coffee M 10:30 Music + Seated Exercise M 11:30 Healthy Hands K 1:30 Bingo GF 2:30 Ice Cream Social I 4:00 Afternoon Refresh K 6:00 Trivia Night-AL L 6:30 MIdweek Movie-Bogart Theater	2 K 9:00 Hospitality Cart- Daily Chronicle, Puzzle, Coffee A 10:30 Craft + Cook- Activity Room MN 11:30 Healthy Hands K 1:30 Bingo-AL V 2:30 Walking Club I 4:00 Afternoon Refresh I 6:00 Rewind & Relax M 6:30 Music @ the Movies-Bogart Theater	Section 3 (Section 2) (Section	K 9:00 Hospitality Cart- Daily Chronicle, Devotional, Puzzle & Coffee M 10:45 Name that Tune M 11:30 Healthy Hands K 1:30 Bingo JG 2:30 Men's Movie Group-Bogart Theater V 2:30 Walking Club M 3:30 Spa Saturday M 4:30 Afternoon Refresh
S 9:00 Hospitality Cart- Daily Chronicle, Devotional, Puzzle & Coffee 1 10:45 Morning Prayer Service M 11:30 Healthy Hands K 1:30 Bingo-AL M 3:00 Spa Sunday V 4:00 Music + Seated Exercise M 4:30 Afternoon Refresh I 5:15 Evening Inspirations	6 Labor Day K 9:00 Hospitality Cart- Daily Chronicle, Puzzle, Coffee M 9:30 Monday Music O 10:00 Out & About M 11:30 Healthy Hands K 1:30 Bingo S 2:30 Happy Hour Social I 4:00 Afternoon Refresh	7 Rosh Hashanah Begins K 9:00 Hospitality Cart- Daily Chronicle, Puzzle, Coffee A 10:30 Artisans Club MN 11:30 Healthy Hands V 1:30 Noodle Ball S 2:00 Chefs Circle L 2:30 Courtyard Reminisce I 2:30 SoulFit: Week 5 Gratitude I 4:00 Afternoon Refresh	8 K 9:00 Hospitality Cart- Daily Chronicle, Puzzle, Coffee M 10:30 Music + Seated Exercise M 11:30 Healthy Hands K 1:30 Bingo GF 2:30 Ice Cream Social I 4:00 Afternoon Refresh K 6:00 Trivia Night-AL I 6:30 MIdweek Movie-Bogart Theater	9 K 9:00 Hospitality Cart- Daily Chronicle, Puzzle, Coffee A 10:30 Craft + Cook- Activity Room M 11:30 Healthy Hands K 1:30 Bingo-AL V 2:30 Walking Club I 4:00 Afternoon Refresh I 6:00 Rewind & Relax M 6:30 Music @ the Movies-Bogart Theater	K 9:00 Hospitality Cart- Daily Chronicle, Puzzle, Coffee CD 10:15 Resident Council O 10:30 Out & About M 11:30 Healthy Hands V 1:15 Music + Seated Exercise GF 2:30 Happy Hour Social- AL I 4:00 Afternoon Refresh	M 10:45 Name that Tune M 11:30 Healthy Hands K 1:30 Bingo V 2:30 Walking Club M 3:30 Spa Saturday M 4:30 Afternoon Refresh
MN 4:30 Afternoon Refresh S:00 Grandparent's Day K 9:00 Hospitality Cart- Daily Chronicle, Devotional, Puzzle & Coffee I 10:45 Morning Prayer Service MN 11:30 Healthy Hands I 1:30 Bingo-AL MN 3:00 Spa Sunday V 4:00 Music + Seated Exercise MN 4:30 Afternoon Refresh I 5:15 Evening Inspirations	K 9:00 Hospitality Cart- Daily Chronicle, Puzzle, Coffee M 9:30 Monday Music O 10:00 Out & About M 11:30 Healthy Hands K 1:30 Bingo S 2:30 Happy Hour Social I 4:00 Afternoon Refresh	14 K 9:00 Hospitality Cart- Daily Chronicle, Puzzle, Coffee A 10:30 Artisans Club M 11:30 Healthy Hands V 1:30 Noodle Ball S 2:00 Chefs Circle L 2:30 Courtyard Reminisce I 2:30 SoulFit: Week1 Love I 4:00 Afternoon Refresh	15 Yom Kippur Begins K 9:00 Hospitality Cart- Daily Chronicle, Puzzle, Coffee M 10:30 Music + Seated Exercise M 11:30 Healthy Hands K 1:30 Bingo GF 2:30 Ice Cream Social I 4:00 Afternoon Refresh K 6:00 Trivia Night-AL L 6:30 MIdweek Movie-Bogart Theater	K 9:00 Hospitality Cart- Daily Chronicle, Puzzle, Coffee A 10:30 Craft + Cook- Activity Room MN 11:30 Healthy Hands K 1:30 Bingo-AL V 2:30 Walking Club I 4:00 Afternoon Refresh I 6:00 Rewind & Relax M 6:30 Music @ the Movies-Bogart Theater	K 9:00 Hospitality Cart- Daily Chronicle, Puzzle, Coffee O 10:30 Out & About M 11:30 Healthy Hands V 1:15 Music + Seated Exercise GF 2:30 Happy Hour Social- AL I 4:00 Afternoon Refresh	M 10:45 Name that Tune M 11:30 Healthy Hands K 1:30 Bingo V 2:30 Walking Club M 3:30 Spa Saturday M 4:30 Afternoon Refresh

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River Terrace Health Center Calendar

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Grandparent's Day	13	14	15 Yom Kippur Begins	16	17	18
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