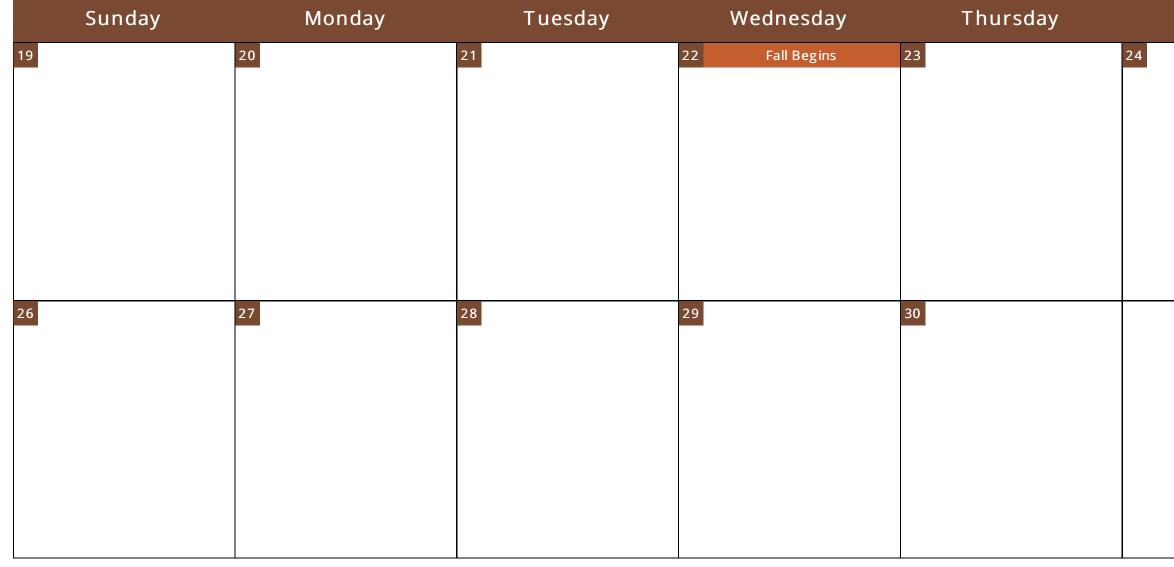
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 2		3	4
	6 Labor Day	7 Rosh Hashanah Begins	8 9		10	11
Grandparent's Day	13	14	15 Yom Kippur Begins 16		17	18



	September 2
Sector Sector	





Friday

Saturday

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North River Health Campus Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 A - Artisans C - Creative Cooking G - Gathering of Friends G - Group Games I - Inspirations G - Just the Guys K - Keeping it Sharp/Reminisce Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality 	Birthdays 9/6 - Mary G. 9/13 - Frank G. 9/22 - Kay D. 9/22 - Shila H.	Medical Transports are on Tuesdays and Wednesdays. Single Rider Bus Rides Available on Thursdays.	 9:00 Exercise: Strength Fit-HCAR 10:00 Catholic Mass- HCDR 10:00 Drum Circle- HC Patio 11:30 Pre-Lunch Games-ALDR 2:00 Lottery Bingo- HCDR 3:00 Card Players Club-HCAR 4:30 Pre-Dinner Games-ALDR 6:00 AL Bingo- ALAR 	 2 9:00 Exercise: Heart Fit- HCDR A 10:00 Creative Corner: Apple Stamping- HCAR 11:30 Lunch Outing: Roca Bar North 11:30 Pre-Lunch Games- ALDR 2:00 Bingo- HCDR 2:30 Inspired Living Committee- ALAR 3:00 Popcorn/Coke- HCDR 4:00 Patio Chats- Gardens 4:30 Pre-Dinner Games- 	 9:00 Exercise: Flex Fit- HCDR 10:00 Just the Guys- HCAR 11:00 Flower Arrangements- HCAR 11:30 Pre-Lunch Games- ALDR 2:00 North River Market- HCDR 3:00 Happy Hour w/Monte Instrumental Guitar- HCDR 4:30 Pre-Dinner Games- ALDR 	 9:00 Exercise: Strength Fit- HCAR 9:30 Finish the Lyrics- HCAR 10:00 Stress Free Saturday Coloring- Activity Rooms 11:30 Pre-Lunch Games- ALDR 2:00 Bingo- HCDR 3:00 Garden Club- HC Patio 4:00 Armchair Travel: Austria - ALAR 4:30 Pre-Dinner Games- ALDR 4:30 Pre-Dinner Games- ALDR
 5 K 9:00 Newspapers, Crosswords, and Coffee- HCAR M 11:00 Sunday Hymns-ALAR M 11:00 Walking Club G 11:30 Pre-Lunch Games- ALDR C 2:00 Creative Cooking: Blueberry Muffins- RP GF 3:00 Sunday at the Movies!- HCAR I 4:00 Bible Study- ALAR G 4:30 Pre-Dinner Games- ALDR 	 6 Labor Day 9:00 Exercise: Heart Fit- HCDR GG 11:30 Pre-Lunch Games- ALDR 2:00 Trivia Challenge! Labor Day Edition- HCAR 3:00 Bible Study- HCAR GG 4:00 Games/ Cards- Activity Rooms 4:00 Garden Chats- AL Patio GG 4:30 Pre-Dinner Games- ALDR 	 7 Rosh Hashanah Begins 9:00 Exercise: Balance Fit- HCDR 9:45 Catholic Communion w/ Linda- AR A 10:00 Creative Corner: Pointillism Leaf Art- HCAR GG 11:30 Pre-Lunch Games- ALDR K 2:00 Bingo- HCDR S 3:00 Float Social- HCAR I 4:00 Garden on Wheels GG 4:30 Pre-Dinner Games- ALDR 	 8 9:00 Exercise: Strength Fit-HCAR 10:00 Bing Crosby Music Study- HC Patio 11:30 Pre-Lunch Games-ALDR 2:00 Bingo- HCDR 3:00 Popcorn/Coke- HCDR 3:00 Garden Club- AL Patio 4:00 Ladies Book Club-HC Living Room 4:30 Pre-Dinner Games-ALDR 6:00 AL Bingo- ALAR 	CC 10:00 Chef's Circle- ALAR S 11:00 Resident Council: AL-	 9:00 Exercise: Flex Fit- HCDR 10:00 Apple Pie Bites- HCAR 11:00 Flower Arrangements- HCAR 11:30 Pre-Lunch Games- ALDR 2:00 North River Market- HCDR 3:00 Happy Hour w/Monte Instrumental Guitar- HCDR 3:00 Happy Hour w/Neil Yockey Guitar- HCDR 4:30 Pre-Dinner Games- 	 9:00 Exercise: Strength Fit- HCAR 9:30 Higher Lower- HCAR 10:00 Stress Free Saturday Coloring- Activity Rooms 11:30 Pre-Lunch Games- ALDR 2:00 Bingo- HCDR 3:00 Garden Club- HC Patio 4:00 Armchair Travel: Switzerland - ALAR 4:30 Pre-Dinner Games- ALDR
 12 Grandparent's Day K 9:00 Newspapers, Crosswords, and Coffee- HCAR S 10:00 Happy Grandparent's Day Treats!- In Room M 11:00 Sunday Hymns-ALAR M 11:00 Walking Club G 11:30 Pre-Lunch Games- ALDR C 2:00 Creative Cooking: Butter Cookies- RP GF 3:00 Toys Then/Now!- HCAR I 4:00 Bible Study- ALAR 	 3:00 Bible Study- HCAR GG 4:00 Games/ Cards- Activity Rooms 4:00 Garden Chats- AL Patio 	 9:00 Exercise: Balance Fit-HCDR 9:45 Catholic Communion w/ Linda- AR A 10:00 Creative Corner: Door Hangers- HCAR GG 11:30 Pre-Lunch Games-ALDR X 2:00 Bingo- HCDR S 3:00 Cookie Social- HCAR 4:00 Garden on Wheels GG 4:30 Pre-Dinner Games-ALDR 	 Yom Kippur Begins 9:00 Exercise: Strength Fit- HCAR 10:00 Dean Martin Music Study- HC Patio 11:30 Pre-Lunch Games- ALDR 2:00 Lottery Bingo- HCDR 3:00 Card Players Club- HCAR 4:00 Garden Club- AL Patio 4:00 Ladies Book Club-HC Living Room 4:30 Pre-Dinner Games- ALDR 	 9:00 Exercise: Heart Fit-HCDR A 10:00 Creative Corner: Door Hangers- HCAR 11:00 Lunch Outing: Wolf's BBQ 11:30 Pre-Lunch Games-ALDR 2:00 Bingo- HCDR 3:00 Popcorn/Coke- HCDR 4:00 Patio Chats- Gardens 4:30 Pre-Dinner Games-ALDR GF 6:00 Self Directed Puzzle 	 17 9:00 Exercise: Flex Fit- HCDR 10:00 Just the Guys- HCAR 10:30 Creative Cooking: Cinnamon Apple Chips- RP A 11:00 Flower Arrangements- HCAR G 11:30 Pre-Lunch Games- ALDR 2:00 North River Market- HCDR 3:00 Happy Hour w/Monte Instrumental Guitar- HCDR 	 18 9:00 Exercise: Strength Fit-HCAR 9:30 Name That Tune!-HCAR 10:00 Stress Free Saturday Coloring- Activity Rooms GG 11:30 Pre-Lunch Games- ALDR 2:00 Bingo- HCDR 3:00 Garden Club- HC Patio 4:00 Armchair Travel: 1950's America - ALAR 4:30 Pre-Dinner Games-

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North River Health Campus Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22 Fall Begins	23	24	25
 Signal Structure Signal Structure	 9:00 Exercise: Heart Fit-HCDR 11:30 Pre-Lunch Games-ALDR 2:00 Wheel of Fortune!-HCAR 3:00 Bible Study- HCAR 3:00 Games/ Cards- Activity Rooms 4:00 Garden Chats- AL Patio 4:30 Pre-Dinner Games-ALDR 	 9:00 Exercise: Balance Fit-HCDR 9:45 Catholic Communion w/ Linda- AR 10:00 Creative Corner: Leaf Printing- HCAR GG 11:30 Pre-Lunch Games-ALDR 2:00 Bingo- HCDR 3:00 Caramel Apple Social-HCAR 4:00 Garden on Wheels GG 4:30 Pre-Dinner Games-ALDR 	 9:00 Exercise: Strength Fit- HCAR 10:00 Patsy Cline Music Study- HC Patio GG 11:30 Pre-Lunch Games- ALDR 2:00 Lottery Bingo- HCDR GG 3:00 Card Players Club- HCAR GF 4:00 Garden Club- AL Patio 4:00 Ladies Book Club-HC Living Room GG 4:30 Pre-Dinner Games- ALDR 	 9:00 Exercise: Heart Fit- HCDR 10:00 Resident Retreat Activity - HCAR 11:30 Pre-Lunch Games- ALDR 12:00 Taste of the Town Lunch- GD Ritzy's 2:00 Bingo- HCDR 3:00 Popcorn/Coke- HCDR 4:00 Resident Retreat Activity- HCAR 4:30 Pre-Dinner Games- ALDR 	 9:00 Exercise: Flex Fit- HCDR 10:00 Just the Guys- HCAR 10:30 Creative Cooking: Cornbread 11:00 Flower Arrangements- HCAR 11:30 Pre-Lunch Games- ALDR 2:00 North River Market- HCDR 3:00 Happy Hour w/Monte Instrumental Guitar- HCDR 3:00 Pre-Dinner Games- 	 9:00 Exercise: Strength Fit-HCAR 9:30 Sunflower with Oil Pastels- HCAR 10:30 Stress Free Saturday Coloring- Activity Rooms 11:30 Pre-Lunch Games-ALDR 2:00 Bingo- HCDR 3:00 Garden Club- HC Patio 4:00 Armchair T ravel: Germany - ALAR 4:30 Pre-Dinner Games-
 26 K 9:00 Newspapers, Crosswords, and Coffee- HCAR M 11:00 Sunday Hymns-ALAR M 11:00 Walking Club GG 11:30 Pre-Lunch Games- ALDR C 2:00 Creative Cooking: Easy Peach Cobbler- RP GF 3:00 Sunday at the Movies!- HCAR I 4:00 Bible Study- ALAR GG 4:30 Pre-Dinner Games- ALDR 	 27 9:00 Exercise: Heart Fit-HCDR 10:00 Country Cruise 11:30 Pre-Lunch Games-ALDR 2:00 Race to 50 Game-HCAR 3:00 Bible Study- HCAR 3:00 Games/ Cards- Activity Rooms 4:00 Garden Chats- AL Patio 4:30 Pre-Dinner Games-ALDR 	 9:00 Exercise: Balance Fit-HCDR 9:45 Catholic Communion w/ Linda- AR 10:00 Creative Corner: Beaded Pumpkins-HCAR 11:30 Pre-Lunch Games-ALDR 2:00 Bingo- HCDR 3:00 Ice Cream Social-HCAR 4:00 Garden on Wheels 4:30 Pre-Dinner Games- 	 29 9:00 Exercise: Strength Fit-HCAR 10:00 Jerry Lee Lewis Music Study- HC Patio GG 11:30 Pre-Lunch Games-ALDR 2:00 Lottery Bingo- HCDR GG 3:00 Card Players Club-HCAR GF 4:00 Garden Club- AL Patio 4:00 Ladies Book Club-HC Living Room GG 4:30 Pre-Dinner Games-ALDR 	 30 9:00 Exercise: Heart Fit-HCDR A 10:00 Creative Corner: Sunshine Project-HCAR GG 11:30 Pre-Lunch Games-ALDR K 2:00 Bingo- HCDR S 3:00 Popcorn/Coke- HCDR I 4:00 Patio Chats- Gardens GG 4:30 Pre-Dinner Games-ALDR GF 6:00 Self Directed Puzzle Party- AR's 	Be sure to attend activities to collect your North River Dollars! North River Dollars can be traded in on Fridays at the North River Market for Goodies!	

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North River Health Campus Health Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 A - Artisans C - Creative Cooking G - Gathering of Friends G - Group Games I - Inspirations G - Just the Guys K - Keeping it Sharp/Reminisce Lifelong Learning M - Mindful Moments M - Music to My Ears Out & About S - Signature Events 	V - Vitality	Medical Transport Days are Tuesdays and Wednesdays. Single Rider Bus Rides on Thursdays.	 9:00 Exercise: Strength Fit-HCAR 10:00 Catholic Mass- HCDR 10:00 Drum Circle- HC Patio 11:00 Garden Club- HC Patio 11:30 Sensations- Themed Baskets- HCAR 11:45 Pre-Lunch Games-HCDR 3:00 Lottery Bingo- HCDR 3:00 Card Players Club-HCAR 4:45 Pre-Dinner Games-HCDR 	 2 9:00 Exercise: Heart Fit-HCDR 10:00 Creative Corner: Apple Stamping- HCAR 11:30 Lunch Outing: Roca Bar North 11:30 Sensations- Themed Baskets- HCAR 11:45 Pre-Lunch Games-HCDR 3:00 Popcorn/Coke- HCDR 3:00 Popcorn/Coke- HCDR 4:00 Patio Chats- Gardens 4:45 Pre-Dinner Games- 	 3 9:00 Exercise: Flex Fit- HCDR 10:00 Just the Guys- HCAR A 11:00 Flower Arrangements- HCAR M 11:30 Sensations- Themed Baskets- HCAR G 11:45 Pre-Lunch Games- HCDR 2:00 North River Market- HCDR 3:00 Happy Hour w/Monte Instrumental Guitar- HCDR G 4:45 Pre-Dinner Games- 	 9:00 Exercise: Strength Fit-HCAR 9:30 Finish the Lyrics- HCAR 10:00 Stress Free Saturday Coloring- Activity Rooms 11:30 Sensations- Themed Baskets- HCAR 11:45 Pre-Lunch Games-HCDR 2:00 Bingo- HCDR 3:00 Garden Club- HC Patio 4:00 Armchair Travel: Austria - ALAR
5	6 Labor Day	7 Rosh Hashanah Begins	8	9	10	11
 9:00 Newspapers, Crosswords, and Coffee- HCAR 10:00 Church Service - HCAR 11:00 Walking Club 11:30 Sensations- Themed Baskets- HCAR 11:45 Pre-Lunch Games- HCDR 2:00 Creative Cooking: Blueberry Muffins- RP 3:00 Sunday at the Movies!- HCAR 4:00 Bible Study- ALAR 	HCDR	 9:00 Exercise: Balance Fit-HCDR 9:45 Catholic Communion w/ Linda- AR 10:00 Creative Corner: Pointillism Leaf Art-HCAR 11:30 Sensations- Themed Baskets- HCAR 11:45 Pre-Lunch Games-HCDR 2:00 Bingo- HCDR 3:00 Float Social- HCAR 4:00 Garden on Wheels 	 9:00 Exercise: Strength Fit-HCAR 10:00 Bing Crosby Music Study- HC Patio 11:00 Garden Club- HC Patio 11:30 Sensations- Themed Baskets- HCAR 11:45 Pre-Lunch Games-HCDR 3:00 Bingo- HCDR 3:00 Popcorn/Coke- HCDR 4:00 Ladies Book Club-HC Living Room 4:45 Pre-Dinner Games- 	 9:00 Exercise: Heart Fit-HCDR 10:00 Resident Council: HC-HCAR 11:30 Sensations- Themed Baskets- HCAR 11:45 Pre-Lunch Games-HCDR 3:00 Dice Games- HCAR 4:00 Card Players Club-HCAR 4:45 Pre-Dinner Games-HCDR 6F 6:00 Self Directed Puzzle 	 9:00 Exercise: Flex Fit- HCDR 10:00 Apple Pie Bites- HCAR 11:00 Flower Arrangements- HCAR 11:30 Sensations- Themed Baskets- HCAR 11:45 Pre-Lunch Games- HCDR 2:00 North River Market- HCDR 3:00 Happy Hour w/Neil Yockey Guitar- HCDR 4:45 Pre-Dinner Games- HCDR 	 9:00 Exercise: Strength Fit-HCAR 9:30 Higher Lower- HCAR 10:00 Stress Free Saturday Coloring- Activity Rooms 11:30 Sensations- Themed Baskets- HCAR 11:45 Pre-Lunch Games-HCDR 2:00 Bingo- HCDR 3:00 Garden Club- HC Patio 4:00 Armchair Travel: Switzerland - ALAR
12 Grandparent's Day	13	14	15 Yom Kippur Begins	16	17	18
 9:00 Newspapers, Crosswords, and Coffee- HCAR 10:00 Church Service - HCAR 10:00 Happy Grandparent's Day Treats!- In Room 11:00 Walking Club 11:30 Sensations- Themed Baskets- HCAR 11:45 Pre-Lunch Games- HCDR 2:00 Creative Cooking: Butter Cookies- RP 	HCDR	 9:00 Exercise: Balance Fit-HCDR 9:45 Catholic Communion w/ Linda- AR 10:00 Creative Corner: Door Hangers- HCAR 11:30 Sensations- Themed Baskets- HCAR 11:45 Pre-Lunch Games-HCDR 2:00 Bingo- HCDR 3:00 Cookie Social- HCAR 4:00 Garden on Wheels 	 9:00 Exercise: Strength Fit-HCAR 10:00 Dean Martin Music Study- HC Patio A 11:00 Garden Club- HC Patio A 11:30 Sensations- Themed Baskets- HCAR GG 11:45 Pre-Lunch Games-HCDR K 2:00 Lottery Bingo- HCDR GG 3:00 Card Players Club-HCAR V 4:00 Ladies Book Club-HC 	 9:00 Exercise: Heart Fit-HCDR 10:00 Creative Corner: DoorHangers- HCAR 11:00 Lunch Outing: Wolf's BBQ 11:30 Sensations- ThemedBaskets- HCAR 11:45 Pre-Lunch Games-HCDR 2:00 Bingo- HCDR 3:00 Popcorn/Coke- HCDR 4:00 Patio Chats- Gardens 	 9:00 Exercise: Flex Fit- HCDR 10:00 Just the Guys- HCAR 10:30 Creative Cooking: Cinnamon Apple Chips- RP 11:00 Flower Arrangements- HCAR 11:30 Sensations- Themed Baskets- HCAR 11:45 Pre-Lunch Games- HCDR 2:00 North River Market- HCDR 	 9:00 Exercise: Strength Fit-HCAR 9:30 Name That Tune!-HCAR 10:00 Stress Free Saturday Coloring- Activity Rooms 11:30 Sensations- Themed Baskets- HCAR GG 11:45 Pre-Lunch Games-HCDR 2:00 Bingo- HCDR 3:00 Garden Club- HC Patio

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North River Health Campus Health Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22 Fall Begins	23	24	25
 9:00 Newspapers, Crosswords, and Coffee- HCAR 10:00 Church Service - HCAR 11:00 Walking Club 11:30 Sensations- Themed Baskets- HCAR GG 11:45 Pre-Lunch Games- 	 9:00 Exercise: Heart Fit- HCDR 10:00 Country Cruise 10:30 Higher Lower!- HCAR 11:00 Garden Club- HC Patio 11:30 Sensations- Themed Baskets- HCAR GG 11:45 Pre-Lunch Games- 	 9:00 Exercise: Balance Fit- HCDR 9:45 Catholic Communion w/ Linda- AR 10:00 Creative Corner: Leaf Printing- HCAR 11:30 Sensations- Themed Baskets- HCAR 	 9:00 Exercise: Strength Fit- HCAR 10:00 Patsy Cline Music Study- HC Patio 11:00 Garden Club- HC Patio 11:30 Sensations- Themed Baskets- HCAR 11:45 Pre-Lunch Games- 	 9:00 Exercise: Heart Fit- HCDR 10:00 Resident Retreat Activity - HCAR 11:30 Resident Retreat Activity- HCAR GG 11:45 Pre-Lunch Games- HCDR 	 9:00 Exercise: Flex Fit- HCDR 10:00 Just the Guys- HCAR 10:30 Creative Cooking: Cornbread 11:00 Flower Arrangements- HCAR 11:30 Sensations- Themed Baskets- HCAR 	 9:00 Exercise: Strength Fit- HCAR 9:30 Sunflower with Oil Pastels- HCAR 10:30 Stress Free Saturday Coloring- Activity Rooms 11:30 Sensations- Themed
HCDR C 2:00 Creative Cooking: Banana Pudding- RP GF 3:00 Sunday at the Movies!- HCAR HCAR HCAR	HCDR I 2:00 Wheel of Fortune!- HCAR I 3:00 Bible Study- HCAR GG 4:00 Games/ Cards- Activity Rooms	GG 11:45 Pre-Lunch Games- HCDR K 2:00 Bingo- HCDR S 3:00 Caramel Apple Social- HCAR I 4:00 Garden on Wheels	HCDR K 2:00 Lottery Bingo- HCDR GG 3:00 Card Players Club- HCAR V 4:00 Ladies Book Club-HC Living Room	 S 12:00 Taste of the Town Lunch- GD Ritzy's K 2:00 Bingo- HCDR S 3:00 Popcorn/Coke- HCDR I 4:00 Resident Retreat Activity- HCAR 	GG 11:45 Pre-Lunch Games- HCDR S 2:00 North River Market- HCDR M 3:00 Happy Hour w/Music- HCDR	Baskets- HCAR GG 11:45 Pre-Lunch Games- HCDR K 2:00 Bingo- HCDR I 3:00 Garden Club- HC Patio I 4:00 Armchair Travel:
 26 K 9:00 Newspapers, Crosswords, and Coffee- HCAR M 10:00 Church Service - HCAR M 10:00 Walking Club M 11:30 Sensations- Themed Baskets- HCAR G 11:45 Pre-Lunch Games- HCDR C 2:00 Creative Cooking: Easy Peach Cobbler- RP 	 27 9:00 Exercise: Heart Fit- HCDR 10:00 Country Cruise 11:00 Garden Club- HC Patio 11:30 Sensations- Themed Baskets- HCAR GG 11:45 Pre-Lunch Games- HCDR 2:00 Race to 50 Game- HCAR 3:00 Bible Study- HCAR 	 9:00 Exercise: Balance Fit-HCDR 9:45 Catholic Communion w/ Linda- AR 10:00 Creative Corner: Beaded Pumpkins-HCAR 11:30 Sensations- Themed Baskets- HCAR 11:45 Pre-Lunch Games-HCDR 	 9:00 Exercise: Strength Fit-HCAR 10:00 Jerry Lee Lewis Music Study- HC Patio 11:00 Garden Club- HC Patio 11:30 Sensations- Themed Baskets- HCAR 11:45 Pre-Lunch Games-HCDR 2:00 Lottery Bingo- HCDR 3:00 Card Players Club- 	 30 9:00 Exercise: Heart Fit- HCDR A 10:00 Creative Corner: Sunshine Project- HCAR 0 11:30 Lunch Outing: Frontier Restaurant M1 11:30 Sensations- Themed Baskets- HCAR GC 11:45 Pre-Lunch Games- HCDR 	<u>Birthdays</u> 9/22 - Kay D. 9/22 - Shila H. 9/22 - Kay D. 9/22 - Shila H.	
GF3:00Sunday at the Movies!- HCARI4:00Bible Study- ALAR	GG 4:00 Games/ Cards- Activity Rooms GG 4:45 Pre-Dinner Games-	2:00 Bingo- HCDR 3:00 Ice Cream Social- HCAR	HCAR 4:00 Ladies Book Club-HC Living Room	K2:00Bingo- HCDRS3:00Popcorn/Coke- HCDRI4:00Patio Chats- Gardens		

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North River Health Campus Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	
CC - Community Connections GF - Gathering of Friends GC - Group Games I - Inspirations L - Lifelong Learning S - Signature Events V - Vitality			1 I 1:30 Tai Chi with Ron (recorded version)- CH	2 9:30 Trilogy Fit - CH	3
5	6 Labor Day	 7 Rosh Hashanah Begins 8:30 Pancake Breakfast AT CLUBHOUSE! 9:30 Trilogy Fit - CH 10:00 Soul Fit - CH 	8 GF11:30 Villa Community Lunch at Clubhouse I 1:30 Tai Chi with Ron (recorded version)- CH	9 99:30 Trilogy Fit - CH	10
12 Grandparent's Day	13 GG 1:00 Bunco - CH	 9:30 Trilogy Fit - CH 10:00 Soul Fit - CH 10:30 Technology Help with Jennifer - By Appointment! 	 15 Yom Kippur Begins CC 1:00 Senior Executive Club - Drive through at AL (RSVP required by 9/10) I 1:30 Tai Chi with Ron (recorded version)- CH 	16 V 9:30 Trilogy Fit - CH	17 5 1:3

Friday

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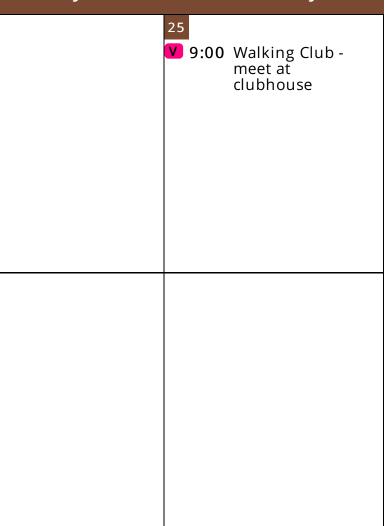
North River Health Campus Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday
19	20	21 9:30 Trilogy Fit - CH 10:00 Soul Fit - CH	 Fall Begins 1:30 Tai Chi with Ron (recorded version)- CH 	23 V 9:30 Trilogy Fit - CH S 12:00 Taste of the Town Drive through at AL (GD Ritzy's) RSVP required by 9/17
26	27 1:00 Bunco - CH	 28 GF 8:30 Coffee and Donut Breakfast - CH 9:30 Trilogy Fit - CH 10:00 Keeping Up Appearances (Comedy Sitcom) at CH 	1 1:30 Tai Chi with Ron (recorded version)- CH	30 GF 8:30 Coffee and Donut Breakfast - CH ▼ 9:30 Trilogy Fit - CH

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Friday

Saturday



North River Health Campus Legacy Lane

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Artisans C - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality 			 Glorious Verbs! Spiced Apple Oat Cookies Relax & Recharge Pressed Flowers Create a Booming Song! Nerf Gun Target Practice Healthy Hands A Time For Iced Tea! 	 K Let's Spell Summer Gazpacho Soup Relax & Recharge A Newspaper Art M Shake It Up, Baby! G Ladder Ball 	 Disc Golf Best Friends Twisted Banana Split Relax & Recharge Creative Storytelling September Happy Hour Word Works Healthy Hands Let's Get The Kids Ready For School! Nighttime Traditions 	 4 V Pump You Up K Summer Colors C Vanilla Yogurt & Blueberry Parfait Relax & Recharge A Fleece Blankets M College Football Fight Songs G State Plate Game Healthy Hands GF Evening On The Porch Nighttime Traditions
 5 Soccer Affirming Friends Mint Melon Salad Relax & Recharge Wrap n' Llama Music Makes You Happier Aim for the Stars Healthy Hands Aqua Painting Nighttime Traditions 	 6 Labor Day V Move it Monday K Inspired Tales C Labor Day Icebox Berry Cheesecake Relax & Recharge A Labor Day Cards M School Days G Horseshoes Healthy Hands G Patio Hangman Nighttime Traditions 	 7 Rosh Hashanah Begins V Dance, Dance K American Landmarks C Broccoli Salad Relax & Recharge A Warm Vanilla Sugar Scrub M September Birthdays G What Belongs Together? Healthy Hands I Garden on Wheels GF Summer On The Patio! Nighttime Traditions 	 Glorious Verbs! Grandma's Chocolate Chip Cookies Relax & Recharge Sunflower Painting Create a Booming Song! Nerf Gun Target Practice Healthy Hands 	Healthy Hands	 10 V Disc Golf K Best Friends C Decadent Caramel Banana Cake Relax & Recharge A Fall Leaf Garland M September Happy Hour G Word Works Healthy Hands GF Let's Get The Kids Ready For School! Nighttime Traditions 	 Pump You Up Summer Colors Banana Breeze Relax & Recharge Fleece Blankets College Football Fight Songs State Plate Game Healthy Hands Evening On The Porch Nighttime Traditions
 12 Grandparent's Day Soccer Affirming Friends Creamy Grape Salad Relax & Recharge Grandparent's Day Family Tree Music Makes You Happier Aim for the Stars Healthy Hands Aqua Painting Nighttime Traditions 	 Move it Monday Inspired Tales Mexican Street Corn Dip Relax & Recharge Slime Experiment School Days Horseshoes Healthy Hands Patio Hangman Nighttime Traditions 	Relax & Recharge The Dot Art Day 1 September Birthdays G What Belongs Together?	 K Glorious Verbs! C Toasted Coconut Cream Pie Relax & Recharge A The Dot Art Day 2 M Create a Booming Song! G Nerf Gun Target Practice Healthy Hands GF A Time For Iced Tea! Nighttime Traditions 	 16 What a Wonderful World Chair Yoga K Let's Spell Summer C Homemade Guacamole & Sangria Relax & Recharge A Clay Mountain Photo Holder Day 1 M Shake It Up, Baby! G Ladder Ball Healthy Hands GF Let's Go to The Beach Nighttime Traditions 	K Best Friends C Brown Sugar Granola	 Pump You Up Summer Colors Brownie Walnut Chunk Cookies Relax & Recharge Fleece Blankets College Football Fight Songs State Plate Game Healthy Hands Evening On The Porch Nighttime Traditions

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North River Health Campus Legacy Lane

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 19 Soccer Affirming Friends Antipasto Salad Relax & Recharge Ask A Beautiful Question Music Makes You Happier G Aim for the Stars Healthy Hands Aqua Painting Nighttime Traditions 	 20 Move it Monday Inspired Tales Waldorf Salad Relax & Recharge Paper Picture Frames School Days Horseshoes Healthy Hands Patio Hangman Nighttime Traditions 	 21 Dance, Dance American Landmarks Cookies & Cream Cookies Relax & Recharge Salted Painting September Birthdays GWhat Belongs Together? Healthy Hands Garden on Wheels GF Summer On The Patio! Nighttime Traditions 	Relax & Recharge Rustic Wood Pumpkins Create a Booming Song! GG Nerf Gun Target Practice Healthy Hands GF A Time For Iced Tea!	 Garlic Stuffed Mushrooms Relax & Recharge Apple Chalkboard Greetings 	Best Friends Peach Cobbler Muffins Relax & Recharge Nature Bookmarks September Happy Hour Word Works Healthy Hands	 25 Pump You Up Summer Colors Cheddar & Chive Drop Biscuits Relax & Recharge Fleece Blankets College Football Fight Songs State Plate Game Healthy Hands Evening On The Porch Nighttime Traditions
 26 Soccer Affirming Friends Johnny Appleseed Bars Relax & Recharge Fall Leaf Candle Mason Jar Music Makes You Happier G Aim for the Stars Healthy Hands GF Aqua Painting Nighttime Traditions 	 27 Move it Monday Inspired Tales Roasted Eggplant w/ Creamy Yogurt Sauce Relax & Recharge Popcorn Fall Trees School Days Horseshoes Healthy Hands Patio Hangman Nighttime Traditions 	 28 Dance, Dance American Landmarks Spiced Harvest Bread Relax & Recharge Clay Pinch Pots-Day1 September Birthdays What Belongs Together? Healthy Hands Garden on Wheels GF Summer On The Patio! Nighttime Traditions 	Brown Butter Icing Relax & Recharge A Clay Pinch Pots-Day2 M Create a Booming Song! GG Nerf Gun Target Practice Healthy Hands GF A Time For Iced Tea!	 What a Wonderful World Chair Yoga Let's Spell Summer Pumpkin Dip Relax & Recharge Have a Gentle Conversation Shake It Up, Baby! Ladder Ball Healthy Hands Let's Go to The Beach Nighttime Traditions 		

to mbon/2

