



WESTLAKE
HEALTH CAMPUS

A Trilogy Senior Living Community

Lifestyles

September 2021

Campus Retreats – Everything You Need to Know

In 2020, Trilogy communities across the Midwest came together to pull off an incredible feat – organizing their own campus retreats, and putting on a true celebration of Trilogy culture. These retreats saw residents and employees alike come together to celebrate themes including “Fall Carnival”, “Trilogy Tailgate”, “Surfin’ Safari”, and more. This year, we’re proud to be bringing this one-of-a-kind event back – and you won’t have to wait long to see it brought to life!

Just around the corner, each Trilogy campus has chosen a day between September 20th and September 24th to celebrate their unique retreat.



Regardless of the day (and the theme!) that they’ve chosen, each community will be shown to an unforgettable day of theme-related activities, dining options hot off the plate, and opportunities to create arts and crafts - just to name a few.

We’ll be sharing more details as we

get closer to the event – but in the meantime, don’t hesitate to talk to any member of our team to learn more about our theme, the activities we have planned, and how you can be best prepared for our next great adventure.

We can’t wait to see you there!

Happy Birthday!

Residents

Thomas K.	September 02
Celia H.	September 09
Donald S.	September 15
Rodell J.	September 16
Miles D.	September 23

Photo Highlights



One of the Many fun things we enjoyed last month was the Ice Cream Social! What a great treat on such a hot summer day!

Clubhouse News

The Club House will be available for Community and Family Events as well. We are looking to collaborate with your group. Space is available, contact us for more information Monday through Friday 8am-4pm. Contact, your Villa Lifestyle Director for details.

How to contact your Villa Lifestyle Director (Jessica Edsall, 248-826-4879, Jessica.edsall@westlakehc.com)



Julys Dinner Club had a great time enjoying Charlie's Stil On Main. The food was great, but the company was even better!

Brent Hayes
Executive Director

Angela Walker
Director of Health Services

Bob Goralski
Director of Plant Operations

Kim Penn
Director of Environmental Services

Peter Johnston
Director of Food Services

Kait Lewis
Community Service Representative

Jessica Edsall
Villa Lifestyle Director

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Join us on Tuesday for Tai chi with Catherine! Tai Chi gentle exercise that helps improve balance and prevent falls. It consists of making slow, graceful movements while breathing deeply.

Live a Dream

Riding in a Corvette one more time, or returning to the pilot's seat to fly an airplane are just a sampling of the dreams granted to our residents through this inspiring program. Do you have a dream that you want to live out? Let our Team know your dream so that we can make it come true!