



# Campus Retreats – **Everything You Need to Know**

In 2020, Trilogy communities across the Midwest came together to pull off an incredible feat – organizing their own campus retreats, and putting on a true celebration of Trilogy culture. These retreats saw residents and employees alike come together to celebrate themes including "Fall Carnival", "Trilogy Tailgate", "Surfin' Safari", and more. This year, we're proud to be bringing this one-of-a-kind event back - and you won't have to wait long to see it brought to life!

Just around the corner, each Trilogy campus has chosen a day between September 20th and September 24th to celebrate their unique retreat.



Regardless of the day (and the theme!) that they've chosen, each community will be shown to an unforgettable day of theme-related activities, dining options hot off the plate, and opportunities to create arts and crafts - just to name a few.

We'll be sharing more details as we

get closer to the event – but in the meantime, don't hesitate to talk to any member of our team to learn more about our theme, the activities we have planned, and how you can be best prepared for our next great adventure. We can't wait to see you there!

## Happy Birthday!

#### Residents Carol E. 9/03 Joseph K. 9/04 Flora H. 9/05 Marilyn T. 9/07 Janet S. 9/10 Billie G. 9/12 Svbil M. 9/18 Annemarie H. 9/21 Lucy W. 9/23 Staff Penny B. 9/05 Angela R. 9/14 Melissa S. 9/15 Kelly M. 9/29 Melanie P. 9/29

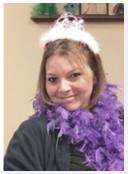
#### Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link: www.oaksatbethesda.com

The Private Dining Room,
Recreation Room and Activity
Room can be reserved for family
parties and community groups.
Please contact a member of
Life Enrichment for details.

Happy Hour is weekly at 3:00pm on Fridays in the Health Care Dining Room!

The Trilogy Foundation grants Live a Dreams to residents wishing to relive an experience or engage in something they have always wanted to try. See a member of Life Enrichment for details.



## Executive Director Corner

Happy September, everyone!

Fall is nearly

underway, meaning we can start looking forward to the sight of red leaves, the taste of harvest foods, and of course, the relief of cooler weather. And if that's not enough to put you in the Autumn spirit, maybe the return of our annual retreat will!

We'll be picking a day between September 20th and 24th for a special getaway filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy residents love and deserve. Talk to any member of our team today to learn more about our theme, the activities we have planned, and how you can be best prepared for our next great adventure. If you have any questions or concerns about anything in the meantime — or if you just want to catch up — please don't hesitate to reach out. We love hearing from you!

Have a wonderful start to the fall!

Yours in Service,

Tiffany Goins

**Executive Director** 

### **ENTERTAINMENT**

What a wonderful time we have been having, we have celebrated France by having a France theme dinner with live entertainment, we have gone on country drives, ate in amazing restaurants and have even enjoyed shopping adventures. Enjoy some of the pictures that captured some of our fun.





## More from **ENTERTAINMENT**



# PACUATION RO Tra Oast at metros









#### **Volunteer News**

We are always looking for volunteers that would like the opportunity to enhance the lives of others as well as their own. It can be something as simple as talking with a resident, playing cards, putting a puzzle together, calling bingo, painting fingernails or going on an outing. Please contact Misty Bookless or any of the other Life Enrichment staff member at 740-452-3800 for information.







A Trilogy Senior Living Community

2971 Maple Avenue Zanesville, OH 43701 740-452-3800 oaksatbethesda.com | ♥ f

> Tiffany Goins Executive Director

April Huffman Director of Health Services

Penny Butcher Resident Services Director

Misty Bookless Life Enrichment Director

Cassie Lloyd Community Service Representative

> Ashley Richards Director of Food Services

Stacy Holland Business Office Manager

Courtney Spangler Director of Plant Operations

Judy Spaulding Environmental Services Director

> Layne Paladino Therapy Director

#### Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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### **Monthly Trivia & Activity Corner**

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: \_\_\_\_\_ blood type is considered the universal donor.

Question 2: What product was banned from advertising on television in 1971?

Question 3: Edwin Budding invented what landscaping tool in the 1820's?

Question 4: Who is the only US president to ever resign from office?

Question 5: What is the brightest star in the galaxy?

Flip the page for last month's trivia answers:

monument? Devils Tower
Q2: What year did Disney Land
open? 1955
Q3: How many colors are there in a
rainbow? 7
Q4: What is the nickname of the
state of California? The Golden State
Mich state is home to Area S1?
Wevada

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## Word Gearch

Q1: What was the name of the United States first national

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ACTIVITIES
ARTS
CARNIVAL
CELEBRATE

COMMUNITY
CRAFTS
CULTURE
DINING

INCREDIBLE LIFE RETREAT

**SAFARI** 

SURFIN THEME TRILOGY UNIQUE