



ST. MARY

A Trilogy Senior Living Community

Monthly

September 2021

Campus Retreats – Everything You Need to Know

In 2020, Trilogy communities across the Midwest came together to pull off an incredible feat – organizing their own campus retreats, and putting on a true celebration of Trilogy culture. These retreats saw residents and employees alike come together to celebrate themes including “Fall Carnival”, “Trilogy Tailgate”, “Surfin’ Safari”, and more. This year, we’re proud to be bringing this one-of-a-kind event back – and you won’t have to wait long to see it brought to life!

Just around the corner, each Trilogy campus has chosen a day between September 20th and September 24th to celebrate their unique retreat.



Regardless of the day (and the theme!) that they’ve chosen, each community will be shown to an unforgettable day of theme-related activities, dining options hot off the plate, and opportunities to create arts and crafts - just to name a few.

We’ll be sharing more details as we

get closer to the event – but in the meantime, don’t hesitate to talk to any member of our team to learn more about our theme, the activities we have planned, and how you can be best prepared for our next great adventure. We can’t wait to see you there!

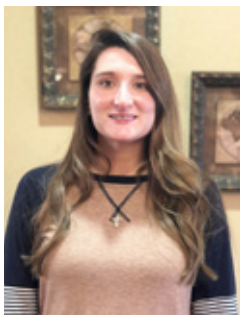
Happy Birthday!

Residents

Caroline C.	September 03
Cedric D.	September 05
Myreta S.	September 10
Georgette T.	September 19
Donald B.	September 22
Carol M.	September 28

Staff

Christina B.	September 09
Sabrina K.	September 11
Jesse R.	September 13
Makayla W.	September 19



Executive Director Corner

Happy September, everyone!

Fall is nearly underway, meaning we can start looking forward to the sight of red leaves, the taste of harvest foods, and of course, the relief of cooler weather. And if that's not enough to put you in the Autumn spirit, maybe the return of our annual retreat will!

We'll be picking a day between September 20th and 24th for a special getaway filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets

that Trilogy residents love and deserve. Talk to any member of our team today to learn more about our theme, the activities we have planned, and how you can be best prepared for our next great adventure. If you have any questions or concerns about anything in the meantime – or if you just want to catch up – please don't hesitate to reach out. We love hearing from you!

Have a wonderful start to the fall!

Yours in Service,

Mariah Waycotts
Interim Executive Director

THEME DINNER

St. Mary's went all out for our Bastille Day theme dinner! We enjoyed great food, fun games and all the costumes throughout the week. All through the week we engaged in activities such as video tours of France, Eiffel Tower paintings, French musette music and learning all kinds of trivia and knowledge about the beautiful country of France through documentaries. St. Mary's residents really know how to enjoy themselves and get into the spirit of fun and entertainment as you can see from the bright smiles. Thank you to all staff and residents who made this such a memorable week!



Shirley Q. is all smiles for the Bastille Day celebration!



A few of our residents enjoying the French café setting with a view of the Eiffel Tower!



Thank you so much to everyone that came out and enjoyed the music!



Having fun in the courtyard! It's so nice to be able to listen to live music again.

UPCOMING EVENTS

Be sure to save the date for our upcoming campus retreat! Thursday September 23rd we will be having a tailgate party. Expect a lot of fun games and exciting prizes to be given out. Be sure to sport your favorite sports team that day! Don't have a favorite team? That's fine come on out and support our Proud Mary campus and all of our amazing residents!

Be on the look out for more live entertainment! It's been so nice to have our wonderful performers back, and we can't wait to see what's to come!

National Hot Dog Day

Hot dog, hot dog, hot diggity dog! St. Mary's showed it's spirit for a nationally treasured cuisine- HOTDOGS! Throughout the day we engaged in activities surrounded around the national delicacy ranging from crafting the perfect hotdog in our artisans crafting group, to constructing the most delicious hotdogs with our hotdog bar. Whether you are a ketchup or mustard only fan or enjoy a more complex approach to your frank, we had you covered! Not only was this an event our residents enjoyed but our staff provided a hotdog bar to the public as well!

HOTDOG FACT: Did you know that hotdogs were one of the first foods eaten on the moon? That's out of this world!



Allie and Brittany are ready for our community event!



Darlene B. enjoying the fun craft!



Barbara O. showing off her masterpiece!



Kay M. having a refreshing lemonade!



It's all smiles when you have created the perfect hotdog!



Mary V. is putting the mustard vs ketchup debate to rest.



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Allison Nethercutt
Social Services Director

Erica Chezem
Life Enrichment Director

Beth Sabados
Legacy Lane Coordinator

Michael May
Director of Plant Operations

Brittany Harbolt
Director of Food Services

Hope Lowell
Director of Environmental Services

Joy Miller
MDS

Connie VanEtten
AP/ Payroll

Nathan Snyder
Business Office Manager

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Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: _____ blood type is considered the universal donor.

Question 2: What product was banned from advertising on television in 1971?

Question 3: Edwin Budding
invented what landscaping
tool in the 1820's?

Question 4: Who is the
only US president to
ever resign from office?

Question 5: What is the
brightest star in the galaxy?

*Flip the page for last
month's trivia answers:*

Q1: What was the name of the
United States' first national
monument? Devils Tower
Q2: What year did Disney Land
open? 1955
Q3: How many colors are there in a
rainbow? 7
Q4: What is the nickname of the
state of California? The Golden State
Q5: Which state is home to Area 51?
Nevada

SUDOKU

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ACTIVITIES
ARTS
CARNIVAL
CELEBRATE

COMMUNITY
CRAFTS
CULTURE
DINING

INCREDIBLE
LIFE
RETREAT
SAFARI

SURFIN
THEME
TRILOGY
UNIQUE