



SMITH'S MILL

HEALTH CAMPUS

A Trilogy Senior Living Community

News

September 2021

Campus Retreats – Everything You Need to Know

In 2020, Trilogy communities across the Midwest came together to pull off an incredible feat – organizing their own campus retreats, and putting on a true celebration of Trilogy culture. These retreats saw residents and employees alike come together to celebrate themes including “Fall Carnival”, “Trilogy Tailgate”, “Surfin’ Safari”, and more. This year, we’re proud to be bringing this one-of-a-kind event back – and you won’t have to wait long to see it brought to life!

Just around the corner, each Trilogy campus has chosen a day between September 20th and September 24th to celebrate their unique retreat.



Regardless of the day (and the theme!) that they’ve chosen, each community will be shown to an unforgettable day of theme-related activities, dining options hot off the plate, and opportunities to create arts and crafts - just to name a few.

We’ll be sharing more details as we

get closer to the event – but in the meantime, don’t hesitate to talk to any member of our team to learn more about our theme, the activities we have planned, and how you can be best prepared for our next great adventure. We can’t wait to see you there!

Happy Birthday!

Residents

Mary J.	9/02
Shirley W.	9/14
Alfred A.	9/14
Theodore B.	9/14
Paul G.	9/20
Stanley S.	9/21
Kathryn N.	9/22
Crystal G.	9/27

Staff

Alexis L.	9/13
Kim R.	9/19
Rachelle R.	9/20
Chanthy J.	9/26
Bradley T.	9/27

Labor Day Lunch Cookout

Monday, September 06

Taste of Town

Jets Pizza

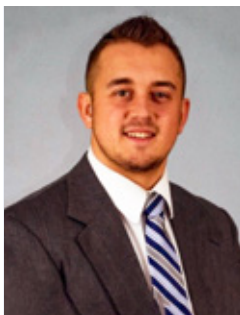
Wednesday, September 29

Volunteers Needed

We are looking to grow our volunteer program. If you, or someone you know have an interest to serve with the seniors in our community, please reach out to our Life Enrichment Director, Karen Davis, for more information.

FRANCE THEME WEEK

In July we celebrated the French culture by sampling great cuisine, art, costumes, and music, for a week filled with fun and laughs!



Executive Director Corner

Happy September, everyone! I am grateful

to have joined the Smith's Mill team as the new Executive Director in August. I have a master's degree in Public Health from Youngstown State University and have been a licensed Administrator since 2017. Most recently, I served as the Administrator at Continuing Healthcare Solutions in Gahanna, OH. I am excited to be a part of the Trilogy team and to support the community and our Smith's Mill campus as the Executive Director.

Fall is nearly underway, meaning we can start looking forward to the sight of red leaves, the taste of harvest foods, and of course, the relief of cooler weather. And if that's not enough to put you in the Autumn spirit, maybe the return of our annual

Resident Retreat will! We'll be celebrating the fall sports season with our residents and staff on Wednesday, Sept. 22nd, with a Trilogy Tailgate theme, with a day filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy residents love and deserve. Talk to any member of our team today to learn more about our theme, the activities we have planned, and how you can be best prepared for our next great adventure. If you have any questions or concerns about anything in the meantime – or if you just want to catch up – please don't hesitate to reach out. We love hearing from you!

Have a wonderful start to the fall!

Yours in Service,
Michael Helco
Executive Director



More from FRANCE THEME WEEK



Tailgate Retreat

We are excited for our annual resident campus retreat, that will be held on Wednesday, September 22. This year our theme is "Trilogy Tailgate" We will enjoy a fun filled day of themed games, food, and entertainment.





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Michael Helco
Executive Director

Andrea May
Director of Health Services

Lynette Garcia
Assistant Director of Health Services

Nick Thompson
Community Services Representative

Charlene Wallen
Customer Service Specialist

Karen Davis
Life Enrichment Director

Reid Bailey
Director of Plant Operations

H. Tom Grubbs
Director of Food Services

Jennifer Climer
Environmental Services Director

Kim Rife
Business Office Manager

Abby Holland, DPT
Program Director

Amy Schmit
AP/Payroll Coordinator

Courtney Starr
Director Social Services

Stay in the Loop [Twitter](#) [Facebook](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by [PorterOneDesign.com](#)

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: _____ blood type is considered the universal donor.

Question 2: What product was banned from advertising on television in 1971?

Question 3: Edwin Budding
invented what landscaping
tool in the 1820's?

Question 4: Who is the
only US president to
ever resign from office?

Question 5: What is the
brightest star in the galaxy?

*Flip the page for last
month's trivia answers:*

Q1: What was the name of the
United States' first national
monument? Devils Tower
Q2: What year did Disney Land
open? 1955
Q3: How many colors are there in a
rainbow? 7
Q4: What is the nickname of the
state of California? The Golden State
Q5: Which state is home to Area 51?
Nevada

SUDOKU

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ACTIVITIES
ARTS
CARNIVAL
CELEBRATE

COMMUNITY
CRAFTS
CULTURE
DINING

INCREDIBLE
LIFE
RETREAT
SAFARI

SURFIN
THEME
TRILOGY
UNIQUE