



RIVER TERRACE

HEALTH CAMPUS

A Trilogy Senior Living Community

News

September 2021

Campus Retreats – Everything You Need to Know

In 2020, Trilogy communities across the Midwest came together to pull off an incredible feat – organizing their own campus retreats, and putting on a true celebration of Trilogy culture. These retreats saw residents and employees alike come together to celebrate themes including “Fall Carnival”, “Trilogy Tailgate”, “Surfin’ Safari”, and more. This year, we’re proud to be bringing this one-of-a-kind event back – and you won’t have to wait long to see it brought to life!

Just around the corner, each Trilogy campus has chosen a day between September 20th and September 24th to celebrate their unique retreat.



Regardless of the day (and the theme!) that they’ve chosen, each community will be shown to an unforgettable day of theme-related activities, dining options hot off the plate, and opportunities to create arts and crafts - just to name a few.

We’ll be sharing more details as we

get closer to the event – but in the meantime, don’t hesitate to talk to any member of our team to learn more about our theme, the activities we have planned, and how you can be best prepared for our next great adventure. We can’t wait to see you there!

Happy Birthday!

Residents

William J.	9/03
Paul J.	9/07
Mary S.	9/08
Gilbert R.	9/21
Ralph H.	9/22
William H.	9/23
Alma H.	9/24
Robert S.	9/26

Staff

Kelly V.	9/06
Becky H.	9/06
Amber W.	9/11
Brittan M.	9/21
Jessica L.	9/22
Nolan S.	9/24



Mr. and Mrs. G. pose in Paris before they enjoy a delicious French meal.



Janet thoroughly enjoyed the French toast topped with fresh strawberries. Cooking Club equals 10/10 stars!



These wonderful ladies enjoyed laughter and conversation all evening as they traveled through France together. Of course, they had to stop by for a picture at the Eiffel tower.



Joan sketched the Eiffel in Artisan Club.



Executive Director Corner

Happy September, everyone!

Fall is nearly underway,

meaning we can start looking forward to the sight of red leaves, the taste of harvest foods, and of course, the relief of cooler weather. And if that's not enough to put you in the Autumn spirit, maybe the return of our annual retreat will!

We'll be picking a day between September 20th and 24th for a special getaway filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide

you with the creative outlets that Trilogy residents love and deserve. Talk to any member of our team today to learn more about our theme, the activities we have planned, and how you can be best prepared for our next great adventure. If you have any questions or concerns about anything in the meantime – or if you just want to catch up – please don't hesitate to reach out. We love hearing from you!

Have a wonderful start to the fall!

Yours in Service,
Brittan Mefford
Executive Director

THEME DINNER- FRANCE

Residents and staff traveled through France during our amazing Theme Week. We started our adventures in Artisans Club where we found inspiration for their sketches from our Theme Week decorations. As members sketched the Eiffel Tower, we discussed the history and facts of the creation. Later our Cooking Club chefs whipped up the most magnifique French Toast to go along with our Bastille Day celebrations. We were transported to a quaint café in Paris, where we dined and listened to music “Chanson Francaise” style. The residents gave the entire week, as well as the delicious French theme food a 10/10. We ended the perfect week off with a French picnic full of food, fun and laughter.

International Day of the Tropics

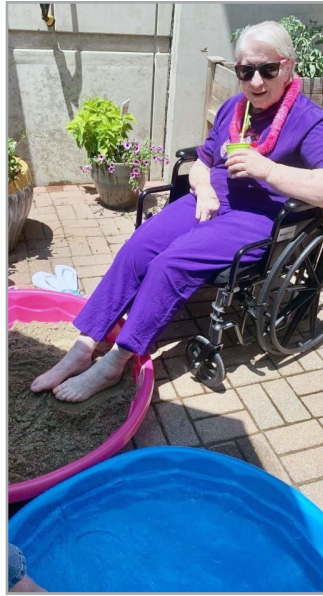
International Day of the Tropics celebrates the extraordinary diversity of the tropics while highlighting unique challenges and opportunities nations of the Tropics face. It provides and opportunity to take stock of progress across the tropics, to share tropical stories and expertise and to acknowledge the diversity and potential of the region. We learned so much celebrating this Day as well as made sure to bring the tropics to us. We all agreed we could enjoy this 10/10 activity daily!



Mary enjoyed the tropical drinks & scenery while soaking up the sunshine.



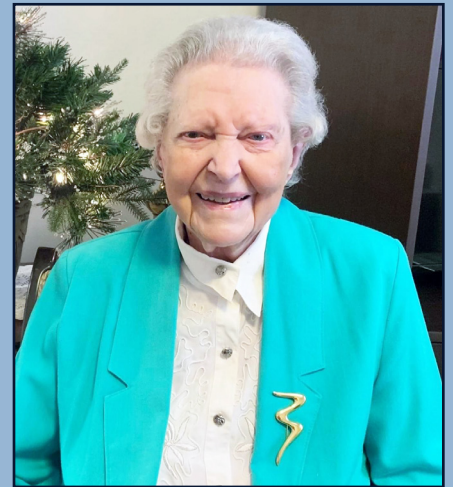
The cool water, warm day and delicious tropical drinks brought a huge smile to Roxie's face.



Betty relaxed and found joy while having her feet in the sand. It felt like she was walking the beach!

Residents of the Month

While we understand the importance of celebrating everyone's birthday at River Terrace, we wanted to take a moment to share two monumental birthday's that we celebrated in August. Irma turned 103 years young, while Mina turned 100. Both of these ladies were showered with cards from all over the country, celebrated and had a fabulous day! We are grateful we are able to make these memories with those we treasure.



You'd never believe Irma just turned 103!



Beautiful pictures of the day they said "I do."

Live A Dream

Betty & Leo spent their morning watching one of their favorite movies together. They were served all the special treats and Life Enrichment made sure they had the most special, intimate setting to reminisce on the past 66 years of wedded bliss!



Betty & Leo shared their 66th Wedding Anniversary on July 4th!



Happy 100th birthday, Mina!



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Executive Director

TBD
Director of Health Services

Bethany Smith
Assistant Director of Health Services

TBD
Assisted Living Coordinator

Dana Riddle
Customer Services Representative

Matt Dean
Business Office Manager

TBD
Director of Social Services

TBD
Director of Plant Operations

Kelli Snapp
Life Enrichment Director

Jessica Jackson
Director of Food Services

Evelyn Reynolds
Director of Environmental Services

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: _____ blood type is considered the universal donor.

Question 2: What product was banned from advertising on television in 1971?

Question 3: Edwin Budding
invented what landscaping
tool in the 1820's?

Question 4: Who is the
only US president to
ever resign from office?

Question 5: What is the
brightest star in the galaxy?

*Flip the page for last
month's trivia answers:*

Q1: What was the name of the
United States' first national
monument? Devils Tower
Q2: What year did Disney Land
open? 1955
Q3: How many colors are there in a
rainbow? 7
Q4: What is the nickname of the
state of California? The Golden State
Q5: Which state is home to Area 51?
Nevada

SUDOKU

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ACTIVITIES
ARTS
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COMMUNITY
CRAFTS
CULTURE
DINING

INCREDIBLE
LIFE
RETREAT
SAFARI

SURFIN
THEME
TRILOGY
UNIQUE