



OWEN VALLEY

HEALTH CAMPUS

*A Trilogy Senior Living Community*

# Connection

September 2021

## Campus Retreats – Everything You Need to Know

In 2020, Trilogy communities across the Midwest came together to pull off an incredible feat – organizing their own campus retreats, and putting on a true celebration of Trilogy culture. These retreats saw residents and employees alike come together to celebrate themes including “Fall Carnival”, “Trilogy Tailgate”, “Surfin’ Safari”, and more. This year, we’re proud to be bringing this one-of-a-kind event back – and you won’t have to wait long to see it brought to life!

Just around the corner, each Trilogy campus has chosen a day between September 20th and September 24th to celebrate their unique retreat.



Regardless of the day (and the theme!) that they’ve chosen, each community will be shown to an unforgettable day of theme-related activities, dining options hot off the plate, and opportunities to create arts and crafts - just to name a few.

We’ll be sharing more details as we

get closer to the event – but in the meantime, don’t hesitate to talk to any member of our team to learn more about our theme, the activities we have planned, and how you can be best prepared for our next great adventure. We can’t wait to see you there!

# Happy Birthday!

## *Residents*

Richard C.	9/01
Ruby K.	9/01
Roberta B.	9/04
Grace H.	9/06
Shirley A.	9/06
Jane M.	9/08
Donna L.	9/14
Donald W.	9/14
Carol M.	9/21
David F.	9/26
Bernard B.	9/28

## *Staff*

Brailen M.	9/02
Bonnie G.	9/08
Kaylee K.	9/12
Jennifer S.	9/15
Christina L.	9/23
Lisa S.	9/27

## *Executive Director Corner*

Happy September, everyone!

Fall is nearly underway, meaning we can start looking forward to the sight of red leaves, the taste of harvest foods, and of course, the relief of cooler weather. And if that's not enough to put you in the Autumn spirit, maybe the return of our annual retreat will!

We'll be picking a day between September 20th and 24th for a special getaway filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy residents love and

deserve. Talk to any member of our team today to learn more about our theme, the activities we have planned, and how you can be best prepared for our next great adventure. If you have any questions or concerns about anything in the meantime – or if you just want to catch up – please don't hesitate to reach out. We love hearing from you!

Have a wonderful start to the fall!

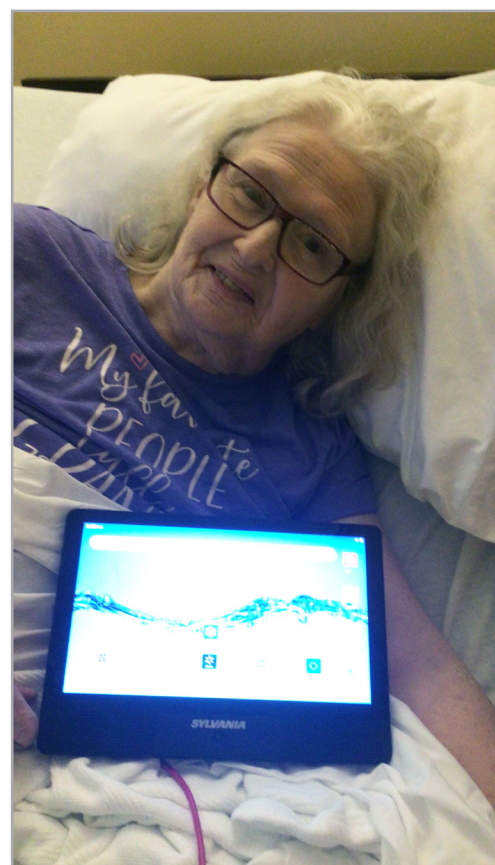
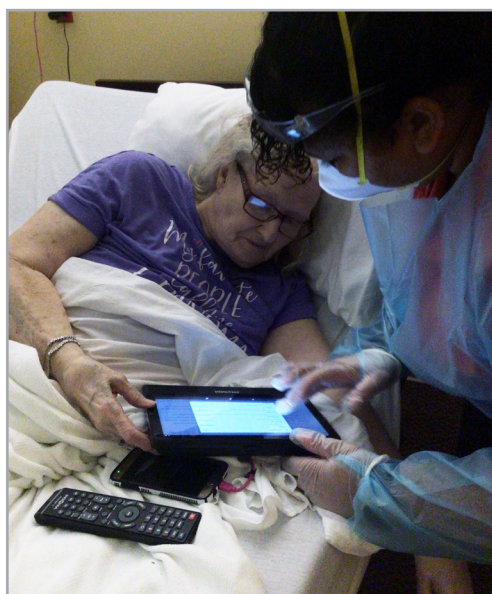
Yours in Service,

*Julie Reed*

Executive Director

## LIVE A DREAM

Ellouise received a tablet with built in DVD Player so she can keep in contact with her family and play her favorite CD's





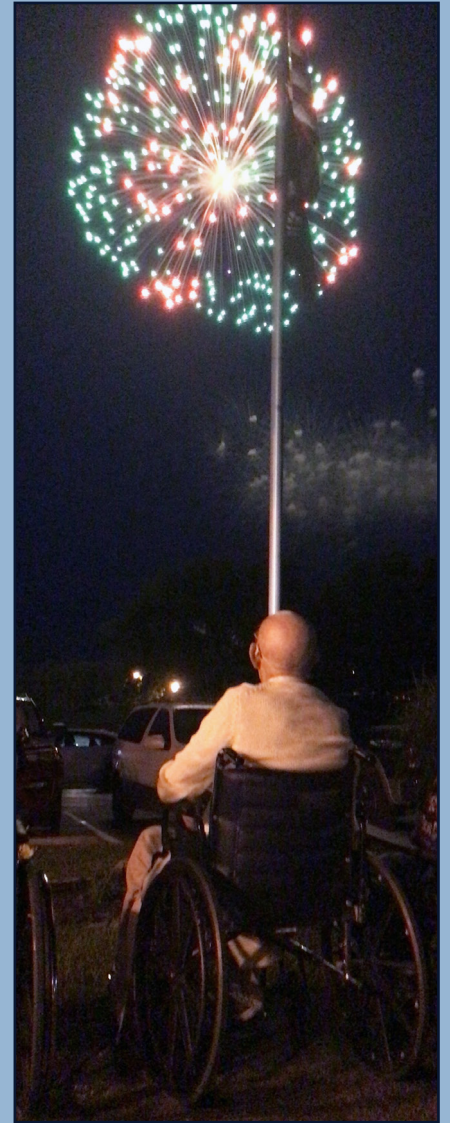
# OUT & ABOUT

Legacy Lane Residents love spending time outside in the courtyard. Freeda, Beulah, and Helen enjoy some rocking chair time, while Joan appreciates our huge tomato bounty.



## Entertainment

Our Residents enjoyed a lovely evening outside for the July 4 Fireworks Show!







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920 W. Highway 46

Spencer, IN 47460

812-829-2331

owenvalleyhc.com |  

*Julie Reed*  
Executive Director

*Kim Shay*  
Director of Health Services

*Christina Long*  
Life Enrichment Director

*Quinn Wilson*  
Therapy Program Director

*Tara Shadoin*  
Business Office Manager

*Jimmy Fletcher*  
Director of Food Services

*Karissa Fleetwood*  
Customer Service Representative

*Brandon Jensen*  
Legacy Lane Coordinator

*Ann Watkin*  
Director of Social Services

*Daniel Browning*  
Director of Plant Operations

*Jeana Sturgeon*  
Director of Environmental Services

Stay in the Loop  

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

We strive to provide the best customer  
service and quality care for our residents.

Our Department Leaders are here  
to solve any concerns you may have.

In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)

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# Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: \_\_\_\_\_ blood type is considered the universal donor.

Question 2: What product was banned from advertising on television in 1971?

Question 3: Edwin Budding  
invented what landscaping  
tool in the 1820's?

Question 4: Who is the  
only US president to  
ever resign from office?

Question 5: What is the  
brightest star in the galaxy?

Flip the page for last  
month's trivia answers:

Q1: What was the name of the  
United States' first national  
monument? Devils Tower  
Q2: What year did Disney Land  
open? 1955  
Q3: How many colors are there in a  
rainbow? 7  
Q4: What is the nickname of the  
state of California? The Golden State  
Q5: Which state is home to Area 51?  
Nevada

## SUDOKU

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				6	1			
		1	3	7		6		5
	6		4		8	3		1

## Word Search

H T H E M E X H A G O L T E Q R M P S  
R N F E E M V F N I E N R F Y L E L U  
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U N I Q U E Y W P W B G Z H S X E S A  
C G J I A C A R N I V A L P C S G H K

ACTIVITIES  
ARTS  
CARNIVAL  
CELEBRATE

COMMUNITY  
CRAFTS  
CULTURE  
DINING

INCREDIBLE  
LIFE  
RETREAT  
SAFARI

SURFIN  
THEME  
TRILOGY  
UNIQUE