



THE MEADOWS
OF OTTAWA

A Trilogy Senior Living Community

Messenger

September 2021

Campus Retreats – Everything You Need to Know

In 2020, Trilogy communities across the Midwest came together to pull off an incredible feat – organizing their own campus retreats, and putting on a true celebration of Trilogy culture. These retreats saw residents and employees alike come together to celebrate themes including “Fall Carnival”, “Trilogy Tailgate”, “Surfin’ Safari”, and more. This year, we’re proud to be bringing this one-of-a-kind event back – and you won’t have to wait long to see it brought to life!

Just around the corner, each Trilogy campus has chosen a day between September 20th and September 24th to celebrate their unique retreat.



Regardless of the day (and the theme!) that they’ve chosen, each community will be shown to an unforgettable day of theme-related activities, dining options hot off the plate, and opportunities to create arts and crafts - just to name a few.

We’ll be sharing more details as we

get closer to the event – but in the meantime, don’t hesitate to talk to any member of our team to learn more about our theme, the activities we have planned, and how you can be best prepared for our next great adventure.

We can’t wait to see you there!

Happy Birthday!

Residents

Araceli G.	9/01
Angela M.	9/04
Alice W.	9/05
Edna M.	9/08
Patsy S.	9/10
Karen H.	9/14
Tonya B.	9/14
William H.	9/16
Eugene K.	9/16
David D.	9/18
Loretta J.	9/22
Mary Lou R.	9/24

Staff

Selena S.	9/02
Alisha R.	9/07
Barbara M.	9/12
Vanity E.	9/14
Madison C.	9/15
Mary S.	9/17
Barbara M.	9/20
Danielle N.	9/22
Amanda B.	9/28
Vicki H.	9/30



Executive Director Corner

Welcome to August, everyone!

It's hard to

believe that we're already more than halfway through the year, but with so many great things having taken place during this summer alone, I'll just chalk it up to the adage of "time flies when you're having fun."

Those who have been active on our campus know that we recently celebrated another incredible Theme Week – this time celebrating the sights, sounds, and smells of **France**. It was great reuniting with old friends, seeing new faces, and coming together to enjoy delicious meals such as the lemon curd crapes, blood

orange chocolate tart, and of course, our signature Crème Brule. Thank you to everyone who came together to make this such a special event!

As we continue our journey through the summer and begin looking forward to the fall, we'll be letting you know about even more outings, cookouts, and community events that are sure to excite even the most adventurous members of the Trilogy family. Look forward to hearing about all of this and more in the coming days and weeks!

Have a great month,

Jim Sherry

Executive Director

Themed Dinner

For the third entry in our "Traditions Around the World" Theme Year, we celebrated the sights, sounds, and smells of France from the comfort of our campus. Had an exciting week of theme-related activities, with an incredible theme dinner prepared by our very own kitchen! Our last theme dinner for this year will be Germany, the week of October 11-15th, 2021.



Upcoming Events

We will be hosting a resident retreat, Campfire under the Stars, this month. Stay tuned for details!

Taste of Town

Taste of the Town will be held on Wednesday, September 22, 2021. We will be enjoying food from Lee's Chicken. If you have any restaurant suggestions, please contact, Lori Harris, Director of Dining Food Services.

Resident Spotlight: Norman T.



Norm's father grew up in Maysville, a "one grocery store town" on Route 309, while Norm grew up in Mount Cory, Ohio and later settled in Ada, Ohio. Norm was blessed to be born into a loving home with an industrious father determined to keep his family housed, clothed, and fed. Norm's mother was a homemaker of incredible faith, spirit, and courage: she

once ran directly into their house which was fully engulfed in flames and saved Norm's brother. Her devotion and faith carried her through many trials. Years later, she would kneel each night and pray for the safe return of her sons from war.

As a "scrawny" fifth grader, Norm ran the daily milk route with his father. Together they delivered "Grade B" milk in 110 pound canisters. Grade B milk was used in producing such products as cheese and ice cream. Soon enough Norm learned the art of lifting and swinging the heavy canisters, allowing velocity to do the work. Not too many years later, Norm, now an eighth grader, ran the family junk yard, mastering the art of scrapping -and even hobbling together old flivvers he'd take on occasional joy rides around the lot. As a freshman in high school Norm, all of eighty pounds, was the smallest player on the football team. When given the chance he could run the ball, but his coach decided it was simply too dangerous for him to see much playing time.

As Norm grew older, he took up racing cars at a nearby speedway. Just as he was about to secure a sponsor for his car, he was drafted. Norm's brother's draft number was pulled shortly before his. In 1968, at the height of the war, Norm ended up in Germany, while his brother was sent to Vietnam. For some tense months in the fall of that same year Russia invaded Czechoslovakia, now Czechia and Slovakia, as the world watched. The United States scrambled to put in place the needed forces should the Russian forces advance into Germany and then the USA. "We had only seven divisions in place in Germany to Russia's much larger fifty divisions," says Norm.

Norm and the 143rd Signal Battalion soon learned they would be the first sent to battle the Russian forces. Their purpose would be to act as a "delayed action." They would be "expendables," human collateral meant to slow down the invasion. The few days it would take to kill them would buy time to pull troops from Vietnam and elsewhere-and form a larger defense. Luckily that invasion into Germany never happened, and the lives of Norm and so many others were spared.

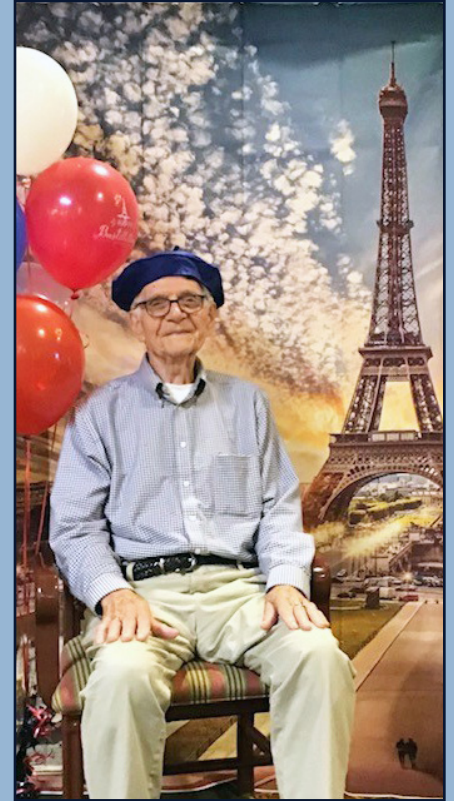
Trained as a radio teletype operator, Norm specialized in sending encrypted messages to aid in military operations. He attained the rank of Sergeant (E5). Beyond his war experience, Norm put his work ethic and analytical skills to use while employed at Ford and raising his family. He even served as the foreman on a jury for the trial of a mass murderer. That trial gained national attention.

Norm speculates he's outsmarted death more times than most. From just missing a hunter's bullet (as a boy), to dodging the perils of war, to overcoming health scares, he's persevered. Norm T. may well have cheated death- but he has never cheated life. He has lived honorably and selflessly. He's the very definition of what constitutes a great man and citizen. He is a living history lesson and a reminder of the courage and tenacity of the United States military.

We at The Meadows of Ottawa feel blessed that Norm chose to call our facility "home."

Smile of the Month

garder le sourire! (Keep smiling)



Did You Know...?

That you can read the monthly newsletter on-line .Please follow the campus link <http://www.trilogyhs.com/campuses/meadows-Ottawa> .

Happy Hour is weekly at 3:00pm in the Main Dining Room unless noted otherwise on the calendars. Please join us for games, good food and laughter.

The Trilogy Foundation grants Live a Dream Wishes for residents that have a desire to experience something big or small that they have always wanted to try or do again. Please contact Life Enrichment Director, at 419-523-4092 for more information.



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meadowsofottawa.com |

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Jim Schmenk
Director of Plant Operations

Brian Huckeriede
Director of Food Services

Jessie Mericle
Environmental Services Director

Elizabeth Moorhead
Social Services

Amber Laudick
Director of Therapy

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: _____ blood type is considered the universal donor.

Question 2: What product was banned from advertising on television in 1971?

Question 3: Edwin Budding
invented what landscaping
tool in the 1820's?

Question 4: Who is the
only US president to
ever resign from office?

Question 5: What is the
brightest star in the galaxy?

*Flip the page for last
month's trivia answers:*

Q1: What was the name of the
United States' first national
monument? Devils Tower
open? 1955
Q2: What year did Disney Land
open? 1955
Q3: How many colors are there in a
rainbow? 7
Q4: What is the nickname of the
state of California? The Golden State
Q5: Which state is home to Area 51?
Nevada

SUDOKU

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ACTIVITIES
ARTS
CARNIVAL
CELEBRATE

COMMUNITY
CRAFTS
CULTURE
DINING

INCREDIBLE
LIFE
RETREAT
SAFARI

SURFIN
THEME
TRILOGY
UNIQUE