



Campus Retreats – Everything You Need to Know

In 2020, Trilogy communities across the Midwest came together to pull off an incredible feat – organizing their own campus retreats, and putting on a true celebration of Trilogy culture. These retreats saw residents and employees alike come together to celebrate themes including "Fall Carnival", "Trilogy Tailgate", "Surfin' Safari", and more. This year, we're proud to be bringing this one-of-a-kind event back - and you won't have to wait long to see it brought to life!

Just around the corner, each Trilogy campus has chosen a day between September 20th and September 24th to celebrate their unique retreat.



Regardless of the day (and the theme!) that they've chosen, each community will be shown to an unforgettable day of theme-related activities, dining options hot off the plate, and opportunities to create arts and crafts - just to name a few.

We'll be sharing more details as we

get closer to the event – but in the meantime, don't hesitate to talk to any member of our team to learn more about our theme, the activities we have planned, and how you can be best prepared for our next great adventure. We can't wait to see you there!

Happy Birthday!

Residents

Diana C.	9/1
Richard S.	9/3
Betty G.	9/4
Jeanette P.	9/05
Barbara B.	9/09
Helen S.	9/15
Kathleen H.	9/15
Geneva B.	9/18
Dorothy B.	9/28
Staff	
Brooke L.	9/07
Brooke R.	9/8
Jeffrey K.	9/21
Judith K.	9/21
Jamie C.	9/26

ER3

Dianna E

Shane T.

It's not summer without a carwash! This past month employees enjoyed delicious cuisine provided by "Phat & Rich" while department leaders washed their cars! A BIG Thank you to all Forest Glen Staff for the love and care you put into our residents!



Executive Director Corner

Happy September, everyone!

Fall is nearly underway, meaning we can start looking forward to the sight of red leaves, the taste of harvest foods, and of course, the relief of cooler weather. And if that's not enough to put you in the Autumn spirit, maybe the return of our annual retreat will!

We'll be picking a day between September 20th and 24th for a special getaway filled with arts and crafts, unique menu options, and one-of-a-kind programs designed to provide you with the creative outlets that Trilogy residents love and deserve. Talk to any member of our team today to learn more about our theme, the activities we have planned, and how you can be best prepared for our next great adventure. We are striving to be the #1 If you have any questions or concerns about anything in the meantime – or if you just want to catch up – please don't hesitate to reach out. Your suggestions are our commitment! We love hearing from you!

Have a wonderful start to the fall!

Yours in Service, Marie Wildenhaus

Executive Director





Happy Hour

Happy Hour is a lot better with live music! Concerts are taking place in our Assisted living courtyard throughout the summer. Sugar Notes did a wonderful job entertaining with songs we all know and love!

THEME DINNER Bonjour! This theme dinner we traveled across the sea to enjoy the cultures of France. Residents enjoyed the tastes and smells of Paris as well as tested their knowledge with French Trivia. These are just a few things we did and look forward to our next Theme Dinner: Germany "October Fest"!



Outing

Finally we are on the road again! Residents were so happy to board the bus and go on adventures such as Olive Garden, Spaghetti Warehouse, and Der Dutchman. Outings are every Tuesday and Thursday. Please see the Life Enrichment Team if you are interested in attending.









A Trilogy Senior Living Community

2150 Montego Drive Springfield, OH 45503 937-390-9913 forestglenhc.com | 🎔 f

> Marie Wildenbaus Executive Director Jeffery Kvidera Administrator

TBD Director of Health Services TBD Assistant Director of Health Services Teresa Blue

Customer Service Representative Betty Davis Business Office Manager

Terri Bowermaster

Director of Food Services Brooke Loy

Life Enrichment Director Linda Jenkins Director of Resident Services

Tracy Lokai Director of Environmental Service

Gene Coates Director of Plant Operations

Tonya Martin Therapy Program Manager

TBD Staff Development Coordinator Julie Shirk Legacy Neighborhood Director

Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter! Question 1: ______ blood type is considered the universal donor. Question 2: What product was banned from advertising on television in 1971?

Question 3: Edwin Budding invented what landscaping tool in the 1820's?

Question 4: Who is the only US president to ever resign from office?

Question 5: What is the brightest star in the galaxy?

Flip the page for last month's trivia answers:

QI. What was the name of the United States first national monument? Devils Tower Q2. What year did Disney Land Q3: How many colors are there in a rainbow? 7 Q4. What is the nickname of the state of California? The Golden State Q4. Which state is home to Area 51? Nevada

SUDOKU 7 5 3 4 1 3 2 8 8 7 7 1 5 8 6 6 4 3 8 2 3 1 7 6 1 7 5 3 1 6 3 4 1 6 8

Nord Gearch

$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	Q L T M L B D G H N X R E K U N L T L N C E L E B R A T E G Y J L N S N Z K F U E V Z A R T S C
ACTIVITIES	COMMUNITY	INCREDIBLE	SURFIN
ARTS CARNIVAL	CRAFTS CULTURE	LIFE RETREAT	THEME TRILOGY
CELEBRATE	DINING	SAFARI	UNIQUE