



ASHFORD PLACE

HEALTH CAMPUS

A Trilogy Senior Living Community

Chronicle

September 2021

Campus Retreats – Everything You Need to Know

In 2020, Trilogy communities across the Midwest came together to pull off an incredible feat – organizing their own campus retreats, and putting on a true celebration of Trilogy culture. These retreats saw residents and employees alike come together to celebrate themes including “Fall Carnival”, “Trilogy Tailgate”, “Surfin’ Safari”, and more. This year, we’re proud to be bringing this one-of-a-kind event back – and you won’t have to wait long to see it brought to life!

Just around the corner, each Trilogy campus has chosen a day between September 20th and September 24th to celebrate their unique retreat.



Regardless of the day (and the theme!) that they’ve chosen, each community will be shown to an unforgettable day of theme-related activities, dining options hot off the plate, and opportunities to create arts and crafts - just to name a few.

We’ll be sharing more details as we

get closer to the event – but in the meantime, don’t hesitate to talk to any member of our team to learn more about our theme, the activities we have planned, and how you can be best prepared for our next great adventure. We can’t wait to see you there!

Happy Birthday!

Residents

Glen S.	9/12
Barbara R.	9/12
Teresa H.	9/16
Janet R.	9/20
Goldie H.	9/25
Sarah S.	9/27
Imogene P.	9/27
Susan K.	9/27
Margaret R.	9/27

Staff

Misty M.	9/4
Tenish W.	9/5
Caleb O.	9/5
Laura N.	9/5
Natalie P.	9/6
Zaniel B.	9/6
Karen H.	9/18
Jennifer P.	9/27



Executive Director Corner

Happy
September,
everyone!

Fall is nearly
underway, meaning we can
start looking forward to the
sight of red leaves, the taste of
harvest foods, and of course,
the relief of cooler weather.
And if that's not enough
to put you in the Autumn
spirit, maybe the return of
our annual retreat will!

We'll be picking a day between
September 20th and 24th for
a special getaway filled with
arts and crafts, unique menu
options, and one-of-a-kind
programs designed to provide

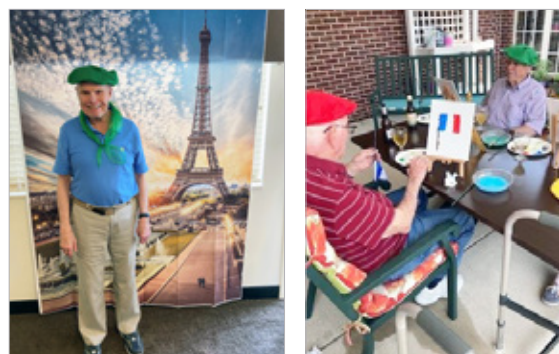
you with the creative outlets
that Trilogy residents love and
deserve. Talk to any member
of our team today to learn
more about our theme, the
activities we have planned, and
how you can be best prepared
for our next great adventure.
If you have any questions or
concerns about anything in
the meantime – or if you just
want to catch up – please
don't hesitate to reach out.
We love hearing from you!

Have a wonderful
start to the fall!

Yours in Service,
Zach Simpson
Executive Director

Theme Dinner

Bonjour! For the third entry to our "Traditions Around the World" Theme Year, we enjoyed the smells, tastes, sights, and arts of France from the comfort of our campus! We had an exciting week of theme-related activities such as painting in the courtyard, wine tasting, and ended the week with a fashion show! The residents also enjoyed an incredible theme dinner that included authentic French cuisine and treats!





COURTYARD FUN

The residents are taking full advantage of our beautiful courtyard at Ashford Place! Not only are we continuing to nurture our plants and flowers, but our souls as well. This month, we are focusing on self-care with activities such as manicures and music in the courtyard! We are also soaking up the Vitamin D and beautiful weather.

Servant Leader Spotlight

Julie Tennell, BSW is celebrating her 20th anniversary with Trilogy! When asking the residents and staff about Julie, they stated the following:

“Julie is the prime example of what every social worker should be. She has a compassionate heart and goes above and beyond for others. It is an honor to have her not only as a coworker, but a friend!” -Lynsey Casey

“Julie is the foundation of our building!” -Derek Casey

“Thank you for your service! You are so appreciated! PS: blue, sock, and bed!” -Dorette K.

“Julie is an amazing, assertive, and friendly person. She does a great job and if I had the opportunity, I would adopt her as my own. She must have started with Trilogy when she was ten years old if she is celebrating 20 years!” -Walter W.

“Julie is the definition of a kind soul. I love her caring and compassionate heart. She continuously puts all others needs before her own. I feel honored to know her and feel blessed to be able to call her a friend.” -Tory Hembree

“I am so thankful for Julie’s knowledge and willingness to help those around her. Happy to know and work with her!” -Kasey Alfrey

ENTERTAINMENT

“Music and rhythm find their way into the secret places of the soul.” -Plato

Music has brought the residents of Ashford Place together again thanks to “Indiana Flute”, Tom Wright, and “Over the Hill Gang!” We look forward to other entertainers in the upcoming weeks including Suzie G, Don Stegemiller, Steve Jeffries, and more!





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HEALTH CAMPUS

A Trilogy Senior Living Community

2200 N. Riley Highway

Shelbyville, IN 46176

317-398-8422

ashfordplacehc.com |

Zach Simpson
Executive Director

Erin Huntsman
Director of Health Services

Natalie Padgett
Customer Service Representative

Lynsey Casey
Life Enrichment Director

Joseph Fuentes
Director of Plant Operations

Darrin Finkimbine
Director of Food Services

Troy Allen
Director of Environmental Services

TBD
Customer Service Specialist

Julie Tennell, BSW
Social Services Director

Ashley Hankins
Legacy Lane Coordinator

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: _____ blood type is considered the universal donor.

Question 2: What product was banned from advertising on television in 1971?

Question 3: Edwin Budding
invented what landscaping
tool in the 1820's?

Question 4: Who is the
only US president to
ever resign from office?

Question 5: What is the
brightest star in the galaxy?

*Flip the page for last
month's trivia answers:*

Q1: What was the name of the
United States' first national
monument? Devils Tower
Q2: What year did Disney Land
open? 1955
Q3: How many colors are there in a
rainbow? 7
Q4: What is the nickname of the
state of California? The Golden State
Q5: Which state is home to Area 51?
Nevada

SUDOKU

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ACTIVITIES
ARTS
CARNIVAL
CELEBRATE

COMMUNITY
CRAFTS
CULTURE
DINING

INCREDIBLE
LIFE
RETREAT
SAFARI

SURFIN
THEME
TRILOGY
UNIQUE