

September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Key Codes: ALDR - Assisted Living, Dining Room ALLR - Assisted Living, Living Room HCMPR - Health Center, Multipurpose Room HCLR - Health Center, Living Room</p>	<p>A - Artisans GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality</p>		<p>1 K 9:15 Resilience Cart/Daily Chronicles 10:00 Lee Warren Music K 10:00 Word search V 10:30 Chair Yoga on Channel 103 2:00 BINGO</p>	<p>2 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Group Games M 5:00 Thursday Night Movie on Channel 103</p>	<p>3 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 2:00 Happy Hour</p>	<p>4 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search 10:30 Nail Spa 2:00 BINGO</p>
<p>5 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search I 10:30 Inspirations on Channel 103 2:00 Outdoor Activities</p>	<p>6 Labor Day K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Group Games GF 5:00 Monday Night Movie on channel 103</p>	<p>7 Rosh Hashanah Begins K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 S 1:30 Chef's Circle in Dining Room A 2:30 Creative Expression</p>	<p>8 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 2:00 BINGO</p>	<p>9 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Group Games M 5:00 Thursday Night Movie on Channel 103</p>	<p>10 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 2:00 Happy Hour</p>	<p>11 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search 10:30 Nail Spa 2:00 BINGO</p>
<p>12 Grandparent's Day K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search I 10:30 Inspirations on Channel 103 2:00 Outdoor Activities</p>	<p>13 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Group Games GF 5:00 Monday Night Movie on channel 103</p>	<p>14 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 S 1:30 Chef's Circle in Dining Room A 2:30 Creative Expression</p>	<p>15 Yom Kippur Begins K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Group Exercise 2:00 BINGO</p>	<p>16 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Group Exercise M 5:00 Thursday Night Movie on Channel 103</p>	<p>17 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Group Exercise 2:00 Happy Hour</p>	<p>18 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search 10:30 Nail Spa 2:00 BINGO</p>

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19 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search I 10:30 Inspirations on Channel 103 2:00 Outdoor Activities	20 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Group Exercise GG 2:00 Group Games GF 5:00 Monday Night Movie on channel 103	21 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 S 1:30 Chef's Circle in Dining Room A 2:30 Creative Expression	22 Fall Begins K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Group Exercise 2:00 BINGO	23 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Campus Retreat M 5:00 Thursday Night Movie on Channel 103	24 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Group Exercise 2:00 Happy Hour	25 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search 10:30 Nail Spa 2:00 BINGO
26 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search I 10:30 Inspirations on Channel 103 2:00 Outdoor Activities	27 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Group Exercise GG 2:00 Group Games GF 5:00 Monday Night Movie on channel 103	28 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 S 1:30 Chef's Circle in Dining Room A 2:30 Creative Expression	29 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Group Exercise 2:00 BINGO	30 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Group Games M 5:00 Thursday Night Movie on Channel 103		

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Key Codes: HCDR - Health Center Dining Room HCMPR - Health Center Multipurpose Room HCLR - Health Center Living Room ALDR - Assisted Living Dining Room ALLR- Assisted Living Living Room</p>	<p>GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality</p>		<p>1 K 9:15 Resilience Cart/Daily Chronicles 10:00 Lee Warren Music K 10:00 Word Search/keeping it sharp V 10:30 Chair Yoga on Channel 103 11:00 Trivia 2:00 Nail Spa</p>	<p>2 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Chair Yoga on Channel 103 3:00 Creative Expression M 5:00 Thursday Night Movie on Channel 103</p>	<p>3 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Chair Yoga on Channel 103 S 2:00 Happy Hour</p>	<p>4 K 9:15 Resilience Cart/Daily Chronicles 9:30 Lifeshare Games K 10:00 Word Search/keeping it sharp 2:00 Creative Expressions</p>
<p>5 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp I 10:30 Inspirations on Channel 103 2:00 Outdoor Activities</p>	<p>6 Labor Day K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Chair Yoga on Channel 103 GG 2:00 Bingo 3:00 Resident Council GF 5:00 Monday Night Movie on channel 103</p>	<p>7 Rosh Hashanah Begins K 9:15 Resilience Cart/Daily Chronicles 9:30 1:1 K 10:00 Word Search/keeping it sharp V 10:30 Chair Yoga on Channel 103 2:00 Nail Spa</p>	<p>8 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Chair Yoga on Channel 103 11:00 Trivia 2:00 Paddle Game</p>	<p>9 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Chair Yoga on Channel 103 2:00 Crafts with Shelley M 5:00 Thursday Night Movie on Channel 103</p>	<p>10 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Chair Yoga on Channel 103 11:30 Group talk on fall time traditions S 2:00 Happy Hour</p>	<p>11 K 9:15 Resilience Cart/Daily Chronicles 9:30 Lifeshare Games K 10:00 Word Search/keeping it sharp 2:00 Creative Expressions</p>
<p>12 Grandparent's Day K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp I 10:30 Inspirations on Channel 103 2:00 Outdoor Activities</p>	<p>13 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Chair Yoga on Channel 103 GG 2:00 Bingo GF 5:00 Monday Night Movie on channel 103</p>	<p>14 K 9:15 Resilience Cart/Daily Chronicles 9:30 1:1 K 10:00 Word Search/keeping it sharp V 10:30 Chair Yoga on Channel 103 2:00 Nail Spa</p>	<p>15 Yom Kippur Begins K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Group Exercise 11:00 Trivia 2:00 Creative Expressions</p>	<p>16 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Chair Yoga on Channel 103 2:00 Lifeshare Games M 5:00 Thursday Night Movie on Channel 103</p>	<p>17 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Group Exercise S 2:00 Happy Hour</p>	<p>18 K 9:15 Resilience Cart/Daily Chronicles 9:30 Lifeshare Games K 10:00 Word Search/keeping it sharp 2:00 Creative Expressions 2:00 Nail Spa Day</p>

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19 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp I 10:30 Inspirations on Channel 103 2:00 Outdoor Activities	20 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Group Exercise GG 2:00 Bingo GF 5:00 Monday Night Movie on channel 103	21 K 9:15 Resilience Cart/Daily Chronicles 9:30 1:1 K 10:00 Word Search/keeping it sharp V 10:30 Chair Yoga on Channel 103 2:00 Nail Spa	22 Fall Begins K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Group Exercise 11:00 Trivia	23 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Chair Yoga on Channel 103 2:00 Campus Retreat Day M 5:00 Thursday Night Movie on Channel 103	24 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Group Exercise S 2:00 Happy Hour	25 K 9:15 Resilience Cart/Daily Chronicles 9:30 Lifeshare Games K 10:00 Word Search/keeping it sharp 2:00 Creative Expressions 2:00 Nail Spa Day
26 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp I 10:30 Inspirations on Channel 103 2:00 Outdoor Activities	27 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Group Exercise GG 2:00 Bingo GF 5:00 Monday Night Movie on channel 103	28 K 9:15 Resilience Cart/Daily Chronicles 9:30 1:1 K 10:00 Word Search/keeping it sharp V 10:30 Chair Yoga on Channel 103 2:00 Nail Spa	29 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Group Exercise 11:00 Trivia	30 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word Search/keeping it sharp V 10:30 Chair Yoga on Channel 103 2:00 Lifeshare Games M 5:00 Thursday Night Movie on Channel 103		

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality</p>			<p>1 V Ribbon Dance K Glorious Verbs! CC Spiced Apple Oat Cookies Relax & Recharge A Pressed Flowers M Create a Booming Song! GG Nerf Gun Target Practice Healthy Hands GF A Time For Iced Tea! Nighttime Traditions</p>	<p>2 V What a Wonderful World Chair Yoga K Let's Spell Summer CC Gazpacho Soup Relax & Recharge A Newspaper Art M Shake It Up, Baby! GG Ladder Ball Healthy Hands GF Let's Go to The Beach Nighttime Traditions</p>	<p>3 V Disc Golf K Best Friends CC Twisted Banana Split Relax & Recharge A Creative Storytelling M September Happy Hour GG Word Works Healthy Hands GF Let's Get The Kids Ready For School! Nighttime Traditions</p>	<p>4 V Pump You Up K Summer Colors CC Vanilla Yogurt & Blueberry Parfait Relax & Recharge A Fleece Blankets M College Football Fight Songs GG State Plate Game Healthy Hands GF Evening On The Porch Nighttime Traditions</p>
<p>5 V Soccer K Affirming Friends CC Mint Melon Salad Relax & Recharge A Wrap n' Llama M Music Makes You Happier GG Aim for the Stars Healthy Hands GF Aqua Painting Nighttime Traditions</p>	<p>6 Labor Day V Move it Monday K Inspired Tales CC Labor Day Icebox Berry Cheesecake Relax & Recharge A Labor Day Cards M School Days GG Horseshoes Healthy Hands GF Patio Hangman Nighttime Traditions</p>	<p>7 Rosh Hashanah Begins V Dance, Dance K American Landmarks CC Broccoli Salad Relax & Recharge A Warm Vanilla Sugar Scrub M September Birthdays GG What Belongs Together? Healthy Hands GF Summer On The Patio! Nighttime Traditions</p>	<p>8 V Ribbon Dance K Glorious Verbs! CC Grandma's Chocolate Chip Cookies Relax & Recharge A Sunflower Painting M Create a Booming Song! GG Nerf Gun Target Practice Healthy Hands GF A Time For Iced Tea! Nighttime Traditions</p>	<p>9 V What a Wonderful World Chair Yoga K Let's Spell Summer CC Apple Pie Cake Relax & Recharge A Chalk Prints M Shake It Up, Baby! GG Ladder Ball Healthy Hands GF Let's Go to The Beach Nighttime Traditions</p>	<p>10 V Disc Golf K Best Friends CC Decadent Caramel Banana Cake Relax & Recharge A Fall Leaf Garland M September Happy Hour GG Word Works Healthy Hands GF Let's Get The Kids Ready For School! Nighttime Traditions</p>	<p>11 V Pump You Up K Summer Colors CC Banana Breeze Relax & Recharge A Fleece Blankets M College Football Fight Songs GG State Plate Game Healthy Hands GF Evening On The Porch Nighttime Traditions</p>
<p>12 Grandparent's Day V Soccer K Affirming Friends CC Creamy Grape Salad Relax & Recharge A Grandparent's Day Family Tree M Music Makes You Happier GG Aim for the Stars Healthy Hands GF Aqua Painting Nighttime Traditions</p>	<p>13 V Move it Monday K Inspired Tales CC Mexican Street Corn Dip Relax & Recharge A Slime Experiment M School Days GG Horseshoes Healthy Hands GF Patio Hangman Nighttime Traditions</p>	<p>14 V Dance, Dance K American Landmarks CC Apple Cinnamon Bread Relax & Recharge A The Dot Art Day 1 M September Birthdays GG What Belongs Together? Healthy Hands GF Summer On The Patio! Nighttime Traditions</p>	<p>15 Yom Kippur Begins V Ribbon Dance K Glorious Verbs! CC Toasted Coconut Cream Pie Relax & Recharge A The Dot Art Day 2 M Create a Booming Song! GG Nerf Gun Target Practice Healthy Hands GF A Time For Iced Tea! Nighttime Traditions</p>	<p>16 V What a Wonderful World Chair Yoga K Let's Spell Summer CC Homemade Guacamole & Sangria Relax & Recharge A Clay Mountain Photo Holder Day 1 M Shake It Up, Baby! GG Ladder Ball Healthy Hands GF Let's Go to The Beach Nighttime Traditions</p>	<p>17 V Disc Golf K Best Friends CC Brown Sugar Granola Relax & Recharge A Clay Mountain Photo Holder Day 2 M September Happy Hour GG Word Works Healthy Hands GF Let's Get The Kids Ready For School! Nighttime Traditions</p>	<p>18 V Pump You Up K Summer Colors CC Brownie Walnut Chunk Cookies Relax & Recharge A Fleece Blankets M College Football Fight Songs GG State Plate Game Healthy Hands GF Evening On The Porch Nighttime Traditions</p>

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19 V Soccer K Affirming Friends CC Antipasto Salad Relax & Recharge A Ask A Beautiful Question M Music Makes You Happier GG Aim for the Stars Healthy Hands GF Aqua Painting Nighttime Traditions	20 V Move it Monday K Inspired Tales CC Waldorf Salad Relax & Recharge A Paper Picture Frames M School Days GG Horseshoes Healthy Hands GF Patio Hangman Nighttime Traditions	21 V Dance, Dance K American Landmarks CC Cookies & Cream Cookies Relax & Recharge A Salted Painting M September Birthdays GG What Belongs Together? Healthy Hands GF Summer On The Patio! Nighttime Traditions	22 Fall Begins V Ribbon Dance K Glorious Verbs! CC Roasted Root Vegetables Relax & Recharge A Rustic Wood Pumpkins M Create a Booming Song! GG Nerf Gun Target Practice Healthy Hands GF A Time For Iced Tea! Nighttime Traditions	23 V What a Wonderful World Chair Yoga K Let's Spell Summer CC Garlic Stuffed Mushrooms Relax & Recharge A Apple Chalkboard Greetings M Shake It Up, Baby! GG Ladder Ball Healthy Hands GF Let's Go to The Beach Nighttime Traditions	24 V Disc Golf K Best Friends CC Peach Cobbler Muffins Relax & Recharge A Nature Bookmarks M September Happy Hour GG Word Works Healthy Hands GF Let's Get The Kids Ready For School! Nighttime Traditions	25 V Pump You Up K Summer Colors CC Cheddar & Chive Drop Biscuits Relax & Recharge A Fleece Blankets M College Football Fight Songs GG State Plate Game Healthy Hands GF Evening On The Porch Nighttime Traditions
26 V Soccer K Affirming Friends CC Johnny Appleseed Bars Relax & Recharge A Fall Leaf Candle Mason Jar M Music Makes You Happier GG Aim for the Stars Healthy Hands GF Aqua Painting Nighttime Traditions	27 V Move it Monday K Inspired Tales CC Roasted Eggplant w/ Creamy Yogurt Sauce Relax & Recharge A Popcorn Fall Trees M School Days GG Horseshoes Healthy Hands GF Patio Hangman Nighttime Traditions	28 V Dance, Dance K American Landmarks CC Spiced Harvest Bread Relax & Recharge A Clay Pinch Pots-Day1 M September Birthdays GG What Belongs Together? Healthy Hands GF Summer On The Patio! Nighttime Traditions	29 V Ribbon Dance K Glorious Verbs! CC Pumpkin Cookies w/ Brown Butter Icing Relax & Recharge A Clay Pinch Pots-Day2 M Create a Booming Song! GG Nerf Gun Target Practice Healthy Hands GF A Time For Iced Tea! Nighttime Traditions	30 V What a Wonderful World Chair Yoga K Let's Spell Summer CC Pumpkin Dip Relax & Recharge A Have a Gentle Conversation M Shake It Up, Baby! GG Ladder Ball Healthy Hands GF Let's Go to The Beach Nighttime Traditions		