



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SEPTEMBER The Hearth at Gardenside Senior Living				LIVE MORE DIRECTOR Linda Capaubo LIVE MORE COORDINATORS Catherine, Clive, Ellie, Lea, Mara, Maryann, Shirley, Teryn, Tulie and Zenia CHAUFFEUR Robert Hohman		
NATIONAL ASSISTED LIVING WEEK SEPTEMBER 12-18, 2021	LABOR DAY	Rosh Hashanah	1 9:45 Keep Your Brain Young - GR 10:30 How Did We Ever Live Without . . . ? - GR 11:00 Timeless Trivia (DVD) - GR 1:00 Wii Wheel of Fortune - GR 2:00 Scenic Ride to Madison Shore 2:00 Boxing Match Puzzle - (Rocky Marciano's Birth Anniv. - 1923-1969) - GR 2:30 What's Next - GR 3:00 Kings in the Corner - GR 3:30 Wine Wednesday Social - GR 3:45 Conway Twitty on YouTube - (Birth Anniversary 1933-1993) - GR 6:15 Movie - GR	2 9:45 Small Words in the Big Word - GR 10:30 Sing Along with Susie Q (In the Mood) - GR 11:30 Talk-about Ball Toss - GR 1:00 Linkee & Think Fast - GR 2:00 Scenic Ride to North Branford to view Sunflowers 2:00 The Chat Room - GR 3:00 Kings in the Corner - GR 3:30 Wii Bowling - GR 6:15 Movie - GR	3 9:45 Morning Greeting - GR 10:00 Televised Mass - (Channel 9 or 11) - GR 10:45 Kwizniac - GR 11:15 The Common Factor - GR 1:00 Bingo - GR 2:15 Uno Card Game - GR 3:00 Kings in the Corner - GR 3:30 Social Hour - GR 6:15 Movie - GR	4 9:45 Name That . . . ! Person, Place or Thing . . . - GR 10:15 Mixed-Up Southern Dishes - GR 10:45 Familiar Faces Bingo - GR 1:00 Wii Bowling - GR 2:00 Mitzi Gaynor on YouTube - (90th Birthday) - GR 3:00 Bingo - GR 6:15 Movie - GR
5 10:00 Televised Mass - (Channel 9 or 11) - GR 10:45 Move & Groove with Susie Q - GR 11:30 Double Trouble Puzzle - GR 1:00 Art Class with Maryann - GR 3:00 Bingo - GR 6:15 Movie - GR	6 LABOR DAY ROSH HASHANAH BEGINS AT SUNDOWN 9:45 Labor Day Laborers Trivia - GR 10:15 Would you Rather? (Labor Day Edition) - GR 10:45 Mixed-Up Professions - GR 11:15 LABOR Categories - GR 1:00 Walking Path Stroll - Meet on the Patio 1:30 Chitchat - GR 2:15 Bingo - GR 3:30 Mingle Monday Social Hour - GR 6:15 Movie - GR	7 PAPARAZZI JEWELRY SALE 9:45 Rosh Hashanah True or False - GR 10:15 Audio Book Club - (Twenty Wishes) - GR 11:30 Buddy Holly on YouTube - (Birth Anniversary - 1936-1959) - GR 1:00 Balloon Volleyball - GR 2:00 Rich Moran, Jr. Performs in the Main Dining Room - GR 3:30 Giant Crossword Puzzle - GR 6:15 Movie - GR	8 9:45 Sing Along with Susie Q (50's Fun) - GR 10:30 Magnetic Dart Game - GR 11:00 Strengthen Your Mind - GR 1:00 Cornhole Game - GR 2:00 Scenic Ride to North Guilford Llama Farm 2:00 Advertising Puzzle and Random Trivia - GR 3:00 Kings in the Corner - GR 3:30 Wine Wednesday - GR 3:45 Common Knowledge Game - GR 6:15 Movie - GR	9 SHOPPING AT KOHL'S 9:45 Family Feud Game - GR 10:30 ElderSong Bingo - GR 1:00 Wii Wheel of Fortune - GR 2:00 Scenic Ride to Downtown New Haven and Tweed Airport 2:00 DAISY Categories - (Yellow Daisy Days) - GR 2:30 Rendeever Virtual Reality - (Greece) - GR 3:00 Kings in the Corner - GR 3:30 Wii Bowling - GR 6:15 Movie - GR	10 TRIP TO BRANFORD FIRE HEADQUARTERS TO SHOW OUR APPRECIATION 9:45 Morning Greeting - GR 10:00 Televised Mass - (Channel 9 or 11) and Eucharist with Sheila - GR 10:45 Mixed-Up Sewing and Sewing Pass It On Puzzles - (Sew Bee It! Day) - GR 1:00 Bingo - GR 2:15 Yahtzee - GR 3:00 Kings in the Corner - GR 3:30 Social Hour / 6:15 Movie - GR	11 PATRIOT DAY 9:45 Patriotic Trivia - GR 10:15 Pokeno - GR 11:00 Stars & Stripes Fitnesscize - GR 1:00 Wii Bowling - GR 2:00 Sing Along with Susie Q (America Sings!) - GR 3:00 Bingo - GR 6:15 Movie - GR
12 GRANDPARENTS DAY ASSISTED LIVING WEEK BEGINS 10:00 Televised Mass - (Channel 9 or 11) - GR 10:45 Music 'n Motion - GR 11:30 Grandparents Day Mining - GR 1:00 Sundae Sunday with Maryann - GR 2:15 Mixed-Up Grandparents Day Puzzle - GR 3:00 Grand Bingo - GR 6:15 Movie - GR	13 SHOPPING DAY 9:45 The Health Benefits of Chocolate - GR 10:30 Milton S. Hershey on YouTube - (Birth Anniversary - 1857-1945) - Hershey Kisses will be distributed! - GR 11:15 Finishing Lines - GR 1:00 Walking Path Stroll - Meet on the Patio 1:30 Rendeever Virtual Reality - (Vineyard Tour) - GR 2:15 Bingo - GR 3:30 Mingle Monday Social Hour - GR 6:15 Movie - GR	14 9:45 Alphabetics - GR 10:15 Audio Book Club - (Twenty Wishes) - GR 11:30 Talk-about Ball Toss - GR 1:00 CARNIVAL - (Games, Prizes, Photo Booth, Popcorn, and More!) - GR 3:15 Familiar Faces Bingo - GR 6:15 Movie - GR	15 YOM KIPPUR BEGINS AT SUNDOWN 9:45 Keep Your Brain Stronger For Longer - GR 10:30 PEACH Categories (Georgia Peach Day/Monthly Theme) - GR 11:30 Word Games (Word Game Wednesday) - GR 1:00 Left Center Right Game - GR 2:00 Scenic Ride to West Haven Shore 2:00 Rendeever Virtual Reality - (Jewish Heritage) - GR 3:00 Kings in the Corner - GR 3:30 Wine Wednesday Social - GR 3:45 State Capitols / 6:15 Movie - GR	16 9:45 Small Words in the Big Word - GR 10:30 Floor Bowling - GR 1:00 Linkee and Everybody Knows! - GR 2:00 Brian Gillie Performs in the Main Dining Room - GR 3:15 Kings in the Corner - GR 3:30 Wii Bowling - GR 6:15 Movie - GR	17 RECREATION MEETING 9:45 Morning Greeting - GR 10:00 Televised Mass - (Channel 9 or 11) - GR 10:45 Recreation Meeting with Linda - GR 11:15 Savannah, Georgia Trivia - (Gorgeous Georgia Day) and History of Georgia on YouTube - GR 1:00 Bingo & Ice Cream Sundaes - GR 2:15 Farkle Dice Game - GR 3:00 Kings in the Corner - GR 3:30 Social Hour - GR 6:15 Movie - GR	18 9:45 Kwizniac - GR 10:15 Greta Garbo on YouTube - (Birth Anniversary - 1905-1990) - GR 10:45 Sing Along with Susie Q (Grandma's Parlour) - GR 1:00 Wii Bowling - GR 2:00 About the Red Panda on YouTube - (International Red Panda Day) - GR 3:00 Bingo - GR 6:15 Movie - GR
19 10:00 Televised Mass - (Channel 9 or 11) - GR 10:45 Senior Fitnesscize - GR 11:30 Brain Drain - GR 1:00 Art Class with Maryann - GR 3:00 Bingo - GR 6:15 Movie - GR	20 SHOPPING DAY SUKKOT BEGINS AT SUNDOWN 9:45 Wii Wheel of Fortune - GR 10:30 Sukkot and Simchat Torah: True or False - GR 11:00 Feast of Booths Mining - GR 1:00 Walking Path Stroll - Meet on the Patio 1:30 Rendeever Virtual Reality - (Famous Artisans) - GR 2:15 Bingo - GR 3:30 Mingle Monday Social Hour - GR 6:15 Movie - GR	21 WORLD ALZHEIMER'S DAY 9:45 Floor Bowling - GR 10:15 Audio Book Club - (Twenty Wishes) - GR 11:30 From A-Z Trivia - GR 1:00 Balloon Volleyball 2:00 Sing Along with Susie Q (Boots and Hearts) - GR 3:00 FOX Rehabilitation Presentation - (Cognitive Awareness) - GR 3:45 Cornhole Game 4:15 Wacky Wordies - GR 6:15 Movie - GR	22 AUTUMN BEGINS CENTENARIANS DAY 9:45 Better Balance - GR 10:30 Timeless Trivia (DVD) - GR 11:30 All About Elephants on YouTube - (Elephant Appreciation Day) - GR 1:00 Giant Crossword Puzzle - GR 2:00 Scenic Ride to Woodmont 2:00 Strengthen Your Mind - GR 3:00 Kings in the Corner - GR 3:30 Wine Wednesday and Honoring all Centenarians - GR 3:45 The Price is Right - GR 6:15 Movie - GR	23 9:45 Pat Sajak's Trivia Challenge - GR 10:30 ElderSong Bingo - GR 11:30 Ballroom Dancing on YouTube - GR 1:00 Pokeno - GR 2:00 Scenic Ride - Streets of East Haven 2:00 Talk-about Ball Toss - GR 2:45 Ray Charles on YouTube - (Birth Anniversary - 1930-2004) - GR 3:00 Kings in the Corner - GR 3:30 Wii Bowling - GR 6:15 Movie - GR	24 DINING SERVICES MEETING 9:45 Morning Greeting - GR 10:00 Televised Mass - (Channel 9 or 11) and Eucharist with Sheila - GR 10:45 Dining Services Meeting with Alberto - GR 11:15 Magnetic Darts - (Day of Darts) and History of Darts - on YouTube - GR 1:00 Bingo - GR 2:15 Checkers - GR 3:00 Andre Rieu on YouTube - GR 3:30 Social Hour / 6:15 Movie - GR	25 9:45 From A-Z Trivia - GR 10:15 Move & Groove with Susie Q - GR 11:00 Name That . . . ! Person, Place, Thing . . . - GR 1:00 Wii Bowling - GR 2:00 Small Words in the Big Word - GR 3:00 Bingo - GR 6:15 Movie - GR
26 10:00 Televised Mass - (Channel 9 or 11) - GR 10:45 Music, Memories and Motion - GR 11:30 Pictionary - GR 1:00 Art Class with Maryann - GR 3:00 Bingo - GR 6:15 Movie - GR	27 SHOPPING DAY 9:45 This and That Trivia - GR 10:30 Golf Putting - GR 11:15 Kwizniac - GR 1:00 Walking Path Stroll - Meet on the Patio 1:30 Rendeever Virtual Reality - (Oktoberfest) - GR 2:15 Bingo - GR 3:30 Mingle Monday Social Hour - GR 6:15 Movie - GR	28 SIMCHAT TORAH BEGINS AT SUNDOWN 9:45 Yahtzee - GR 10:30 Audio Book Club - (Twenty Wishes) - GR 11:30 Think Fast - GR 1:00 Balloon Volleyball - GR 2:00 Airborne Jazz Performs in the Main Dining Room 3:15 The Ed Sullivan Show on YouTube - (Birth Anniv. 1901-1974) - GR 4:00 Everybody Knows! - GR 6:15 Movie - GR	29 9:45 Rendeever Virtual Reality - (Accidental Inventions) and the Top 10 Inventions You Can't Live Without - GR 10:30 Familiar Faces Bingo - GR 11:30 Trivia, Trivia, and More Trivia - GR 1:00 Justice Ruth Bader Ginsburg's Fitness Regimen on YouTube - (National Women's Health and Fitness Day) - GR 2:00 Scenic Ride to Guilford Center 2:00 60 Second Slam! - GR 3:00 Kings in the Corner - GR 3:30 Wine Wednesday - GR 3:45 America Says / 6:15 Movie - GR	30 9:45 Keep Your Brain Young - GR 10:30 Floor Bowling - GR 1:00 History of the Frisbee on YouTube - (Frisbee Day) - GR 1:30 Alphabetics - GR 2:00 Scenic Ride - Rt. 146 2:00 20 Questions - GR 2:45 Small Words in the Big Word - GR 3:00 Kings in the Corner - GR 3:30 Wii Bowling - GR 6:15 Movie - GR	A Caregiver Support Group called Comfort Connections will meet the First Tuesday of each month at 10:30 a.m. in the ING Room. This group is free of charge and is open to the family members and friends of the Gardenside residents as well as the community. www.facebook.com/TheHearth/	